

Haddam Killingworth News

AN INDEPENDENT COMMUNITY NEWSPAPER COVERING HADDAM, HIGGANUM, HADDAM NECK AND KILLINGWORTH

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November 4, 2021

For breaking news go to HK-Now.com every day

Free weekly

HKHS Varsity boys & girls teams sweep Shoreline Championships



Photo courtesy of Yvette & John Minervino.

By Editorial Staff.

(Times are from "Paynes Corner Timing".)

On Saturday October 23, 2021, the Haddam Killingworth High School Varsity Boys & Girls Cross Country teams swept the Shoreline Championships. For the boys team, it's their 8th straight win since 2014.

Top 5 finishes for HK:

Boys 5000 Meter Run Varsity

2. Caleb Freeman 17:36.30
8. Alex Lara 18:26.40
9. Jack Cozeen 18:29.60
11. Andrew Hedges 18:46.20
13. Colton Merola 18:50.20

Boys 5000 Meter Run Junior Varsity

1. Dan Haas 19:27.10

2. Sawyer DiMatteo 20:11.10

3. Joe Giaccone 20:22.20

4. Ryan Wiese 20:23.60

7. Sam Young 20:37.80

Girls 5000 Meter Run Varsity

1. Isabel Berardino 21:35.20

3. Brianna Minervino 22:07.60

5. Ava DiMatteo 22:22.0

10. Sydney Adelberg 22:52.10

14. Chloe Lacoss 23:26.70

Girls 5000 Meter Run Junior Varsity

1. Kira O'Brien 24:57.80

2. Margaret Robinson 25:03.80

7. Georgia Cancroft 26:19.40

10. Kayla Rodriguez 27:19.80

12. Anna Wojnarowicz 27:54.80

HVFC Auxiliary Annual Holiday Vendor Fair - Nov. 7

By Betty Cernan, HVFC Auxiliary

The Haddam Volunteer Fire Company Auxiliary's Annual Holiday Vendor Fair will be held at the firehouse at 439 Saybrook Road on Sunday, Nov. 7, 2021 from 12:00 p.m. to 3:00 p.m.

VENDORS LIST

Holly Jolly - Christmas decorations

VFW - Kitchen Knives

Pampered Chef - Kitchen supplies

Dick Moynahan - Novelty Bird Houses

Eileen Sternberg - Homemade stuffed animals

Gifts from the Heart - Beautiful homemade sewn items

Tammy Schuler - Homemade decorations and unique cards

31 Gifts - Specialty bags and gift items

Avon - Toiletries and cosmetics

Jean Calhoun - Photography notecards of CT scenes

Mary Bobie - "Air Plants" in decorative containers

Stephanie Hughes - Goat Soap

Tastefully Simple - Delicious meal kits

Tarra McCarthy - Gift baskets made on the spot

Casey Parmelee - Skin care products

Our Vendors make a donation of goods towards our Annual Christmas Party Raffle. Proceeds from that raffle are used to buy the following year's gifts that Santa will hand out to the children.

Total proceeds will benefit Haddam Fuel Bank.

COVID precautions include: masks required, tables will be spaced, and shoppers will enter one way, then exit another.



2021 Holiday Giving Program

By Laura Shipman

The holiday giving program facilitated by HK Youth & Family Services, Inc. is available for families in need that reside in Haddam, Higganum, Haddam Neck and Killingworth.

New gifts and toys will be collected for children and youth from birth through age 18. Deadline for registration is December 1, 2020.

For more information about how you can donate, or to register for this confidential program please call 860-345-7498 or email office@hkyfs.org

In This Issue: Sports, HK2, • Real Estate, HK6 • Entertainment, HK9

Why go it alone?



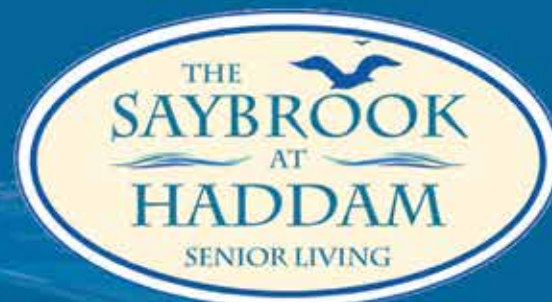
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Girls Soccer 2021: Cougars finish the regular season 6-6-4

By Mike Shea, Coach

(Oct. 22, 2021) — The Haddam Killingworth High School Girls Soccer team wrapped up their season with a couple close losses this week. On Wednesday, the team celebrated their senior day game against East Catholic. The pregame honored this year's seniors with their families. The emcee's



(l to r): Seniors Sophia Torello, Sierra Hajek, Hadley Commerford, Rhianna Phipps, Yumi Imai, Leah Sosnoski, & Brianna Nugent. Photo by Mike Shea.

