

Haddam Killingworth News

AN INDEPENDENT COMMUNITY NEWSPAPER COVERING HADDAM, HIGGANUM, HADDAM NECK AND KILLINGWORTH

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June 17, 2021

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Free weekly

Top 10 Students in the HKHS Class of 2021

By HKHS Staff.
Photos by John Steady
Photography

Maxwell (Max) Cozean, son of Frank and Gina Cozean of Haddam, has been named Valedictorian of the Class of 2021 at Haddam Killingworth High School. Max is an extremely driven student and a dynamic leader within our school community. He brings such warmth, care, and positivity when he walks into a room. Max is an avid long-distance runner, and has been a member of Cross-County, Indoor, and Outdoor Track and Field teams for his whole high school career. During Max's high school athletic career, he has been a part of several Shoreline Conference Championship titles and multiple undefeated seasons. Max is also Vice President of the National Honor Society, Spanish National Honor Society, and is an active member of Student Council. Max has received many honors and awards including the CAS-CIAC Scholar Athlete and the Brandeis Book Award for Social Action and Civic Engagement. Throughout high school, Max has had a strong dedication to his role as a Junior Volunteer at Middlesex Healthcare Shoreline Medical Center and Emergency Department. This Fall, Max will be attending Brown University to major in his passion of Applied Mathematics.

Julian Spector, son of Robert and Gretchen Spector of Higganum, has been named the Salutatorian of the Class of 2021 at Haddam-Killingworth High School. Julian has thrived as a student, having taken on a rigorous schedule including 30 honors and advanced-level classes. Julian has received numerous

awards for his academic achievement including the Yale Book Award, the Shoreline Outstanding Junior in Mathematics certificate, as well as Excellence in French 3 Honors. Julian has an affinity for music and has taught himself to play new instruments over the years – one of his favorites being the guitar. He has been a part of the HKHS Jazz Band since freshman year of high school, primarily as a saxophone player. Julian received a National Gold Standard ranking from a panel of judges at a recent New York City Jazz Competition. Julian is an avid runner and has been a member of our Cross-Country team as well as Indoor and Outdoor Track and Field teams throughout his four years of high school. He was recognized as Second Team All-Shoreline Conference in the fall of 2019. In his time with us, Julian has participated in Student Council, Art Honor Society, and National Honor Society. This year, Julian was inducted into the French Honor Society. Outside of school, Julian has accrued over 150 hours of community service. Julian plans to attend Northeastern University in the

fall of 2021. He would like to pursue a dual degree in Electrical Engineering and Music Technology. **T**essa Wills, daughter of Michael and Suzanne Wills of Killingworth, is ranked third in the Class of 2021. Throughout her time at HKHS, Tessa has proven to be a truly talented student. Over the years, she has enrolled in primarily honors and advanced level courses. Tessa has received many awards for her academics. Last year, she received excellence in Advanced Art Projects Honors, Introduction to Sociology, Pre-Calculus Honors, UConn Physics, and UConn Spanish Intermediate Composition. Tessa has always loved participating in sports. She has been a member of our Volleyball and Basketball teams throughout the entirety of her time at HKHS. Tessa assumed the role of Captain for the Junior Varsity team for both teams. This year, Tessa served as Captain of the Varsity Basketball team. Additionally, Tessa has participated in lacrosse. Tessa is a member of Youth in Action, Student Council,

Continued on page HK5



Valedictorian Maxwell Cozean



Salutatorian Julian Spector



Tessa Wills



Malin Nystrom



Kelsey Lonergan



Matthew (Matt) Jennings



Jaden Mack



Kaitlyn Parri



Katja Berardino



John Bosco

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Middlesex Chamber Announces 2021 Robert Briggs Recipient

By Sierra Lopez.

(Middletown, CT.) Middlesex Chamber Chairman, Tom Byrne and Golf Committee Chairman, Dante Fazzina announced that Richard D. Carella is this year's winner of the 2021 Robert Briggs Award.

The Middlesex County Chamber of Commerce Robert Briggs Award is presented annually to an individual in recognition of their contributions made to the community and to the Middlesex County Chamber of Commerce through the annual Golf Tournament.

"I am honored to present Rich Carella with the 2021 Robert Briggs Award," said Middlesex County Chamber of Commerce President, Larry McHugh. "Rich has been a huge asset to our community, the Chamber and our Golf Tournament for many years. His hard work and dedication to the Middlesex County Chamber of Commerce is unsurpassed and the committee is truly honored to have Rich as our Robert Briggs Award winner this year."

About Richard D. Carella- Rich Carella is an Attorney, Vice President and Shareholder at Updike, Kelly & Spellacy, P.C. in the Middletown, Connecticut office. He has been in the private practice of law since 1993. A graduate of Xavier High School in Middletown and Fairfield University, he obtained his law degree in 1991 from Quinnipiac University School of Law. He started his own law firm in 1993 and eventually merged with Updike Kelly in 2010.

Although born in Stamford, Rich is a Portland, Connecticut native, having lived in Portland since 1968 and is proud that he and his wife Tamara are raising their two children, Caroline and Mitch, in the same house Rich grew up in. An avid outdoorsman, Rich and his family take full advantage of all the great outdoor amenities Middlesex County offers, including the Air-Line Trail, golf courses, the Connecticut River, and Powder Ridge. "We love being outside, and you can always find something great to do outdoors all year round in Middlesex County."

Rich's law practice focuses on commercial, industrial and coastal land use matters, zoning and real estate development. Although based in Middletown, Rich's clients span the State, and his projects have included several propane distribution



Richard D Carella

facilities, retail gasoline franchises, a year-round outdoor recreational sports complex, a 20-slip marina and campground facility located on the banks of the Connecticut River, several commercial solar electrical generation projects, and the expansion of public water service to municipalities requiring clean drinking water to resolve local environmental remediation issues. Rich takes great pride in having a results-oriented practice of achieving his client's business interests while advancing governmental public policy agendas. In doing so, he and his clients are able to resolve strategic problems and create successful partnerships to achieve both business and government organizational goals.

