

Haddam Killingworth News

AN INDEPENDENT COMMUNITY NEWSPAPER COVERING HADDAM, HIGGANUM, HADDAM NECK AND KILLINGWORTH

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January 13, 2022

For breaking news go to HK-Now.com every day

Free weekly

Haddam Republican Town Committee makes care packages for deployed troops

By Gigi Simko

In December 2021, the Haddam Republican Town Committee (HRTC) answered the call for donations for a military unit currently deployed to Africa.

Care packages are being sent to a ground surgical team, whose mission is to stabilize and prepare patients for casualty evacuation. It takes about three weeks for packages to reach the deployed unit.

Donations ranged from dried fruit and granola bars to personal hygiene items, as well as playing cards and office supplies.

To learn more about ground surgical teams, visit hk-now.com for the YouTube link.



Photo courtesy of the HRTC.

Haddam Killingworth News is thankful for your support!

The volunteers and staff of Haddam Killingworth News wish to acknowledge our appreciation to those who have made recent contributions in support of our community newspaper. Because the Haddam Civic League (HCL), which publishes Haddam Killingworth News, is a 501 (c) (3) non-profit organization, contributions to HCL are tax-deductible. Checks can be made out to HCL and sent to P.O. Box 15; Higganum, CT 06441.

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Coronavirus update Killingworth COVID test kit distribution

By Nancy Gorski, First Selectman, Killingworth

On December 27, 2021, the state notified Killingworth to expect 810 test kits and that test kits for the school districts would be managed separately.

On December 29, 2021, the day before distribution, the state notified towns that the test kits would not be available.

On Dec. 31, 2021, the state acquired a limited number of test kits and notified towns to prioritize distribution to symptomatic individuals and frontline workers, including first responders, childcare workers and school staff.

On January 1, 2022, the state notified Killingworth we would receive only 450 test kits.

On January 3, 2022, I personally picked up the supplies. By the time test kits were set aside

for frontline workers, we had fewer than 150 kits to distribute for a town with a population of approximately 6,400. Our goal was to stop the spread of COVID, prioritizing symptomatic individuals and the elderly.

Kudos to our town employees who stepped up to answer phone calls and distribute kits, exhausting supplies by 9:00 a.m. this morning.

Distribution of additional COVID supplies to towns, whether test kits or masks, remains a fluid situation. We are expecting N-95 masks and I will send out a notification when and where distribution will occur.

Editor's Note: To sign up for email alerts from the Town of Killingworth, please sign up on the Town website.

WINTER PREPARATION

Winter Parking Ban

A press release from the Town of Haddam

Per Haddam Ordinance Section 111-11 Winter Parking Ban

a. Parking will be banned on Town roads effective November 15, 2021 and continuing to April 15, 2022 to facilitate snow plowing.

b. Violators' cars will be towed at the owners' expense.

In This Issue: Local scholarship news, HK2-3 • Calendar, HK5 • Haddam Scouts, HK2



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Haddam Scouts BSA Troops #44 & #44G Court of Honor 2021

By Kathy Brown, Scoutmaster, BSA Troop #44G

On Tuesday, December 14, 2021, Haddam BSA Troops #44 and 44G held their first in-person Court of Honor since November 2019. Scouts Tyson Glazier and Cooper Meehl led the ceremony held at the First Congregational Church of Haddam where 21 rank advancements and 54 merit badges were awarded to Scouts in the troop.

Dylan Brown, Ryan McCue, Harrison Reed, Joseph Rizzo, Liam Sikora, Caiden Taylor, and Devin Weems earned their Scout rank

Dylan Brown, Ryan McCue, Harrison Reed, Joseph Rizzo, and Devin Weems earned their Tenderfoot rank

Cooper Meehl and Colin Mitchell earned their Second Class rank

Liam Emigh, Jackson Pray, and Tyson Glazier earned their Star scout rank

Liam Emigh, Jaden Frank, and Colin

Mitchell earned their First Class rank
Soren Tassmer earned his Life rank
The following merit badges were awarded (number of Scouts who earned the merit badge in parentheses):

- Astronomy (4)
- Chemistry (1)
- Chess (4)
- Citizenship in the Community (4)
- Citizenship in the Nation (1)
- Citizenship in the World (3)
- Climbing (1)
- Cooking (2)
- Emergency Preparedness (1)
- Environmental Science (7)
- Family Life (1)
- Fingerprinting (1)
- First Aid (3)
- Fishing (2)
- Geocaching (3)
- Orienteering (2)
- Personal Management (1)
- Programming (1)
- Rifle Shooting (1)
- Shotgun Shooting (2)



Signs, Signals, and Codes (1)
Small Boat Sailing (1)
Swimming (4)
Wilderness Survival (1)
Wood Carving (2)
BSA Troop #44G, the Boy Scouts' sister troop, which was created February 1, 2019, when BSA allowed girls into the Scouts, BSA program, held their Court of Honor at the same time. In this regional troop, there was one rank advancement, and four merit badges awarded.