(Caroline Conte & Julia Favalora-juniors) did a great job acknowledging seniors Rhianna Phipps, Hadley Commerford, Yumi Imai, Leah Sosnoski, Sierra Hajek, Sophia Torello, & Brianna Nugent. Sophomore Liana Goodison provided a beautiful rendition of the National Anthem. A moment of silence was held for Gianna Vincelett, an incoming freshman who lost her life on July 29th when she was hit by a vehicle riding her bike. She grew up with many of the younger players in the soccer program and played with many of these players during the summer league.

Tulanh Criscoulo and Hadley Commerford scored for the Cougars, but it wasn't enough as East Catholic score one more than HK. The goalkeepers, Brianna Nugent, Rhianna Phipps, and Sophia Torello split time in goal, and also gave way to Vyvyan Laurenza who made an appearance at the end of the game.

While the girls didn't get the win, the seniors will look fondly back at the many memories they have had over their years playing at HKHS.

On Friday, Oct. 22, 2021, conference opponent Cromwell visited HK. Both teams battled for possession in first half and neither were able to capitalize on their opportunities.

Goalkeeper Sophia Torello made some very good saves along with Cromwell's Lily Kenney. In the second half, Cromwell's Gabriella Voccio scored the only goal of the game. Torello was knocked out of action when she collided with a Cromwell player making her fourth save of the game. Brianna Nugent came in to make a couple saves herself. The Cougars finish the regular season 6-6-4. Currently, HK has the final spot of the upcoming Shoreline Conference Tournament but holding that spot will be determined officially after a couple opponents finish their conference play next week. The Cougars have made the state tournament in which they are excited to be in again after the state tournament was put on hold last season due to Covid.

Football 2021: HKHS defeated by North Branford 28-27

By Barth Keck, Coach

The Haddam Killingworth High School Varsity football team was defeated by North Branford at home on Friday, Oct. 23, 2021 in a very close game. The final score was North Branford 28, H-K 27.

Mason Provencher threw a 12-yard TD pass to Jack Meehan late in the fourth quarter to complete a second-half comeback by North Branford (2-4), who trailed 24-6 at half. Provencher accounted for two other Thunderbird scores with a 20-yard pass to Alec Johnson and a run of two yards.

Orion Inkel scored three touchdowns for the



Orion Inkel breaking a tackle. Photos by Anthony Frasco.



Alex Phipps throwing a pass.

to them, they weren't."

"It was the little things that hurt us," added Wilcox. "We just have to work harder and clean up our attention to detail."

The Cougars play again at home next Friday (10/29), while the Thunderbirds host SMSA on the same night.

Game Summary:

First Quarter:

HK – Orion Inkel 15 pass from Alex Phipps (Kevin Cavrell kick)

HK – Inkel 5 pass from Phipps (Cavrell kick)

NB – Jace Kamienski 3 run (pass failed)

Second Quarter:

HK – Cavrell 35 yd field goal

HK – Inkel 9 run (Cavrell kick)

Third Quarter:

NB – Provencher 2 run (Thomas Hansen run)

Fourth Quarter:

HK – Cavrell 25 yd field goal

NB – Alec Johnson 20 pass from Provencher (Jack Meehan pass from Provencher)

NB – Jack Meehan 12 pass from Provencher (run failed)

North Branford (2-4)	6	0	8	14	28
HK (1-4)	14	10	0	3	27

Cougars (1-4), two on passes from Alex Phipps and another on a nine-yard run. Kevin Cavrell kicked field goals of 35 and 25 yards for HK.

"That was a disappointing result, obviously," said HK coach Tyler Wilcox. "We told the kids at halftime that North Branford wasn't done and, hats off

HADDAM VOLUNTEER FIRE COMPANY

Motor vehicle accident Route 81 at Woods Road

By Olivia Drake, HVFC

Two patients were sent to area hospitals following a motor vehicle accident on Killingworth Road.

Haddam Volunteer Fire Company was dispatched to the scene at 12:50 p.m. on Oct. 21. Upon arrival, crews encountered two, heavily damaged vehicles on the road. The occupants were pinned inside the vehicles as a result of the collision.

Due to the severity of the damage, it took firefighters and EMS personnel approximately 45-minutes to disentangle and extricate one of the occupants from the vehicle using


various hydraulic tools including the Hurst "Jaws of Life."

The patients were transported via ambulance with non-life-threatening injuries.

This was the third MVA Haddam Fire responded to since Oct. 17.



Photo by Olivia Drake, HVFC.



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Medicare Health Insurance and the 2022 Medicare and You Handbook

From Haddam Committee on Aging

Each October the Center for Medicare Services (CMS) sends out the Medicare and You Handbook. In it they outline new Medicare insurance changes and Connecticut specific information. If you wish to make a change, the regular "Open Enrollment Period" begins from October 15 and ends December 7.