An active leader of several community organizations, Rich is past Chairman and currently serves on the Executive and Legislative Committees of the Middlesex County Chamber of Commerce. He is a former President of the Middletown Rotary Club and Past Chairman of the Board of Directors of the Northern Middlesex County YMCA. He currently serves as a President of the Middlesex County Bar Association, incorporator of Middlesex Hospital, and a incorporator of Liberty Bank, and is Town Attorney to the Towns of Haddam and East Hampton.

NASA Selects 2 Proposed Venus Mission Concepts Co-Developed by Haddam's Martha Gilmore

By Olivia Drake. Reprinted by permission.

Editor's Note: Martha Gilmore has lived in Haddam with her husband since 2010. "When my husband and I first drove down Walkley Hill Road to see what is now our home, we were overwhelmed by how beautiful it is here," said Martha. "We are so happy to live in a place that is so quiet, with so much wildlife, close to work, and with such a good school for our boys. Haddam is a gem!" (June 3, 2021) -- Two proposed Venus mission concepts co-developed by planetary geologist Martha Gilmore were selected by NASA's Discovery Program this week. The selected missions aim to understand how Venus became a scorching planet after it was potentially another habitable world in the solar system with an Earth-like climate.

Gilmore, George I. Seney Professor of Geology, professor of earth and environmental sciences, is a



Martha Gilmore, George I. Seney Professor of Geology and professor of earth and environmental sciences.

Photo by Henry Greenwood.

co-investigator of both winning concepts. Each project will receive approximately \$500 million per mission for development and is expected to launch in the 2028-2030 timeframe.

The projects include VERITAS (Venus Emissivity, Radio Science, InSAR, Topography, and Spectroscopy) and DAVINCI+ (Deep Atmosphere Venus Investigation of Noble gases, Chemistry, and Imaging Plus).

Continued on page HK6

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Smiles FROM OUR FAMILY TO YOURS

Dr. JeanAnn Paddyfote Named Interim Superintendent of Schools

By Jen Favalora, RSD #17 BOE.

Regional School District #17 has appointed Dr. JeanAnn Paddyfote as Interim Superintendent, effective July 1, 2021. RSD17 Board Chairman, Suzanne Sack says, "after careful consideration and due diligence, we have selected Dr. Paddyfote because she can effectively lead the District through these challenging times and will be a good fit for our District."

Dr. Paddyfote has a proven record of success as a Superintendent for more than 13 years and post retirement as Interim Superintendent in several school districts. RSD17 will be her fourth assignment as an Interim for a district in transition to a new Superintendent.

Sack says that "she has built an excellent reputation as a strong leader and manager with an exceptional work ethic and as a tenacious problem solver. In addition, she has paved the way for seamless transitions for new superintendents."

Dr. Paddyfote began her educational career in 1973 as a fifth grade teacher and has served in various roles including special education teacher, District-Wide Department Chair for Special Education, Director of Pupil Personnel and Special Services, Assistant Superintendent for Student Services, Interim Superintendent and Superintendent. Dr. Paddyfote will work out of the RSD17 Central Office located at 57 Little City Road, Higganum,

Connecticut.

"Knowing that the district is well in hand, we can turn our full attention to finding a new, outstanding Superintendent of Schools for RSD17," says Sack. RSD17 has engaged search firm JE Consulting of Litchfield, Connecticut to conduct the search for the new Superintendent.

**Interested
in writing for us?**
Write to us at:
HK-NowEditors@Outlook.com

KILLINGWORTH TOWN GOVERNMENT

Dog Licensing Update from the Town Clerk

By Dawn Rees Mooney, CCTC, MCTC.

The past 15 months have been certainly been difficult, filled with many changes and so much uncertainty. But there's one thing that you can always count on...

JUNE IS DOG LICENSE MONTH!

As always, reminder postcards for all previously licensed dogs were mailed the last day of May. Although the Town Clerk's Office is open, to protect the health of all parties and streamline licensing operations, we encourage you to renew your dog's license either by mail or through our drop box (include a check payable to "Town of Killingworth"), or on-line with a credit card at www.townofkillingworth.com.

To license a new pup, please mail or drop box

your information (name, address and phone number) along with your dog's information (name, breed, birth date, color, proof of rabies vaccination and spay/neuter if applicable) to the Town Clerk's Office along with a check for the licensing fee. The fee for a spayed/neutered pup is \$8; the fee for an intact pup is \$19. First-time licenses cannot be processed online.

Our mailing address is:

**Town Clerk
323 Route 81
Killingworth, CT 06419**

As always, please contact the Town Clerk's Office at 860-663-1765 x502 with any questions. We are in the office and are always happy to assist you!

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9 Town Transit Offers Free Bus Rides on Weekends & Holidays this Summer

By Cathy Iino, First Selectwoman, Killingworth.

(May 28, 2021) — Starting today, and through Labor Day, all 9-Town Transit bus rides will be free on weekends and holidays. This includes Route 645, which runs between Middletown and the shoreline, all along Route 81 in Killingworth. You can flag down the bus anywhere on the route. For the schedule and other information, go to <https://estuarytransit.org>.

For the summer of 2021, the bus will go to Hammonasset State Park on Saturdays and Sundays—for free! Enjoy the beach with no worry about parking.

Free taxi rides to vaccination appointments are still available to Killingworth residents 7 days per week, also courtesy of the Estuary Transit District. The vehicle will provide wait-and-return service and can be used for drive-through sites. A wheelchair-accessible vehicle will be provided upon request. Up to three (3) companions, including a personal care attendant, may ride for free with the eligible rider. The eligible rider and companions must have the same origin and destination.

