

Haddam Killingworth News

AN INDEPENDENT COMMUNITY NEWSPAPER COVERING HADDAM, HIGGANUM, HADDAM NECK AND KILLINGWORTH

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November 21, 2019

For breaking news go to Haddam-KillingworthNow.com every day

Free weekly



New to Killingworth? Join the Club!

By Sarah Goeden,
Killingworth Newcomers Club

Killingworth Newcomers Club was founded in 2018 by Sandy Allard, Donna Fitzgerald, Sarah Goeden, and Danyel Racenet. They have since added Nancy McCormick to the planning committee. Killingworth Newcomers Club has found success bringing together new and established residents of Killingworth. The Club is social in nature and regularly holds mix & mingle events at local establishments. They hope to see some new faces at their Holiday Party, Dec. 7. Future events

include monthly lunch outings, movie matinees, mom's night out, wine tasting nights, trap shooting, golfing, gourmet dinners, and game nights.

The Club is always accepting new members and new people to help make the Club truly something for everyone. While the purpose of the Club is to introduce new residents to Killingworth, they welcome everyone to participate in events; not just newcomers.

Follow Killingworth Newcomers Club on Facebook to see upcoming events (@Killingworth-NewcomersClub).



HKHS ends season with All Shoreline Recognition for three players

By Wendy Adamczyk,
Coach, HKHS Field Hockey

Haddam Killingworth High School Field Hockey ended the 2019 season with a 0-15-1 record. Despite the tough record, the players had a terrific season. With a focus on team building, improving skills, refining old strategies and developing new ones, the girls are already looking ahead to next season. At the shoreline coaches meeting last Sunday, all three of our fantastic captains were recognized as outstanding players.

Emma Conklin received 1st Team All Shoreline Recognition

Hanna Leavitt received 2nd Team All Shoreline Recognition

Natalie Pontbriand received Honorable Mention All Shoreline Honorable Recognition



In This Issue: Board of Selectmen, Page H3 • Library director interviews, Page H4-H5 • Calendar, Page H9

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Adult Mental Health First Aid Training: November 22-23 in Killingworth

By Melissa Ferrara

The Changing Minds Advocacy Group is hosting an Adult Mental Health First Aid training on Friday, Nov. 22, from 4:30 p.m. to 9:00 p.m. and Saturday, November 23, 2019 from 9:00 a.m. to 1:30 p.m. at the Killingworth Firehouse located at 333 Route 81.

The cost for the 8 hour training is \$20.00 and includes the training

workbook, certificate of completion, and light meals both days. The training is appropriate for adults 18 years and older and will provide participants with tools to respond to someone who is in crisis, recognize signs and symptoms of a developing mental health problem, and provide an important bridge to care. No prior training or mental health experienced needed to attend. Attendees must attend both days.

To register or for questions, email KSWiley@sbcglobal.net or text/call 860-575-5111, Please provide your full name, phone number, email and town of residence.

Haddam Killingworth 2020-21 Kindergarten Registration information

By Pamela Hensel, RSD #17

Regional School District 17 will be holding kindergarten registration on Wednesday, Jan. 8, 2020 from 9:00 a.m. to 7:00 p.m. and Thursday Jan. 9, 2020 from 9:00 a.m. to 3:00 p.m. at both elementary schools. Children do not need to be present at the time of registration. Please bring your child's birth certificate and two proofs of residency with you at the time of registration. Acceptable forms of residency include deed or current mortgage bill as well as the following: homeowners policy,

rental agreement, bank statement, current pay stub etc.

Parent orientation and school visitation dates will be provided at registration. Children entering kindergarten must be five years old on or before Jan. 1, 2021. For additional details, please contact the following:

Killingworth Elementary School
Dennis Reed, Principal
860-663-1121

Burr District Elementary School
Brienne Whidden, Principal
860-345-4584

Holiday Open House at The Riverhouse

Join us this holiday season with friends, family or coworkers

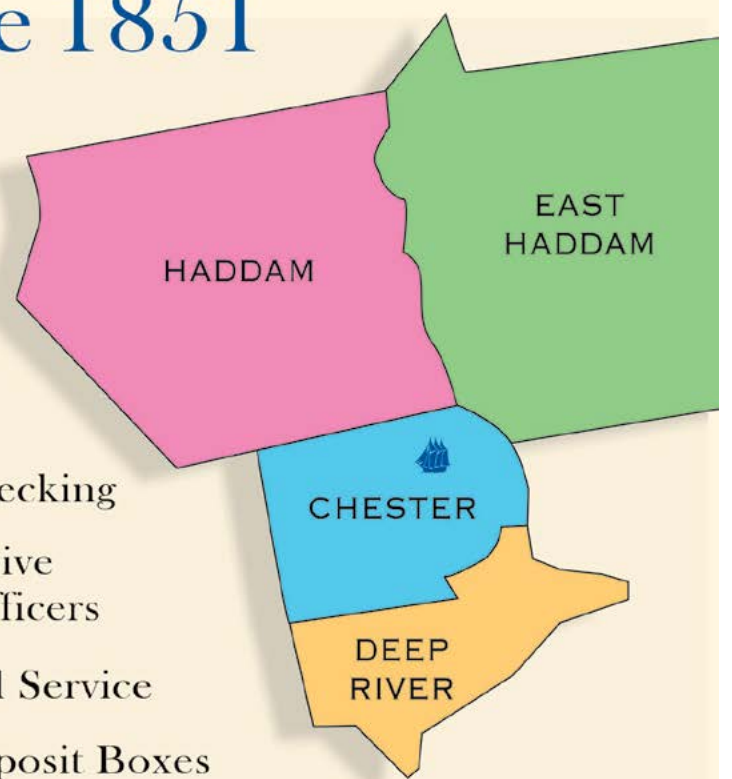
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For more information please visit our website at theriverhouse.com or call 860-345-4100 and ask for Hattie, ex 202



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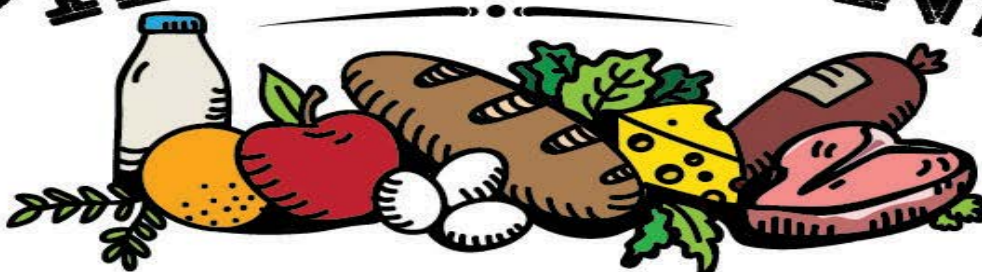
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November 13 Board of Selectmen meeting

By Meghan Peterson, PhD

The Haddam Board of Selectmen held its November meeting on Tuesday, Nov. 12 instead of Monday, Nov. 11 (Veterans Day). This was the final meeting under First Selectwoman Lizz Milardo's administration. Milardo did not seek re-election after having served two terms. Bob McGarry won the Nov. 5, 2019 municipal race for Haddam's new First Selectman. Kate Anderson and Sean Moriarty will serve on the Board. Larry Maggi and Melissa Schlag did not seek re-election for the selectmen seats.