It is a good idea to review your coverage because: There are new, more affordable Medicare plans in 2022. Your health care needs may be different now. You are taking different prescription drugs. Some plans have added new benefits to help with for example Dental Care, Hearing Exams, Eye Care, Gyms, over the counter costs and "give backs." Some plans help with food and even offering a personal navigator to help those with complex or specialty medical needs.

Typically, insurance companies highlight popular benefits, so that you can see what is new, without drilling down into the complicated fine print. The market is very competitive, and you may find similar options in offerings from several companies.

To Review Your Plan Medicare and You 2022 has helpful sections that show available plans in Connecticut. It provides cost estimates, consumer experience ratings and contact numbers. The plan phone numbers will get help with more personalized info about drug costs, participating doctors, hospitals etc. You can also get this on the online Medicare.gov plan finder tools as well.

Prepare by having a list of all your medications with dosage. Have the enrollment date for Part

A & B (on your Red/White/Blue Medicare Card) and name of local pharmacy you prefer. Popular today, you can use Medicare.gov to set up an online personal account to retain your information. But this is not essential to use the site.

Once on the "Plan finder tool" you will see your current plan, which may be Original Medicare plus Prescription Plan or your Advantage Plan, to measure it against the 2022 offerings. Do nothing to remain the same or you can use the "enroll" function to change to a new plan. A confirmation number will be issued. If appropriate the new plan will set up new billing instructions. You will receive your enrollment information, and new insurance plan card to use with your medical providers in 2022. Medicare will automatically terminate your old plan.

Medigap or Supplemental insurance: For those who wish to insure for expenses not paid by Original Medicare the Medicare and You 2022 has a listing of participating insurers, along with the types of coverage for your consideration.

Those who need financial Extra Help support, counselors are available to help you to apply for the means tested Medicare Savings Program, or Medicaid. These take more time to process but will be retroactive to the date of submission.

In Connecticut there are a number of organizations who will help. You can get help including the Certified Medicare Choices counselors (State Health Insurance Program), for free help by

appointment. Many CT Licensed Insurance Agents offer help and enrollment. The Plans have online/ phone licensed agents to help with their products. Local and Department of Social Services counselors may assist with applications during their review for financial assistance. Many trusted Pharmacists offer help choosing a plan as well.

In general, it is always important to review all official information from Medicare CMS, and your Medicare Advantage or Prescription Plans. Make sure you know anyone with whom you share personal information, to prevent fraud.

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Don't Delay Care After an Auto Collision By Attorney AnnMarie Cienava Rocco

Injuries from an auto collision can be very stressful. A challenge may be knowing when and where to seek proper evaluation and treatment. Patients will often present to an urgent care clinic or an emergency department of a hospital.

Having an initial exam immediately or soon after the collision is very important. Potentially serious injuries such as a fracture, internal injuries or a head injury may be identified. However, urgent care facilities and emergency departments generally focus on life-threatening and severe injuries. You may, in fact, have a very serious injury that does not fall within the categories of "life-threatening" or "severe" but may, nonetheless, require follow up care. In addition, a significant life-altering injury may develop or be discovered after you are dismissed from emergent care.

Once a potentially serious or life-threatening accident injury has been ruled out by a properly performed emergency medical evaluation, you should focus on establishing care with a specialist who regularly and comprehensively treats the type of injury that arose from the collision. Typically, if it is a spine and joint injury, the specialist may be an orthopedist. If it is a head injury, the specialist may be a neurologist. A specialist has the experience necessary to identify accident injuries and common conditions that result from an auto injury accident.

If you are in an auto collision, seek immediate medical attention, then call us so that we may advise you of your rights.

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October 12, 2021 Board of Selectmen Meeting

By Meghan Peterson

The Haddam Board of Selectmen (BOS) held a regular meeting on Tuesday, October 12, 2021 at 6:30 p.m. in the Haddam Neck Firehouse. First Selectman Bob McGarry and Selectmen Kate Anderson and Sean Moriarty were present, as was JoAnn Ricciardelli, Assistant to the First Selectman.

The Pledge of Allegiance was recited, meeting agenda was approved, and minutes for the September 13, 2021 meeting were approved. There was no comment from the public during the first comment period.

First Selectman McGarry provided an update on a range of topics. Discussions about the Rossi property are ongoing. Haddam Town Planner Bill Warner and environmental engineers have met with McGarry as well as with the attorney and environmental consultants both for the Town and the Rossi parties for plans moving forward. Contamination and fuel oil concerns are small and “should not be an issue to remediate,” McGarry explained. A fuel oil spill on site would constitute a larger issue to address. In terms of remediation, Haddam is going to do “additional site exploration.” Rossi has agreed to clean everything up, McGarry said and further noted that the Town is “getting good representation.” On October 4, 2021, the Town signed a fourth extension to the property purchase agreement. “We do our due diligence,” said McGarry, adding that “Rossi has been very willing to speak with us.” Finally, the property purchase would need to go through several processes of input from Haddam residents – including the Board of Finance, Planning & Zoning, and a Town Meeting to approve or disapprove.

