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AN INDEPENDENT COMMUNITY NEWSPAPER COVERING HADDAM, HIGGANUM, HADDAM NECK AND KILLINGWORTH

November 14, 2019

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HKHS defeats Morgan, 19-14

By Barth Keck, Assistant Coach, HKHS Football

The Haddam Killingworth High School Varsity Football team defeated Morgan 19-14 on Friday, Nov. 1, in Clinton. HK (1-6) held Morgan scoreless in the second half and Alex Riccitelli scored twice to lead the Cougars to their Pequot Conference win in Clinton on Friday. James Bobbi scored the other HK touchdown and led the team with 91 yards rushing. Andrew Nye completed 24 of 46 passes for 302 yards and two touchdowns for the Huskies (1-6).

#### Game Summary:

First Quarter: M – Alex Fratamico 29 pass from Andrew Nye (Joe Ciarleglio kick)

Second Quarter: HK – James Bobbi 4 run (kick failed); M – Michael Zingarella 21 pass from Nye (Ciarleglio kick); HK – Alex Riccitelli 1 run (run failed)

Third Quarter: HK – Riccitelli 9 run (Kevin Cavrell kick)

HK (1-6)	0	12	7	0	19
M (1-6)	7	7	0	0	14

Next game: HK @ Stafford/Somers/ East Windsor, Friday, Nov. 15, 6:30 p.m.



QB #7 Alex Riccitelli keeps the ball and gets into the endzone for the second Cougars touchdown. *Photo by Chad Giulini*.



Smoky Mountains. Photos provided by James Spineti.

# James Spineti, HKHS '14, hikes the Appalachian Trail

#### By Kathy Brown

The Appalachian Trail stretches 2200 miles from Springer Mountain in Georgia to Mount Katahdin in Maine. Approximately 2 million people take a hike on at least part of the trail each year, which is maintained in part by the National Park Service, the US Forest Service, and volunteers in various trail clubs. The Trail passes through 14 states. Though 2 million people hike at least part of the trail, less than 1000 people hike the entire trail in a single season. They are called "thru-hikers," and most of them head northbound. James Spineti of Higganum is one such hiker.

After graduating from Keene State College with a degree in Political Science, James decided to alter his plan to go to law school, and take the opportunity while he had *Continued on page H11* 



100 mile wilderness, Maine.



Photos courtesy of Rosemarie Prelinger.

# Emmanuel Episcopal: 'Little Church In The Wilderness'

#### By Rosemarie Prelinger

Many of us are aware that there is an Episcopal church in town, but few of us know its location. Driving west on Route 148, after about 3 miles, you will see on your left a sign "Emmanuel Episcopal Church" and underneath on a small attachment "The Little Church in the Wilderness." At that point turn left onto Emmanuel Church Road, and drive down a narrow, winding road, running along Church Brook. There it is - the oldest, smallest church in Killingworth. It has the distinction to be on the Federal Register of Historic Places.

This small, beautiful and plain building reminds one more of a meeting house than a more traditional church. Emmanuel Church was built between 1800 and 1815 by a small group of very poor farmers and designed by a disciple of Christopher Wren in the style of Georgian architecture. Only much later, maybe in the 1880's the steeple was added.

But why was this little church built way down in this remote valley? Far away from the center of town? *Continued on page H8* 



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### HADDAM COMMUNITY

# **Citizens brainstorm ideas on future of Higganum Center**

#### By Sharon Challenger

There was a chill in the air as a light mist swirled around, leaving traces of dew upon everything it touched. As I pulled up near Haddam Elementary School Wednesday evening, I was amazed to see the number of cars that were pulling into the parking lot. It was not what I had expected. I wondered what the attendance would be, and now it was clear that the townspeople were eager to find out just what our future could be like. Despite a cool rainy evening, it was obvious that nothing was going to deter this eager crowd of around 160 residents.

When I stepped into the well-lit gym, I was surprised to see there was a line of people ahead of me as well as behind me. I thought to myself "This is really great!" It was as if something had finally shifted in the community. For months on end there had been quarrels over the closing of HES, and it had really made a lot of people in Haddam, Tylerville, Higganum and

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Painting by Suydam Gill **"Autumn's Glory"** Oil on Canvas



Photo by Rebecca Degnan.

Haddam Neck feel confused and negative.

Generally, people are not comfortable with change, and most will suffer a great deal before accepting it. This is especially true when emotions run deep on a subject, such as closing a school that served multiple generations of residents. The idea that a building which was once filled with the sounds of children singing, playing, and reciting the Pledge of Allegiance for years, would now be empty, made many despondent. The other vacant buildings surrounding the school, only added to the fears of residents. "What will happen to our beloved town?" many are wondering. "Why is this happening?" and "What can we do about it?" are questions on everyone's minds.

So how did the idea of the "charrettes" begin, and "What on earth is a "charrette"? Well, according to the dictionary, it is a meeting in which all stakeholders in a project attempt to resolve conflicts and map solutions. Sounds simple, right? Well, it was not a simple process, and it took many people working together in a coordinated effort, under the leadership and guidance of Haddam Town Planner, Bill Warner, to make it all happen.

Having success with similar events in Middletown, Middlefield, Andover, *Continued on page H8* 





# **2019 HADDAM MUNICIPAL ELECTIONS**

# Haddam election results

By Haddam Registrars Raymond Skarsten & Saralyn D'Amato

These are official results from the polling stations on the evening of November 5, 2019 (a breakdown of all of the polling places will follow):

**First Selectman** Brenda Buzzi (D) 1079 Robert McGarry (R) 1790

Selectman (2 slots) Joe Rizzo (D) 1115 Sean Moriarty (D) 1157 Kate Anderson (R) 1747

Mark Lundgren (PC) 681 **Tax Collector** Kristin Battistoni (R) 2286

Board of Finance (3 slots) Melissa Schlag (D) 1069 Sean Moriarty (D) 1189 David Carini (D) 1145 Wayne Rutty (R) 1625 Marc Adelberg (R) 1586 Dave Challenger (R) 1560

**Board of Finance** to Fill Vacancy for 4 years Tim Teran (D) 1645

**Board of Finance** to Fill Vacancy for 2 years Robin Klimaszewski (D) 1655

**Board of Finance** Alternate for Full Term Peter Baird (D) 1107 Prem Aithal (R) 1621

**Board of Finance Alternate** to Fill Vacancy for 2 years Michelle Burr Caron (D) 1041 Audrey Brookes (R) 1661

**Board of Assessment Appeals** JoAnn Woickelman (D) 1292 David Beckman (R) 1441

Planning & Zoning (3 slots) Liz Bazazi (D) 1191 Peter Baird (D) 1249 Garin Greenbolt (D) 979 Steve Bull (R) 1636 Jamin Laurenza (R) 1548 Dan Luisi (R) 1485