First Selectwoman Milardo, Selectman Maggi, Assistant JoAnn Ricciardelli were present; Selectman Schlag was absent. The agenda was as follows:

Call Meeting to Order

Pledge of Allegiance

Public Comment (Will be kept to a limit of three (3) minutes per resident).

Approval of Minutes (October 15, 2019)

Tax Refunds

New Business

Award bid for Chipping of Brush & Wood Pile

Public Comment (Will be kept to a limit of three (3) minutes per resident).

Adjournment

During the first public comment section, Clifford Potter of North Branford and a veteran who has been regularly attending Haddam BOS meetings, expressed how Haddam is a "great town here." He encouraged the townspeople to "work constructively" and not to "lose the beauty and culture you've got here. Do the best with what you've got." He concluded with "take care of your veterans."

Minutes from the Oct. 15 BOS meeting were approved. Tax refunds were approved - all Motor Vehicle - totaling \$777.15.

The low bid of \$13,150 was approved for the chipping of brush and wood pile near the Transfer Station.

During the second and final public comments section, Chip Frey said "thank you for two great years" to Milardo and Maggi. Residents gathered gave a round of applause. One resident asked about cell phone towers. Milardo said that she last received an update about two weeks ago, and that "contracts are sitting on Verizon's desk," and that "we are just waiting." A question was asked about the Dublin Hill Bridge. Milardo said that the bridge work is "moving along," and "will be open to traffic in mid-December."

Lizz thanked "everyone for their support over the past four years" and hopes that the BOS continue to "move forward." She noted that a lot of "roads were done, bridges, infrastructure, water going to Tylerville, Bill Warner is a great planner...I feel very good as to where I am leaving you." She closed with how she is "in awe of how much people care. I made a lot of friendships...and it was time well spent."

EDUCATION / COMMUNITY

RSD #17 BOE creates Facebook Page "Bulletin Board"

By Kathy Brown

The Regional School District #17 Board of Education has had a Communications subcommittee for a long time, and each Chairman does things a little differently. When Susan Dean was the Chairman, there were monthly updates published on the district's Facebook page, as well as published in this newspaper. After Ms. Dean left in 2017, Gerry Matthews became the Chairman of the subcommittee.

The Regional School District #17 Board of Education has developed a Facebook page to keep everyone informed of what is going on at the Board of Education. You can "like" and "follow" the Facebook page.

According to Gerry Matthews, Chairman of the Board of Education's Communications Subcommittee, "The Board of Education has created an informational 'Bulletin Board' Facebook page to keep residents current on our activities. We'll be updating it frequently, so tune in regularly."

CLASSIFIED ADS

Free Upright Piano

Free upright piano, older model, new keys. Pick up only. Text Alina, 860-716-7073.

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Bell's Palsy

Bell's Palsy is the most common cause of unilateral facial paralysis worldwide. It is characterized by sudden onset, usually affecting one-side of the face (67% of cases), resulting in facial nerve paralysis, which resolves in 80-90% of the cases.

Patients with Diabetes have a higher risk of developing Bell's Palsy, and are more likely to have only partial recovery. At the time of diagnosis of Bell's Palsy, many find undiagnosed Diabetes. Bell's Palsy affects men and women almost equally, and it is more common in adults, and slightly higher incidence in people over 65 years of age.

Bilateral Palsy can occur, but does so only 23% of the time, and usually occurs along with Guillain-Barre syndrome and/or Lyme Disease, along with a few other diseases.

Facial spasms are rare, and more likely occur with people in their 50's or 60's, along with periods of stress and fatigue.

Early Symptoms include: Weakness of facial muscles, poor eyelid closure, aching of ear, alteration of taste, tingling of cheek and mouth, eye pain, and blurred vision.

Remember that it takes more than one of these symptoms to cause concern, but if you notice a few, see your doctor immediately!

Treatment includes: Oral Steroids are the first line of treatment in a patient greater than 16 years of age, if a doctor is seen within 72 hours of onset of symptoms. Anti-virals may be added based on the doctor's determination. You can also use topical eye drops or ointment during the day and evening to prevent corneal dryness.

Eye Drops or Ointment Coupon
10% off eye drops or ointment.
Coupon only good until December 14, 2019 and not to be combined with any other sales or coupons.

Hours of Operation		Telephone: 860-345-3607
Mon-Fri	8:30 AM-8:00 PM	Fax: 860-345-3611
Saturday	8:30 AM-4:00 PM	Web: www.nutmegpharmacy.com
Sunday	9:00 AM-3:00 PM	

Getting to know your library: Conversation with the director

By Meghan Peterson, PhD

Located at 301 Route 81 in Killingworth, the Killingworth Library provides a variety of adult, adolescent, family, and children's literary resources, educational programming, and cultural arts events. As such, it serves as a dynamic hub for people to learn, gather and experience community together. We recently contacted Laurie West Prichard, Director of the library here in Killingworth, to speak more about the role the Killingworth Library plays in the lives of Killingworth (as well as surrounding area) residents and library patrons.

How did you come to call Killingworth Library your home?

Prichard: I was working as Assistant Director for the East Haddam Library System when I learned of the opening at Killingworth Library. The position seemed like a good fit, but before applying I decided to visit the library to meet the folks working there and take a look around. I walked out of the building saying to myself "this is the one – it's perfect". Almost 2 years later I still feel that way. Both the library and the Killingworth community are wonderful.

What is your background? Please provide a bit of biographical as well as professional information.

Prichard: I grew up in Clinton, Massachusetts and graduated with a BA from Clark University in Worcester before moving to Connecticut with my

husband Paul more than 30 years ago. Our daughters are both in college, the oldest is a senior at Eastern CT State University, and the younger is a junior at Bryant University in Rhode Island. I usually tell people that I took the long and winding road towards becoming a librarian. While I was with the East Haddam Library System for 7 years, prior to that I spent 25 years working for a large insurance company in Hartford in a variety of administrative and management roles. So, this is definitely my second career - even though it took a while, I feel that I found the work I was meant to do.