For the Scovil hoe project, the Town has met with the CT Department of Economic and Community Development. The developer and DECD are in conversation about agreements that need to be in place to have the property remediated and acquired from the Department of Transportation.

In terms of road work projects, the Town has recently purchased a paving box (a capital purchase) to conduct short-term, immediate fixes to roads that require them. Anderson inquired if Little City Road was on the plan for next year. McGarry stated that it will likely be a multi-year project, as conditions range from “pristine to little more than a cow path.” The state has also scheduled drainage work on Killingworth Road/Rt. 81.

On Town personnel matters, Gary Vivien, Haddam’s building inspector, submitted a request for retirement. As a result, the Town is looking to hire for that position. Zoning Enforcement Officer Jim Puska has passed away. The Town thanks him for his service and work. CT State Trooper Josh Muckle, who has been filling in for the second Resident Trooper position, has been selected to be our new Resident Trooper (joining Trooper Joe Deangelo). McGarry said that Muckle was “clearly the best out of the group,” during his observation as part of the interview panel.

For cell phone service updates, McGarry said that he has been in dialogue with Homeland Towers about bringing an interested carrier to town. Please see “Cell Phone Service in Haddam” by First Selectman McGarry in the 10/28/2021 HK News edition for more information.

On the topic of private projects, McGarry highlighted plans for an approximately 40-unit apartment project (primarily 1 or 2-bedroom units) on Bridge Road (site of the former ecotourism

Harmony Apothecary). In this case, plans for architectural review include commercial, medical and restaurant space.

Anderson noted that the “Welcome to Haddam” signs have returned and that many people appreciated them. Haddam River Day (October 2, 2021) was “a big hit, a lot of compliments, and a lot of folks helped to make it happen,” Anderson explained. She also noted that there is a vacancy on the Economic Development Committee and if interested, to contact her. She added that the EDC meets the 2nd Wednesday of each month.

Prem Aithal, member of the RSD #17 Board of Education provided an update, covering a range of topics such as strategic planning, summer curriculum work, emergency repairs, HK Cubs program, coronavirus shot submittal matters and welcoming the new superintendent of RSD #17, Jeff Wihbey.

Tax refunds were approved.

Under new business, Linda Talbott from the Haddam Sustainability Committee provided a presentation on bringing food waste recycling (composting) formally to Haddam – specifically, via the Transfer Station. She explained that 20-22% of waste in Connecticut is food waste. She described one option for the community would be to provide a food waste bin at the Transfer Station and contract with a vendor (she cited Blue Earth Compost, Inc. as such a vendor) to remove the waste to an off-site location. The idea behind this effort will be to convey detailed information for Haddam residents about this option including elements like a fee structure for its usage and the role of an individual to monitor proper use of the food waste bin (as well as instituting a fee for its usage). The Board of Selectmen unanimously approved this effort as well as initial allocation of monies for it within the Transfer Station budget.

During the second and final public comment segment, Kristin Battistoni, Haddam’s Tax Collector and member of the Sustainability Committee, thanked Talbott for seeing this project through.

The meeting adjourned.

The next BOS meeting is scheduled for November 8, 2021 at 6:30 p.m.



The chill of Winter is already here. Don't get cold feet and heat them by the fire. We are stocked up on Duraflame products, as well as personal and whole room heaters.

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CT State Police promotes former & current Troopers of Troop F Westbrook

CSP Office of Media relations

(MIDDLETOWN, CT – October 21, 2021) – The Connecticut State Police promoted nine Sergeants to Master Sergeant and one Trooper to Sergeant during a ceremony today at State Police Headquarters. James C. Rovella, Commissioner of the Department of Emergency Services and Public Protection, and Colonel Stavros Mellekas, Commanding Officer of the Connecticut State Police, formally promoted the Troopers in a socially distanced manner.

The Troopers have many years of experience as Patrol Troopers, Detectives, Resident Troopers and Sergeants.

Master Sergeant Dean Aresco M/Sgt. Aresco was

promoted from Sergeant and has been assigned as Executive Officer at Troop I in Bethany. A Trooper for nearly 16 years, M/Sgt. Aresco served at Troop F, at Troop H in Hartford, Troop E in Montville and as an instructor at the State Police Training Academy. He holds a B.S. and M.S. from the University of Connecticut. Master

Master Sergeant Albert Gosselin M/Sergeant Albert Gosselin was promoted from Sergeant and has been assigned as Executive Officer at Troop F in Westbrook. With 17 years as a Trooper, Sgt. Gosselin has served at Troop D in Danielson, Troop E in Montville, Troop F in Westbrook, and as Resident Trooper Sergeant in Montville. He holds a B.S. from Norwich University.