Georgia Brown earned Life rank
The following merit badges were awarded (number of Scouts who earned the merit badge in parentheses):



Photos by Kathy Brown.

- Geocaching (1)
 - Personal Management (1)
 - Sustainability (1)
 - Wood Carving (1)
- If anyone ages 11-17 is interested in joining either troop, please come to any regular meeting, which is held when school is in session at the First Congregational Church of Haddam, Tuesday nights 6:30-8:00 p.m. or send an email to Kathy Brown at kjbrown92@aol.com, Scoutmaster Troop #44G or Mark Pach at markcp571@gmail.com, Scoutmaster Troop #44.

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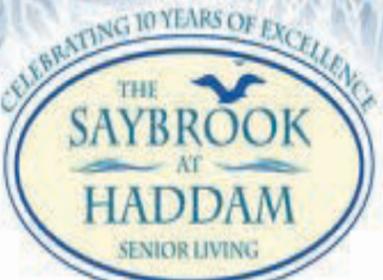
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David & John Brainerd Marker

By Elizabeth Malloy, Executive Director, Haddam Historical Society

David and John Brainerd Marker: Located along the western side of Walkley Hill Road near the northern intersection of Route 154, this granite stone with marker honors brothers, David Brainerd and John Brainerd, Native American missionaries.

The marker reads "Opposite this spot was born, April 20, 1718 David

Brainerd, A servant of God, wise in knowledge of men; self-forgetful in his devotion; of single-hearted humility; careless of the dangers of the frontier, undismayed before failing health; he gave his brief manhood to the material and spiritual upbuilding of the Indians. He died at Northampton, Mass., Oct. 9, 1747. Here also was born, February 28, 1720 his brother and chosen successor, John Brainerd. A missionary of life-long zeal and unswerving fidelity;

a chaplain in the French and Indian War; an honored trustee of Princeton College. He died at Deerfield, N.J., March 1781."

David Brainerd is remembered as a man of character and strength despite the hardships he faced as a child. He was born in 1718 to a large religious family and was a sickly child with symptoms of tuberculosis. David's parents, Hezekiah and Dorothy (Hobart) Brainerd both died when he was young and he and his two younger brothers (John and Israel) were raised by older siblings.

David entered Yale in 1739 but his studies were cut short when he was expelled in 1741. According to written accounts, Brainerd was dismissed because he had made disparaging remarks about a tutor, which was considered a serious offense in those tense religious times. He apologized but the school wanted to make an example of him, so he was removed.

Despite his disgrace, Brainerd was encouraged to become a missionary and was supported by the Society in Scotland for Propagating Christian Knowledge. In 1743, he started working with the Mohicans in upstate New York where he started a school for Native American children and translating the Psalms. A year later he was reassigned to work with the Delaware Indians in Pennsylvania and ultimately



Historic post card from the Haddam Historical Society archives.

ordained by the Newark Presbytery. He spent the next two years working with Native Americans in New Jersey before his illness prevented him from continuing. He died in Northampton, Massachusetts in 1747 at the age of 29. He is remembered as sacrificing his life to spread the gospel to Native Americans, which is recorded in his own journals and "The Life of David Brainerd" by Reverend Jonathan Edwards

John Brainerd was David's younger brother. He entered Yale University in 1742 and graduated in 1746. At his brother's request, John continued David's missionary work in the New York and New Jersey areas and did so for the remainder of his career.

Both men are remembered as being devoted missionaries who have motivated, inspired and encouraged Christians to this day.