How do you see your role not only at the library but in the community?

Prichard: Killingworth Library has a unique history of both volunteer and community involvement, and I feel that it's essential to maintain those ties by promoting a friendly, welcoming, patron-first culture. We are here to serve the entire community, and my goal is to make sure that the community knows about the many services we offer, both onsite and online.

What are some of your favorite aspects of your job?

Prichard: I love meeting and assisting our patrons – it brightens my day when I know that I've helped someone. Then there's the people I work with - we have 22 wonderful volunteers who generously donate their time to staff our circulation desk, plus an involved and caring library

board. When you add in the staff, it's a pleasure to come to work.

What are some goals/objectives/vision(s) you have for the library?

Prichard: We've already made some significant changes in the last 18 months – our refreshed book sale area has transformed our lobby into a much more welcoming space, and in September we successfully migrated to the Bibliomation Consortium, which has greatly expanded both our online e-book and e-audio offerings and improved our interlibrary loan service to our patrons. Our website has also been redesigned and includes a new calendar where residents can sign up for programs themselves online. While some adjustments are still underway, many of our services have been moved right to the home page for easier access. We will be looking at ways of improving the flow of space in the children's room during 2020.

Any other thoughts to share with residents, patrons?

Prichard: I am working with our Killingworth Library Board as they develop a strategic plan for our future, and as part of that we will be reaching out to Killingworth residents for their input on what services they value most, as well as to identify any future changes they would like to see. Please keep an eye out for our Community Survey, which will be available both online and in paper in the very near future!

Killingworth Library events

By Laurie West Prichard,
Killingworth Library Association

Killingworth Library's Saturday Story Time

Every Saturday from 10:30 – 11:00 a.m.; Drop in format; no registration required but space is limited.

Make It & Take It – Seasonal Crafts for Families

Saturday Mornings in December from 10:00 a.m.-12:00 p.m. at Killingworth Library; Drop in format; no registration required but space is limited

Tech Time with the HK Leos – How to Download Audio Books to Your Cell Phone

Monday, December 2, 3:30 – 4:30 p.m. at the Killingworth library.

Do you want to try out the library's new expanded collection of downloadable audio books but just aren't sure how to do it? Join us as we partner with the tech savvy teens of the Haddam Killingworth Leo's for our first "Tech time with the HK Leo's" and have your questions answered! Bring your iPhone or smart phone with you and we will step you through the process (you will also need your library card #). This program is free, but advance signup is requested. Please contact the library at 860-663-2000 or visit our

website to register: <http://killingworthlibrary.org/>

Photos with the Grinch at Killingworth Library

Tuesday, December 3, 5:30 – 6:30 p.m.
The Grinch is coming to the library! Come take a photo with the Grinch and make a Grinch craft! Free fun for the whole family, no registration required.

Love 2 Sign with Jaye – Sign Language for Children 6 mos. to 6 yrs.

Thursdays 10:00 – 10:30 a.m. from December 5 – February 6 at Killingworth Library

Online sign up begins December 2. Space is limited and Killingworth residents are given priority. Register by visiting our online calendar at: <http://killingworthlibrary.org/>

ABC Amigos – Bilingual Storytime for Preschool Children

Thursdays 10:00 – 10:30 a.m. from December 5 – February 6 at Killingworth Library

Online sign up begins December 2. Space is limited and Killingworth residents are given priority. Register by visiting our online calendar at: <http://killingworthlibrary.org/>

HADDAM COMMUNITY

Town & Country holds Holiday Open House

Come celebrate the holidays at your hometown garden center, Town & Country Nursery in Haddam. Get a sneak peek into Christmas, start your Christmas shopping, and enjoy a wine and cheese tasting at their Holiday Open House on Saturday, Nov. 23.

Wreaths, trees, greens, and roping will be in so you can get a head start on decorating for the holidays. For adults, there will be a wine and cheese tasting sponsored by Tony's Package Store in Haddam from 3:00 to 6:00 p.m. Plus get a raffle ticket just for stopping in on the day of the Open House. Earn an additional ticket for every \$10 you spend at the Open House.

Don't worry if you are not a wine drinker. Tony's offers an amazing warm hard cider perfect for those cool November days. There will also be a large selection of cheeses, crackers, fruit chutneys and other fantastic spreads that pair perfectly with the wine. They are sponsored by generous donations from Higganum Village Market and Tony's Package Store.

"I Have Set Before You Life and Death" WHICH WILL YOU CHOOSE?

Jesus said, "I am the way, the truth, and the life. No one comes to the Father except through Me" (John 14:6). "He asked His disciples, saying, 'Who do men say that I, the Son of Man, am?' 14 So they said, 'Some say John the Baptist, some Elijah...' 15 He said to them, 'But who do you say that I am?' 16 Simon [Saint] Peter answered and said, 'You are the Christ, the Son of the living God.' 17 Jesus answered and said to him, 'Blessed are you, Simon Bar-Jonah, for flesh and blood has not revealed this to you, but My Father who is in heaven' (Matthew 16:13-17). "He who believes in the Son has everlasting life; and he who does not believe the Son shall not see life, but the wrath of God abides on him" (John 3:36). "For the wages of sin is death, but the gift of God is eternal life in Christ Jesus our Lord" (Romans 6:23).

Choose Life: "...Say to this people, 'Thus says the Lord: "Behold, I set before you the way of life and the way of death" (Jeremiah 21:8). "... Blessing and cursing; therefore choose life..." (Deut 30:19). "Don't you realize that you become the slave of whatever you choose to obey? You

can be a slave to sin, which leads to death, or you can choose to obey God, which leads to righteousness" (Rom 6:16). Jesus said, "Do not marvel that I said to you, 'You must be born again'" (John 3:7). "...Now if any man does not have the Spirit of Christ, he does not belong to Him..." (Romans 8:9-14). "Peter said to them, 'Repent and be baptized, every one of you, in the name of Jesus Christ for the forgiveness of sins, and you shall receive the gift of the Holy Spirit'" (Acts 2:38). Jesus said, "...How much more will your heavenly Father give the Holy Spirit to those who ask Him!" (Luke 11:9-13).

Choose Christ, Life, and the Spirit of God

Pray: *Dear God, I believe Jesus died on the cross to pay for my sins, and that He arose again on the third day. I repent of my sins and ask Your forgiveness. I accept Jesus as my Savior and Lord, and ask that You give me the Holy Spirit.*

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Getting to know your library: Conversation with the director

By Meghan Peterson, PhD

Located at 920 Saybrook Road (Rt. 154) in Haddam, the Brainerd Memorial Library provides a variety of adult, adolescent, family, and children's literary resources, educational programming, and cultural arts events. As such, it serves as a dynamic hub for people to learn, gather and experience community together. We recently contacted Tom Piezzo, Director of the Brainerd Memorial Library here in Haddam, to speak more about the role BML plays in the lives of Haddam (as well as surrounding area) residents and library patrons.