Master Sergeant Jack Kulig M/Sgt. Jack Kulig was promoted from Sergeant and has been assigned as Executive Officer at Troop A in Southbury. He most recently served as Sergeant in the Central District Major Crime Squad. During 17 years as a Trooper, M/Sgt. Kulig has been at Troop F in Westbrook, Troop I and Troop G in Bridgeport. He served as an investigator in the Bureau of Professional Standards. He has earned the agency's Medal for Meritorious Service, a Lifesaving Award and a Unit Citation. He holds a B.S. from Westfield State College.

For a complete list of the ten promotions: <https://www.cspnews.org/post/connecticut-state-police-promotes-ten-troopers>

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Hearing Loss- Could your Medications be part of the issue?

It is very common to lose our hearing as we ripen with years. Sometimes the very medications we use for one problem, might aggravate our hearing loss. Natural hearing loss in both ears as a result of aging is called Presbycusis.

Medicines that damage the ear and can cause some hearing loss are defined as being ototoxic. These medications usually damage the cochlea, in the inner ear. If the medication is ototoxic to you, the hearing loss tends to occur quickly and is marked by the first symptoms of ringing in the ears, and lightheadedness.

Common medications that can cause hearing loss include:

- Aspirin, especially in large doses (8 to 12 tablets/day),
- Ibuprofen/Naproxen
- Diuretics used to treat high blood pressure, such as furosemide or bumetanide.
- Some Antibiotics- such as gentamicin or neomycin.
- Medications used to treat cancer including cyclophosphamide, cisplatin, and bleomycin. Although, it is better to treat the cancer than worry about the hearing loss.

The incidence of hearing loss is larger when 2 or more of these medications are used at the same time, so the moral of the story is to just be aware of the possibility that hearing loss can occur with some medications, and always be aware on how quickly changes to your hearing have occurred. The problem with medication induced hearing loss is that it is not always reversible with discontinuation of the medication, so understanding acute changes is very important to aid in the reversibility of the hearing loss, because drug ototoxicity is dependent on dose and duration of the medication. Various factors increase the risk of hearing loss, including age, dehydration and kidney diseases. Always consult your doctor if you have any questions or concerns.

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COMMUNITY CALENDAR

Please visit www.haddam.org, www.townofkillingworth.com or hk-now.com for the most current information, including cancellations, location changes, time changes. See hk-now.com for more information on calendar items.

Thursday, November 4

Haddam P&Z Meeting 7:00 p.m. - 8:00 p.m.

Killingworth Parmelee Farm Comm. Meeting 7:00 p.m. - 9:00 p.m.

Haddam Park & Rec. Meeting 7:30 p.m. - 8:30 p.m.

Friday, November 5

Killingworth Historic Review Comm. Meeting 11:00 a.m. - 1:00 p.m. (Remote)

HKHS Players Proudly Presents: CLUE 7:00 p.m. - 8:00 p.m.

Saturday, November 6

HKHS Players Proudly Presents: CLUE 7:00 p.m. - 8:00 p.m.

Sunday, November 7

HVFC Auxiliary Vendor Fair 12:00 p.m. - 3:00 p.m.

Haddam Historical Society Founder's Day Celebration 2:00 p.m. - 4:00 p.m.

Monday, November 8

Haddam BOS Meeting 6:30 p.m. - 8:30 p.m.

Killingworth BOS Meeting 7:00 p.m. - 9:00 p.m. (remote)

Killingworth Park & Rec. Meeting 7:30 p.m. - 9:30 p.m.

Tuesday, November 9

Tuesday Tech Time Killingworth Library 2:00 p.m. - 2:30 p.m. Register in advance. Tuesday Book Discussion KW Library 1:00 p.m. - 2:00 p.m. Join us as we discuss Caste: the Origins of Our Discontents by Isabel Wilkerson.

Killingworth BOF Meeting 7:00 p.m. - 9:00 p.m.

Killingworth Inland Wetlands Meeting 7:00 p.m. - 9:00 p.m. (remote)

RSD 17 BOE Meeting 7:00 p.m. - 9:00 p.m. (remote)

Wednesday, November 10

Wiggle Wednesday - Killingworth Library 11:00 a.m. - 11:30 a.m. Toddlers. Register 860-663-2000

Haddam EDC Meeting 6:30 p.m. - 8:30 p.m.

Killingworth Public Health Agency Meeting 7:00 p.m. - 9:00 p.m.

Thursday, November 11

VETERANS DAY

Killingworth Conservation Comm. Meeting 7:00 p.m. - 9:00 p.m.

Higganum Cove Comm. Meeting 6:00 p.m. - 8:00 p.m.