**Planning & Zoning** Alternate Full Term Marie Lippincott (D) 1091 Alan Chadwick (R) 1599

**Planning & Zoning** to Fill Vacancy for 2 years Patrick Reardon (D) 1185 Larry Maggi (R) 1498

#### Zoning Board of Appeals (3 slots)

Marge DeBold (D) 1457 Erik Hesselberg (D) 1106 Susan DeCarli (D) 1297 Margo Chase-Wells (R) 1317 Ken Wendt (R) 1499 Joe Laurenza (R) 1374

**Zoning Board of Appeals Alternate** Rachel Greenholt (D) 1156 Anthony Matterazzo (R) 1487

**Board of Education (3 slots)** Katie Packtor (D) 1253 Jane Baird (D) 1157 Edith H. Pawlicki (D) 1003 Peter Sonski (R) 1460 Jennifer Favalora (R) 1658 Shawna Goldfarb (R) 1525

Party Endorsed by (the candidate is not necessarily registered in that party): D=Democrat, R=Republican, PC=Petitioning Candidate

# **2019 KILLINGWORTH MUNICIPAL ELECTIONS**

# Killingworth election results

These are results from the polling stations on the evening of November 5, 2019 (\* denotes declared winners):

#### **First Selectman**

Cathy Iino (D) 1570 Francesco Lulaj (R) 1191 Robert Sassi (KCP) 72

#### Selectman (2 slots)

Louis Annino, Jr. (D) 1618\* Nancy Gorski (R) 1234 Eileen Blewett (R) 1376\* John Samperi (KCP) 184

#### **Town Treasurer**

Donna Dupuis (D/R) 2674\*

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Tax Collector Michele Nuhn (D) 1664\* Jennifer Torello (R) 1062

**Board of Finance (3 slots)** Rob Rimmer (D) 1479\* Marcel Couture (D) 1415\* Andrew O'Neill (R) 1449\* S. Derek Phelps (R) 1225 Marcella Sassi (KCP) 160 Leo Bombalicki Jr. (R/KCP) 1197 John Psenicnik (KCP) 101

**Board of Assessment Appeals** Carolyn Anderson (D) 1860\*

Planning & Zoning (3 slots) Tom Hogarty (D) 1637\* Thomas Lentz (R) 1701 Write-in candidates: Paul McGuinness (R) 109 John Samperi (KC) 11

Planning & Zoning Alternate (2 slots) Alec Martin (D) 1645\* Michael Drew (R) 1628\*



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November 23rd

Zoning Board of Appeals (3 slots) Charles Martens Jr. (D) 1539\* Benjamin Charney (D) 1539 Bruce Dodson (R) 1448\* Karen Vecchitto (R) 1449\*

**Zoning Board of Appeals Alternate** (2 slots) Stephanie Warren (D) 1564\* Karen Perry (R) 1637\*

**Fire Commissioner** Jennifer Liptak (D) 1278\* Don Offner (R) 1256

#### **Board of Education (3 slots)** Suzanne Sack (D/R) 2380\* Joel D'Angelo (D) 1361\* Nelson Rivera (D) 1335\* Graig Judge (R) 1251 Niralee Patel-Lye (P) 303

Party Endorsed by (the candidate is not necessarily registered in that party): D=Democrat, R=Republican, P=Petitioning Candidate, KCP-Killingworth **Conservative Party** 



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#### Seeing Red-

We are getting to that time of year when the red eyes are out! When associated with sneezing or discharges, it usually something that is a momentary attack of allergies or a dip in the not fully chlorinated swimming pool, a quick trip to the doctor is in order. But, because this symptom can be severe it takes a doctor to make that differential diagnosis. Many of the most serious occurrences of red eye do not have a discharge, and typically the presence of a discharge is more an indication of conjunctivitis, which is not life threatening.

Some serious Red Eye Conditions-

- 1) Corneal Ulcers- most commonly occurs in patients who sleep

from 10:00 to 3:00pm <i>Please bring your own table.</i> Contact MerriAnne: 860-345-3779 or recreation@thesaybrookathaddam.com	<ul> <li>overnight with their contact lenses, but not necessarily. Patients present with blurred vision, pain, and sensitivity to light.</li> <li>2) Herpetic Eye- This occurs mainly in patients with a history of cold sores, lid vesicles, or in patients on immunosuppressant therapy. The doctor will inquire as to presence of symptoms prior to red eye forming, such as pain, numbness or tingling of the eye.</li> </ul>			
Estate Treasures 134 Main Street Ext., Middletown, CT 860-344-0005 Ed Margnelli - Owner - Open 7 Days a Week -	<ul> <li>3) Acute Angle Closure- This is a very severe condition that results in very high intra-ocular pressure, which has potential to threaten vision. You might notice that eye feels hard when pressing against it with lid closed.</li> <li>So by now, you should have made the mental note. If you get red eye- good opportunity to see the doctor, but remember the symptoms.</li> </ul>			
<ul> <li>Home Furnishings, Vintage, Retro &amp; Used</li> <li>Linens</li> <li>Outdoor Furniture</li> <li>Artwork</li> <li>Mattresses; Box Springs &amp; Frames</li> <li>T.V.'s - Electronics</li> <li>Jewelry</li> </ul>	<b>Good Vision Discount</b> 10% off any OTC eye drops. This cannot be combined with any other coupon. Coupon good until December 7, 2019.			
• Appliances • Tools <u>Health Care Equipment</u> Hospital Beds - Lift Chairs - Wheelchairs Walkers - Canes - Scooters - Shower Benches	Hours of OperationTelephone: 860-345-3607Mon-Fri8:30 AM-8:00 PMTelephone: 860-345-3607Saturday8:30 AM-4:00 PMFax: 860-345-3611Sunday9:00 AM-3:00 PMWeb: www.nutmegpharmacy.com			

# A new theater company in Haddam: Blue Fire Stage Company

#### By Sharon Challenger

The latest buzz about town has been revolving around a new theater group here in Haddam, called the Blue Fire Stage Company.

Residents were introduced to cast members recently during the Cell Block Tales Tour at the

historic Haddam Jail. To the delight of the community, Blue Fire Stage actors portrayed various prisoners who were incarcerated in the jail during the 19th and 20th century.

Company members include founders Rebecca Degnan who serves as President, Mark Degnan, Treasurer, Dawn Alger, Secretary, and Officers Melissa Rostkowski and Christa Douyard.

When not working to build a new theater company, Rebecca works as a School Counselor and is the Founder of Shoreline Singers Choral Program. The choir group performs a wide variety of music including Broadway, spirituals, jazz, pop, and classic rock. Their focus is

on bringing people together to create music and develop their musical skills.

Mark works as an Architect, Melissa is an Elementary School Music Teacher, Christa is a Graphic Designer, and Dawn works as an Administrative Assistant.

Having worked in various aspects of theater for several years they all had a dream of creating a theater company of their own where they could share their talent and joy with their community.

For Melissa, the idea of being asked to be a board member of Blue Fire Stage Company was quite thrilling. "I am so happy for Rebecca that this dream of hers is becoming a reality. The educational and performance possibilities for theater lovers living in this area are very exciting."