ENTERTAINMENT

This Week on Valley Shore Community TV: January 13-19

By Chris Morgan, Public Access Coordinator, VSCTV

Comcast Channel 18 - Valley Shore Educational Network

1/14 7:00pm LIVE HK vs Hale Ray Boys Basketball

1/15 1:00pm LIVE HK vs Conard Girls Basketball

1/18 7:00pm LIVE HK vs Coginchaug Girls Basketball

Comcast Channel 19 - Valley Shore Community Television (VSCTV)

1/13 - 1:00pm & 8:00pm UMC of Clinton Sunday Service 1/9/22

1/16 - 4:00pm First Congregational Church in Essex Sun. Service 1/9/22

1/16 - 5:00pm Emmanuel Baptist Church Sunday Service 1/9/22

1/16 - 6:00pm Deep River Town Meetings 1/11/22

1/17 - 5:00pm Silver Linings Talk Show

1/17 - 6:00pm Shore Things: Valley

Shore YMCA

1/17 - 7:00pm Looking Back

1/17 - 8:00pm Art of Poetry

1/18 - 4:00pm Clinton Meetings

1/18 - 6:00pm Arts & Entertainment: Opera Theater of Connecticut

1/18 - 7:00pm Pete Mezzetti Show: Lee Elci

1/18 - 8:00pm Shoreline Music Monthly: BEPW

1/19 - 4:00pm Westbrook Congregational 1/16/22

For the complete schedule and to watch programs on-demand, visit www.vsctv.com. HKTU and VSCTV are available on Comcast Xfinity channel 18 & 19, Frontier TV channel 6089 & 6090, or on Apple TV, Roku, & Fire TV by using the free Cablecast Screenweave app. Links to download the Cablecast Screenweave app are on VSCTV's homepage.

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Saturday 8:30 am - 4:00 pm

Sunday 9:00 am - 3:00 pm

Recipe: Amish Breakfast Casserole

Courtesy of cookingprofessionally.com

Time: 1 hour
Yield: 12 servings

Amish Breakfast Casserole actually does hail from Amish country and is hearty enough to keep you fueled for the rest of the day. Three kinds of cheese make this casserole the cheesiest, creamiest and most satisfying breakfast you could ask for. Add in salty, fatty bacon, fluffy eggs, and crispy hash browns, and Amish Breakfast Casserole becomes a dish that will get you excited for whatever the day has in store for you. Go ahead and slice into this country-style breakfast beauty.

Ingredients

- 1 pound bacon, diced
- 1 medium sweet onion, chopped
- 6 large eggs, lightly beaten
- 4 cups frozen shredded hash brown potatoes, thawed
- 2 cups cheddar cheese, shredded
- 1 & 1/2 cups cottage cheese
- 1 & 1/4 cups Swiss cheese, shredded

Directions

- Step 1 Preheat the oven to 350 degrees F.
- Step 2 Grease a 9x13-inch baking dish.
- Step 3 In a large skillet, cook the bacon and onion until the bacon is crisp.

- Step 4 In a large bowl, combine the eggs, hash browns, cheddar cheese, cottage cheese, and Swiss cheese.
- Step 5 Stir in the bacon and onion mixture.
- Step 6 Pour the mixture into the baking dish.
- Step 7 Bake, uncovered, until a knife inserted into the center comes out clean,

- about 35-40 minutes.
- Step 8 Remove the casserole from the oven and let it cool for 10 minutes.

Enjoy!

FAITH

Spiritual Book Study this winter: The Ladder of the Beatitudes

By Sister Lany Jo Smith, Director, Sacred Heart on the Lake Retreat Center

Sacred Heart is offering 6-session spiritual book study.

Want to take a thought-provoking journey? We all know that we are all called to be saints! But how do we approach this daunting task? Jesus gave us the map to sainthood in the beatitudes. While they sound beautiful in print, they are challenging to live. Author Jim Forest gives us background on the beatitudes and explores these beatitudes individually by using examples from many diverse sources in church history and through contemporary activists in peace and justice. Join us for this 6-week study

of the book, *The Ladder of the Beatitudes* by Jim Forest.
Wednesdays January 12 to February 23, 2022 from 10:00 to 11:30 a.m.
Sacred Heart on the Lake Retreat Center, 194 Candlewood Hill Rd., Higganum, Conn. 06441
Facilitator- Sr. Patricia Cigrand
Let us know as soon as possible if you want us to order the book for you. Otherwise, you can find it on Amazon.
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Middlesex Eye Presents: EYES are precious!

By Middlesex Eye Physicians

Editor's Note: This piece is the 7th in an 8-part series.

Eye Want to Understand MY EYE: what does it all mean?

Functional eyesight: how your entire visual system, (the eyes, the brain, the visual pathways), work together to help you interact with the world around you. This includes the visual skill areas of eye teaming, eye focusing and eye movement. (These skill areas are tested during your routine eye exams)

Emmetropia (normal eye) - Light focuses through cornea precisely on the retina; near and far objects are seen clearly.

