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Haddam Killingworth News

AN INDEPENDENT COMMUNITY NEWSPAPER COVERING HADDAM, HIGGANUM, HADDAM NECK AND KILLINGWORTH

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November 7, 2019

For breaking news go to Haddam-KillingworthNow.com every day

Free weekly

Killingworth farm tour is November 16

By Melissa Ferrara

On Saturday, Nov. 16, six Killingworth farms will open their doors to the public free of charge for the 3rd annual Killingworth fall farm tour. From 11:00 a.m. to 4:00 p.m., visitors are welcome to tour the farms, enjoy special farm tour demonstrations and/or treats, and browse farm stores filled with locally produced gifts for everyone!

Participating farms are:

Bitta Blue Farm, 228 River Road — goat milk soap, lotions, and bath accessories; jams, jellies, dried fruits, late season vegetables... closes at 3:00 p.m.

Down the Lane Farm, 18 Reservoir Road — honey, soaps, skin care, beeswax candles

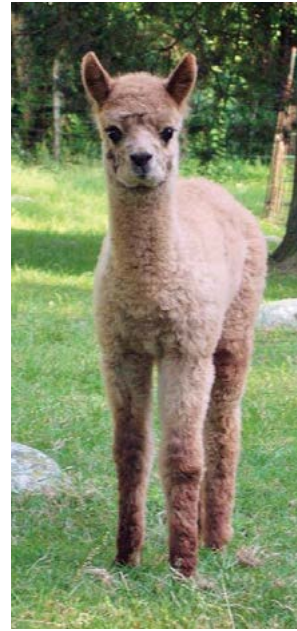
Lavender Pond Farm, 318 Roast Meat Hill Road — lavender, bath/body/home lavender products, lavender themed gifts

Chatfield Hollow Farm, 12 Firetower Road — edible and medicinal mushrooms; exotic birds

Leightsinger Farm, 293 Route 81 — non-GMO vegetables, beef, pork, chicken & eggs

New England Alpacas, 14 Bethke Road — alpacas, alpaca fleece/yarn/products

Maps and postcards with addresses of all farms will be available at each farm and there is ample parking. No public restrooms or food vendors. For more information, please email at nealpacas@aol.com or call 860-663-3482.



Autumn Fun & the 26th Annual Pumpkin Run

By Kathy Brown

On a cold and rainy Sunday, Oct. 27, the 26th annual Pumpkin Run was held in Higganum, including a Kids Fun Run and a 5k. There were 145 entrants in the 5k.

"A huge thank you to all the runners (and walkers) who were there today, despite the unbelievable amount of rain, to the community members who came to show their support for their runners and our agency, the youth who volunteered their time and the Hartford Marathon for keeping things running!" said Laurie Ruderfer, Executive Director, HKYFS. "I also want to take this time to thank the communities of Haddam and Killingworth for the welcome I received over the past year. As many people know



Lining up for the start of the 5K. Photo by Kathy Brown.

this has been a year of transition and learning and we hope to keep building on our now solid base to maintain beloved traditions and introduce new ones."

Cathy Iino, First Selectman of Killingworth, was the official starter of the Kids Fun Run at 12:15. A few brave children ran through the puddles four times around the HES parking lot to complete their half mile run.

Quite a few runners came out in costume. There were a few cows,

a contingent of Vikings, as well as a runner in a Yankees uniform, and some others. One thing was sure, they were all soaked by the time they made it to the finish line!

Some division results are listed below. (H=Haddam/Higganum residents; K-Killingworth residents)

Top Five Male Finishers

Gregory Lynskey (K) 19:00
Andrew Hedges (H) 19:00
Evan Baird (H) 19:37

Continued on page H10

Holiday Pop-Up Market comes to HES starting Nov. 9

By Kathy Brown

Do you remember last year's Holiday Pop Up Market held in the front room of the Shearmatrix Salon? Different local vendors with a variety of food, candles, and crafts? Well it will be back bigger and better this year thanks to Teri Everett and Janet Verney. This holiday season, it will be held in the All Purpose Room of the building formerly known as Haddam Elementary School.

"In order to get people, companies, or industries interested in our town, someone has to take the first step," said Teri. "Who knows? If this is successful, maybe it could become a year round market expanding to include more vendors." Last year, Teri had wanted to run the Pop-up Market, but couldn't due to a variety of reasons, so Janet Verney took the reins. "With two of us [this year] it is a bit more manageable."

"The holiday season is a great time of community," said Teri. "We have many talented and enterprising individuals who want to sell their products, homemade and direct sales. This forum allows these individuals, men and women alike, to get their products out to the community but not taking away from those who have full time jobs."

Continued on page H2

In This Issue: Brainerd Library events, H3, Troopers honored, H4 • Community Calendar, H6 • School sports, H8

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Photos by Kathy Brown from last year's Pop-Up Market.

Holiday Pop-Up Market comes to HES from Nov. 9 to Dec. 22

Continued from front page

"I'm thrilled to be part of this year's Holiday Pop-Up Market in our new expanded location, HES in Higganum," said Janet. "When I was looking for

options to house this year's market, I knew it could grow, so I looked for a bigger space and was pleased to discover HES had a multipurpose room that would allow us to triple the size. We have many re-

turning vendors and many new! The response has been incredible and we already have begun a vendor waiting list. We also offer a table for workshops and demos, which must be reserved on a first come, first served basis. Be sure to visit us at the market and shop and support local."

Deb Thomas, who participated last year, and is participating again this year, said, "It's all possible due to the dedication of friends, Janet Verney and Teri Everett — wanting to bring local crafts people and other vendors together, to deliver some vitality, joy, and Holiday Spirit into play for the town, and the desire to once again, utilize space which otherwise would lie dormant. This also drives home the most important point, I believe, that shopping local is best, because Amazon doesn't support your child's baseball team."

Opening day will be Saturday, Nov. 9, 10:00 a.m. to 5:00 p.m. On that day, from 12:30-5:00 p.m., the HK Relay for Life will be at the Market with a display and information on this popular annual event. Ed Yantosh will be manning the booth. Teri is a member of the Relay Team "The Pink Ladies" who are all breast cancer survivors. "We will be looking to get more teams by getting the word and information out sooner," said Teri. "Relay helps many in our town. Not just those going through cancer, but caregivers too."