How did you come to call Haddam Brainerd Memorial Library your home?

Piezzo: In 2016 I was fortunate to be interviewed for the position of library director, which led me to reflect on my professional priorities as I presented to the board of trustees. In Haddam I found a near-ideal combination of rural and village, of an historic library with a progressive governing board and staff, a library which is part of an excellent consortium but retains its local identity. When I was offered the job I knew we had a firm foundation on which to serve today, and build for coming generations.

What is your biographical as well as professional background?

Piezzo: I have a degree in English and was for a short time a teacher on Long Island, but changed directions early on. In December 1993 I received my Masters in Library and Information Science, and started as a librarian in Queens, New York City. I eventually became the Branch Library Manager in a series of larger and busier libraries, until 2004 when I moved to Connecticut. I worked at home as a custom cabinetry and furniture design draftsman,

while also staying in the library field along the shoreline, until resuming an administrative role in Haddam. I am presently a member of the LION consortium Finance Committee, chair of the Valley-Shore Public Library Directors Roundtable, and am the Vice President/President-elect of the Connecticut Library Association.

How do you see your role not only at the library but in the community?

Piezzo: The library's role is to identify community needs, typically informational, cultural, social, and recreational, and then meet them with our resources in whatever formats and methods we can. In the library that means seeking to balance the work of our excellent staff, our supportive Friends group, and the active board of trustees. We also stay abreast of local and national trends and issues, assessing which ones could or should play out locally. Being a busy hub for the community, we offer many services available uniquely from our institution, and strive both to publicize our offerings, and also respond to requests. Sometimes that takes the form of support for area organizations and departments, other times, it means a new partnership. Most often it is simply being an open and accessible place where everyone can count on respect and inclusion regardless of their economic status, age, ethnicity, identity, beliefs or education.

What are some of your favorite aspects of your job?

Piezzo: Watching the myriad children attend programs: singing, reading, crafting, interacting. Seeing someone come for tech help with a troubled expression and leave confident and happy. Hearing "yes!" when a patron finds the perfect book. Seeing the seats fill at a concert — for free. As I say time

and again, I get to work where people come to learn, connect, pursue leisure and culture, and enjoy themselves. We measure our success by how much we give, not take. That's a pretty good gig.

What are some goals/objectives/vision(s) you have for the library?

Piezzo: I'd love to see our plans for renovating the library come to fruition in the next few years. We are very close to starting the first phase, which will create 17 new parking spaces, upgrade exterior lighting, improve the rest rooms, and importantly, make a truly accessible lower level entrance. But as the way libraries are used has changed drastically since our 1996 renovation, we need to make a more efficient apportionment of interior space by re-thinking the main desk, installing small study rooms, restoring the original 1906 History Rooms, lowering the stacks, formalizing a dedicated teen and tween space, and re-working the children's library. Down the road, more hours of service would be a welcome bonus.

Any other thoughts to share with residents, patrons?

Piezzo: Thanks are due to our patrons for embracing Brainerd Library, to the Town for its ongoing financial support, to our donors, volunteers, staff, board, Friends, and fellow Haddam organizations and town departments. Anyone who comes through our doors or uses our online resources is considered a patron. All of our materials, programs and services are free. (We don't even tell you how much to pay for fines on our materials. Just leave whatever small donation you like in the jar, and we'll waive late charges.) Stop by and visit — tell us what you like, and what you want. We may be running it, but ultimately it's your library.

TO THE EDITOR

Thank You

The Killingworth Democratic Town Committee would like to thank the Haddam Killingworth News for providing an outlet for candidate biographies and letters of support for this municipal election cycle.

In today's hyper busy world and fragmented news outlets, it isn't always easy to get information about issues and candidates out there in a consistent and positive manner. Your publication served both towns well on line and in print and we were lucky to have you as a resource.

Thank you again.

Joan Gay
Kathy Amoia
KDTC

Letters to the Editor

We encourage Letters to the Editor which foster understanding and awareness through discourse. They should be: civil, knowledgeable, factual, and constructive. The letter must include the writer's name, town, and date, and should not exceed 400 words. The editors reserve the final decision on any letters published; frequency of submissions from a single writer or group will be a factor in deciding whether to publish a letter. The editors may also add a short explanation of the writer's position or credentials.

Haddam News
PO Box 15
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HKYFS

HKYFS Fundraiser, "Crystals for a Cause" – November 22

By Laurie Ruderfer, Executive Director, HKYFS

A fundraiser will be held at Jack's Country Restaurant (26 Killingworth Road, Higganum) on Friday, Nov. 22, from 6:00 to 8:00 p.m. featuring Touchstone Crystals jewelry. A portion of the sales will be donated to Haddam Killingworth Youth & Family Services.

There will be giveaways and raffles, and appetizers. Stop by to support Youth & Family Services in our community.

This year we would like to extend a special invitation to all who have stopped by, looked around and thought of joining our family. Our artists will be pleased to answer your questions and extend a welcome. Feel free to bring photos of your work. We would love to meet you and see your creations.



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November 13 town meeting

By Meghan Peterson, PhD

A Town Meeting was held on Tuesday, Nov. 12 at the Haddam Volunteer Fire Company Station #1 in Higganum for the purpose(s) of approving certain budget transfers to the Capital Improvement Budget. Per the legal notice, as provided in part below:

“To consider, discuss and vote to approve the Budget Transfers in the amount of 1,122,000.00 to the Capital Improvement Budget.

To consider, discuss and vote to approve the transfer request to fund (2) off road utility vehicles for Haddam Neck Volunteer Fire Department and Haddam Volunteer Fire Department from HVFD replacement truck. Budget transfer request form 2020-3

To consider, discuss and vote to approve transfer request to fund HES operating costs in the amount of \$127,853 form 2020-4.”

This was First Selectwoman Lizz Milardo’s last Town Meeting. Bob McGarry will be Haddam’s next First Selectman; joined by incoming Selectmen Kate Anderson and Sean Moriarty.

The Pledge was recited. Tony Giamei was nominated from the floor to be moderator, and Town Clerk Scott Brookes read the legal call of the meeting. The call was accepted. Milardo provided a brief explanation for each item. In terms of moving the \$1,122,000 into the Capital Improvement Budget, there were extra assets that the Board of Finance (BOF) received. The vehicles purchased for the Public Works department will be funded by these monies, as Milardo explained that the Town now has the “funds to do that,” instead of bonding for the vehicles as previously anticipated. Such a move was already approved by the BOF and BOS. Residents at the meeting voted to approve the transfer.