Book a trip by calling the taxi provider, Curtin Transportation, at 860-443-1655 between 9:00 a.m. and 1:30 p.m. Monday through Friday, at least one day in advance.

This could be the beginning of a beautiful

By Merit Pages News.

Trevor L. Hines of Killingworth, named to the UNH Dean's List for the Spring 2021 semester

WEST HAVEN, CONN. (Jun 1, 2021) – Trevor L. Hines of Killingworth, CT, a student in the Henry C. Lee College of Criminal Justice and Forensic Sciences at the University of New Haven, has been named to the Dean's List for the Spring 2021 semester. Trevor is working on a Bachelor of Science degree in Criminal Justice.

Alexander Hill of Killingworth, named to Plymouth State University President's List for Spring 2021 semester

PLYMOUTH, NH (06/07/2021)– Alexander Hill of Killingworth, CT, has been named to the Plymouth State University President's List for the Spring 2021 semester. To be named to the President's List, a student must achieve a grade point average of 3.7 or better for the Spring 2021 semester and must have attempted at least 12 credit hours during the semester. Hill is a Fine Arts major at Plymouth State.

Local Eastern students make Dean's List in Spring 2021 semester

WILLIMANTIC, CT (06/09/2021)– Eastern Connecticut State University recently released its Dean's List for the spring 2021 semester, in which nearly 1,300 students were recognized for maintaining high GPAs.

- Among them are:
- Matthew Duval of Haddam, a full-time student who majors in Secondary Education Certification and History.
 - Owen Marica of Haddam, a full-time student who majors in Psychology.
 - Connor Chute of Higganum, a full-time

- student who majors in Business Information Systems.
- Olivia Harry of Higganum, a full-time student who majors in Business Administration.
- Darren Hiller of Higganum, a full-time student who majors in Business Administration.
- Alexa Pullman of Higganum, a full-time student who majors in Communication.
- Olivia Belliveau of Killingworth, a full-time student who majors in Communication.
- Clara Roby of Killingworth, a full-time student who majors in Business Administration and Accounting.

To qualify for Dean's List, full-time students must complete a minimum of 12 credits in letter-graded courses with an average GPA of 3.5 or higher in the semester. Part-time students are eligible if they've accumulated 15 or more credits of letter-graded course work with an average GPA of 3.5 or higher.

Local Students Earn Degrees from UVM

BURLINGTON, VT (06/09/2021) – University of Vermont President Suresh Garimella conferred degrees on the following students during the university's 220th commencement.

- Emory Farrell of Killingworth, CT, Bachelor of Science
- Dharma Perron of Haddam Neck, CT, Bachelor of Science and was named to the Dean's List for Spring 2021 semester
- Autumn Strom of Higganum, CT, Bachelor of Science
- Joshua White of Killingworth, CT, Bachelor of Arts


DEATHS

Walter Albin Olsen, Jr. of Haddam Neck, passed away on Thursday, May 27, 2021.

Richard William Waterhouse, age 70, of Higganum, CT died unexpectedly at work on May 28, 2021.

Glenn R. Hunter, 71, of Killingworth, passed away on Friday, May 7, 2021.

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By Attorney AnnMarie C. Rocco

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Top 10 Students in the HKHS Class of 2021

Continued from page HK1

as well as Spanish Honor Society. She is a talented singer as well as artist and has enjoyed the time spent in related classes. Tessa has earned over 170 hours of community service. Tessa's future plans include attending the University of Southern California with a plan to major in Electrical and Computer Engineering.

Malin Nystrom, daughter of Kris and Kimberly Nystrom of Killingworth, is ranked fourth in the Class of 2021. Malin is an amazing student, athlete, artist, musician, and person who will be greatly missed at HKHS. Academically, Malin has taken all of her courses at the highest levels and has truly found a passion for both International Studies and Environmental Science. Malin is also a very skilled musician, playing both the piano and the flute. Over the past four years Malin has won several awards for her musical talents across the state. Malin played Lacrosse and ran Cross-Country while at HKHS and was a valued member of both teams. Malin is a true leader and has held leadership positions in HKHS Student Council, National Honor Society, Spanish Honor Society, and as a 2021 Class Officer. Malin also has a passion for giving back to her community and has been involved with the local Youth and Family Services program for the past three years where she has been engaged with several community service projects. Malin was able to travel to Sweden during the first semester of her Junior year and was able to take advantage of immersing herself in their school system and culture! Malin will be attending Barnard College in New York City this Fall.

Kelsey Lonergan, daughter of Jason and Heather Lonergan of Higganum, is ranked fifth in the Class of 2021. Kelsey is an incredibly well-rounded student who took all of her core classes at the honors or advanced levels. While Kelsey has prioritized her academics she has also been a three season athlete here at HKHS since her freshman year competing in Soccer, Basketball, and Lacrosse. She is a valued member of all three teams and will be missed on the fields here. Kelsey also finds time to be an active member of Student Council, Current Events Club, and served as Treasurer of the Spanish National Honors Society. As a true master of time management, Kelsey participates in Girl Scouts, and achieved the "Silver Award" for the organization and creation of a tutoring program at the local middle school. She has served the community as a counselor at her church's Vacation Bible School and as a counselor at the John Nerden camp. Kelsey will be attending Boston College in the fall of 2021 where she will study Political Science.

Matthew (Matt) Jennings, son of Jonathan and Sarah Jennings of Killingworth is ranked 6th in the Class of 2021. Matt is an exceedingly accomplished student and athlete within the HK community. He is not afraid to speak his thoughts and take on leadership positions with great success. Matt represents his peers as a member of the Conference on Connecticut's Student Equity Advisory Board and is a Student Representative to the Region 17 Board of Education. Within our school, Matt is the President of National Honor Society, Vice President of Student Council, President of Current Events Club and Class Officer for the Class of 2021. He is the Captain of Cross Country and the Indoor and Outdoor Track and Field teams where he has achieved All-New England, All-State and All-Conference Honors. Matt has received the University of Rochester Young Leaders award and is an Ambassador to the Hugh O' Brien Youth Leadership Seminar. Matt will be bringing his overall drive to succeed in both academics and athletics to Yale University this Fall. Matt will be majoring in Ethics, Politics, and Economics while running Varsity Cross Country and Track.