Christa's theater experience began in High

School where she had opportunities to learn the various aspects of putting on a theater production. She gained further experience later by getting involved in community theater programs where she met Rebecca. For Christa, "Starting Blue Fire Stage Company is like a waking dream... it's a lot of work,



Rebecca Degnan in rehearsal. Photo courtesy of Blue Fire Stage Company.

and it is a bit surreal. I'm excited about our future, I am most excited about our mission to pass on our knowledge and experience to our community's youth."

Realizing the therapeutic value of theater, they set about to develop a

plan to bring their goals to fruition.

They are planning on producing a show next summer which will include older teens and adults. Ultimately, they would like to do a full season of shows for children, teens, and adults.

In addition to producing shows, they plan to offer educational experiences and classes where students of varying ages will be introduced to various aspects of theater. Areas of concentration will be acting, singing, dance, technical theater, and more.

Unlike many community theater groups, Blue Fire Stage plans to offer an Apprenticeship Program which will provide opportunities for students to work alongside theater professionals where they will receive training in the fields of stage managing, props, set design, set building, and pit orchestra

performance. This experience will provide students with skills which they can use in their school productions as well as prepare them for college should they decide to pursue a degree in theater arts.

Theater productions are like team sports where all the players must rely on one another to meet their goals. When performers learn all the aspects of what it takes to put on a show, they make a much stronger team. If you have had to create a prop, you will take much better care of it as an actor, the same goes for costumes, scenery, etc.

Theater offers students opportunities to develop many skills including listening carefully, memorization, movement and coordination, planning, timing, visual acuity, dedication, the ability to work under pressure, respect for deadlines and colleagues, following direction and much more. Students often wonder when they will ever use fractions, but when they work on building a set, or making a costume, they soon understand why knowing the difference between <sup>1</sup>/<sub>2</sub> inch and <sup>1</sup>/<sub>4</sub> inch is crucial. All the skills students can master in theater are easily transferred to any career.

Currently Blue Fire Stage Company is looking for a space where their future classes and productions will be held. It is their goal to find a place locally so they can bring entertainment and educational experiences to our community. A Cabaret fundraiser called "An Evening of Inappropriate Song", is being planned for late February 2020. The proceeds will go towards their summer show and start-up costs.

So "what is Blue Fire?" you may be wondering. "Blue fire" was originally the name of a special effect used in Victorian theatres in which a mixture containing sulfur would be ignited to create an eerie blue glow on stage. The effect astonished audiences at the time, who had never seen anything like it before, hence "blue fire" came to be used to describe anything equally amazing or sensational, or that astounded an audience. (Mentalfloss.com)

Haddam residents will surely enjoy being amazed by this new theater company, and we welcome them to our community!

For more information Blue Fire Stage Company and their future events, check out their Facebook page.



An "escape" during the Cell Block

Tales Tour at historic Haddam Jail.

Photo by Kathy Brown.

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### Jesus Began His Ministry Preaching REPENT AND BELIEVE THE GOSPEL

'The time is fulfilled, and the kingdom of God is at hand. Repent and believe the gospel" (Mark 1:14-15). "Go into all the world, and preach the gospel to every creature. 16 He who believes and is baptized will be saved. But he who does not believe will be condemned" (Mark 16:15-16). "I now send you, 18 to open their eyes and to turn them from darkness to light, and from the power of Satan to God, that they may receive forgiveness of sins....'" (Acts 26:18). St. Paul said, "So, as much as is in me, I am ready to preach the gospel to you also ... " (Romans 1:15).

What is the Gospel? St. Paul said. "...I declare to you the gospel...how Christ died for our sins according to the Scriptures, 4 was buried, [and] rose again the third day ... 6 Then He was seen by over five hundred at once ... " (1 Corinthians 15:2-8). "They said, 'Believe on the Lord Jesus Christ, and you will be saved ... " (Acts 16:30-31).

Turn from your sins! "For My eyes are on all their ways; they are not hidden from My face, nor is their iniquity hidden from My eyes" (Jeremiah 16:17). Jesus said, "...I will send Him [The Holy

Spirit] to you. 8 And when He comes, He will convict the world of its sin ... 9 The world's sin is that it refuses to believe in me" (John 16:7-9 NLT). "He who believes in Him is not condemned; but he who does not believe is condemned already, because he has not believed in the name of the only begotten Son of God. 19 And this is the condemnation, that ... men loved darkness rather than light, because their deeds were evil" (John 3:18-19). "Do not marvel that I said to you, 'You must be born again" (John 3:7). You can be certain of eternal life. You can be sure you're going to heaven.

Pray to God like this: Dear God, I believe Jesus died on the cross to pay for my sins, I repent of my sins and ask Your forgiveness. I accept Jesus as my Savior and Lord, and ask that You make me born again. Thank You God; in Jesus name. Amen.

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н4 November 14, 2019

# In and About The Haddams: Local News November 1919

Selected from the pages of The Middletown Press and lightly annotated by Sally Haase

Moodus, Nov. 1, 1919: The arch bridge begins to put on the appearance of finish and when completed will relieve the large amount of traffic that has been obliged to go on High street and the sawmill road to get to North Moodus.

East Haddam, Nov. 1, 1919: A most enjoyable Halloween party was held for a number of children of the village at the V.I. Hall on Friday. The children surely had a glorious time for the games kept them in a roar of laughter and the costumes were many and varied. The Hall was prettily decorated with orange and black crepe paper, with Black Cats and Jack O'Lanterns.

Middletown, Nov. 4, 1919: That schools teachers should organize for their own uplift and benefit, but should not affiliate with labor unions was one of the statements of Dr. Snedden, of the Teachings College, Colombia University. Dr. Snedden said that there is a certain dignity and standard in the teaching profession, which teachers themselves must uphold. Teachers are public servants, and to the public they owe a loyalty which would keep them from allying themselves with the untrained workers who do not have the highest interest of humanity at heart as teachers themselves are supposed to have. Teachers should be leaders, not followers.

East Haddam, Nov. 4, 1919: W.C. Reynolds has a force of auto trucks and teams delivering coal to his customers. With the barge cargo of 506 tons and a carload by rail and a schooner loaded enroute there seems little danger of a coal famine in this vicinity.

John Louchs, first assistant engineer on a coastwise tow boat, who has been home during the [coal] strike, expects to be called to duty having been notified to that effect.

The concrete foundation for the garage at Nathan Hale Tavern has been completed and the frame will soon be erected under the supervision of George Morgan.

Owing to the lack of ice in this town the local merchants are obliged to secure their supply in Middletown.

Middletown, Nov. 5, 1919: "Dry Pie." From a letter to the Press: The time approaches when we are supposed to gather around the festive board and masticate turkey. I refer to Thanksgiving. One of the standard institutions of Thanksgiving Day has been the mince pie that usually came after the turkey. This year the mince pie will be dry, very dry indeed, for the kick has been removed by war-time prohibition. The 1919 mince pie as served will contain chopped meat, spices, mince apples, a bit of citron, and some orange peel. To give it the necessary kick and flavor "Attar of Roses" or vanilla will be added. Instead of nursing a finicky head the following morning the diners will nurse a grouch.....Your friend, "Beck."