They will be planning a few special days this year during the Pop-Up Market: a spa day for the ladies, a men's shopping night, a children's workshop. There will be demonstrations and workshops from a few vendors, as well.

Vendors will include:

- Barbara Galpin, *The Pyrex Lady and vintage jewelry*
- Holiday Hose Creations *craft and themed jewelry*
- Teri Everett *Bling & More Statement, Prom, Evening & Everyday Jewelry and TD Treasures craft and themed jewelry, and Avon*
- Lynn Westling *Squeedunk Works textiles, scarves/shawls, placemats/napkins, crocheted baskets and sweaters*
- Wendy Nelson *Photography*
- Deb Thomas *knitting*
- Chris Walton *Custom Woodworking*
- LoriAnn Folman *Tupperware*
- Bridgett Marshall *Oh Fudge and More*
- Foxglove Soaps
- Higganum Candles
- Susette Christiansen *Essential oils and crystals*
- Jen Clark *Pampered Chef and wood signs by her husband*
- Gail Kotowski *clothing and textiles*
- Jenn White *jewelry*
- Maureen Krapata *homemade purses and bags*
- Cathy Cardella *primitive sculptures*
- Janet Verney *painted glasses, jewelry, and scarves*
- Kathy Helenek *vintage wares*

Vendors are excited to be a part of this unique opportunity in Higganum. "The Woman On The Edge has been busy," said Deb Thomas. "This year, in addition to one of a kind wearables (neck warmers, wrist warmers and nose warmers!-yes, nose warmers!) I've brought back the 'granny square' but, these aren't your Grandmother's granny squares. I've added some fun things for younger people too; hair sticks, magic wands, and wish makers among others. And...wait 'til you see the Mucket inspired bags..."

"I'm very excited to be a part of the Higganum

Continued on next page

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November activities and events at the library

By Laurie Gardner and Marissa Lehmacher, BML

Wood Carving with Papa Elf

Monday, Nov. 11, 5:00 p.m. to 8:00 p.m.

Higganum native, Rick "Papa Elf" Johnson is returning to the library to offer another carving class. Please join us as we create a wooden 40 minute Santa ornament. This is a great beginner project as you learn knife safety, sharpening, stropping, layout and the basic cuts. See how the block of wood transforms before your eyes into a simple piece of folk art ornament for your tree.

Given that we are working with extremely sharp knives, classes are very limited and adults only please.

Children's Programs

Preschool Storytime

Preschool Storytime takes place every Tuesday at 10:30 a.m. Join us for themed stories, songs, finger plays, and crafts. Appropriate for children ages 2 to 5, but siblings are always welcome.

Saturday Storytime

Can't make preschool storytime during the week? Join us on the first Saturday of every month at 10:30 a.m. for stories, songs, finger plays, and crafts. Appropriate for children ages 2 to 5, but siblings are always welcome.

Music with Margie

Music with Margie will meet on Thursday, November 7th and Thursday, November 21st at 10:30 am. The theme for November is "Food and Thanks." Margie's multi-sensory program builds skills on a bi-weekly basis, in order for children to reach the developmental goals they need to enter kindergarten. Margie brings items for children to play with such as

beanbags, scarves, puppets, and instruments. Music with Margie is appropriate for children ages 2 to 6.

Toddler Tunes

Toddler Tunes is a music and movement program for toddlers and their caregivers. Join us to sing nursery rhymes, dance, make music, and read a simple story. Tuba Kelly brings a different musical instrument each week. Get ready to hear the guitar, saxophone, trombone and, of course, her signature tuba! In November, Toddler Tunes will take place on Thursday, November 14th. Appropriate for children ages 1 to 3, but siblings are always welcome.

LEGO™ Club

Like playing with Legos? Come build with us! Each month will feature one unique theme and one free build. Lego creations will be put on display until the next session. Lego Group meets on the 1st and 3rd Tuesdays of every month from 5:00 to 6:00 p.m. Appropriate for children ages 5 and up.

Puzzle Club

Come put your skills to the test with challenges such as tangrams, pentominoes, and word puzzles. Stimulate your brain, sharpen your problem-solving skills, and learn effective strategies to impress your friends in Tetris. Puzzle club meets on 2nd and 4th Tuesday of each month from 6:00 to 7:00 p.m. Appropriate for ages 8 - 12.

Super Smash Bros. Club

Whether you want to learn the basics or are looking to fine tune your skills, our Smash club has a place for you! Join us on Saturday, November 23rd from 12:00 to 2:00 p.m. where we'll have Smash 64, Melee, and Ultimate. Play using our controllers or bring your own. Come learn techniques such as wavedashing and DI, try out new characters or practice your

main, and enjoy playing friendlies in a welcoming environment. An experienced player will be there to guide newcomers. For ages 10 - 14. Refreshments will be served.

Teen Program

Teen Advisory Board

Thursday, Nov. 14, from 6:00 - 7:00 p.m. What can your library do for YOU? Voice your ideas for improved YA services, help plan events and activities in the Teen Lounge, help develop the YA collection, assist with Children's programming and so much more! New members are always welcome! For more information please contact Kristen at kcarpentier@brainerdlibrary.org

Registration is not required for programs unless specified in the description.

COMMUNITY / ARTS

CT River Artisans hold holiday reception: November 17

By Linda Cave

The artists of the Connecticut River Artisans Cooperative would like to invite one and all to our Holiday Reception. Celebrate with us before the "Holiday Frenzy" takes hold. Join us on Sunday, Nov. 17, from 1:00 - 4:00 p.m. at 55 Main Street, Essex, Conn.

Meet our artists and crafters. Join us for a libation and all manner of nibbles (we are known for our great food)! See our beautiful shop, made even more beautiful for the holidays. Be sure to peruse our handmade gifts that are sure to please the most discerning recipient. All are created by local artists.

This year we would like to extend a special invitation to all who have stopped by, looked around and thought of joining our family. Our artists will be pleased to answer your questions and extend a welcome. Feel free to bring photos of your work. We would love to meet you and see your creations.