Next, Milardo explained that there were “so many moving pieces” with respect to Fire Department vehicles – both in terms of maintenance and repairs. Originally, it was thought that replacing Truck 713 was necessary; that is no longer the case. There was an excess of \$49,506 in the Capital plan already. The

idea is to re-allocate monies to fund the two lines within the Capital plan. Residents voted to approve the transfer.

The final item centered on HES. Milardo explained that Haddam voted to purchase HES in June. Simultaneously, the Town budget was being approved, and work was being done with RSD #17 to understand operating costs for the building. The amount of \$127,853 is the estimated operating cost to the townspeople for HES from October 2019 (when the purchase became finalized) to June 30, 2020. A resident inquired about insurance for the building. Milardo noted that it cost an additional \$2,500 to add the building onto the Town’s insurance. The estimated operating cost includes the insurance, software which runs the heating/cooling system, and security upgrades. Milardo said that the idea is to do “minimal maintenance” as needed at this time, and that the Town is to keep the building “safe and secure.” In response to a question from the floor about current usage of the building, Milardo said that there is a pop-up market happening there Wednesdays-Sundays; charrettes for communal input on future usage of the building were held at the end of October/beginning of November; and that the Recreation Department (HK Rec. Dept.) is interested in using the building. The Haddam Junior Women’s group has also indicated interest in utilizing the parking lot for their town-wide tag sale in April. Milardo emphasized that P&Z (Planning & Zoning) is going to be “driving that,” with respect to “what happens next” with the building. To this end, she noted that Town Planner Bill Warner is “also working on that.” Moreover, she expressed enthusiasm for the pop-up market, saying that she “was thrilled when Terri [Everett] and Janet [Verney]” wanted to use the space for the market. Milardo says that it is a “great thing” and that there are a “lot of people in and out of there” – that “life is in that building.” Milardo did express caution, however, that the school district was not completely forthcoming in terms of telling the Town the full costs of the maintenance entailed in the building.



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Haddam News

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and the Haddam Civic League

LEGAL NOTICES

TOWN OF HADDAM PLANNING AND ZONING PUBLIC HEARING

The Planning and Zoning Commission of Haddam, Connecticut will hold a Public Hearing at the Haddam Town Hall, 21 Field Park Dr., Haddam, CT on December 5th, 2019 at 7:00 p.m. to act upon the following item(s):

1. Request for a special permit for a Home Business Use as an Art Gallery/Studio at 350 Saybrook Road / Map 14 Lot 51 Applicant/Agent Susan Mongeon
2. Request for a special permit to allow a day care facility at 6 Brooks Court - Map 49 Lot 68-3 Applicant/Agent – DBP LLC
3. Request for a zoning text amendment to amend Section 3 Definitions of the Zoning Regulations to add “Therapeutic and Rehabilitative Wellness Center” and amend Section 7.3 to add “Therapeutic and Rehabilitative Wellness Center” as a special permit use in the Commercial C-1 Zone. Proposed language is on file in the Town Clerks Office Applicant/Agent 7 Island Dock, LLC/Atty Bennet
4. Request for a zoning map amendment to amend the zoning designation at 7 Island Dock Road/Map 26 Lot 7A from R-2A Single Family Residential to C-1 Commercial. Existing and Proposed map is on file in the Town Clerks Office Applicant/Agent 7 Island Dock, LLC/Atty Bennet

Said applications are on file in the Land Use Office of the Town of Haddam.

Planning and Zoning Commission, Haddam CT

The Town of Haddam shall endeavor to post its Legal Notices with the Haddam News publication. In the event that the weekly publication cannot meet the Town’s statutory requirements, the Middletown Press or Hartford Courant shall be utilized to meet said statutory deadlines. Courtesy copies will be published to Haddam News that may or may not be timely. The Town’s website is: www.haddam.org.

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Pitch Pine Trees, Fire, and Millennial Culture Byproducts

By Meghan Peterson, PhD

November is one of the most beautiful months here in New England. Your response, understandably so, might be: "Are you joking?"

It is past peak. The leaves are down on the pale ground; or the lonely remaining ones in the trees have become a putrid brown. What am I talking about? The woods look sparse and desolate.

This is precisely why I embrace the mid to late-autumn months. After the gorgeous foliage has exited nature's stage, no other distractions take attention away from the trees. Specifically, November ushers in a beautiful, extended study of THE TREE. Exquisite, ordinary, narrow, thick, tall, short, dying, alive. The bare tree stands – in its own spotlight.

Recently, a relative noticed that I was staring at the trees in our now-exposed woods (remember, no more leaves to distract the eyes!) and asked me, "Do you know the story of the Pitch Pine Tree?" The look I made gave my answer away. I did not know the story. But I needed to know it. "Well," this relative said, "Pitch Pines can only release seedlings after they have been exposed to fire." I was hooked. Life born of fire? Quite a concept: the arbor version of the mythological bird, the Phoenix. I did some research on the Pitch Pine, the *Pinus rigida*, and here is what I found according to a New Jersey Forestry information guide:

Pitch pines are dependent on fire and must be carefully managed with fire to assure that the ecosystem provides habitat. Prescribed fire is an important management tool for healthy, productive and safe pitch pine forests.

Pitch pine...has evolved the unique ability to survive fire even if all of the needles are destroyed by the fire. It withstands fire because of its thick protective bark; its ability to re-sprout rapidly; its wide-spreading root system; and the buds lying dormant in the trunk that are stimulated to grow by fire. Even when all of the needles on a pitch pine are burned, the crown can recover and be almost back to normal in just a few years.

As a millennial and part-time observer of my peers, I am intrigued at the idea that growth and life can occur as direct results of something as awe-inducing and devastating as fire. Fire is something that can destroy; it is something that can kill. But it is also something that can offer warmth ("chestnuts roasting on an open fire...") or provide a necessary reme-

dy (cauterizing a wound to stanch bleeding).

My generation neither likes nor handles well the uneasiness, challenges, difficulties, obstacles and tests that litter life like an obstacle course. Millennials have a hard time dealing with life's fires. Millennials do not want to experience one iota of discomfort. They believe that life can – and should – be purged of its tribulations, its offenses, its irregularities, its lack of clarity. Why? Because millennials have been raised on what I call the "doctrine of grievance." Have an issue with someone? Label them a racist, misogynist, bigot. Have an issue with a viewpoint? Label it offensive or hateful. Have an issue with an organization (private or corporate; governmental or non-profit)? Critique it for not being sufficiently diverse. These responses are constitutive elements in the "doctrine of grievance," whereby any hint of discomfort, challenge, or difficulty requires disposal in order to preserve the acutely sensitive sensibilities of the millennial human.