Heat Regulator. Middletown Press.

475-477 Main St.

nineteenth state to ratify the amendment. Only 17 more states are necessary for the suffragists to obtain the necessary 36 states. [Note: Connecticut in not one of the 19.]

Phone 720

Haddam, Nov. 6, 1919: Next Thursday the annual meeting of the board of management of the Middlesex County Temporary Home will be held at the home in Haddam. Mrs. Emma L. Norton, who is recognized as most efficient in the care of the unfortunates who are placed in her keeping, will present her report. At present, there are 65 children at the home. After the meeting, the board will provide a lunch for all visitors. The children also consider the lunch as one of their annual treats, [as] there is always enough first class food left to make up about as nice a feed for the boys and girls as they can desire.

East Haddam, Nov. 10, 1919: Eugene Champion has rented the small building connected with the hotel property formerly known as a tonsorial parlor and is residing there for the winter.

George Ventres, of East Haddam garage, has purchased a new Buick car.

It is reported that a new enterprise in the form of a wood turning plant is to be organized and operated in the creamery building.

Hartford, Nov. 11, 1919: Emil Schutte of Haddam,

Certified Public Accountants &

**Business Consultants** 

Offices located in Killingworth and Shelton

contended that he sold 350 pounds of sugar at the price of twenty cents a pound to H.A. Selden of East Hampton. He was released under bonds of \$2,000; the bail being provided by his wife. [Note: 1919 sugar prices were about seven cents per pound.]

Middletown, Nov. 13, 1919: Jacob Kabatznick, the furniture dealer, purchased the corner of Main street and Rapallo avenue, which building is occupied on the ground floor by R.J. Caldwell's café. The price paid for the property was \$26,000. In contemplation of a modern furniture store, some alterations will be necessary.

Killingworth, Nov. 14, 1919: It is reported that Pine Orchard has secured a new teacher, this being the third since the school year started. [Oh, those Killingworth kids!]

Charles Piersig is out with his auto truck for use in his coal business.

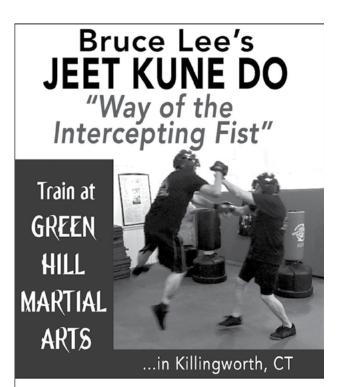
Higganum, Nov. 14, 1919: Walter Kingsland, who has a baking store at the center, has opened up a first class meat market.

The new road to Ponsett is very nearly complete.

Haddam, Nov. 18, 1919: The boat load of coal which has been expected for some time is now at the dock, and teams are busy delivering it at the various homes.

Haddam Neck, Nov. 29, 1919: At the annual meeting of the Grange, the following [were among the] officers elected: master, Leonard Selden; overseer, Erastus Brainerd; lecturer, Mrs. C.G. Crocker; secretary, Mrs. E.G. Clarke; treasurer, Alexander Dallas.

100 years ago, much has changed and, then again, nothing has changed.



Middletown, Nov. 5, 1919: Women suffrage won another victory when Maine ratified the Susan B. Anthony suffrage amendment. Maine is the

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a grocer, was cited to appear before the United States Commissioner to answer to a complaint which charged he profiteered in connection with a transaction involving the sale of sugar. It is

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### HKHS GIRLS SOCCER 2019

Autumn Walton, Morgan Schultz, Hadley Commerford, Mai-Ly Crisicoulo, and Rhianna Phipps. *Photos by Kerrie Parri.* 



# HKHS defeat Valley Regional, become Champions at Shoreline Conference Finals

*By Mike Shea, Coach, HKHS Girls Soccer* 

On Friday, Nov. 8, HKHS defeated Valley Regional 3 to 2 at the Shoreline Conference Finals and became champions.

Final Score: Haddam-Killingworth 3, Valley Regional 2 Goals: HK: Autumn Walton, Hadley Commerford, Yumi Imai, VR: Aval Dual & Ellie Cost Assists: HK: Morgan Madore, Kedarjah Lewis, & Kaitlyin Parri,

VR: Sam Calamari Saves: Sophia Torello 9, VR:

Lexi DellaRocco 14 HKHS advances to the State

Tournament Round 1.



Kaitlyn "KK" Parri.



Yumi Imai.



The time on the clock and score say it all.



HIGGANUM VETERINARY CLINIC 92 Saybrook Road, P.O. Box 598 Higganum, CT 06441 Phone: 860.345.3366 Fax: 860.345.2557

# News WHEN you want it and news HOW you want it

#### By Helen Gaynier

There is so much more behind the newspaper in your mailbox.

Looking back to 2014, a small but varied group of residents organized around the idea of providing unbiased local community news in a timely manner.

An online news website was launched Labor Day weekend of 2014 and community support was overwhelming.

The breadth of the online news and community events covered is an incredible effort by the volunteer editorial staff. The number of articles posted over the past month range from 34 to 42 articles each week. That's anywhere from 5 – 7 new articles every day!

The excellence and variety of the online content is reflected by the number of reader views which has grown daily to 1,300 on average with a best ever day of 3,212! Weekly views are now over 10,000.

Personally, I love knowing that I can get the election results the night of the local elections on line.

This civic minded group also sponsors an annual scholarship to a local graduating senior pursuing a communications related degree.

In November 2016, a print version was launched as a joint effort with East Haddam News and for the last three years, the publication has reached over 9,000 households on both sides of the river.

Remember that all print articles are also posted on Haddam-KillingworthNow. com and due to our limited print space you can find even more information, articles, and community events online. There is a Community Calendar, obituary listings, local sports teams' results, human interest stories, and other archived articles.

In September 2019, the paper expanded circulation to all Killingworth residents. This increased the circulation to over 12,000 businesses and residents. With our intertwined community and involvement with Killingworth, it made sense to expand. We would like to thank our existing and new advertisers for allowing us this oppor-

#### tunity.

If you would like to be involved in this effort there are many ways to participate: send in a letter to the editor, support our local advertisers, take a photo at your child's sporting event and submit it, stuff envelopes, or attend a community event or political meeting and send in a small article. Do you love something? You could write a monthly column. Right now we have monthly features of Food for Thought, Gardening, 100 Years Ago. What is your interest? We are always looking for volunteers. Students who want Community Service or experience to fill out their resume can write to us at Editors@HaddamNews. com and we can work to find the best way to utilize their talents, whether it is writing, photography, or editing.

If you are involved in one of the local organizations please make sure you send any updates, articles, or events to Editors@ HaddamNews.org. No experience necessary and our editors will be happy to help polish your words.