Cornea: the clear dome shaped

window of the eye through which light passes and is refracted back to the retina.

Retina: innermost layer of nerves and blood vessels that acts like film holding the images and transmitting the signals through the optic nerve to the brain.

Sclera: white of the eye, tough outermost layer connecting to cornea, helps maintain shape of the eyeball, about 1 inch in diameter.

Conjunctiva: the clear mucous layer that covers the sclera and inner surfaces of the eyelid, does not cover the cornea.

Conjunctivitis: inflammation or infection of the conjunctiva, called "pink eye," usually.

Stye: bacterial infection similar to a pimple or boil and is often quite red, painful, and a lump. Warm compresses and doctor attention are recommended (antibiotic ointment and over-the-counter pain relievers help).

Astigmatism: a condition where the cornea is irregularly shaped, oval or football-shaped; this causes an irregular refraction of light to the retina. Patients require glasses or contacts.

Nearsightedness (myopia), either an abnormal length of the eyeball or the light bends unnaturally, hitting in front of the retina rather than on the retina, which makes far objects blurry and out of focus.

Farsightedness (hyperopia), eyeball is too short, light hits retina and is focused behind it, causing near objects to appear blurry and out of focus.

Presbyopia: the eye's lens loses elasticity due to aging and causes the need for reader glasses.

Amblyopia: often called "lazy eye," even with prescription glasses the eyes do not team in order to see clearly. In conjunction with patching (actual patch or eyedrop patch) and/or prescribing glasses, vision therapy should be considered to develop eye teaming skills and improve functional vision to prevent regression. Can be corrected.

Strabismus: a condition in which both eyes do not look at the same place at the same time: when one or both eyes turn in, out, up or down some or all of the time. Strabismus is a severe problem with eye teaming, one of the three visual skill areas that make up functional vision. Typically, correction involves both eye therapy and multiple surgeries.

COMMUNITY CALENDAR

Please visit www.haddam.org, www.townofkillingworth.com or hk-now.com for the most current information, including cancellations, location changes, time changes. See hk-now.com for more information on calendar items.

Thursday, January 13
Killingworth Conservation meeting
7:00 p.m.

Friday, January 14
Rep. Christine Palm's Virtual Coffee
Hour 7:00 p.m.

Saturday, January 15
Killingworth Library Saturday
Storytime on Zoom 10:00 a.m. - 10:30 a.m.

Monday, January 17
Martin Luther King Day

Tuesday, January 18
Killingworth Planning & Zoning meeting 7:00 p.m., (remote access)

RSD #17 Board of Education meeting
7:00 p.m., HKIMS
Haddam Inland & Wetlands meeting
7:00 p.m.

Wednesday, January 19
Spiritual Book Study Sacred Heart on the Lake Retreat Center 10:00 a.m. - 11:30 a.m.

Killingworth Town Hall Meeting
Economic Recovery Committee 7:00 p.m. - 8:30 p.m.

Thursday, January 20
Killingworth Library's Mystery Book Club Location TBD 6:30 p.m. - 7:30 p.m.

Killingworth Board of Fire Commissioners meeting 7:00 p.m., KWFC

Haddam Planning & Zoning meeting 7:00 p.m.



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The Importance of an Experienced Trial Attorney

By Attorney Alexander J. Sarris

Experience matters. This is true with most things in life and lawyers are certainly no exception. As experienced trial attorneys, Dzialo, Pickett & Allen, P.C. can lead you to achieving the best possible outcome in your personal injury matter by:

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Less-experienced trial attorneys may only prepare for the obvious legal issues that exist while a more seasoned one can think ahead to anticipate and prepare for second-level analysis and counterarguments that may be presented by the opposition to shore up any vulnerable aspects of your claim.

If you are looking for an experienced trial attorney to listen and guide you through your own personal injury matter, please call Dzialo, Pickett & Allen, P.C. for a consultation.

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BBB AAA GOOD YEAR ASE

State Representative Christine Palm announces January virtual coffee hours

A press release from Christine Palm, State Representative, 36th District (Chester, Deep River, Essex, Haddam)

With one month to go before the 2022 Legislative Session convenes, I'd like to hear your concerns, ideas and suggestions. I'd also like to give you a preview of what the session may hold.

To accommodate a variety of schedules, I am holding four virtual (via Zoom) coffee hours over the next several weeks. I hope you will find the time to join one of them. To register for these meetings, please click one of the links found below. You will be sent a Zoom invitation after registering.