Jaden Mack, son of Lance Mack of Haddam and Susan Mack of Higganum, is ranked seventh in the

Class of 2021. Jaden has done all of his course work at HKHS at a very high academic level and has found a true passion for everything STEM-related. Jaden has also stayed very busy outside of the classroom at HKHS participating in Strategic Games Club, High School Bowl, Math League, Current Events Club, Environmental club, and the Robotics Club. Jaden has been a four year member of both the Indoor and Outdoor Track teams' throwing programs, competing in shot put and discus. As if his school commitments were not enough, Jaden has been busy serving the community by volunteering at the Brainerd Library for two summers and volunteering with his church's Teens in Action Youth Group. One very interesting thing about Jaden is that in his free time he has taken on the difficult task of learning the Russian language and taught himself a great deal about computer coding over the years. Jaden will be attending Northeastern this fall where he received a prestigious National Merit Scholarship.

Kaitlyn Parri, daughter of Brian and Kerrie Parri of Killingworth, is ranked 8th in the Class of 2021. Kaitlyn takes her academics very seriously and has pursued all of her coursework at a very high level. While academics have been a huge focus for Kaitlyn, she has a huge love of the game of soccer which has also helped to steer her ship. Kaitlyn has been a member of the HKHS Soccer team for four years and a Captain of the team during both her Junior and Senior seasons. During her sophomore season she was awarded honorable mention for the Shoreline Conference and was named First Team All-Shoreline for both her junior and senior seasons. Kaitlyn has also spent a great deal of time competing on the CT Rush Club Soccer team for the past seven years and was afforded the opportunity to travel to Sweden. Off of the field, Kaitlyn has participated in Peer Advocates, Student Council, where she helped organize a blood drive, Spirit Club, French National Honor Society, and National Honor Society. During the summer Kaitlyn even finds time to work at her family's restaurant and is a trusted babysitter for several families. Kaitlyn will be attending Union College in the fall where she will be playing soccer and pursuing a degree in Biological Science on the Pre-Med track.

Katja Berardino, daughter of Bill and Kerstin Berardino of Killingworth, is ranked ninth in the Class of 2021. Katja has quietly distinguished herself as a student and as a member of our academic community. As someone who has long had a passion for film and video, Katja became involved in our Media and Communication program in tenth grade and never looked back. Katja has become an integral part of our program and has been a behind-the-scenes force for most of our filmed events for the past three years, including serving as Producer of the Holiday show this year. While Media and Communications has been Katja's passion, she has excelled in a variety of challenging classes at HKHS and has been recognized for her outstanding work in French and English. Katja is a member of the National Honor Society and Secretary of French

Honor Society. Through her work as a Peer Advocate, she mentored a younger student in social skills weekly last year. Aside from her work as a student, Katja is a dedicated dancer who has been dancing for sixteen years. She also makes time to volunteer regularly, including at a retirement community and an animal shelter. Next year, Katja will attend Fairfield University, where she plans to study Film, TV, and Media Arts.

John Bosco, the son of John Bosco of Haddam and Jennifer Bosco of Clinton, is ranked tenth in the Class of 2021 at HKHS. John is an all-around academic force, who is capable of outstanding work in a range of academic subjects. John has taken on many of our most challenging classes and thrived. Outside of the academic realm, John is a three-year member of our Select Choir, three-year member and current Co-President of IGNITE, an HK Youth Coalition, member of National Honor Society and the Current Events Club, and a member of the Indoor and Outdoor Track teams. Outside of school, John works at a local restaurant. John is a confident and forthright person, and was recognized for his leadership abilities by being named a HOBY Leadership Award-winner in tenth grade. This year, John was recognized as a National Merit Finalist. John will be attending University of Southern California next year, where he plans to study Business.

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NASA Selects Mission Concepts Co-developed by Gillmore

Continued from page HK2

“Venus is so critical to our understanding of how Earth-sized planets form in our solar system and other solar systems,” Gilmore said. “I can’t wait to see what we know about Venus in 20 years—will we know then that Venus was once covered in oceans? Will we know how the inner planets acquired their water inventory? Will we know how to recognize habitable planets around other stars? Will we find evidence of life there?”

VERITAS, a Venus orbiter, will create high-resolution topography imaging of Venus’s surface and produce the first maps of the planet’s global surface composition. By charting surface elevations of nearly the entire planet, scientists will be able to learn more about the geological history of the planet and why it developed so differently than Earth. VERITAS also will map infrared emissions from Venus’s surface to map its rock type and determine whether active volcanoes are releasing water vapor into the atmosphere. VERITAS is managed by NASA’s Jet Propulsion Laboratory.

DAVINCI+ is an atmospheric probe that would be managed by NASA’s Goddard Space Flight Center. As the probe plunges into Venus’s thick atmosphere, it would measure the chemical composition, revealing the possibility of a history of water on Venus. In addition, DAVINCI+ will return the first high-resolution pictures of the unique geological features on Venus known as “tesserae,” which may be comparable to Earth’s continents, and, as the oldest terrains on Venus, may record past climates. This will be the first U.S.-led mission to Venus’s atmosphere since 1978.

“Having these two such complementary missions is

a dream come true,” Gilmore said. “I’m so happy and look forward to working with our students on this fascinating planet.”