It is, therefore, fitting that the millennial generation has earned the title of "The Most Anxious Generation." Millennials are anxious about everything and everyone they encounter in life. At any point in life, there is the potential fire, calamity, crisis which needs to be immediately eliminated – no...prevented. Such anxieties come to fruition as illustrated below:

You cannot hold a class debate among millennials or, for that matter, today's college students (Generation Z) because anxiety levels are at such a point that contact with ideas, facts and truths they find troubling will lead to cognitive and emotional discrepancies (that is, what they hear and see in life is not what they have been taught) they cannot bear.

The idea that millennials and their younger cohort cannot hear, see or experience anything slightly difficult, as doing so will result in greater anxiety, overwhelming worry, and personal paralysis.

The idea that college campus guest speakers or comedians get disinvited because their personas or personal belief systems are potentially offensive. Recently, comedienne Sara Silverman (herself no enemy of the millennial liberal mainstream) recently described social conditions as "the cancel culture."

Such instances have less to do with laziness than they do with the unrealistic desire of avoiding the fires of truth – of experiencing and facing facts in their de-foliaged form. For the millennial specimen, it is less about the fear of taking offense than it is knowing at one's core that truths, stripped of their

saccharine rallying cries – "Girl, you're amazing! Man, you rock! You've so got this! You got this thing on lock!" There are times when we do not "so got this." There are times when we do not "have this thing [life] on lock" (translation: we "get" it; we know how to live our life). There are times when we are not amazing and when we do not rock. Recognizing, understanding, and indeed owning up to, these personal lows are vital for improvement, growth, and the pursuit of thinking, doing, and being better.

Millennials fear truth's fires may one day destroy and render unusable their highly-manicured belief system that, to no fault of their own, has been stylized for them in great part by permissive yet neglectful parents; indulgent yet totalitarian educational curricula. And so millennials have constructed the cancel culture in tandem with the grievance doctrine. The grievance (based on perception of racism, bigotry, misogyny, sexism, and the like) necessitates cancellation of the speaker and speech. Again, this cancel culture is less about being offended – despite justifications citing sensitivity concerns. Instead, this millennial culture centers on the fear of being wrong, of having tempting falsities vanish as quickly as a status update on Facebook. If we as millennials were really candid, we would say that our anxieties are not about the unknown. Rather, they are about the certitude of truth and not knowing what to do with it.

The above-described cultural byproducts are what we obtain when a generation of adults (now themselves becoming parents) is raised on a highly processed conceptual diet of "Everyone is a star and gets a star." "Diversity is an end in and of itself – diversity is amazing because diversity is amazing" (the tautological fallacy inherent to an illogical, circular premise). Millennials have been educated to care about how we look (are we able to check off the gender identity/expression, sex, race, ethnicity, victim, socioeconomic box?) more than about what we do.

Maybe the realities and travails of life necessitate a little fire now and then. Recall the Pitch Pines: "Pitch pines are dependent on fire and must be carefully managed with fire to assure that the ecosystem provides habitat. Prescribed fire is an important management tool for healthy, productive and safe pitch pine forests."

Perhaps the Pitch Pines have it right: rejuvenation, growth - life itself - follow fire. As you enter this cool season, enjoy those festive fires. They may just be the thing we need right now – millennials and non-millennials alike.

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HADDAM-KILLINGWORTH TOWN & COMMUNITY CALENDAR

Please visit www.haddam.org, www.townofkillingworth.com or haddam-killingworthnow.com for the most current information, including cancellations, location changes, time changes.

Thursday, November 21

Haddam P&Z Meeting Thursday Nov. 21 7:00pm - 9:00pm

Friday, November 22

St. Peter Church Christmas Fair - St. Peter Church 60th Annual Christmas Fair - Friday, November 22nd and Saturday, November 23rd 30 St. Peter Lane Higganum, CT. 06441

"Twas the Night Before" - Friday, November 22nd 5:00 - 8:00 p.m. Kick off the weekend with an adult only wine, cheese and hors d'oeuvre reception and get together. Join us for early bird buying and fun. Tickets are \$15 (limited to 140 people). Pre-Sale of tickets will begin after all masses beginning October 19th or at the door.

Crystals for a Cause at Jack's - Free wine and appetizers, giveaways & raffles at Jack's Restaurant Friday Nov. 22 6:00pm - 8:00pm 26 Killingworth Rd Higganum CT

Ten cents of every dollar raised will go to HK Youth and Family Services www.touchstonecrystal.com/5W74XS1A

HKHS Homecoming Dance - Friday Nov. 22 from 7:00pm - 10:00pm HKHS cafeteria

HKMS Mariachi Band Assembly - Friday Nov 22 from 9:00pm - 10:00pm

Saturday, November 23

St Peter Church - "60th Annual Christmas Fair" - Saturday, November 23rd 9:00 a.m. - 3:00 p.m.

Fair items include baked goods, antiques/collectibles, crafts, quilts and knitted items as well as fabulous Christmas and holiday wreaths and decorations all available for purchase and ready to take home for the season of giving. The Country Kitchen will be serving everything from coffee and

pastries to a complete luncheon menu throughout the day.

The BIG RAFFLE has a grand prize of a \$(1000) Visa bank card and a second and third prize of a \$(500) Visa bank card each. A mini raffle also offers more chances for tremendous gifts. We are currently accepting donations for the antique attic and crafting booths. Any and all donations would be greatly appreciated!! Watch for more details about this annual event. For information contact St. Peter Church Office at (860) 345-8018.

Stuff-A-Cruiser 2019 - Youth and Family Services of Haddam-Killingworth. Please join HKYFS and the Haddam Resident Trooper Stuff-A-Cruiser with donations of new gifts, toys, gift cards, (or financial contributions) for local families with young children and teens who need a little help this holiday season. Higganum Green Route 154. Saturday Nov. 23, 2019 10:00am - 2:00pm. Can't be there that day, call HKYFS at 860 345-7498 or email: office@hkyfs.org

Story Time Killingworth Library - Killingworth Library's Saturday Story Time Every Saturday from 10:30 - 11:00 am Drop in format; no registration required but space is limited. Killingworth Library, 301 Route 81

Wine and Cheese Tasting - Hosted by Town & Country Nurseries and Tony's Package Store Saturday, November 23 at 3pm - 6pm

Sunday, November 24

"Escape Alive" Hosted by the Haddam Junior Women's Club

Advanced Registration Required: <http://bit.ly/HJWEscapeAlive>

Jane Doe No More and the professional team at East Coast Training Systems are proud to announce FREE self-defense training classes for women and girls ages 12 and over.