We truly are providing more than just News WHEN you want it but also News HOW you want it.

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# One family's dedication to honoring their relatives



William and Bill Pytlik. Photos by Breanne Pytlik.

#### By Kathy Brown

In 1943, William Pytlik, Sr. began to mow the New Ponsett Cemetery when his mother died. His mother and four other relatives are buried there. Since then, his son William (Bill) Pytlik, Jr. and his grandson Will have also helped. Haddam-Killingworthnow.com spoke with Breanne, William's granddaughter, about their dedication to the cemetery. "It's a family affair to honor my great grandparents and relatives who are buried there," said Breanne. "These two guys make me so proud. The Cemetery Association is very appreciative of them donating their time."



William Pytlik, Sr. on Sept. 18, 2019.

because it was so overgrown. In June of that year, Breanne's family transformed the cemetery. Bill cleared the original roadway and brought up material to repair the road, so that since 2016, you are able to drive up and loop around the cemetery without having to back down. Bill also took down the sign and brought it to a local artist, Joe Cibula, to repaint. The Cemetery Association also had parts of the fence fixed.

"My dad loves spending the quality time with his dad, and loves that it's a way to honor his grandparents and family members," said Breanne. In 2016, Breanne shared the transformation on

social media. And she shared photos again on social media, showing that the family was still at it, and "I just wanted to share that there are little things we can all do in this town to help out."

Sadly, William passed away on Oct. 13, 2019, while this article was being researched and written. Bill mowed the cemetery that afternoon, because, according to Breanne, "that was their routine on Sundays."

### TO THE EDITOR

# **Hooray for Haddam!**

I was so pleased to participate in the community session on the future of Higganum Center Wednesday night. The room was filled to standing room only, the program was well run and the mood was very encouraging. I commend our town leaders for organizing the event and promoting so much participation.

For many years the town has stared at prominent, yet basically empty buildings, and idly watched an unwanted decline in the charm of the Higganum Village area. The mood had become gloomy, but it was wonderful to see such energy and synergy in the room Wednesday night! Not everyone had the same opinions or ideas, but there was real unity and community spirit throughout the large group.

The closing of Haddam Elementary School spawned a lot of negativity that isn't in the true character of our town. It was as if a dark cloud settled over Haddam. What I realized in the meeting though is that the school closure has caused us to join together, face the issues, seek shared solutions and act positively as a town. I think the cloud is lifting and the silver lining is that residents care about our town and are eager to unite to improve it for the future. Hooray for Haddam!

On Sept. 18, 2019, at age 92, William Sr, was still

riding the mower, and his son, Bill, used the push

mower, cut up and removed fallen trees and brush,

picked up headstones that have fallen over, and weed

wacked. Will has helped out, and Breanne's daughter,

In 2016, the cemetery wasn't visible from the road

Kinsley, loved to watch her great grandfather mow

when Breanne went over to bring drinks to them

when they are out there working.

Ed Munster Haddam

### Letters to the Editor

We encourage Letters to the Editor which foster understanding and awareness through discourse. They should be: civil, knowledgeable, factual, and constructive. The letter must include the writer's name, town, and date, and should not exceed 400 words. The editors reserve the final decision on any letters published; frequency of submissions from a single writer or group will be a factor in deciding whether to publish a letter. The editors may also add a short explanation of the writer's position or credentials.

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### **CONTINUED FROM PAGE H1**

# **Emmanuel Episcopal Church: 'Little Church in the Wilderness'**

#### Continued from front page

There was a law at that time in Connecticut in the 19th Century that prohibited the erection of an Episcopal church in or near the center of a town or village- Guilford is an exception. The settlers who came here had their own ideas. They wanted to be free from the strict, severe and authoritarian Church of England. They desired a church where they could worship in their own simple and plain ways. It was then called the Union Church to commemorate the union of North Bristol and North Killingworth Society. Up to then services were held in the schoolhouse on Town Hill.

Bezaleel Bristol gave the lot to the church. Construction began in 1803 and continued, finances permitting,

until about 1817 when the sanctuary was consecrated by the Rt. Rev. John Henry Hobart of New York. Crucial lay involvement began early and continues to this day. The first minister, Nathan Bennett Burgess was engaged for one-sixth of the year. Eventually the parish could afford to have him ten Sundays a year.

In 1869 is was changed to Emmanuel Church. It seats about a 100 people. Over the altar is a single stained-glass window and the only "fancy thing" is a brass candle chandelier, which is only lit during Christmas Eve Service.

The original one, dating from the 17th century was stolen by thieves at some time.

Emmanuel Church has gone through many ups and downs and many diverse congregations over its 200-year history. After enduring a time when the



congregation held so few members that selling the building was considered. But the church was revitalized in the early decades of the 20th Century by the Reverend George B. Gilbert whose ministry was chronicled in his best-selling book, "Forty Years A Country Preacher". It will soon be available again on Amazon.com.

There was no electricity in the church until 1970 and the congregation - and visiting bishops - used the outhouse until 1987, when a parish hall, kitchen, and an indoor bathroom was added. By the way, it is still standing.

Today Emmanuel Church is one of three churches belonging to the Middlesex Area Cluster- Ministry.

Our members come from many social and religious backgrounds and beliefs. We are a diverse group who has one thing in common ... we all have chosen Emmanuel Church as the place to express our faith, receive spiritual nourishment, and spend time together in fellowship. Crucial lay involvement is still and again very important. We are the Church.

To reach out to people in need is a major focus of the Emmanuel congregation. We are providing food for St. Vincent Soup Kitchen in Middletown, collecting peanut butter for the Amazing Grace Food Pantry, participating in out-reach projects at Thanksgiving, Christmas and Easter for those less fortunate than we.

We have a service every Sunday at 10 a.m. at which we sing our hearts out! At the end of Services the children

run out and ring the bell. As history tells us, when the church first became a cluster, a few children wanted to ring the bell. Rev. Brown, then the missioner, told them that at the beginning of services it was to be three rings and at the end many rings and so it developed into a routine - ever changing in the way of when and how many rings.

After that we gather in our Social Hall with coffee and refreshments, made by our members, to share heartaches and happiness and keep in touch with one another. We have a Sunday School for our children, and training for baptism and confirmation.

Our doors are open to all persons of faith and good will who seek a deeper meaning in their lives and strength to cope with the daily challenges and difficulties in today's complex world.

### **CONTINUED FROM PAGE H2**

# Stakeholders gather to brainstorm future of Higganum Center

#### Continued from page H2

and Farmington, Bill suggested the Planning and Zoning Commission have a workshop to start to build consensus for the future of Higganum Center.

His next step was to secure grants with the State Historic Preservation Office. (His success in acquiring the funding was based on the success he had with the Farmington event last year.)

When the grant money was secured, he had to get town approval for the allocation of money to "match" the amount of funds the State approved. This involved acceptance by both the Board of Selectmen and the Board of Finance. With the approval of both boards, the plan was beginning to be set into motion.