A word about protocol: To make these meetings more interactive and informal, we are not recording them or broadcasting them live on Facebook, as many of my colleagues do. Instead, I hope we can simulate an actual meeting in a coffee shop, minus the risk of spreading or catching Omicron. My staff

will be on hand to facilitate the Zoom. Please know that you are free to criticize and question anything; however, if people get abusive or inappropriate, we will shut them out of the meeting and proceed respectfully.

Thank you, in advance, for engaging with me.

*These virtual events will be held on the following dates and times:

Editor's Note: Please visit hk-now.com for the Zoom links to the virtual "coffee hours."

Friday, January 14, at 7:00 p.m.

Wednesday, January 26, at 8:00 a.m.

Sunday, January 30, at 3:00 p.m.

Please feel free to contact me by email at Christine.Palm@cga.ct.gov with any questions or concerns.

HEALTH/WELLNESS SCHOLARSHIPS

Middlesex Hospital Vocal Chords is awarding scholarships

By Kate Porch, Publicity Committee, Middlesex Hospital Vocal Chords

The Executive Board of the Middlesex Hospital Vocal Chords is requesting applications for its annual scholarships to be awarded to students from Middlesex County pursuing a career in nursing or music who have been accepted at an accredited college or university. The review committee will consider academic records, extracurricular and community service activities, the student's ability to articulate his/her career goals and the recommendations of references.

The \$1000 scholarships will be paid directly to the recipients at the Spring Concert at Portland High School, Saturday, May 7, 7:00 p.m. at Portland High School. Applications are available at the

school guidance office or by calling Dianne at 860-344-0743. Deadline is Tuesday March 8, 2022. Visit us on the web at vocalchords20.org for more information.



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LEGAL

**LEGAL NOTICE
PLANNING AND ZONING
PUBLIC HEARING**

The Planning and Zoning Commission of Haddam, Connecticut will hold a Public Hearing at the Old Town Hall 30 Field Park Dr Haddam CT on January 20, 2022 at 7:00 p.m. to act upon the following item(s):

a. Request for Special Permit to allow 42 apartment units in two buildings and a club house
105 Bridge Rd, Map49 lot28 Applicant: Bridge Road 105, LLC

Said application is on file in the Land Use Office of the Town of Haddam and on the web site at www.haddam.org.

Planning and Zoning Commission, Haddam CT



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CORONAVIRUS UPDATE

Overwhelming response to Haddam distribution of masks & at-home COVID tests

By Kathy Brown

On Saturday, January 1, 2022 at 2:00 p.m., a Haddam Town Alert was released that stated, "The Town of Haddam has received a very limited number of at-home COVID test kits and will be distributing them on Sunday, January 2, starting at 1:00 p.m. The point of distribution will be the Haddam-Killingworth High School, 95 Little City Road. We will be able to provide two (2) kits and N95 masks per household on a first-come basis. Because of the limited number of tests available, the Department of Public Health has asked that kits be prioritized to those individuals who are considered as high-risk individuals, those showing symptoms, or those who have had close contact with someone who has tested COVID positive."

Haddam resident, Ed Munster, was in the 6th car to arrive at HKHS at 10:45 a.m. this morning. "Cars started coming in slowly at first, but at about 11:30 a.m., they started pouring in," said Ed. "State troopers arrived and cars were put into double lines until the parking lots around the high school were full."

First Selectman Bob McGarry and his wife, Vivienne, arrived as the vehicle lines began to grow. Vivienne handed out 3x5 cards so that people could write down their names and addresses so that residence status could be checked.

Approximately 700 test kits and 1500 masks were distributed to Haddam residents. An additional 100 test kits and 400 masks were shared with Regional School District #17, as towns were required to do.

The COVID supply scheduling problems with the state have been in the news during the past week. According to McGarry, the town was notified around 10:00 a.m. on Jan. 1 that it would be



Photo by Ed Munster.

receiving the masks and kits. Town officials asked for volunteers yesterday to help with the distribution and many were happy to assist with this service.

"Kevin McManus should get the credit," said Mr. McGarry. Kevin is Haddam's Assistant Emergency Management Director. According to McGarry, McManus organized the distribution, and coordinated the kit and mask pick up in North Haven. "[Kevin] deserves real big applause for doing this," said McGarry. "I am very pleased with how smoothly it went."

There has been no communication from the state if or when the towns will be getting more kits and masks. Sign up for email alerts from the Town of Haddam at haddam.org if you aren't already on the email list.

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Haddam Killingworth News

PO Box 15, Higganum, CT 06441

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Senior Editor

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