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There are no pre-requisites for our classes: Escape Alive participants work at their own pace to

learn skills and techniques that will work for them, regardless of age, strength, size or prior training. For more information, email info@janedoenomore.org

Mother/Daughter classes are open to individuals, not only mothers and their daughters. All participants under the age of 18 must be accompanied by a parent/guardian or have a signed waiver at time of entry. Give yourself a fighting chance: Escape Alive.

On Nov. 24, 2019, from 9:00 a.m. to 1:00 p.m., Haddam Girl Scouts will be at the Higganum Market collecting food for their 6th annual Thanksgiving Drive. People can drop food off, make monetary donations (which will be used to purchase food at the end of the Drive), or the Scouts will provide a shopping list so that people can purchase items at the Higganum Market. The Market is letting people purchase the turkeys for the Food Bank donations at cost.

Monday, November 25

The Haddam Volunteer Fire Auxiliary will hold its regular monthly meeting on Monday, November 25, at 7:00 p.m. at Company #1, 439 Saybrook Road. New members are always welcome.

Tuesday, November 26

Youth and Family Services of Haddam-Killingworth "Women's Empowerment Group" Classes held at Killingworth Library Oct. 8, 15, Nov. 19 & 26 from 6:00pm - 7:30pm. Topics discussed include: how to combat negative self-talk, understanding and overcoming the barriers of true self-care, maintaining healthy boundaries, and guided imagery for wellness and stress/anxiety relief. Contact Katy Kennedy Clinical Director & Licensed Marriage and Family Therapist for more information 860 345-7498.

Haddam ZBA meeting (change for Thanksgiving) Tuesday Nov. 26 at 7:30pm - 9:30pm.

Haddam Community Thanksgiving Worship Service St Peter Church Tuesday, November 26, 2019 from 6:00pm - 8:00pm

HADDAM FAITH / COMMUNITY

St. Peter's Church 60th Annual Christmas Fair: Nov. 22-23

By Dale Arsenault

St. Peter Church 60th Annual Christmas Fair - Friday, Nov. 22 and Saturday, Nov. 23, 30 St. Peter Lane Higganum, Conn.

"Twas the Night Before" - Friday, Nov. 22, 5:00 - 8:00 p.m. Kick off the weekend with an adults-only wine, cheese and hors d'oeuvre reception and get together. Join us for early bird buying and fun. Tickets are \$15 (limited to 140 people). Pre Sale of tickets

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HK COMMUNITIES

Project Graduation: update

By Jennifer Jackson

As you start thinking about purchasing presents for the upcoming holiday season, please consider using Shopwithscrip.com to help out Project Graduation. This is a great, no-extra cost, way to help us finan-

cially. As an example, If you purchase a \$100 Best Buys card, it costs you \$100 and you get a \$100 gift card. Project Graduation receives a rebate from the seller. These cards can be purchased for your own use, or to give as gifts (great for those hard to buy for teenagers in your life!). For more information, please contact Ernie Pizzuto ernest.pizzuto@att.net

Shop on Amazon? Set up Amazon Smile and add

Project Graduation for your charity of choice! See out Facebook page for the link!

Please "like" us on Facebook at HKHS Project Graduation. You can view pictures from past years' celebrations and get the latest news! In the upcoming months, we will ask for help in various ways. But for now, we wish everyone a Happy Holiday Season.

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Haddam Plastic Recycling initiative information

By Kristin Battistoni

Thank you to all the residents of Haddam for your participation in our community project to recycle plastic bags. Through our partnership with TREX we have been able to remove 4373.90 pounds of plastic that would have gone to our landfill.

We began collecting plastic bags last November with a goal of collecting 500 pounds every six months. Needless to say we smashed that goal. As a thank you, TREX has supplied the town with a TREX bench for each collection period. One has been placed outside the Fire house and the other is on RT 81 by the center.

Here is a recap of the life cycle for recycled plastic bags in Haddam. We have several drop-off locations around town. The Town Office Building, Transfer

Station, Nutmeg Pharmacy, River Provisions and the Brainerd Library have agreed to be locations for collection. The bags are weighed and stored, usually at the Town Office Building, until someone takes them to a distribution center. These distribution Centers are located at select Stop and Shop, Big Y, Kohl's, Price Chopper, Whole Foods and Target. Melissa Oddo, a Haddam resident, put together this list which contains all the stores that accept material along with contact information. The complete list can be found on our website under the sustainability page.

In town, we are required to show the State that we are making progress in reducing our bulky waste, and Municipal Solid Waste annually. One of the ways we are accomplishing this is by recycling over two ton of plastic bags. Plastic bags cannot be put into

the regular single stream recycling. This program allows us to find a way to recycle this material and reduce our bulky waste.

This program was set up as a community based project. Other than the Transfer Station employees storing bags, the town crew is not involved. We are looking for volunteers constantly. When the shed behind the Town Office Building is full, we have to wait to receive any more donations or back up from the Transfer Station. If you are headed to one of these stores, please stop by the shed and grab a few on your way.

If we can all pitch a little, the whole town and planet will benefit. If you have any questions or would like to volunteer, please contact Kristin Battistoni at 860-345-8531 X 207 or taxcollect@haddam.org.

HKHS GIRLS SOCCER 2019



HKHS defeats Waterford in Round 1 of State Tournament

By Mike Shea,
Coach, HKHS Girls Soccer

The Haddam Killingworth High School Girls Varsity Soccer team defeated Waterford 2-1 in the first round of the Class M State Tournament

today, Nov. 12. Both HK goals were scored by Leah Sosnowski, and the Waterford goal was scored by Khaylin Hatcher. HK's goalie, Kelsey Lonergan, had 14 saves. Waterford's goalie, McKenzie Gregory, had 7 saves.

HOLIDAYS 2019

FCCH 9th Annual Yuletide Quilt Show: December 7

By Ginny Evensen

The First Congregational Church of Haddam, located at 905 Saybrook Road, Haddam, will be holding its ninth annual Yuletide Quilt Show & Holiday Bazaar on Saturday, Dec. 7, from 9:30 a.m. to 3:30 p.m. and Sunday, December 8, 2019 from noon to 3:30 p.m.

Over 100 quilts and quilted items will be on display in the church's sanctuary, many of which will be for sale. Quilters and quilt owners from around the state display their quilted works of art at this two-day event. If you have a quilted piece you would like to display at the show, please contact the church at 860-345-2742 before November 15, 2019 for an application. We love seeing new quilts each year!

Both show days will find the church's fellowship hall a whirlwind of activity. In addition to quilt vendors, there will be holiday items for sale, raffles, a "crafty tag sale", and the scrumptious Haddam Café.