The State Historic Preservation Office requires an RFP process to select a consultant firm, and several

evening, were told that the second meeting would provide us with an opportunity to work like town planners and designers. We could collaboratively redesign our town center. Each group was provided with 4 large maps of Higganum center, and supplies such as stickers, markers and tape. In the "design" process we could move buildings around, create bike paths, walking paths, new parking areas, new business, green spaces and housing.

After everyone settled in, we were treated to hot coffee and pastries, graciously provided by Brewed Awakening and Fork in the Road. We were then told about the plans for the morning. There were four tasks to work on, and our teams had a designated amount of time to complete our work.

The first task, "Plan 1" was for members at each table to work together to come up with a plan to "Maximize the Grand List". Things to consider were, parking, where buildings might be relocated, new construction, protecting the soils dedicated for septic expansion, and additions to existing buildings. If new construction was desired, you had to show the location, and designate the parking that would be needed. If the building was to be multiple stories you had to indicate that as well. consider were existing and needed focal points. This plan had to focus on what hiking paths, sidewalks, handicap access, bike paths could/should exist. What could we do to make our center more accessible and a place both residents and non-residents want to visit?

"Plan 4" Was all about "Our best ideas". Each team had to put all their best ideas from the previous plans (Plan 1 - 3) onto the map. The entire team had to agree on everything that was previously decided upon in the final plan. Notes and labels had to be placed on the maps to assist the consultants so they can record all the thoughts people had.

For the final task, each group selected a "presenter" and a "speaker" to communicate their team's plans for the future of Higganum Center. Many

firms were encouraged to submit their proposals. Four groups submitted proposals, and a committee comprised of members from Planning & Zoning, Economic Development, and Save HES, selected Mullin Associates.

Once the funding was in place, and a consulting firm hired, a plan to set up the charrettes had to be put in place. It was decided that the best time to schedule the meetings would be prior to the municipal elections on Nov. 5. The thinking behind this is that the report would provide the new administration with an outline of what the residents of Haddam would like to see happen in the Higganum Center.

The second charrette met on Saturday, Nov. 2, at 9:00 a.m. Ninety residents were in attendance. While not as many people showed up to participate as the first meeting, on Wednesday, we did see new faces who came to join the second meeting.

Excitement was once again in the air and people were eager to see what the process would be like. Participants from the first meeting on Wednesday "Plan 2" was a plan to determine "What do we need to have a lively and vibrant Higganum Center"?

Things to consider were the existing things that contribute to the center.

Questions we had to consider were, "What things would I want to have happen in Higganum Center to make sure I visit there?" and "what things would your kids or parents be interested in?" and "How do private uses and community amenities relate to one another?" What uses, amenities, events, and green features, that are NOT already there, also had to be considered.

"Plan 3" was all about "connections". Things to

wonderful ideas came up as each group shared their visions of the future.

At the end of the meeting one thing was clear, everyone is eager to see some changes, and while we are not in total agreement, there are many things we do agree on.

On Dec. 11, at 6:30 p.m. there will be a final meeting where the consultants will take all the participant ideas and maps and identify areas of consensus and develop final recommendations for implementation.

The charrettes may have not answered all our questions, but they proved that we are willing to come together with bold new ideas for the future of our town. When questions and concerns in a community reach a crescendo, we need to know our cries are not being ignored. Luckily in Haddam we have many wonderful people who work for the town, serve on Boards, Commissions, and Committees, and they are all listening to our concerns. Together, I am confident that we can work to make Higganum Center a place where residents and non-residents alike will enjoy spending time.

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### **CONTINUED FROM H1**

# **Appalachian Trail**

#### *Continued from front page*

the time, to hike the Appalachian Trail. He began his trek on April 8, 2019 in Georgia, and completed it on Sept. 25, 2019 at Mount Katahdin in Maine. According to the Appalachian Trail Conservancy, the average time it takes for thru hikers is "a week or two shy of six months."

And though he began alone, he "hiked with other people I met along the way pretty much the whole time," said James. "The community aspect of the Appalachian Trail was definitely my favorite part. I met a lot of amazing people I'll stay friends with. I can't count how many strangers let me shower and stay in their homes just because they love the trail, not to mention all the folks who volunteer their time and energy to maintain the trail."

"Hiking the entire Appalachian Trail is a grueling and demanding endeavor," said the Appalachian Trail Conservancy website Q&A page. "It requires great physical and mental stamina and determination. The terrain is mountainous for its entire length, with an elevation gain and loss equivalent to hiking Mt. Everest from sea level and back 16 times." James hiked about 16 miles a day on average. When asked what the worst part of the trip was, James responded, "The worst part was walking through Pennsylvania in the hottest part of the summer. I underprepared for a 13 mile section where there was no water aside from streams polluted by agricultural runoff. That day was brutal!"

He said that though rattlesnakes, moose and bears were always surprising, that the "amount of people that came to the road crossing to bring hikers food and beers was also unexpected but amazing." And he was always excited "about getting to eat fresh fruit and vegetables after days of trail food."

When asked what he would do now that he could check that off his bucket list, James said, "I'm moving to Jackson Hole for the winter to work at the ski resort, and snowboard every day."

Haddam News

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## **OBITUARIES**

#### Valerie Rose Hayward

Submitted by Guilford Funeral Home

On Friday, Oct. 25, Valerie Rose Hayward, 77, longtime resident of Killingworth, passed away peacefully at home surrounded by her loving family. Beloved wife of Anthony Hayward, Valerie was of British heritage. She was born in Belfast, Northern Ireland in Nov 1941 where her father was stationed at the end of World War 2. After the war, the family moved to Kensington in London, and subsequently to Maidstone in Kent.

Valerie was a very talented artist, and considered art school, but ultimately chose to follow a calling in healthcare, and graduated from nursing school at Pembury Hospital in Kent in 1964. This was she met her future husband Anthony at her graduation dinner/dance. She married Anthony a year later and moved to Toronto, Canada where Anthony worked for 2 years. Her daughter Amanda was born in Toronto. After returning to England, she gave birth to Jonathan and David, 11 months apart. After Anthony retired from his job in his father's family business, the family moved to the village of Coverack in Cornwall where they ran a seafront guest house for 4 years. Valerie was a wonderful cook and hostess, and with Anthony's help made guests so happy they often returned year after year. Valerie went back to nursing school at Treliske hospital in Truro, Cornwall where she graduated as a state certified Midwife. Anthony also entered the nursing program at Treliske and 2 years after graduation took a position in Lubbock, Texas as an RN. The family joined him 2 years later



and Valerie worked for many years as a health unit coordinator in Labor and Delivery there. Valerie and Anthony subsequently moved to New Haven CT where Anthony worked at Yale New Haven Hospital.

Later they moved to Manitowoc WI where Valerie became a prominent member of the local British Club. After Anthony retired they moved to Killingworth CT to be close to their daughter Amanda. Valerie loved to cook and make flower arrangements for the Church and also sang in the Church Choir. She was

passionate about Dragonflies.