According to NASA, these investigations are the final selections from four mission concepts NASA picked in February 2020 as part of the agency’s Discovery 2019 competition. Following a competitive, peer-review process, Gilmore’s missions “were chosen based on their potential scientific value and the feasibility of their development plans.” The project teams will now work to finalize their requirements, designs, and development plans.

“We’re revving up our planetary science program with intense exploration of a world that NASA hasn’t visited in over 30 years,” said Thomas Zurbuchen, NASA’s associate administrator for science in a June 2 press release. “Using cutting-edge technologies that NASA has developed and refined over many years of missions and technology programs, we’re ushering in a new decade of Venus to understand how an Earth-like planet can become a hothouse. Our goals are profound. It is not just understanding the evolution of planets and habitability in our own solar system, but extending beyond these boundaries to exoplanets, an exciting and emerging area of research for NASA.”

Established in 1992, NASA’s Discovery Program has supported the development and implementation of over 20 missions and instruments. These selections are part of the ninth Discovery Program competition.

Gilmore, who also is the co-coordinator of Wesleyan’s Planetary Sciences program, is a fellow of the Geological Society of America, has served on dozens of NASA and National Academy of Sciences-NRC Committees, has mentored more than 20 master’s degree recipients, has served as chair of the Wesleyan’s Department of Earth and Environmental Sciences and the Venus Exploration Analysis Group, deputy chair of VEXAG, and has a publication record of fundamental research contributions in planetary geoscience, particularly on the geological evolution

of the Earth, Venus, and Mars.

In 2020, she received the Randolph W. “Bill” and Cecile T. Bromery Award from the Geological Society of America for her exemplary contributions to research in the geological sciences and for being an instrumental mentor to young people of color.

Real Estate Transactions

According to the Hartford Courant (6/4/21):

Property on Meetinghouse Rd., Cynthia Dorfman to Robert Nims, 5/19/21, \$108,000

11 Newberry St., R. L. Rogers, Jr. to David & Adrienne Blackmon, 5/18/21, \$125,000

23 Larkspur Dr., Brian D. & Christopher Zullo to Adam & Laura Renehan, 5/17/21, \$640,000


316 Beaver Meadow Rd., R. F. Bower [Est] & J. C. Bower to M. A. & D. M. Ellinas, 5/17/21, \$575,000

TREES

Find and circle all of the Trees that are hidden in the grid. The remaining letters spell a secret message - a Greek Proverb.

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 O E L R N L X P E H E N C H R P A L R
 P L D P P H T O H Z D B C E N A C O R
 L N C A T R I C B O A E B T U T E C E
 A C Y A E N T C N R E H E U T R P K H
 R E P E R I E P K B E S D N R W I H C
 O D R P W B L D O O W N O T T O C F R
 S A E E A A O S N E R H O S H A D E E
 P R S T N L H R R I K Y W E E C D Y T
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BIRCH	GOLDENRAIN	PEAR	WALNUT
BOXWOOD	HAZELNUT	PECAN	WITCHHAZEL
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Summer Foot Protection

Hiking, sightseeing, and relaxing on the beach, all require following some pretty basic tips to stay healthy and safe:

- 1) Limit walking barefoot. Besides risk of injury, you also create more opportunity for sunburn, plantar warts, and athlete’s foot.
- 2) Stay hydrated. Drinking plenty of water not only helps overall health, it minimizes swelling caused by the heat.
- 3) Apply sunscreen, especially to the tops of feet and ankles.
- 4) When walking, try to pack a second set of sneakers, and make sure to get sneakers that help provide balance.
- 5) Keep blood flowing with periodic ankle flexes, toe wiggles, and calf stretches.

One in five men and one in four women have pain enough to limit exercise or work.

Heel Pain

Plantar fasciitis affects 2.5 million people per year, and is diagnosed when heel pain occurs, typically in the morning, and is worse when first standing after rest. Pain lessens after patient starts walking a little.

Non-operative treatment usually involves: 1) anti-inflammatories, i.e., ibuprofen or naproxen for 2-3 weeks; 2) stretching exercises for plantar fasciitis; 3) OTC foot inserts; and 4) changing shoes to those with more cushioning. OTC foot inserts usually should be full-soled versus 3/4 soled because it provides full comfort versus putting pressure on the front of foot.

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TOWN OF HADDAM

Voter Registration Summary – June 1, 2021

*By Raymond Skarsten, Haddam Certified Registrar of Voters
 Kate Wessling, Haddam Registrar of Voters*

District	Democratic	Republican	Unaffiliated	Other	Total
001 Firehouse	910	764	1319	42	3035
002 Central Office	750	736	1259	37	2782
003 Haddam Neck	96	87	90	2	275
Totals:	1756	1587	2668	81	6092
	29%	26%	44%	1.33%	

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Burr Students Take Part in Virtual Learning Fair

By Kathy Brown.

During a typical year in the elementary schools in our district, we have art shows, plays, concerts, and more. During the COVID-19 pandemic, however, large gatherings were prohibited and many events were canceled. Where there is a will, there is always a way, especially with staff as creative and dedicated as the ones in our district. Burr District Elementary School decided to hold a virtual learning fair in May. Judith Nacca, the Literary Coach there, said they received a total of 72 projects on a variety of topics. "That's about a quarter of our population who willingly volunteered to do this independent project," said Judith.

"Students from all grade levels chose a topic (science, social studies, reading, writing, math, art, or music), completed research on their topic, created a visual presentation, and then recorded themselves to share their learning with others," explained Burr Elementary School Principal, Brienne Whidden. "All of this work was done at home without assistance from their teachers."

"I was so pleased with the turnout of projects that were submitted by every grade," said Christine Salzano, Library Media Specialist at Burr. "The effort that was put into these projects was impressive in all age groups. Also, the diversity of topics and ways to showcase their efforts were amazing."

