

Free haircuts offered in exchange for school supplies

By Editorial Staff

On Sunday, August 18, from 11:00 a.m.-4:00 p.m., there will be four barbers giving free haircuts for students in grades Kindergarten through 12th grade at the Killingworth Firehouse. They are looking for donations of school supplies and/or gift cards for school supplies for Youth & Family Services of Haddam Killingworth.

The YFSHK Backpack Program for the 2019-20 school year serves Haddam-Killingworth students who are in need of assistance to obtain the essential tools to learn in the classroom. When students start off the school year prepared, they are more likely to succeed in school. To register for this confidential program, call 860-345-7498 or email office@hkyfs.

According to Laurie Ruderfer, Executive Director of HK Youth & Family Services, Dillon Zak called the

office and said he had an idea but he wasn't sure how to get started. "It's a wonderful story. He grew up in this community and really wanted to do something to pay it back," explained Laurie. "He asked if we would help, to which we said yes, and helped him secure space."

Along with free haircuts, there will also be face painting, an interactive green screen, and a Nintendo Switch Raffle. All proceeds will be donated to HK Youth & Family Services.

Youth & Family Services introduces new Clinical Director: Katy Kennedy

By Sean Macauley,
Haddam-Killingworth Youth & Family Services

I would like to take the opportunity to introduce to the H-K Community our new Clinical Director here at Youth & Family Services, Kathrine Kennedy. "Katy," as she prefers, is a licensed Marriage & Family Therapist and has 12+ years of experience within an agency setting and private practice. It is funny how I am reminded of how small our world really is with the fact that Katy and I attended graduate school together and began our journeys with mental health at the same time and now our paths have crossed again. She is a tremendous addition to the team and I am looking forward to all that she brings to our community. Please give Katy a call if you have any questions about our counseling department or any inquires at all and you will find out the character to which she has. My departure as Clinical Director is so bittersweet. I adore the people here and the work they do. However, I am confident in the hands I am leaving the work to.

I am incredibly grateful to be joining the communities of Haddam-Killingworth in the capacity of Clinical Director of the Youth and Family Services Agency. I am looking forward to meeting each of you over the next weeks and months and will be happy to make myself as available as possible so that I can be of service to you all!

My professional life began as a teacher, and I was fortunate to work with children from the kindergarten ages through the eighth grade. I enjoyed the classroom, and working with fellow teachers, parents, as well as being involved in all the various school activities. I then moved from teaching to working with young adults and their families who were dealing with a wide variety of presenting issues, neurological impairments, behavioral health diagnoses, as well as social and emotional challenges. This is where I really began to see the critical value of not only working with the person who has the presenting issues but reaching out and being a guide to that person's support group as well. When our loved one is experiencing challenges, we also can benefit from much needed support and guidance!

After I completed my training to become a licensed



Katy Kennedy, new Clinical Director of Haddam-Killingworth Youth & Family Services.

Marriage and Family Therapist, I gained a tremendous amount of experience at United Community and Family Agency, working with families facing a myriad of challenges including substance abuse, illness, grief and loss, family conflict, eating disorders, attention deficit disorder, learning challenges and more, in addition to the normal everyday life stressors that can weigh on all of us so heavily. I was a clinical consultant for a group home, and enjoyed running trainings, particularly focused on trauma recovery, which I continue to use in my practice every day.

For 10 years I was fortunate to enjoy a busy private practice and have worked with individuals from the ages of 4 to 88! This has been a wonderful growth period for me, and I truly believe that I have learned as much as I hope that I have been able to share with these many clients over the years.

I leave private practice to come back to directly working within a community. I am ready to immerse myself in the needs of the Haddam-Killingworth community, and am thrilled to be working with all of the families, schools, and organizations that are so vitally important for a healthy community.

In my personal life, I am a mom to four children ages 8-22, and they certainly keep me on my toes, as do a cat, and two golden retrievers. I'm a terrible gardener, although I have dreams of becoming a decent one, a decent cook and I love my books, which I will always be happy to share.

Again, I look forward to saying hello, and I am most privileged to becoming a part of your community, and I thank you for this opportunity.