On Saturday the Haddam Café will sell homemade doughnuts and coffee in the morning and homemade soup, artisan bread, and pie at lunchtime. On Sunday, the Café will be the site of our first Yuletide Chili Cookoff! There will

be a variety of chilis to choose from, cornbread, and brownie sundaes for dessert. A ballot will be available to vote for the best chili in town.

If you're feeling lucky, why not enter one of our raffles? With over twenty-five themed baskets, the basket raffle has become very popular. Themes include "Chocolate Lovers", "Game Night", "Bake-off", "Coffee Lovers", "Garden of Delight", "Gift Cards Galore", and many, many more. The winners will be chosen on Sunday afternoon.

This year's quilt raffle has three lovely prizes: "Christmas in Red & White", a 56" x 56" handmade quilt, a quilted tree skirt and matching stocking, and a crocheted wrap/lap blanket entitled "Winter Night. Raffle tickets are available through the church, at community events, and at the show. The winners will be chosen on Saturday afternoon.

Admission to view the quilts is \$6, children under 12 are free. The activities in the fellowship hall do not require an admission fee and you may visit as many times as you choose.

Please visit our website, www.haddamchurch.org, to view photos of our previous quilt shows or to printout a Quilt Exhibitor's Application.

KILLINGWORTH COMMUNITY / ARTS

Holiday Show Opening reception: Nov. 22

Spectrum Gallery and Artisans Store of Centerbrook presents its newest Holiday show: Let's Celebrate! (Nov 22-Jan 12) with original artwork and fine crafts that celebrate in different ways and for many occasions, including holidays, births, anniversaries, weddings or just because we're happy! Come and discover a variety of artwork, fine crafts and handmade ornaments on our six-foot annual holiday tree. Perfect for

yourself or a holiday gift!

The exhibit opens Friday, Nov. 22, with a reception (6:30-9:00 p.m.) with food, wine and music.

Spectrum Gallery and Store holiday hours begin Dec. 4 through Dec. 23. Mon-Sat (Noon-6:00 p.m.); and Sun (Noon-5:00 p.m.). Christmas Eve open 11:00 a.m.-3:00 p.m. (860) 767-0742. Spectrum Gallery, 61 Main Street, Centerbrook, Conn. and visit spectrumartgallery.org



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Gabe Denison (l) and Wyatt Pederson (r). Photo by Kirt Tassmer.

Haddam gains two new Eagle Scouts

By Kathy Brown

On Saturday, Oct. 12, two Scouts from Haddam BSA Troop #44 were awarded their Eagle Scouts at a ceremony held at Indian River Complex in Clinton: Gabe Denison and Wyatt Pedersen.

Gabe Denison, son of Steve and Jackie Denison, of East Haddam, joined Boy Scouts in 2012. Over the course of seven years, he earned the 21 merit badges required for the rank of Eagle, plus another nine. According to his mother Jackie, his favorite badge was Farm Mechanics, which allowed him to work on a real farm tractor engine. His most difficult badge was Hiking, which requires four 10-mile hikes, as well as one 20-mile hike. He attended summer camp at Camp Mattatuck, as well as camping at Camp Gus in Haddam. He enjoyed 44/40 Day, where Haddam Cub Scout Pack 40 joins Troop #44 at Camp Gus, and the older Scouts teach skills to the Cubs. Gabe enjoyed teaching the Cubs how to make donuts over a fire.

Gabe held leadership positions within Scouting, for example, he was the Patrol Leader for the Cobras on several occasions. Gabe's service project was for East Haddam Youth and Family Services. He built two A-frame sign holders to display their signs in town. He also refurbished their sign in front of their building. Because he didn't use all the money he had raised for the project, he donated the extra money to EHY&FS so that they could buy signs for events held each year.

Wyatt Pedersen also participated in the ceremony and became an Eagle Scout. He constructed a large kiosk with a map of the old cemetery on Route 17 on Main Street in Durham.



Gabe's project. Photo by Jackie Denison.

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Girl Scout Troop to collect food for Haddam Food Bank

By Kathy Brown

For the past five years, the Haddam Girl Scouts have been collecting food for Thanksgiving for the Haddam Food Bank. Each of those years, they have received a minimum of eight dinners, according to Jennifer Tassmer, their leader. Haddam Social Services identifies the families in Haddam and Higganum who are in need of help at Thanksgiving time, the Girl Scouts collect the food, and the Haddam Food

Bank distributes it to those families.

On Nov. 24, from 9:00 a.m. to 1:00 p.m., the Scouts will be at the Higganum Market collecting food for their 6th annual Thanksgiving Drive. People can drop food off, make monetary donations (which will be used to purchase food at the end of the Drive), or the Scouts will provide a shopping list so that people can purchase items at the Higganum Market. The Market is letting people purchase the



Photo by Jennifer Tassmer.

turkeys for the Food Bank donations at cost. The food they are hoping to collect:

- 12-18 lb. turkey
- stuffing
- potatoes
- sweet potatoes (fresh or canned)
- Veggies (green beans, carrots, corn – fresh or canned)
- cranberry sauce
- cream of mushroom soup
- fried onions
- gravy
- butter
- chicken broth
- cookie or brownie mix
- assorted pies
- rolls/crescent rolls
- sparkling wine
- hot chocolate

They can also take other non-perishable items to help stock the shelves in the food pantry. Stop by on Nov. 24 and help the Girl Scouts help families in Haddam who might not otherwise have a bountiful Thanksgiving dinner.

Fall Weekly Specials

Margarita Monday ~ \$5 House Margaritas

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HK COMMUNITIES

Holiday Giving Program runs November 8-December 13

By Laura Shipman, Haddam Killingworth Youth & Family Services

The holiday giving program facilitated by Youth & Family Services of Haddam-Killingworth, Inc. is available for families in need that reside in Haddam and Killingworth. To register for this confidential program, please call 860-345-7498 or email the HKYFS office at office@hkyfs.org. Deadline for registration is Dec. 9.

New gifts and toys will be collected for children and youth from birth through age 18. Donations are collected from Nov. 8, through Dec. 13. For more information about how you can donate to this confidential program please call 860-345-7498 or email office@hkyfs.org.

Stuff a Cruiser 2019: November 23

By Laura Shipman, HKYFS

Please join Youth & Family Services of Haddam-Killingworth, Inc. (HKYFS) and the Haddam Resident Trooper Joseph DeAngelo on Saturday, Nov. 23, from 10:00 a.m. to 2:00 p.m. on the Higganum Green and stuff a cruiser with donations of new gifts, toys, gift cards (or financial contributions) for local families with young children and teens who need a little help this holiday season.

Call or email our office – HKYFS – at 860-345-7498 or office@hkyfs.org for more information, need ideas, or if you would like to donate but cannot be there that day.

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