Connecticut River Artisans Cooperative looks forward to sharing the joys of the season with you!

CONTINUED FROM PAGE H2

Holiday Pop-Up Market comes to HES

Continued from previous page

Pop up Market again this year!" said Lindsay Wolfradt of Foxglove Soaps. "It's great to see how much it has grown since last year. Looking forward to seeing all the local support from this amazing community."

Hours from Nov. 9 to Dec. 22, 2019 will be:

Saturdays 10:00 a.m. to 5:00 p.m.

Sundays noon to 5:00 p.m.

Closed Mondays and Tuesdays

Wednesday, Thursday, Friday 2:00 to 6:00 p.m.

The week of Thanksgiving they will be closed Monday through Thursday; reopening Black Friday. Stop by and shop local.

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Troopers DeAngelo, Milardo honored

CT State Police Press Release

At a ceremony on Oct. 23, at the State Police Training Academy in Meriden, Conn., State Police Troopers and others received awards for service. The Connecticut State Police honors Troopers who demonstrate exceptional service in the line of duty. The ceremony also honors men and women serving in local and federal law enforcement agencies, those serving as first responders, and civilians. Award winners received medals and certificates from Commissioner James C. Rovella and State Police Colonel Stavros Mellekas. Lt. Governor Susan Bysiewicz also attended and addressed the recipients.

Awards were presented in eight categories:

The Medal of Honor is awarded to a Trooper who performs with gallantry and bravery at the risk of life, above and beyond the call of duty, while engaged in combat with an armed and dangerous person.

The Medal for Bravery is awarded to a Trooper who demonstrates exceptional heroism in the performance of duty while exposed to life-threatening danger.

The Meritorious Service Medal is awarded to those who render service with a high degree of alertness, perseverance and superior judgment in the performance of a difficult task resulting in the protection of life, recovery of property, the prevention of – or solving of – a major crime or the apprehension of an armed or dangerous person.

The Lifesaving Award is presented to those who save a human life or make a valiant attempt to save a life.

The Outstanding Service Award is given to those who successfully perform an extreme, complex or difficult investigation. The Trooper may demonstrate exceptional skill or ingenuity in the apprehension of a wanted person, provide outstanding service to the public and/or continuously achieve excellence in performance over an ex-

tended period of time.

The Unit Citation is awarded to members of a department, a command or group who combine their resources to achieve success in an investigation or event. The citation recognizes exceptional collective efforts.

MEDAL FOR LIFESAVING: TROOPER JOSEPH DeANGELO On June 21, 2018, at 11:00 p.m., Troop F received a 911 call from a Killingworth residence regarding an unresponsive male who had used heroin in the past. Trooper DeAngelo arrived to find the man blue with a weak pulse. The Trooper immediately administered Narcan to him, followed by CPR. A second dose of Narcan was administered. The man's condition slowly improved while Killingworth EMS arrived and took over CPR. Soon, the man had a strong pulse and normal skin color. He was transported to a local hospital for

further treatment. The Killingworth Fire Chief noted that the improvement in the man's condition clearly reflected the excellent care provided by Trooper DeAngelo in his initial minutes on scene. His quick and skillful action saved the patient's life and Trooper DeAngelo assisted firefighters in removing the patient from very cramped quarters.



MEDAL FOR LIFESAVING: TROOPER FIRST CLASS ENRICO MILARDO On August 28, 2018, at 7:35 a.m., Trooper Milardo responded to a Chester residence for a reported suicide. Upon arrival, the victim was found to be in cardiac arrest. Trooper Milardo immediately began CPR and the victim was successfully resuscitated on scene. He was transported to a local hospital where he later died from complications of his injury. Trooper Milardo is commended for rapidly assessing the victim and providing CPR which led to the initial successful resuscitation of the victim.

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Acne and Its Treatment

Each year, up to 50 million people are affected by acne. The best treatments involve a variety of solutions including lifestyle management. OTC medications may be enough to treat the simpler cases, whereas a primary care doctor or dermatologist may be needed for the more severe cases. Acne occurs when the sebaceous glands in your skin get blocked, and then the oil that is produced by these glands builds up, and causes an inflammation which we call a pimple. It may take some Trial and Error to find the ideal treatment.

Lifestyle Stimulants That Impact Acne

- Stress and anxiety affect cortisol levels which definitely aggravate acne.
- Makeup that contain oils have been shown to trigger acne formation
- Greasy Hair, especially if using hair products with cocoa or coconut butter
- Some climates- especially when you sweat more, may worsen acne
- Hormone changes in the week prior to women's menstrual cycle

Things to do-

- Don't burst the pimple- as this forces the sebum further into the skin.
- Wash skin, and hands, but keep hands off of face.
- Clean glasses regularly as they get sebum on frames.
- Eat a healthy diet. Decrease high sugar foods, limit dairy products, and increase consumption of nuts, olive oil, while hydrating properly for good skin moisture.

OTC products with Benzoyl Peroxide may work, but will take a few days. There are prescription medications that combine benzoyl peroxide and an antibiotic. Do not overuse benzoyl peroxide as too much can damage your skin, and be careful not to get it on your clothes, as it is a bleaching agent.

If OTC products do not work, or you are not getting the results you wish, consult your doctor.

Laser and light therapy is controversial and not without problems. They work by damaging the sebaceous glands thereby decreasing the amount of oil produced.

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10% off any skin product or
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HKMS: Cougar Celebrations for October

By Dolores Bates, HKMS Principal

We recognize students and their achievements at our monthly Town Meetings and want to share these celebrations with you too.

Our Cougar Core Value Awards are given to students who exemplify one or more of our Cougar Core Values: Respect, Responsibility, Acceptance, Kindness, and Perseverance. These Core Values were developed and accepted by HKMS students, parents, faculty, and staff in 2016, and we recognize students each month. We appreciate these students' commitment to upholding our core values and being role models at HKMS.