Warmly,
Katy

Our Lives, Our Communities: change can lead to something positive

By Katy Kennedy, Clinical Director, Haddam-Killingworth Youth & Family Services

This is the time of year that many of us feel the sense of urgency that can come with impending change. The temperature still says its summer, but there is something so subtle happening, it takes a little bit of effort to notice it.

For many families, school is on the top of the list of transitions to tackle. Whether you are the one going off to college, or now having panic attacks thinking about putting your wee little one on a bus for the first time, this time of year can bring up a lot of emotions.

Sometimes, it is that we are remembering our own school experiences — the good, and often hard times, that growing up brings to each one of us. Being a child in our times is complex, and I think I can most assuredly say that; our children navigate a complicated world of technology and expectations, an onslaught of information and pressures that even adults have a hard time balancing.

What to do in these complex times?

Our towns have undergone some real changes, and as I visit the schools, I am meeting welcoming administrators, teachers, carpenters, para professionals, parents and children alike — all with one goal: "Let's have a great year."

So, for me, an outsider stepping in, I am remarking to myself on the contagious energy I am getting from everywhere I visit. This isn't to say that I am oblivious to the fact that there have been significant changes over the past year. I see that teachers, families, and administrations are working hard to understand what these changes will mean and how best to come together — regroup, prioritize, and step up.

And so, that is a fairly straight forward way to explain what it is that I do for a living. My work is to help people grapple with change, uncertainty, disappointment, as well as the big emotions of excitement, anticipation, and hope. Although we hear over and over all the endless quotes about how change is inevitable, less is said on exactly just how do we manage to deal best with change?

Self-reflection. Ask yourself, "How am I feeling about this particular thing that seems to be bothering me? What feeling is it bringing up? If the feelings are fear/anger/resentment, do I need to be feeling like this? Or are these feelings I might be able to

Continued on page H4

RSD #17 Superintendent Search update

By Joanne Nesti, Chairman,
RSD #17 Board of Education

I wanted to let you know that at its meeting on July 31, 2019, the Board of Education voted to hire Cooperative Educational Services (CES) of Trumbull to be its search consultant in the selection of a new Superintendent of Schools.

The first phase of CES's work will be to develop

a "leadership profile" that reflects the qualities our community views as essential in a new Superintendent. That effort will begin in the next few weeks with an online community survey, along with a series of focus groups involving a wide array of stakeholders from throughout Haddam and Killingworth. These will include, but will not be limited to, parents, teachers, administrators, Central Office and District employees, municipal leaders from both of our communities and other interested parties.

I welcome your participation and hope you will encourage others to take part in the surveys and focus group sessions. Our Board sees this as a great opportunity to engage with our community as we move forward with new leadership in District 17. If you have any questions about this project, please let me know. Thank you.

RSD #17 Superintendent search schedule announced

By Joanne Nesti, Chairman,
RSD #17 Board of Education

The Regional School District 17 Board of Education is seeking public input as it begins the process of filling the Superintendent of Schools vacancy. The Board of Education has contracted with Trumbull-based Cooperative Educational Services (C.E.S.) to help with the search process.

C.E.S. consultants will hold several one-hour focus group meetings in the Haddam-Killingworth Intermediate/Middle School Cafeteria on Tuesday, Aug. 20, and in the Haddam-Killingworth High School Cafeteria on Wednesday, Aug. 21. The focus group discussions will include opportunities for many different constituencies to share ideas that will help C.E.S. develop a proper leadership profile for the next RSD17 superintendent. The focus group schedule, which can also be found on the district website at www.rsd17.org, is as follows:

Tuesday, Aug. 20, 2019 – Haddam-Killingworth Intermediate/Middle School Cafeteria
5:30-6:30 p.m.: All Teachers
7:00-8:00 p.m.: Parents and Community Members

Wednesday, Aug. 21, 2019 — Haddam-Killingworth High School Cafeteria
9:30-10:30 a.m.: Elected Officials
10:30-11:30 a.m.: Parents and Community Members
11:30 a.m.-12:30 p.m.: All Teachers
1:15-2:15 p.m.: All Non-Certified personnel
2:30-3:30 p.m.: High School Students
4:00-5:00 p.m.: All Administrators
6:30-7:30 p.m.: Parents and Community Members