REAL ESTATE

Haddam

Property on N/A, J. B. Murphy to Rock Landing LLC, 9/3/21, \$1,200,000

16 Williamsburg Rd., A. Gentile-Pollack and N. I. Pollack, Jr. to J. Owen and C. Sepulveda, 9/1/21, \$667,000

23 Olson Pl., R. and C. J. Bylo to C. M. Stella, 9/1/21, \$368,000

53 Parker Hill Rd., S., R. L. and E. A. Bochman to K. W. and P. Logan, 9/1/21, \$400,00

97 Dublin Hill Rd., D. J. and J. M. Dembowski to S. K. and A. W. Fitzgerald, 9/2/21, \$364,000

142 Old Chester Rd., R. W. Geist and K. J. Cerullo to M. R. and L. Lariviere, 9/1/21, \$925,000

632 Wiese Albert Rd., Tonkowicz Allan F. Est. and N. J. Cossette to S. B. Wozniak, 9/1/21, \$350,000

1190 Saybrook Rd., R. L. and M. A. Reynolds to C. J. and E. N. Wilkos, 9/3/21, \$300,000

63 Burr Rd., K. M. and S. A. Waterman to R. A. Maynard, 9/7/21, \$280,000

175 Pokorny Rd., M. A. and K. M. Peluso to L. and R. Riccio, 9/9/21, \$415,000

27 Bartman Rd., G. and B. Gallo to S. Johnson, 9/15/21, \$377,000

116 Oxbow Rd., B. and M. Olenick to M. A. and S. Schaefer, 9/13/21, \$565,000

156 Christian Hill Rd., G. Chiarella-Hooper and R. M. Hinze to J. Chiarella, 9/13/21, \$177,000

188 Old Chester Rd., M. Virginia L Est. and D. E. Perreault to B. P. Vitelli, 9/17/21, \$301,000

323 Hidden Lake Rd., P. V. and K. A. Gregaitis to K. and T. Prendergast, 9/14/21, \$387,500

60 Keith Cir., A. Vincent to L. H. and M. M. Greenwood, 9/7/21, \$535,000

38 Lilac Ln., D. R. and S. L. Catenaro to C. and J. M. Olender, 9/20/21, \$592,000

232 Grape Vine Rd., J. and E. Newgard to A. Vanwinkle, 9/20/21, \$240,000

2 Calliari Pl., J. S. Pagano to K. A. Micari and E. R. Miller, 9/29/21, \$185,000

164 Pokorny Rd., K. Roth to C. L. Rosano, 9/27/21, \$275,000

186 Brainard Hill Rd., H. M. Herrington and W. P. Ridgeway to A. L. Defrance 5th and K. Defrance, 9/27/21, \$650,000

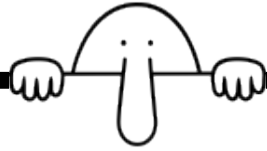
378 Saybrook Rd., B. W. and A. J. Purdy to B. R. and J. Shatraw, 9/27/21, \$431,000

Killingworth

Property on N/A, T. W. and K. L. Nelson to J. P. and S. O'Brien, 9/22/21, \$452,278

21 Surrey Ridge Rd., L. Marotti to M. and D. Trusty, 9/23, \$1,100,000

50 Chittenden Rd., A. B. and C. M. Cohen to J. M. and K. I. Ludington, 9/27/21, \$315,000



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November 2021 News

By Tammy Eustis, Assistant Director

Gloria Nilsson's "Small Works & Little Gems" in Killingworth Library's Display Case

Fine artist Gloria Nilsson's "Small Works & Little Gems" will be exhibited at the Killingworth Library throughout the month of November. Gloria passionately hand paints each one of her scarves and creates each piece of jewelry and fine art with love and passion. A portion of all sales from the November case will go to benefit the Killingworth Library.

Please contact Gloria Nilsson at 203-410-5043 or www.gznilsson.com for purchase information, or to learn more about her workshops.

Saturday Storytimes Continue at Killingworth Library

Cold winter weather is fast approaching, and we know both parents and children are eager to keep in touch with the new friends they've made at our outdoor sessions, so in November our Saturday Storytimes will transform into live group readalongs via Zoom! Participants check out the featured book and Take-and-Make Craft from the library, then tune in at 10:00 a.m. on Saturday for a read-along, crafting fun, and a chance to say "Hi" to their friends! Books and supplies are limited, so please register in advance on the Calendar page on the library's website - killingworthlibrary.org - or call the library at 860-663-2000. Our November sessions:

11/06/21 - Sheep in a Jeep by Nancy Shaw

11/13/21 - Peek-a-Who? by Nina Laden

11/20/21 - Bear Says Thanks by Karma Wilson

Killingworth Library November Holiday Schedule

The library will be open for regular hours - 9:00 a.m. to 6:00 p.m. on Veterans Day, November 11th.