Reagan Aronson: Perseverance, Respect, Responsibility

Skylar Benson: Responsibility, Perseverance

Kaylee Benson: Respect, Kindness, Perseverance

Ella Bessoni: Respect, Perseverance, Responsibility

Alex Blade: Responsibility, Perseverance

Hailey Braun: Perseverance, Responsibility

Michael Bredefeld: Perseverance, Respect, Responsibility

Michael Broccoli: Respect, Responsibility

Maddie Catalano: Responsibility, Respect, Perseverance

ance

Luke Celentano: Respect, Kindness, Responsibility

Jake Cook: Kindness, Responsibility, Respect

Jack Cozean: Respect, Kindness

Benjamin Cozean: Respect, Responsibility

Jake DePino: Kindness, Responsibility

Julia Downing: Respect, Kindness

Claire Eighmy: Kindness, Respect, Responsibility

Julia Girgenti: Perseverance, Kindness, Respect

Sadie Harlow: Perseverance

Natalie Houlton: Kindness, Responsibility, Respect

James Inkel: Responsibility, Respect, Perseverance

Tessa Izzo: Perseverance, Responsibility

Emerson Kehlenbach: Perseverance, Respect

Ashley Kelly: Responsibility, Kindness, Respect

Bryce Leiberman: Responsibility, Respect, Perseverance

Julia Lelko: Responsibility, Respect, Perseverance

William Lirot: Perseverance, Responsibility

Adam Livingston: Respect, Kindness, Responsibility

Lauren Macy: Kindness, Acceptance, Responsibility

Dan McCourt: Perseverance, Respect, Responsibility

Ivy McNeil: Responsibility, Kindness, Respect

Colton Merola: Kindness, Respect, Responsibility,

Acceptance, Perseverance

Cole Miller: Perseverance

Maggie Miller: Perseverance, Respect, Responsibility

Julia Mitchell: Perseverance, Respect

Brody Mitchell: Respect, Responsibility

Nate Mulhall: Perseverance

Brian Nguyen: Respect, Acceptance

Nathaniel Novick: Respect, Responsibility

Samantha Pach: Perseverance, Responsibility

Olivia Panzella: Perseverance, Responsibility, Respect

Keely Parri: Perseverance, Respect, Responsibility

Amelia Petersen: Perseverance, Responsibility

Mikayla Ruggiero: Perseverance, Respect, Responsibility, Kindness

David Sargent: Respect, Responsibility, Perseverance

Cash Smigel: Kindness, Acceptance

Elijah Sorrentino: Perseverance, Responsibility

Michael Stevens: Perseverance, Responsibility, Kindness

Johanna Thelen: Responsibility, Respect

Peyton Tyler: Respect, Responsibility, Kindness

Joe Wessinger: Responsibility, Respect, Kindness, Acceptance

HADDAM FAITH / COMMUNITY

St. James Episcopal Church: Christmas Fair, Service of Remembrance

By Cheryl Czuba

November and December Events at St. James Episcopal Church, corner of RT 81 and Little City Road, Higganum:

Annual Christmas Fair and Turkey Dinner, Saturday, Nov. 9, 10:00 a.m.-2:00 p.m.

Come to St. James' annual Christmas fair and turkey dinner. The fair will feature Christmas tag sale items, books, jewelry, themed baskets, candy and baked goods. Our famous traditional turkey dinner,

including turkey, stuffing, yams, cranberry sauce, and homemade pies and desserts, will be held from 11:00 a.m.-1:30 p.m. with take-out available. Cost for the dinner is \$12.00 adults, \$10.00 seniors, children 7-12 \$8.00 and 6 and under are free.

Annual Service of Remembrance and Support and Reception, Friday, Dec. 6, 6:30 p.m.

The community is invited to attend this service, which recognizes that not everyone shares in the usual joyful celebration of the season. Some grieve

the death of a spouse or a precious child. Others grieve the loss of a dear friend or a pet, a broken relationship or the loss of health or youth, while others struggle with unemployment or poverty. The service will include special prayers, candle lighting, scripture, and music. Prayer support for those who wish and a reception will follow the service. For further information contact Cheryl Czuba at cherylczuba@comcast.net.

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Jesus Said, Come to Me...
I WILL GIVE YOU REST

'If anyone thirsts, let him come to Me and drink. ³⁸ He who believes in Me, as the Scripture has said, out of his heart will flow rivers of living water' (John 7:37-38).

Jesus prayed and said, "I thank You, Father, Lord of heaven and earth, that You have hidden these things from the wise and prudent and have revealed them to babes...²⁸ Come to Me, all you who labor and are heavy laden, and I will give you rest. ²⁹ Take My yoke upon you and learn from Me, for I am gentle and lowly in heart, and you will find rest for your souls. ³⁰ For My yoke is easy and My burden is light" (Matthew 11:25-30).

"Believe on the Lord Jesus Christ, and you will be saved..." (Acts 16:31). "For the wages of sin is death, but the gift of God is eternal life in Christ Jesus our Lord" (Romans 6:23). "...We have peace with God through our Lord Jesus Christ" (Romans 5:1). "For by grace you have been saved through faith, and that not of yourselves; it is the gift of God, ⁹ not of works, lest anyone should boast. (Ephesians 2:8-9). "And the Spirit and the bride say, "Come!" And let him who hears say, "Come!" And let him who thirsts come. Whoever desires, let him take the water of life freely" (Revelation 22:17). "Then I will sprinkle clean water on you, and you shall be clean...²⁶ I will give you a new heart and put a new spirit within you" (Ezekiel 36:25-28).

Jesus said, "Unless one is born again, he cannot see the kingdom of God" (John 3:3). "For 'whoever calls on the name of the Lord shall be saved'" (Romans 10:13). Receive Jesus Christ as your Lord and Savior. "Now the God of peace be with you all. Amen" (Romans 15:33).

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HADDAM-KILLINGWORTH TOWN & COMMUNITY CALENDAR

Please visit www.haddam.org, www.townofkillingworth.com or www.haddam-killingworthnow.com for the most current information, including cancellations, location changes, time changes.