**If one of these assigned times poses a scheduling conflict, please feel free to attend another session.

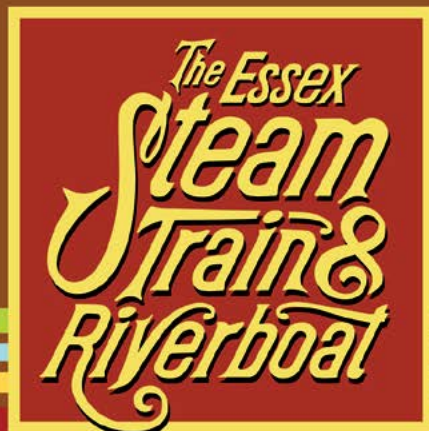
C.E.S. also encourages all RSD17 community members and employees to take an online survey regarding the skills and qualifications necessary to succeed as RSD17 superintendent. The survey can be found at bit.ly/r17 or through a link on the district's website. It will be open Aug. 8-22, 2019.

Focus group and survey data will help C.E.S. create a leadership profile. The profile, which will be posted on the district website, will guide the Board of Education through the search process.

Tom Jokubaitis, who has a long, distinguished career as a school leader in Connecticut, will serve as the chief consultant for the search. The C.E.S. Executive Searches team has placed many successful superintendents, Central Office administrators, and school principals in public school districts across Connecticut.

For more information, visit www.ces.k12.ct.us/searches.

NEW FOR 2019! Hop on board our historic steam train at Essex Station for a scenic ride to Deep River where the festivities begin! The pumpkin patch will be filled to the brim with fall atmosphere that you and your little ones will enjoy. At the patch, each child gets to select a pumpkin of their choosing and have their face painted with a fun fall design. With pumpkin in hand you will re-board the train back to Essex Station where we will have crafting stations for kids to decorate their finds, and apple cider and donuts for all! Tickets are sure to sell quickly, so visit essexsteamtrain.com today to reserve your space for this exciting new event!



Dates: October 19th, 20th, 26th, 27th
essexsteamtrain.com
800-377-3987

Bond ordinance passes

Editor's Note: All relevant Town documents can be found at www.haddam.org. Video of the August 6, 2019 Town hearing and meeting can be found at vsctv.com as well as Channel 19, Valley Shore Community Television.

By Meghan Peterson, PhD

On Tuesday, August 6, 2019, a crowd of about 120 townspeople attended a Town hearing and meeting at the Haddam Volunteer Fire Company Station #1 in Higganum. The standing room-only gathering of residents listened to various Town leaders and officials as presentations were made about one of the primary reasons for the hearing and subsequent vote: authorizing a bond ordinance to fund certain capital plan items and projects previously approved at the annual Town budget meeting on May 23, 2019. At that time, the issuance of bonds totaling \$7,007,250 was approved by voters. Per the Haddam Town Charter, such issuance of bonds requires a vote by the townspeople to authorize a bond ordinance.

Board of Finance (BOF) Chair Joseph Centofanti offered a brief overview of the purpose for the bond ordinance. In basic terms, the bond ordinance is a legal mechanism by which Town capital projects and items are financed. In a municipal or town context, capital items involve long-term (5, 10, 15, 20+ year) items, projects, or plans such as Town vehicles and equipment, road work, and infrastructure. As some examples, Haddam Public Works dump truck acquisitions; Haddam Volunteer Fire Department radio system replacement project; Haddam Neck Volunteer Fire Department parking lot replacement project, Beaver Meadow Road culvert project; Dublin Hill Bridge renovation project; and the Route 154 sidewalk project are identified as capital items and projects, as they signify public safety equipment, infrastructure needs and/or long-term goals. Below, is a table supplying information about the capital projects/items, monetary amounts appropriated for them, anticipated grants, and anticipated bonding amounts:

Capital Projects Identified in Town's 2019-2020 Capital Improvement Budget

Capital Projects	Project Appropriation	Anticipated Grants	Bond Amount
Tylerville Sidewalk Project	\$1,570,000	\$1,250,000	\$ 290,000