Valerie is survived by her loving Husband Anthony Revall Hayward, daughter Amanda Hayward, her sons Jonathan Hayward (wife Cindy), and David Hayward, four grandchildren, Morgan and Cameron Gharibian, Abigail and Rachael Hayward, sisters Shirley Peters, Elaine Pullan, Jocelyn Peters and Stephanie Winter, and her brothers Malcolm Winter and Maurice Winter. Valerie was predeceased by her sister Beverly Kendall, her father Charles Winter and her mother Rosina Winter (Richardson).

Memorial services will be held at St. Andrews Episcopal Church Madison, Conn. on Sat. Dec. 14, 2019 2019 at 10:00 a.m. Donations may be made in Valerie's name to the Alzheimer's Drug Discovery Foundation, 57 West 57th Street, Suite 904 | New York, NY 10019; https://www.alzdiscovery.org/donate Arrangements in care of the Guilford Funeral Home, 115 Church St, Guilford. To share a memory or leave condolences, visit www.guilfordfuneralhome.com.

### **KILLINGWORTH LIBRARY**

### November programs, events

By Laurie West Prichard,

Killingworth Library Association

The Killingworth Library Association is looking for your Feedback!

The Killingworth Library is seeking input from the local community as it develops its strategic plan, and will be releasing a 9-question survey in mid-November. Links to the survey will be available online and at the library and post office. Responses will be collected from November 15 to December 14, 2019.

#### **Bats in Connecticut**

John Ahearn

860-345-2590

William Riebold

www.higganumseptic.com

Tuesday, Nov. 19, 7:00 p.m. at the Firehouse in Kill-



#### ingworth.

Richard Taylor, Master Wildlife Conservationist supporting the Connecticut DEEP Wildlife team, will be presenting a program on Connecticut bats that will include species and types of bats found in Connecticut, the economic value of bats, bat migration and hibernation, decline and disease, and what the public can do to help bats. The program is free, but advance sign up is required - Please contact the library at 860-663-2000 or visit our website to register: www.killingworthlibrary.org.

#### Killingworth Library's Saturday Story Time

Every Saturday from 10:30 - 11:00 a.m.; Drop in format; no registration required but space is limited.





Reporters: Deb Thomas, Brenda Hunter, Bob Herrmann-Keeling, and Sally Haase

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# **Going Old School: HKMS Pen Pal Project**

#### By Kathy Brown

Pen pals. Just the words evoke an image of times past. Writing letters with pencil and paper and sending it through the US Postal Service. Pen pals have long been used by teachers to practice literacy, and learn about other cultures.

This year, Kaitlyn Sunderland, a Special Education teacher at Haddam Killingworth Middle School, created the Pen Pal Project at HKMS to spark an interest in writing in some of her students in her Academic Support classes. "Many students have associated words like 'hate', 'don't want,' and 'can't' with writing, so I thought that having a pen pal would be a way to get them interested in the art of writing."

Kaitlyn went on to explain that in this age of email and texting, many of her students had never written a real letter, "so we went through the process of how to structure a letter, compose a letter, and address an envelope." Through this process, the students are developing their "writer's voice" and "learning how to transfer ideas and thoughts from their minds onto paper." They start with a graphic organizer to organize their thoughts, and then create a final draft.

The letters are being sent to and from students from a class at the Kevin G. Langan School in Albany, NY, where Kaitlyn worked before relocating to Connecticut. The school is for students who cannot go to their home school district "due to a variety of serious medical reasons," Kaitlyn explained. There are 12 students participating from HKMS, and an equal number from Langan School.

"Students really latched onto this project and became tremendously excited," said Kaitlyn. "It has become a way for students to learn without actually realizing they are working on their reading and writing skills. The students are making connections with others through written language." Getting students excited to write is more difficult than it seems, especially at the middle school level.

The students are not only improving their reading and writing skills, but also "reaching out to another student in order to make a connection by sharing stories and reading about another person's life."

Throughout this school year, the students will continue to communicate through written letters, and write about occurrences in the classroom, as well as holidays, current events, sports, pets, and personal hobbies. "The process has proven to be really fun so far, but also extremely educational for the students," said Kaitlyn. "In fact, they keep asking me when we will be writing our next letters, and of course, they love getting mail!"

If all goes according to plan, the students will Facetime their pen pals at the end of the school year, and there will be an option for students to extend their writing exchange with their pen pals.

Sometimes old methods can bring new energy into the classroom at our schools.

### HADDAM-KILLINGWORTH RECREATION DEPARTMENT

#### Thursday, November 14

HKHS Autumn Band Concert 7:00pm-8:00pm HKHS Auditorium

#### Saturday, November 16

Six Killingworth farms will open their doors from 11 am - 4 pm to the public free of charge for the 3rd Annual Killingworth Fall Farms Tour. Participating farms: Bitta Blue Farm 228 River Rd. (closes at 3 pm), Down the Lane Farm 18 Reservoir Rd., Lavender Pond Farm 318 Roast Meat Hill Rd., Chatfield Hollow Farm 12 Firetower Rd., Leightsinger Farm 293 Route 81, and New England Alpacas 14 Bethke Rd. Handmade items, food, & gifts available at each farm which you may purchase. Demos and treats also! Maps and postcards with addresses of all farms available at each farm. Ample parking. No public restrooms or food vendors. For more information, please email at nealpacas@aol. com or call 860-663-3482.

Higganum Post Office (26 Killingworth Road, Higganum) will be holding a Passport Event from 12:00pm - 2:00 p.m. Passport applications can be downloaded from the web travel.state.gov Bring the following documents to apply for a U.S. Passport Book and/or Card:

• Application—Complete the DS-11 (U.S. Passport Application) form if you are a 1st time applicant, have lost your valid passport, were under the age of 16 when your previous passport was issued, or your most recent passport was issued more than 15 years ago

- Citizenship Evidence—Certified birth certificate (raised seal– long form), Naturalization Certificate or Previous Passport
- Photocopy of Citizenship Evidence
- Identification—Driver's License or State ID (if your ID is from out of state, please bring a second form of ID—work ID, student ID, insurance card)
- Photocopy of Identification—Front and back of IDs
- Passport Photo—Photo services available at event \$15.00

RENEWALS ONLY: Complete the DS-82 (U.S. Passport Renewal Application) form if your passport was issued less than 15 years ago and it is in your possession (any name change must be accompanied by a certified name change document)

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Please see travel.state.gov for fees

#### Sunday, November 17

Get your photo taken with Santa at Nutmeg Pharmacy from 10:00am - 12:00pm

Connecticut River Artisans Cooperative would like to invite one and all to our Holiday Reception. Celebrate with us before the "Holiday Frenzy" takes hold. Join us on Sunday, November 17, 2019 from 1:00 – 4:00 p.m. at 55 Main Street, Essex, Conn.