Thursday, November 7

Haddam Planning & Zoning Comm. Meeting
7:00pm – 9:00pm

Parmelee Farm Committee meeting 7:00pm – 9:00pm - Pond Room, Parmelee Farm

Friday, November 8

HKYFS Holiday Giving 2019 Nov 8 – Dec 13 (M-F 9am-4pm)

The Holiday Giving program facilitated by Youth and Family Services of Haddam-Killingworth, Inc. is available for families in need in the Haddam-Killingworth communities. New gifts and toys will be collected for children and youth from birth through age 18 from Nov. 8 – Dec. 13, 2019. For more info on how you can donate or register for this confidential program, call Laura at 860 345-7498 or email office@hkyfs.org

A Tour of the Universe from Your Backyard, 7:00 – 9:00 pm at the Pond House, Parmelee Farm.

Starting at Earth and exploring into space, learn about interesting astronomical phenomena and objects to see in the late fall sky right from your backyard with and without binoculars and telescopes. Get a sense of the vastly different sizes of and distances starting with what is within Earth's atmosphere to millions of light years away including Earth's shadow, Sun dogs, rainbows, Moon halos, satellites, meteors, Moon, Sun, nebulae, star clusters, galaxies. Weather permitting the talk will be followed by viewing some of the phenomena in the night sky through telescopes. Presenters Professor Jim Mazur and Laurie Averill are members of the Astronomical Society of New Haven. The event is free, but advance sign up is required, please register online using our calendar, or call the library at 860-663-2000.

Saturday, November 9

Higganum United Methodist Church Annual Holiday Fair 9:00 am - 2:00 pm

There will many tables this year including our Country Store, Cookies by the pound, Christmas Goodies, Handicraft, Sunday School, Baked Goods, Tea-Cup Auction, and this year one for our Vacation Bible School. As always, our kitchen will have a luncheon menu.

St. James' Annual Christmas fair and turkey dinner 10:00 am - 2:00 pm

The fair will feature Christmas tag sale items,

books, jewelry, themed baskets, candy and baked goods. Our famous traditional turkey dinner, including turkey, stuffing, yams, cranberry sauce, and homemade pies and desserts, will be held from 11:00-1:30 with take-out available. Cost for the dinner is \$12.00 adults, \$10.00 seniors, children 7-12 \$8.00 and 6 and under are free.

Sunday, November 10

Goodspeed Musicals will be holding local Connecticut Equity auditions for its 2020 Goodspeed and Terris seasons, on Sunday, November 10th starting at 10:00 a.m. in East Haddam, Conn. Goodspeed is seeking adult male and female actors.

All auditions are by appointment only. Appointments may be made starting immediately. Please call Company Management at (860) 873-8664, ext. 721, Monday through Friday, 9 am – 5 p.m. Candidates must be available for 2 to 4 weeks of rehearsal and a 2 to 12-week performance run between March 17, 2020 (first rehearsal for South Pacific) and November 22, 2020 (close of Candide).

Interested local performers should bring a resume, photo and sheet music for a 32-bar cut of an up-tempo song and a ballad. Music must be legible and in the proper key (No lead sheets please). An accompanist will be provided.

Haddam Senior Center Craft Fair – 12:00pm – 4:00pm 923 Saybrook Rd. Haddam, Conn.

The Senior Center will be hosting a Holiday Craft Fair on November 18th from 12pm to 4pm at the Haddam Senior Center 923 Saybrook Road, Haddam. Refreshments will be available, and proceeds will benefit the Haddam Fuel Bank.

Monday, November 11

VETERANS DAY: Thank you to all of our Veterans for your service!

Festive Wood Carving, 5:00pm – 8:00pm

Higganum native, Rick "Papa Elf" Johnson is returning to Brainerd Memorial Library to offer another carving class. Please join us as we create a wooden 40-minute Santa ornament. This is a great beginner project as you learn knife safety, sharpening, stropping, layout and the basic cuts. See how the block of wood transforms before your very eyes into a simple piece of folk-art ornament for your tree. Given that we are working with extremely sharp knives, classes are very limited and adults only please.

Tuesday, November 12

Come Meet the Author (and Her Dog!) Tuesday, November 12, 4:00 pm at Killingworth Library

Join us as author Connie Bombaci and her four-legged family member Judea introduce her new children's book, Hogan's Hope, Finding a Forever Home of Love and Acceptance. Connie will demonstrate how she uses AMERICAN sign language to communicate with animals. This family program is open to all, but space is limited, so make sure to register early by visiting our online calendar at: <http://killingworthlibrary.org/>

Haddam BOS meeting 6:30pm – 8:30pm

RSD17 Board of Education meeting 7:00pm – 9:00pm – Central Office

Killingworth Board of Finance meeting 7:00pm – 9:00pm Town Office Bldg.

Killingworth Board of Selectmen mtg. 7:00pm – 9:00pm Town Office Bldg.

Killingworth Inland Wetlands & Watercourses Commission mtg. 7:00pm – 9:00pm Town Office Bldg.

RSD17 Board of Education meeting 7:00pm – 9:00pm Central Office

Wednesday, November 13

Haddam Economic Development Commission meeting, 6:30-8:30pm, Community Center

Killingworth Public Health Agency meeting 7:00pm – 9:00pm Town Office Bldg.

Thursday, November 14

Killingworth Conservation Commission meeting 7:00pm – 9:00pm Town Office Bldg.

Haddam-Killingworth High School Autumn Band Concert 7:00pm – 8:00pm HKHS Auditorium.

HK COMMUNITIES

Holiday Giving Program

By Laura Shipman,
Haddam Killingworth Youth & Family Services

The holiday giving program facilitated by Youth & Family Services of Haddam-Killingworth, Inc. is available for families in need that reside in Haddam and Killingworth. To register for this confidential program, please call 860-345-7498 or email the HKYFS office at office@hkyfs.org. Deadline for registration is Dec. 9.

New gifts and toys will be collected for children and youth from birth through age 18. Donations are collected from Nov. 8, through Dec. 13. For more information about how you can donate to this confidential program please call 860-345-7498 or email office@hkyfs.org.

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HKHS: October update

By Donna Hayward, HKHS Principal

The first quarter of the 2019-20 academic year is remarkably near closing, with a lot of good news and success to report.