Dublin Hill Bridge Renovation Project	2,322,400	1,857,920	114,500
Candlewood Hill Road Reconstruction Project	3,138,600	2,938,600	200,000
Beaver Meadow Road – Culvert Project	670,000	335,000	335,000
Route 154 Sidewalk Project	470,750	400,000	70,750
Road Reconstruction Project	3,675,000	-	3,675,000
Haddam Volunteer Fire Department (“HVFD”) Station 2 Parking Lot Replacement Project	80,000	-	80,000
HVFD Hydraulic Rescue Extrication Tool Replacement Project	90,000	-	90,000
HVFD Radio System Replacement Project	800,000	-	800,000
HVFD Self-Contained Breathing Apparatus Replacement Project	180,000	-	180,000
Haddam Neck Volunteer Fire Department Parking Lot Replacement Project	50,000	-	50,000
Freightliner 1145D Single Axle Truck Acquisition	196,000	-	196,000
Freightliner 1145D Single Axle Truck Acquisition	195,000	-	195,000
Ford F550 All Season Dump Truck Acquisition	109,000	-	109,000
Freightliner 114SD Truck Acquisition	195,000	-	195,000
Backhoe Acquisition	123,000	-	123,000
Freightliner 114SD Truck Acquisition	195,000	-	195,000
Ford F550 All Season Dump Truck Acquisition	109,000	-	109,000

Source: https://www.haddam.org/sites/haddamct/files/events/7-25-19_legal_notice_re_arnett_property_bond_resolution_0.pdf.

At various points throughout the Town hearing, First Selectwoman Lizz Milardo, Haddam Volunteer Fire Company Radio Engineer Scott Larson, Haddam Neck Fire Department Chief Bob McGarry (also running for First Selectman on the Republican

ticket), Public Works Assistant Director Chris Corsa, and Town Counsel Mike Bothelo responded to questions from the public about the bond ordinance.

Discussion, involving at times rapid-fire respectful questions and answer exchanges between town officials and townspeople, lasted for more than hour. Once the hearing portion came to a close, the Town meeting was called to order. Harlan Fredericksen was nominated as moderator from the floor to preside over the Town meeting. During the discussion, questions centered on (but were not limited to): rationale behind bonding for 6 Public Works trucks in one fiscal year; cost of the HVFD radio replacement system; whether other priority items/projects important to the Town and community (for example, the library; social services) would be left out; and what would occur should the townspeople vote down the bond ordinance authorization. Town officials and department leaders spoke about the reality that the Town can no longer kick the can down the road as a mechanism to defer tax increases, as Haddam equipment, roads, and infrastructure are either very old, in disrepair, or functionally non-existent. Moreover, they emphasized that given Haddam's triple A+ credit rating and low-interest rates, the time is now to take advantage of bonding in order to help finance items and projects vital for public safety and infrastructure.

Before it was put to a vote, a resident asked about acquisition of the 12-acre parcel from the Arnett family. Milardo and Haddam Town Planner Bill Warner explained that the Arnetts were donating the land to the Town in lieu of taxes, as the parcel is land-locked by surrounding Town land. Warner highlighted the benefit of open space for the Town. As part of the Connecticut Department of Energy and Environmental Protection Open Space program, the land would be preserved and protected. The townspeople voted a resounding yes to acceptance of the 12 acres into Haddam's open space program.

Next, before a vote was taken on the matter, discussion turned again to the bond ordinance. Several residents made additional inquiries which were promptly answered by Town counsel, BOF Chair Centofanti, and/or First Selectwoman Milardo.

Fredericksen asked Tony Giamei and Ed Schwing from the floor if they would like to be tellers for the vote. Giamei and Schwing agreed and counted the show of hands both for the Yeas as well as Nays.

The bond ordinance authorization passed: 82 to 37 votes.

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The Saybrook at HADDAM

TOWN & COMMUNITY CALENDAR

Please visit www.haddam.org or www.haddam-killingworthnow.com for the most current information, including cancellations, location changes, time changes.

Thursday, August 15

Planning & Zoning Commission Meeting, 7:00 p.m.

Breast Cancer Support Group, 6:00 p.m.

Circle of Strength (a breast cancer support group) meets the third Thursday of each month from 6:00 – 7:15 p.m. at the First Church of Christ (366 Main Street in Old Saybrook). New members are welcome to attend. For information or questions, please contact Suzanne Higgins at 860 388-5784.

Sunday, August 18

Haircuts to benefit HKYFS, 11:00 a.m.-4:00 p.m.