We will close early at 4:30 p.m. on Wednesday, November 24th and will remain closed for Thanksgiving on Thursday the 25th. The library will be open for full hours on the Friday (9:00 a.m. - 6:00 p.m.) and Saturday (9:00 a.m. - 1:00 p.m.) following Thanksgiving.

ST. JAMES EPISCOPAL CHURCH

St. James Annual Christmas fair to be held Nov. 13

By Elaine Jackson

Come to St. James Annual Christmas fair on Saturday, November 13, 2021, from 10:00 a.m.- 2:00 p.m. The fair will feature Christmas tag sale items, books, crafts, jewelry, themed baskets, candy and baked goods. Turkey Soup will be available for take-out only. 501 Killingworth Rd, Higganum.

OBITUARIES

Peggy Everitt, age 73 of Killingworth, CT passed away on October 16, 2021 at home surrounded by her loving family.

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Free Self-defense for Killingworth residents

By Stephen Watson

(KILLINGWORTH) — Preserving life and limb in a crisis takes more than just knowing how to block a punch or stop bleeding, says Stephen Watson, local martial arts expert whose Nov. 18, 19, and 21 seminars on developing a self-defense mindset and skillset will be free to a limited number of Killingworth residents and open to the general public for \$108 per person at his Someday Farm studio, 272 Roast Meat Hill Rd.

Prepare Your Inner Mama Bear is a seminar designed to put self-defense into context, creating understandings about how self-defense tactics fit into modern, real-life situations and the legal, moral, and health ramifications of their use. It is aimed at adults without martial arts experience, though everyone with prior experience will find great value in attending. “We are teaching self-defense, not self-pretense,” says Watson, who explains that even people trained in techniques are unprepared for real-life self-defense situations. The seminar covers how to intelligently protect self, family and home in a crisis. Says Watson, “I want people who feel they would act in an instinctive self-defense ‘mama bear’

mode to realize that they may not have the skill to back up their will. The class will help people develop skills to match their intuitive protective impulse.”

Attendees have their choice of a 90-minute Thursday Nov. 18 (6:00 p.m. start) or Friday Nov. 19 (6:30 p.m. start) evening class. The first five residents of Killingworth to register for each session will be admitted FREE. “We would like to offer the seminar free to all town residents,” says Watson, “but limited class size prohibits it. Perhaps at a later date we can do more for the town. For now, we are offering the session free to the first five registrants and half price (\$54) to every other Killingworth resident.” To accommodate everyone, a bonus session will be offered on Sunday, Nov. 21, 2021, starting at 9:00 a.m. with the same costs and discounts in effect. The seminar will be conducted with Covid safety measures in place.

While people feel their safety will be in the hands of police, fire and medical services, they forget that when time is paramount, they are the actual first responders. In effect, when seconds count, help is minutes away. Knowing how to protect oneself and loved ones is only part of the equation, according to Watson. Understanding when and under what



Stephen Watson teaching Self Defense at Someday Farm. Photo by Sarah Schwartz.

circumstances to act and the ramifications of your actions – legal and otherwise,” are just as important, he says. Watson wants the family holiday season to be safer than ever, saying “Before welcoming your extended family home this holiday season, learn the basics of caring for them in your home.”

The curriculum will be determined by the makeup of students attending, including their experience level, complexity of questions they want answered and appetite for physical practice. Physical contact, however, is not required. Topics covered include:

- Who is at Risk from Conflict?
- Pre-conflict Planning for Family members
- Wildlife and Worrisome Pets
- Tueller Training & MUCs
- Personal Protective Tools
- Awareness & De-Escalation
- Castle Doctrine/Duty to Retreat

Someday Farm is a Killingworth landmark and retreat, known for its expansive green grounds, horse paddocks and wildlife. Group classes and private and semi-private instruction are always on offer.

Classes include Aikido (the only nonviolent martial art), Tai Chi, Eastern philosophy, Meditation, breath training, Yiquan, Nei Gong, Qi Gong, and Push Hands.

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The Haddam-Killingworth Players proudly presents: CLUE

By Marcy Webster

(October 24, 2021) Based on the iconic 1985 Paramount movie, inspired by the classic Hasbro board game, Clue is a hilarious farce-meets-murder mystery. The tale begins at a remote mansion, where six mysterious guests assemble for an unusual dinner party where murder and blackmail are on the menu. When their host turns up dead, they all become suspects. Wadsworth (Michael Vaughn), Miss Scarlett (Payton Kasperzyk), Yvette



(Pooja Badami), Professor Plum (Charles Petrie), Mrs. White (Sarah Bradley, Ava Loughlin), Mr. Green (Abby Jones, Tarin Degnan), Mrs. Peacock (Shylee Emigh, Tori Carlson), and Colonel Mustard (Alec Sicurella, Valerie Freibauer) race to find the killer as the body count stacks up. Clue is a comedy whodunit that will leave everyone in stitches as they try to figure out WHO did it, WHERE, and with WHAT!