This week, Haddam Killingworth High School will host the New England Association of Schools and Colleges (NEASC) for a Collaborative Conference visit. A team of professional educators from around the state will review a self-reflection document prepared by the HK faculty and meet with groups of students, parents, teachers and administrators to examine all parts of our program. At the end of their visit, the team will provide feedback to our school about how well we are aligned to the five Standards of Accreditation and suggest areas of focus work as well as things to celebrate. We look forward to this process as part of our continuous improvement approach.

HK Fine Arts Updates and Special News

If you walk through the B-Wing on any given day you will discover that

the art and music classrooms are bustling with creativity and excitement as students learn, grow, and prepare for a variety of upcoming (or recently past) performances, competitions, and festivals.

Students in Mr. D'Amato's Concert and Jazz Bands are preparing for their upcoming Autumn Band Concert on November 14, 2019 at 7:00 p.m.

HK joined up with other Shoreline High Schools (Portland, East Haddam, Lyme/Old Lyme, Durham, Clinton, Cromwell, Deep River, Westbrook, North Branford, and Old Saybrook) for a two-day music festival culminating in a Band and Chorus concert on October 10, 2019 at Coginchaug Regional High School. Representing HK were choral students: Adelaide Hawkins, Megan Haase, Aleia Goodison, Olivia Tucker, Luke Haase, and Joseph Wolf. Band students included Abby Jones, Michela Cole, Andrew Conti, Patrick Dennis, Nick Frasco, Madeline Keithan, Colin Mack, Steven Melgar, Jordan O'Linn, Bela Pacyna and David Tinker.

Eighteen ceramics students trav-

elled to the Florence Griswold Museum on Wednesday, September 25, 2019 to set up student-created Faerie Houses at the annual "Wee Faerie Village" exhibit Supertopia: Wee Faerie's Superheroes' Headquarters and Hideaways." Students had the opportunity to experience performing a professional art installation while meeting other artists and preparing the exhibit before it opened to the public.

AP Spanish

AP Spanish students have written letters to members of the US Armed Forces this month on top of working diligently to improve their proficiency and readiness for their exam in May. They are part of a nationwide letter-writing campaign in which all ages are invited to participate. The goal, which has been met for nine years running, is for each active service member in each branch of our military outside of the US, to receive a hand-written letter of appreciation. That means 170,000 handwritten letters need to be written, counted, read, processed, and sent to all troops by Thanksgiving day! Gracias por su apoyo a todos los estudiantes. (Thank you to all the students for their support.)

French Honor Society

There is new art gracing the hallways of Haddam-Killingworth High School! Members of the French Honor Society designed and painted a large mural showing the French and Spanish flags with a large "HK" logo in the middle. This mural is currently hanging at the end of the World Languages classroom hallway. The members' goal was to show their enthusiasm for learning languages and their pride in our department as they continue in their work to encourage students to take language to the highest levels at our school and beyond.

Spanish Honor Society

Recently the HKHS Spanish Honor Society and French Honor Society collaborated with Old Saybrook High School's Ecology Club to clean beaches. The students gathered together to participate in International Coastal Clean-up Day. Students collected data on the trash that was collected and the information will be sent to Save the Sound and the Ocean Conservancy to track changes in the human impact on the environment.

HK COMMUNITIES

H-K Hall of Fame: Call for Nominations 2020

By Elaine Parmelee

The Haddam-Killingworth Hall of Fame is issuing its annual call for nominations, as we begin putting together the Class of 2020. The Haddam-Killingworth Hall of Fame was established in 2009 to recognize individuals from our communities who meet one or both of the following criteria:

Exemplary Commitment to the Service of the Children of Haddam and/or Killingworth

Outstanding Record of Service to the Community (Haddam and/or Killingworth)

In addition, the individual must be an excellent role model, exhibiting behavior that is highly ethical, caring, and one in which the individual assumes responsibility for his or her actions. Nominated individuals, who are chosen by the selection committee,

will be honored at a banquet held in the May of 2020 and will have their names permanently inscribed into the Haddam-Killingworth Hall of Fame.

If you wish to nominate someone for this recognition, please do so by completing the Nomination Form and sending it to: Haddam-Killingworth Hall of Fame, PO Box 24, Higganum, CT 06441.

Or you may email them to hkhalloffame09@gmail.com. Forms may be downloaded from the Hall of Fame website, www.hkhalloffame.weebly.com, or obtained from email above or contact Elaine Jackson 860-424-6178. Any questions regarding the nominating process or the Haddam-Killingworth Hall of Fame should likewise be directed to Howard Burr hburr@rsd17.org; Thomas Thompson 860-759-2041; Elaine Jackson elaine.jack835@gmail.com 860-424-6178. Nomination forms can also be picked up at the

Haddam and Killingworth town halls.

Deadline for Nominations is February 1, 2020.

Stuff a Cruiser 2019

By Laura Shipman, HKYFS

Please join Youth & Family Services of Haddam-Killingworth, Inc. (HKYFS) and the Haddam Resident Trooper Joseph DeAngelo on Saturday, Nov. 23, from 10:00 a.m. to 2:00 p.m. on the Higganum Green and stuff a cruiser with donations of new gifts, toys, gift cards (or financial contributions) for local families with young children and teens who need a little help this holiday season.

Call or email our office - HKYFS - at 860-345-7498 or office@hkyfs.org for more information, need ideas, or if you would like to donate but cannot be there that day.



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HK Girls Cross Country wins State Title; Boys are Runner Up

By Matt Diglio, Coach, HKHS Cross Country

On Saturday, Oct. 26, the Haddam Killingworth High School Boys and Girls Cross Country teams competed at the State Championship meet at Wickham Park and came away with one State title, and one Runner Up finish. The HK Girls team once again came in as the underdog to the heavily favored Immaculate team who was ranked 5th overall in the state and beat H-K handily earlier in the season. Just as in their conference meet, the Girls ran a phenomenal team race to earn the upset victory and win the Class SS State Championship, which is their 3d in the past five years, as they tallied 61 points to narrowly defeat Immaculate who scored 64 points. The H-K girls, who had lost to Immaculate by over 60 points at the Somers Big Red Invitational early in September, earned the victory and flipped the script on Immaculate who had also defeated them at last year's state meet.