Meet our artists and crafters. Join us for a libation and all manner of nibbles (we are known for our great food)! See our beautiful shop, made even more beautiful for the holidays. Be sure to peruse our handmade gifts that are sure to please the most discerning recipient. All are created by local artists.

#### Monday, November 18

Haddam Committee on Aging meeting 10:00am - 12:00pm Town Hall Annex

Haddam Board of Finance Mtg. 6:30pm - 8:30pm Town Hall Annex

#### **Tuesday, November 19**

Youth and Family Services of Haddam-Killingworth "Women's Empowerment Group" Classes held at Killingworth Library Oct. 8, 15, Nov. 19 & 26 6:00pm – 7:30pm. Topics discussed include: how to combat negative self-talk, understanding and overcoming the barriers of true self-care, maintaining healthy boundaries, and guided imagery for wellness and stress/anxiety relief. Contact Katy Kennedy Clinical Director & Licensed Marriage and Family Therapist for more information 860 345-7498

The Haddam Lions Club sponsors monthly Setback tournaments at the Haddam Firehouse (439 Saybrook Road, Haddam). Doors open at 6:00 p.m., games start at 6:30 pm. \$10 per person; bring a partner. Light snacks will be provided. BYOB.

#### Thursday, November 21

Haddam P&Z Meeting 7:00pm - 9:00pm

# **Books of hope for challenging times**

#### By Robbie Marshall, Brainerd Memorial Library

If you sometimes feel overwhelmed by angry, grim news, turn to these books to lighten your spirits and restore hope. Chosen by Brainerd Library Friends, staff, and trustees, these fiction and non-fiction titles feature courage, redemption, positivity and insight, and just might make your day.

Pick up a copy of the list [with full descriptions] at Brainerd Memorial Library and check out some of these wonderful titles while you're there!

#### Fiction

All the Light We Cannot See: by Anthony Doerr The Curious Incident of the Dog in the Night: by Mike Haddon [Adult & YA] A Gentleman in Moscow: by Amor Towles Hannah Coulter: by Wendell Berry The Kite Runner: by Khaled Hosseini Major Pettigrew's Last Stand : by Helen Simonson Peace Like the River: by Leif Enger A Prayer for Owen Meany: by John Irving The Orphan Train: by Christine Baker Kline The Secret Life of Bees: by Sue Monk Kidd Women in Sunlight: by Frances Mayes

#### Nonfiction

All the Odes: by Pablo Neruda Almost Everything: Notes on Hope: by Anne Lamott The Blind Side: by Michael Lewis The Book Of Joy: by Dalai Lama and Desmond Tutu The Book of Separation: by Tova Mirvis (Memoir) Born Standing Up: by Steve Martin Braving the Wilderness: The Quest for True Belonging and the Courage to Stand Alone: by Brene Brown A Country Doctor's Notebook: by Mikhail Bulgakoo The Cruelest Journey: by Kira Salak Driving Miss Norma: An Inspiring Story About What Really Matters at the End of Life: by Tim Baeurschmidt & Ramie Liddle Gratitude Diaries: How a Year Looking on the Bright Side Can Transform Your Life: by Janice Kaplan Life in a Jar: The Irena Sendler Project: by Jack Mayer The More of Less: by Joshua Becker The Power of Positive Thinking: by Norman Vincent Peale

The Tattooist of Auschwitz: by Heather Morris

#### Young adult

The Hate U Give: by Angela Thomas I Kill the Mockingbird: by Paul Acampora Labyrinth Lost: by Zoraida Cordova Pay It Forward: by Catherine Ryan Hyde Poet X: by Elizabeth Acevedo The Thief: by Megan Whalen Turner With the Fire on High: by Elizabeth Acevedo

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### **HEALTH / WELLNESS**

### **Adult Mental Health First Aid Training: November** 22-23 in Killingworth

#### By Melissa Ferrara

The Changing Minds Advocacy Group is hosting an Adult Mental Health First Aid training on Friday, Nov. 22, from 4:30 p.m. to 9:00 p.m. and Saturday, November 23, 2019 from 9:00 a.m. to 1:30 p.m. at the Killingworth Firehouse located at 333 Route 81.

The cost for the 8 hour training is \$20.00 and includes the training workbook, certificate of completion, and light meals both days. The training is appropriate for adults 18 years and older and will provide participants with tools to respond to someone who is in crisis, recognize signs and symptoms of a developing mental health problem, and provide an important bridge to care. No prior training or mental health experienced needed to attend. Attendees must attend both days.

To register or for questions, email KSWiley@sbcglobal.net or text/call 860-575-5111, Please provide your full name, phone number, email and town of residence.

### HADDAM FAITH / COMMUNITY

### **HUMC** Coffeehouse/Open Mic Night: November 23

The Higganum United Methodist Church's outreach, intergenerational, audience-participation hot spot invites musicians, singers, poets and comedians to the stage on Saturday, Nov. 23, from 6:00 – 9:00 p.m. Since HUMC opened the coffee house in April of 2012, its stage has been graced by elementary-aged children to senior citizen performers from all over the state and country!! The average number at Soup and Song nights ranges between 20-80, with about a dozen performers. HUMC members and friends supply delicious food and baked goods!

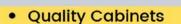
Open Mic: sing, play an instrument, tell a joke or recite a poem, OR just come! FUN for all ages!! And FREE FOOD. Located at 248 Saybrook Road, Higganum.



### LEGAL NOTICES

TOWN OF HADDAM





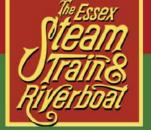
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#### ZONING BOARD OF APPEALS NOTICE OF DECISION

The Zoning Board of Appeals Haddam, Connecticut made the following decisions at their October 29, 2019 meeting:

1. Approval for a variance of front setbacks from 30'to 18' for the purpose of connecting existing house and garage. Property located at map 15/lot 51, 107 Christian Hill Road, Higganum CT. Applicants: Laura and Dan Pittari

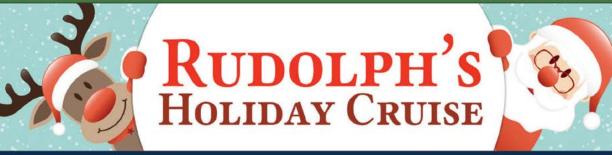
2. Approval for a variance requesting reduction of side setbacks from 20' to 12.1' to allow for new lot for re-subdivision for the purpose of converting a one bedroom apartment into a 3 bedroom residence. Property located at map 63/lot 13, 59 Wig Hill Rd, Haddam CT. Applicants: Ronald and Stephanie Borrelli

The text of the approved amendments is on file in the Town Clerks Office and the Land Use Office.

Zoning Board of Appeals Commission, Haddam CT

The Town of Haddam shall endeavor to post its Legal Notices with the Haddam News publication. In the event that the weekly publication cannot meet the Town's statutory requirements, the Middletown Press or Hartford Courant shall be utilized to meet said statutory deadlines. Courtesy copies will be published to Haddam News that may or may not be timely. The Town's website is: www.haddam.org.

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