"As an educator, I loved this project," said Becky Aithal, a Kindergarten teacher at Burr, as well as a member of the STEAM Team that helped organize the event. "Students were given a chance to shine and highlight their learnings or special talents that they have outside of school. Watching the videos was a complete joy. The smiles and excitement from students was heartwarming, especially this year."

"I had almost 50% of my second graders participate," said Becky Harkin, teacher at Burr. "My students presented a variety of topics that ranged from Hummingbirds, King Cobras, Rabbits and Guinea Pigs, to inventing a robot that can read your mind and making elephant toothpaste! I loved watching their final videos. I am so proud of the hard work that these kids put into the virtual learning fair!"

"It was fun to support my children in learning about a topic of their choosing and a place that is located in our community," said Tiffany Macauley, Nola and Caenan's mother. "We had never heard of a rabbit sanctuary and were truly curious about what that entailed. It was fun to watch their creativity,



Photos provided by BDES.

their teamwork, and their interest-driven learning in action!"

The educators did their part in instilling a love of learning in the students, and the parents supported their children at home, sometimes by taking them places to learn more about their subject.

"The virtual learning fair was such a great opportunity to get my daughters to dig deeper into their own interests," said Kelly Morin, parent. "I've

always been an advocate for inquiry based learning and this project allowed for that. Each of the girls chose a topic they really wanted to learn more about. The adventurers that they are, both girls designed an outing specific to their interest . . . Putting together a two-minute video was the trickiest part . . . as both girls could go on and on about the adventures this project took them on. The technology hurdles alone become a learning experience within and of itself. We loved sharing what we learned and hope this tradition continues as we truly loved it!"

Another parent, Jennifer Taliercio, said, "I think this was a wonderful opportunity to share some of the unique learning [the students] experienced this year. This year was really challenging in so many ways and one of the aspects that was missing, especially for elementary school students, was getting to have the community come into the school building and see what students were learning. For my son in particular (first grade) who was working on this student-led independent study about dinosaurs, the fair gave him a chance to feel proud about his work and an opportunity to share it with peers. For my daughter who is in kindergarten, the opportunity to teach really excited her!"

Students used a variety of methods for their projects: trifold boards, book trailer programs, Chrome extensions, video recordings, and even a podcast.

"Some students really pushed themselves into doing something they have never done before," explained

Continued on page HK10

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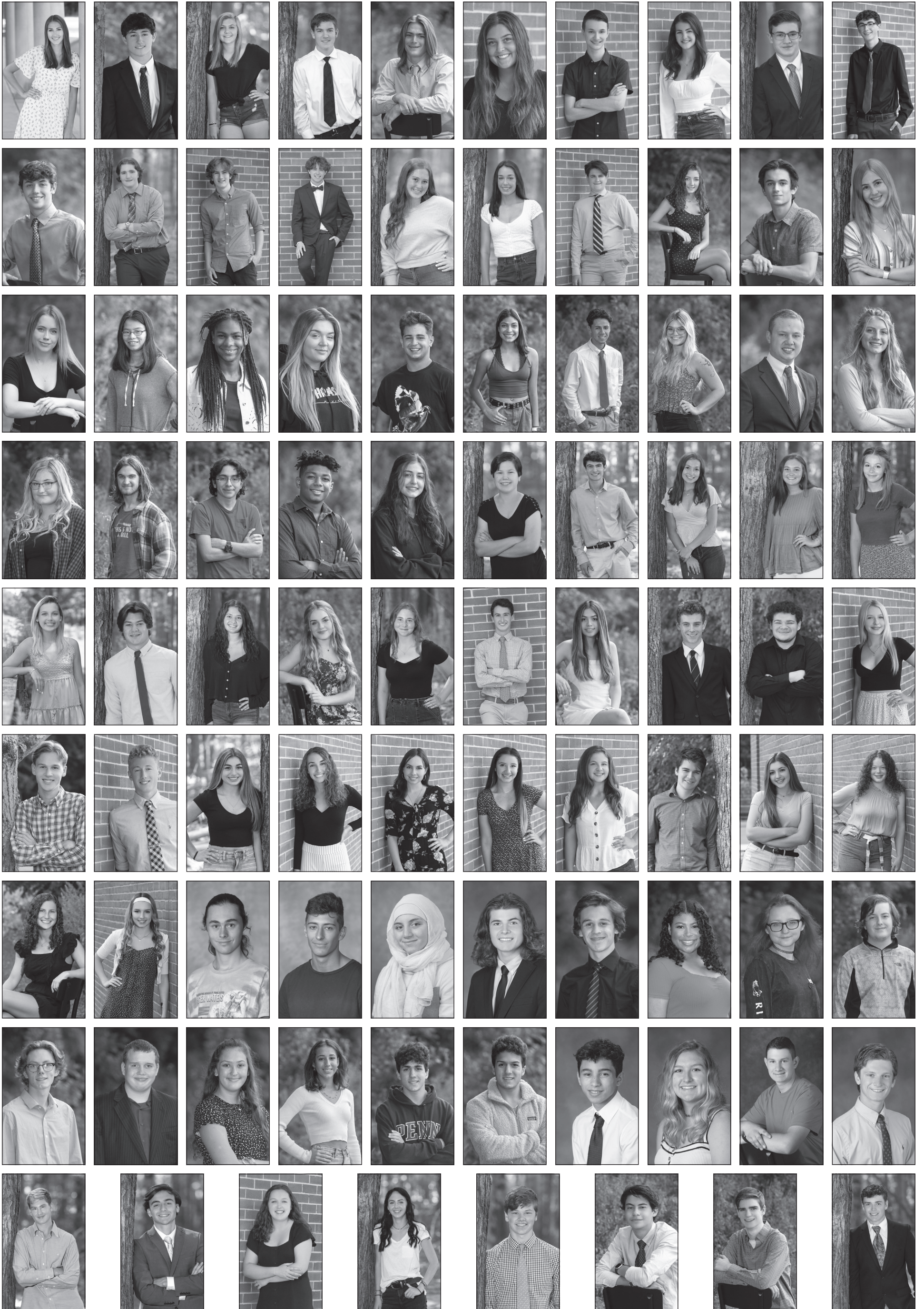
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HKHS Class of 2021



Photos by
John Steady
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HADDAM-KILLINGWORTH TOWN & COMMUNITY CALENDAR

Please visit www.haddam.org, www.townofkillingworth.com or hk-now.com for the most current information, including cancellations, location changes, time changes. See hk-now.com for more information on calendar items.