Leading the way for the Cougars, were junior Meara Bodak and senior Julia Callis who placed 7th and 8th in the race in the exact time of 20:49, to earn All State honors. Next to cross the line was senior Lauren D'Amico who placed 14th (21:13) then sophomore Ava DiMatteo 16th (21:21) and freshman Isabel Berardino who rounded out the team scoring by



Photos courtesy of Charles Lynskey.

placing 21st in a time of 21:56. Also key contributors to the team victory by displacing other teams' runners were sophomores Ali Twachtman 31st (22:46) and Brianna Minervino 47th (23:24).

The HK Boys team, ranked #9 in the entire state, also had an outstanding meet as they placed 2nd overall in the Class M team standings – only losing to Tolland, who was the #1 ranked team in the state by a score of 30-67, but easily outdistanced the rest of the teams in the race. The Boys were led as they have been the entire season by junior Matt Jennings



who placed 4th overall in a time of 16:37 to earn All State honors for the 2nd consecutive year. Following Jennings, was a pack of Cougars who all finished within 10 seconds of each other: senior Chris Uzwiak 14th (17:14), sophomore Caleb Freeman 16th (17:24) and junior Sean Rutledge 16th (17:25). Rounding out the team scoring was junior Fisher Harris 20th (17:45) who was followed by freshman Mason who, in his first varsity race ever, ran an outstanding race to place 23rd (17:48) and then junior Julian Spector 55th (18:49).

GIRLS SOCCER

HKHS beats Valley Regional 5-2

By Mike Shea, Coach, HKHS Girl Soccer

The Haddam Killingworth High School Varsity Girls Soccer team defeated Valley Regional on Oct. 25, in Higganum, with a final score of H-K 5, Valley 2. It was H-K's Senior Day Game, honoring seniors Ashley Duncanson and Becca Fisher.

H-K's goals were scored by Morgan Madore, Yumi Imai (2), Autumn Walton, and Kedarjah Lewis, with assists by KK Parri, Yumi Imai, Morgan Madore, and Kedarjah Lewis. Valley's goals were scored by Aval Duval and "own goal by HK" (this can occur when trying to clear a ball when there are a lot of players in front of the goal; a player will rush to strike it, and it can hit the back of a player and deflect into one's own goal)

Valley's goalie Lexie DellaRocco had 10 saves. HK's goalie

Sophia Torello had 11 saves, and Kelsey Lonergan had 2 saves.

*Records: HK: 11-4-1, VR: 8-4-3

*at time of publication.

HKHS defeats Morgan 3-1

By Mike Shea, Coach, HKHS Girl Soccer

The Haddam Killingworth High School Varsity Girls Soccer team defeated Morgan High School on Thursday, Oct. 24, with a final score of H-K 3, Morgan 1.

Goals were scored for the H-K Cougars by Yumi Imai (2), and Kedarjah Lewis, with assists by Autumn Walton, Kaitlyn Parri, and Kedarjah Lewis. Morgan's goal was scored by Maura Kelly. Goalies' saves were Kelsey Lonergan (H-K) 11, and Natalie Novarro (Morgan) 11.

*Records: HK 10-5-1, M 6-6-3

*at time of publication.



Ashley Duncanson & Becca Fisher. Photo by Kaitlyn Parri.

FOOTBALL

HKHS defeated by Coginchaug/East Hampton/Hale Ray

By Barth Keck, Assistant Coach, HKHS Football

The Haddam Killingworth High School Varsity Football team was defeated by Coginchaug/East Hampton/Hale Ray on Friday, Oct. 25, with a final score of C/EH/HR 7, HK 0. Alexander Case's one-yard run with under three minutes remaining broke a 0-0 tie and led the co-op of Coginchaug/East Hampton/Hale-Ray (3-2) over Haddam-Killingworth (0-6) in Higganum. The Blue Devils' Aaron Faiella was 19 of 35 passing for 206 yards. Alex Riccittelli and Kevin Cavrell each had an interception for H-K.

Game Summary:



Running back #35 Jimmy Bobbi hits the lane opened by a block from #68 Trey Callender. Photos by Chad Giuliani.

4th Quarter: C/EH/HR – Alexander Case 1 run (Colin Murphy kick)

C/EH/HR (3-2)	0	0	0	7	7
HK (0-6)	0	0	0	0	0

LEGAL NOTICES

TOWN OF HADDAM DECISION OF THE WETLANDS ENFORCEMENT OFFICER

On November 1, 2019 approved for permit:

Activity in the upland review area for the installation of a 1200 square foot addition and related work in the upland review area located at 30 Ranger Rd, Haddam, CT and shown on assessor's map #46, assessor's lot # 14-A1.

Said application is on file and may be seen in the Land Use Office of the Town Office Building.

James Puska
Zoning and Wetlands Enforcement Officer
Town of Haddam

The Town of Haddam shall endeavor to post its Legal Notices with the Haddam News publication. In the event that the weekly publication cannot meet the Town's statutory requirements, the Middletown Press or Hartford Courant shall be utilized to meet said statutory deadlines. Courtesy copies will be published to Haddam News that may or may not be timely. The Town's website is: www.haddam.org.

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GROW!

Introducing Karen Pasiuk, New HKYFS Early Childhood Coordinator

By Kathy Brown

Karen Pasiuk became the new Early Childhood Coordinator for Youth & Family Services of Haddam Killingworth, and officially began work on Tuesday, Oct. 22. "I am excited to have the opportunity to help re-energize the Early Childhood Council." The Early Childhood Council is a group of providers, educators, and others interested in early childhood education and practice. This Council determines what types of staff or parent training or resources are needed in our community, and can pool ideas, resources, and programming to ensure that all children have access to quality services to prepare them for Kindergarten. According to Laurie Ruderfer, Executive Director of HKYFS, "several years ago there was an HK group. Karen will reintroduce that group."

"I look forward to working closely with Region 17 public schools, the local libraries, and early childhood programs in the area to ensure that the needs of the families with young children are being identified," said Karen. "I will especially enjoy working directly with young children, their families, and the

dedicated staff in the HK programs."