Our 2021 H-K HS Clue production has been double cast so you will want to watch both nights! Please note that we are sold out of in-person tickets for Saturday night BUT a limited number of in-person tickets (\$15) are still available for purchase for our Friday night show! Please email Marcy Webster at

MWebster@rsd17.org to reserve them today. Tickets will not be available at the door. The show is also available through *BroadwayOnDemand Live Stream! Tune in to our live performance from the comfort of your own home. Streaming ticket links and more information can be found at <https://sites.google.com/rsd17.org/h-khsdrama/events> or type RSD17.org, choose the H-K High School site and click on the HK Home and info tab to find the Drama website. *Broadway on Demand would like to stress to you that streaming tickets should be purchased ahead of time to ensure that you can connect to the show in a timely fashion.

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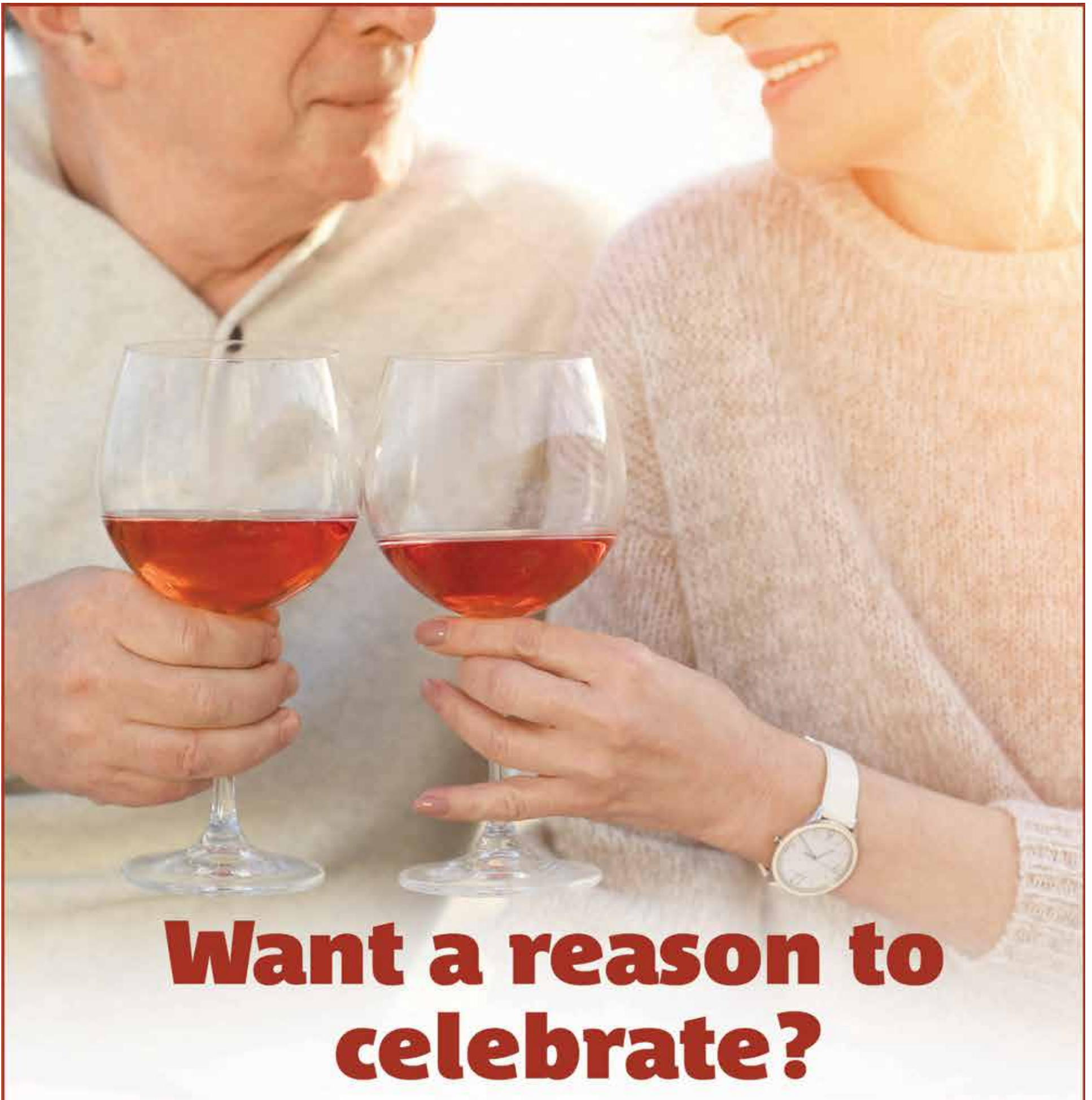


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