Thursday, June 17

Leggo My Lego!

Killingworth Library 10:00 a.m. - 11:00 a.m.
Come build your own Lego "mini" animal with us and learn some fun facts at our trivia contest! Suggested ages 6 - 12. Please register online. <https://killingworthlibrary.org/>

Mystery Book Club - Hosted by Killingworth Library 6:30 p.m. - 8:30 p.m.

Join us as we discuss *The Darkest Evening* by Ann Cleeves.

Haddam P&Z Mtg. 7:00 p.m. - 8:00 p.m.

Friday, June 18

Higganum Farmers Market 3:30 p.m. - 6:30 p.m.

Pet Day and Pet Costume Contest
Entertainment - The Midnight Anthem

Saturday, June 19

Household Hazardous Waste 9:00 a.m. - 1:00 p.m.
Colchester-East Hampton Water Pollution Control Facility, 20 Gildersleeve Drive, East Hampton

Saturday Story Time - Killingworth Library 10:00 a.m. - 10:30 a.m. Bring the young one(s) to listen to a tale of animals and adventures then explore our wonderful selection of books! Suggested ages 2-5.

Summer Chalk Art Contest - Killingworth Library
Kick-off of the Summer Chalk Art Contest
Artists of all ages are invited to drop in anytime the library is open this summer and help make the library's sidewalk's glow with color! Chalk is provided. Photos will be taken of all entries and winner(s) will be announced August 27.

Brainerd Library Plant & Gardening Sale
10:00 a.m. - 1:00 p.m.

Monday, June 21

Haddam BOF Meeting 6:30 p.m. - 8:30 p.m.

Haddam Inland Wetlands Meeting
7:00 p.m. - 8:00 p.m.

Killingworth Charter Revision Comm. Mtg.
(remote access)

Wednesday, June 23

Killingworth Charter Revision Comm. PUBLIC HEARING (remote access)
7:00 p.m. - 9:00 p.m.

RiverCog Mtg. (remote access) 9:00 a.m. - 11:00 a.m. 860 581-8554 www.rivercog.org

Haddam Sustainability Comm. Mtg.
7:00 p.m. - 8:30 p.m.

Thursday, June 24

Haddam ZBA Meeting 7:00 p.m. - 9:00 p.m.

Killingworth Charter Revision Comm. Mtg.
(remote access only) 7:00 p.m. - 9:00 p.m.

CONTINUED FROM PAGE HK7

Burr Students Take Part in Virtual Learning Fair

Continued from HK7

Christine. "Eva Nuzum was brave and recorded herself for the first time. A huge shout out to Cole Sturges and his project on Lionel Messi. He not only persevered when encountering technical issues but also decided to leave in the video portion of him telling about his project when at first he was only going to allow audio."

"The Virtual Learning Fair proved that our students are resilient, curious and passionate learners," said

Judith. "In a time of unprecedented restrictions on physical gatherings, this event allowed us to have windows into the rich and vibrant lives of our students outside of school. We weren't sure what we were going to get by having such open guidelines, and we were more than pleasantly surprised—we were stunned!"

"I have been in constant awe and amazement of how our students and schools have adapted to teach in these trying months," said Becky. "This was just

another great way that we were able to encourage kids to make learning fun and exciting."

"I am so proud of the creativity, independence, and perseverance that students showed throughout this process!" said Principal Whidden. "We had such positive feedback from this event that we will absolutely build on it in the years to come!"

This is a shortened article. To see the full article, please see HK-Now.com.

Photos provided by BDES.

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HKHS Lacrosse Boys Defeated by St. Joseph's 18-8

By Nathan Kelly.

Editor's Note: The HKHS Boys Lacrosse team was defeated by St. Joseph Catholic High School in the quarterfinals of the Class S State Championship on June 5, 2021, by a score of 18-8. HK, the Shoreline Conference Champions, had defeated Tolland in the First Round of the tournament on June 2.

(June 7, 2021) — March 17th seems like it was only a few days ago. It is crazy to think it has been upwards of 2 months since we had our first practice. And it ended how we all dreamed of it ending: a big blue and yellow banner in a humid, brightly lit field house. To some people, that may just be a piece of fabric. But to us, it's much more. It's the pure exhilaration felt by all of us as we ran onto that hot turf field after winning the shoreline championship. It's the hours upon hours of hard work, and the brotherhood that was formed as a byproduct of this work. We had a plan, wanted to do something, and went out there and did it.

I think I speak for all of us when I say I am going to miss all the seniors who went on this journey with us this year. Without them, this would not have been possible. Each and every one of them was an asset to this team, contributing in incredible ways, on and off the field. Looking out for younger guys like me and leading us through the season.

Everyone added something this year, we are one

team, and every single one of us should be proud of what we put together this spring.

Even in the end, when we played St. Joes, we did not go silently into the night. We fought, and we fought hard, and we scared them. They were not expecting us to be as much of a challenge as we were, and even in the end, when all hope of winning seemed lost, we fought like champions, because we are champions.

Great season guys, I love all of you.

Photos by Liz Griswold.



Aiden Griswold



Charlie Maxwell

Track 2021: Boys Win Class M State Championship


By Matt Diglio, Coach.