Karen is a certified teacher in Special Education and regular education who retired from Region 18 public schools (Lyme/Old Lyme) in June 2019 after more than 30 years working in education. "My time in the classroom has varied. I spent my first several years as a Special Education teacher, working with children from Pre-K through high school age. After staying home with my own children for several years, I returned to public education and taught Kin-

dergarten and first grade for 20 years. Then in May 2012, I was hired by Region 18 to be their Elementary Math Specialist, where my focus was coaching teachers and interventionists in best math practices, assessment, and differentiation."

Laurie Ruderfer, Executive Director of HKYFS said, "We are beyond thrilled to welcome Karen as the newest member of our team. Karen looks forward to getting to know the district and community and can't wait to get started!"

HADDAM FAITH /COMMUNITY

St. Peter's Church 60th Annual Christmas Fair: November 22-23

By Dale Arsenault

St. Peter Church 60th Annual Christmas Fair – Friday, Nov. 22 and Saturday, Nov. 23, 30 St. Peter Lane Higganum, Conn.

"Twas the Night Before" – Friday, Nov. 22, 5:00 – 8:00 p.m. Kick off the weekend with an adults-only wine, cheese and hors d'oeuvre reception and get together. Join us for early bird buying and fun. Tickets are \$15 (limited to 140 people). Pre Sale of tickets will begin after all masses beginning October 19, 2019 or at the door.

"60th Annual Christmas Fair" – Saturday, Nov. 23, 9:00 a.m. – 3:00 p.m. Fair items include baked goods, antiques/collectibles, crafts, quilts and knitted items as well as fabulous Christmas and holiday wreaths and decorations all available for purchase and ready to take home for the season of giving. The Country Kitchen will be serving everything from coffee and pastries to a complete luncheon menu throughout the day.

The BIG RAFFLE has a grand prize of a \$1000 Visa bank card and a second and third prize of a \$500 Visa bank card each. A mini raffle also offers more chances for tremendous gifts. We are currently accepting donations for the antique attic and crafting booths. Any and all donations would be greatly appreciated! For information contact St. Peter Church Office at 860-345-8018.

Fall Weekly Specials

Margarita Monday ~ \$5 House Margaritas

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Continued from front page

David Baird (H) 20:19
Carter Hayash 20:40

Top Five Female Finishers

Grace Mitchell (H) 22:21
Laura Christoph 23:25
Helena Morris 23:46
Rebecca Wilansky 24:05
Karen Therrien 24:36

Top 5 Male Finishers age 9 and under

Alex Wiese (H) 27:05
Christian Cicero 30:12
Lucas Packtor (H) 30:37
Quinn Spector (H) 30:47
Owen Rizzo (H) 31:38

Top 5 Female Finishers age 9 and under

Rory Kaplowitz (H) 42:56

Top 5 Male Finishers age 10-14

Carter Hayash 20:40
Colton Merola (K) 21:09
Andrew Crayton (H) 24:14
Liam Christopher (H) 24:15
Soren Tassmer (H) 24:44

Top 5 Female Finishers age 10-14

Lauren Sinatra 24:40
Delaney Aronson (H) 26:43
Adeline Packtor (H) 28:40
Maggie Willey (K) 29:28
Hailey Willey (K) 29:28

Top Male Finishers age 65-69

Steve Bull (H) 39:06
Bruce Pfalzgraf 39:15

Top 5 Female Finishers age 65-69

Leonard Vann 29:06

Lynne Cooper (H) 34:06
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Above: Gregory Lynskey and Andrew Hedges cross the line with the best times.

Left: Top female finisher Grace Mitchell.

Below: Viking outfits help put the fun in a "fun run."

Photos by Kathy Brown.



HK COMMUNITIES / HEALTH

EEE transmission from mosquitos deemed "extremely low"

Information from
Towns of Haddam & Killingworth

Based on the latest information from the Connecticut Agricultural Experiment Station, it has been determined that the risk of Eastern Equine Encephalitis (EEE) transmission from mosquitoes to humans has been greatly reduced.

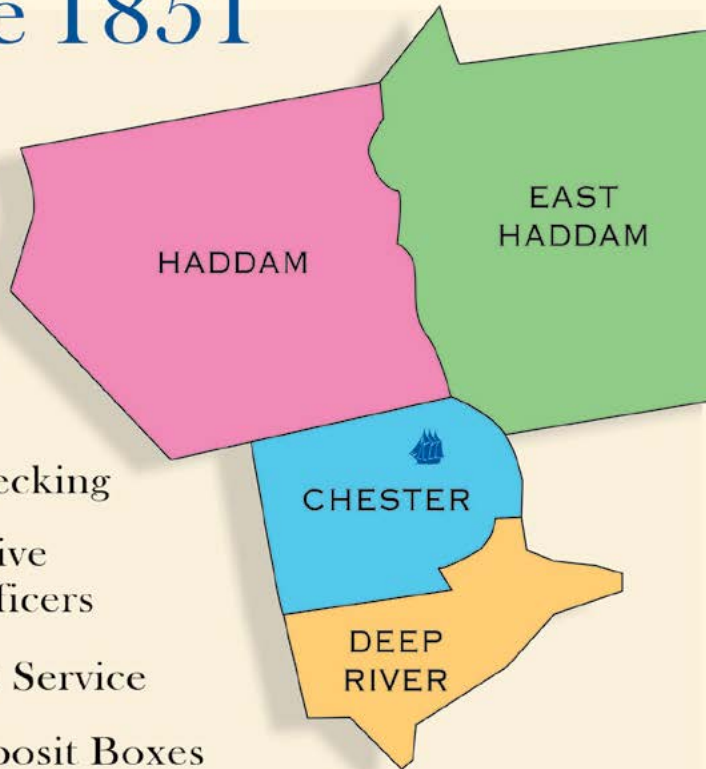
Although the risk of EEE transmission will not be eliminated until we

experience a hard frost, the likelihood of human infection is extremely low.

Based on this information, we are no longer recommending any restrictions on outdoor activities.

Residents should continue to use personal protective measures, including the use of an EPA-approved insect repellent (<https://www.epa.gov/insect-repellents>), and wearing long sleeves and pants if a significant amount of time is spent outdoors. Residents should also avoid hiking or camping in swampy areas until the first hard frost occurs.

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