(June 7, 2021) — This past Wednesday, June 2, 2021, the Haddam Killingworth High School boys and girls track teams competed at the Class M State Championship meet at Willow Brook Park in New Britain. The boys team placed 1st overall to claim their first state title since 1988 (33 years). The boys scored 90 points as a team to easily outdistance second place Seymour who ended up with 56.5 points.

The boys were led by numerous outstanding performances in the meet, which saw several athletes earn All-State accolades and several school records being broken. Senior Matthew Jennings led the way with his 1st place finish in the 800 with a time of 1:55.37 to break his own school record and earn All-State honors. Jennings also placed 2nd in the 1600 in a time of 4:14.79 which not only broke his own school record but also broke the meet record. He then anchored the 4x800 relay team to a 2nd place finish along with teammates Max Cozean, Caleb Freeman and Alex Lara. Not to be outdone, was his teammate Eamon Sweeney who also had a tremendous meet as he placed 1st in the 300 hurdles with a school record time of 39.67 along with his 1st place finish in the javelin throw with a toss of 169-09 and earned All-State honors in both of those events. Sweeney also placed 2nd in the 110 hurdles in a school record time of 14.82. Also earning All-State accolades was John Bruder who won the shot put with a toss of 52'0" to win that event. Other team members contributing valuable team points were: Max Cozean 2nd place in the 800 (1:58.82). Orion Inkel who placed 4th in the triple jump (40'8.25"), Sam Luther 4th in the javelin (147'3"), Aidan Law 6th in the long jump (19'11"), Zenon Kolcio 8th 110 hurdles (16.43) and Jon Chute 8th in pole vault (10'6").

The H-K girls track and field team placed 8th overall as a team with 34 points. The Cougars were led by senior Kedarjah Lewis, who placed first in the long jump with a distance of 18'0" to earn All-State honors. Lewis also finished second in the triple jump with a leap of 35-5.25

and came in second place for the 100-meter dash by running a time of 12.82 seconds. The girls 4x800 relay of junior Brianna Minervino, sophomore Isabel Berardino, senior Meara Bodak, and senior Katherine Melgar took fifth place with a time of 10:13.85. Junior Jessica Timothy finished sixth in the high jump (4-10), and senior Gabby Lester placed eighth in the discus (91-5).



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Black Bears in Killingworth, Oh My!

By Kathy Brown.

(June 7, 2021) — There have been quite a few bear sightings in Killingworth recently according to posts on the Facebook page “Killingworth Stompin’ Ground.” A bear with tag number 041 was photographed by Deborah Churchill in Killingworth on Saturday. “When I first saw him [by the porch door] I opened the door thinking that it was my shepherd; quite a surprise,” said Deborah. “Checking our security cameras, he came up the stairs on my deck, ate the lettuce in my deck garden, left the kale, and went straight to the bird feeder. He climbed the railing and ‘carefully’ lifted it down. Subsequently, he curled up against the door and took a nap for over thirty minutes.”

“When he saw my dog he came walking over, put his nose and paw against the glass as if to inquire, then they just stood there staring at each other,” continued Deborah. “The bear then turned around, got a drink of water from the bowl of water on the deck and lay down to go back to sleep.”

“I think the picture demonstrate the inquisitiveness of the two of them and how easy it is to live with nature,” explained Deborah. “I think the most important thing is to encourage everyone to pay attention to what is on their property and remove any enticements.”

And finally, Deborah said, “Bears prefer natural, wild food unless it is difficult to find and human food is too easy to get. Be vigilant of bear attractants on your property; such as bird feed, pet food, fruit trees/berry bushes, bee hives, barbecue grease and compost. These are the things that will attract a bear. Fresh fruit on trees and bushes are enticing so don’t be surprised if a bear visits your garden when the fruit is ripe and fragrant. Using electric fencing around bee hives and gardens is inexpensive and is a great deterrent. Awareness is the beginning of the solution. Thanks everyone.”

Felicity Doyle saw this bear just south of Haddam Killingworth Middle School on June 5, 2021. It was “helping itself to someone’s garbage.” From the CT Department of Energy & Environmental Protection, here is advice on what to do about a bear near your home:

According to the DEEP, “The bear population is healthy and increasing in Connecticut and sightings have become more common. Bears spend time in neighborhoods because food sources are abundant and easy to access (birdfeeders, garbage, open compost, grills, etc.)”

Bears should NEVER be fed, either intentionally or



Inquisitive bear meets inquisitive dog.

accidentally. Connecticut residents should take the following simple steps to avoid conflicts and problems with black bears: Bears are attracted to garbage, pet food, compost piles, fruit trees, and birdfeeders.

- DO** remove birdfeeders and bird food from late March through November.
- DO** eliminate food attractants by placing garbage cans inside a garage or shed. Add ammonia to trash to make it unpalatable.
- DO** clean and store grills in a garage or shed after use. (Propane cylinders should be stored outside.)
- DON’T** intentionally feed bears. Bears that become accustomed to finding food near your home may become “problem” bears.
- DON’T** approach or try to get closer to a bear to get a photo or video.
- DON’T** leave pet food outside overnight.
- DON’T** add meat or sweets to a compost pile.

If a bear is seen in your town or neighborhood, leave it alone. In most situations, if left alone and given an avenue for escape, the bear will usually wander back into more secluded areas. Keep dogs under control. Stay away from the bear and advise others to do the same. Do not approach the bear so as to take a photo or video. Often a bear will climb a tree to avoid people. A crowd of bystanders will only stress the bear and also add the risk that the bear will be chased into traffic or the crowd of people.

If a bear is in a densely populated area, contact the DEEP Wildlife Division (860-424-3011, Monday-Friday, 8:30 AM-4:30 PM) or DEEP Dispatch (860-424-3333, 24 hours) to report the sighting and obtain advice.

To report a Black Bear sighting, please go to the DEEP website.

Photo by Deborah Churchill.

Haddam Killingworth News

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