In coordination with HK Youth & Family Services,

four barbers are giving free haircuts to students in grades K-12. There will also be face painting, an interactive green screen, and a Nintendo Switch raffle. At the event, they are accepting school supplies and gift cards for school supplies to be donated to HK Youth & Family Services School Supply Drive.

Monday, August 19

Board of Finance Meeting, 6:30 p.m.

Wetlands Commission Meeting, 7:00 p.m.

Tuesday, August 20

RSD #17 Board of Education Meeting, 7:00 p.m.

451 Route 81, Killingworth

Wednesday, August 21

Registrar of Voters Office Closed

Killingworth Farmer's Market, 3:00-7:00 p.m.

The Killingworth Farmers Market is a family-friendly, open-air market where local farmers bring fresh, locally-grown produce and farm-processed foods to sell directly to you. Our market features fruits, vegetables, mushrooms, baked goods, fish, jams and preserves, juices, honey, meat, cheese, yogurt, ice cream, prepared foods, nursery plants, and flowers.

Thursday, August 22

Higganum Farmer's Market, 4:00-6:30 p.m.

Haddam's Economic Development Commission is sponsoring the Higganum Farmer's Market, which will be held every second and fourth Thursday from June 27, 2019 until October 10, 2019 on the Higganum Green, from 4:00-6:30 p.m.

KILLINGWORTH

Killingworth fire truck being auctioned

By Elizabeth Doyle Disbrow, Administrative Assistant to the Selectmen

A lime-green 1992 Pierce Pumper truck is making the rounds in Killingworth, in hopes of finding a new owner. The truck was removed from service last fall, upon the commissioning of a new state-of-the-art pumper truck.

The truck is in good condition, with just over 30,000 miles, and a Detroit 350 HP Ddec diesel engine which starts without a boost. The Watrous CSU pump, installed in September of 2017, delivers 1500 gallons per minute.

On display in and around town until the August 26, 2019 bid deadline,



the truck is available for inspection by appointment.

The minimum bid is \$5,000, and the "buy it now" is \$10,000. Please see the <http://www.townofkillingworth.com/offices/selectmen.html#notices> for more information.

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Our Lives, Our Communities

Continued from front page

work with positively, so that I can transform those negative feelings into something more productive?" Perhaps there are changes in our lives happening that we really didn't want to happen. What now?

Acceptance. Not a free pass to just give up/give in, but a chance to say, "OK, this isn't what I wanted to see happen, but now that it's here, I need to work with myself and others to see how best to deal with this for the long run."

Action. Changes can bring about a feeling of powerlessness. A lack of control. A lack of voice. This is precisely when we need to dig down deep to find that voice, look for that action, that step we can take, to again, bring us a sense that not only are we participating, we are a part of doing something for the positive.

As the season begins to thrust us, unwittingly into transition, take some time for yourself to imagine the possible. Change can lead to something positive in your life.


COMMUNITY / OUTREACH

Blood drive August 22

By Betty Cernan

The Haddam Volunteer Fire Company Auxiliary is sponsoring a Blood Drive on Thursday, August 22, from 1:00 p.m. to 6:00 p.m. at the Fire House

at 439 Saybrook Road in Higganum. Sandwiches, desserts and drinks will be provided by the Auxiliary. To schedule an appointment, please call 1-800-RED-CROSS (1-800-733-2767) or visit RedCrossBlood.org and enter HADDAM.



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Eat your Vegetables!!!

We can all hear our parents warning us to eat our broccoli or something crazy bad will happen to us. Well, as it turns out they might be right! Don't you just hate that!! As it turns out, Broccoli, along with other cruciferous vegetables have a substance in it called 'sulforaphane'. Researchers have found that sulforaphane reduces the expression of long non coding RNA's (lncRNAs) cells. These lncRNAs were previously thought to be junk DNA, but they have been shown to regulate gene expression, which in English is how genes are turned on or off, and have increasingly emerged as a key player in the development of numerous cancers, including prostate, breast, stomach, and lung cancers.

In one journal article, the researchers found a fourfold reduction in colony formation of cancer cells in human epithelial prostate cells and prostate cancer cells.

The other obvious benefits of eating vegetables are:

- 1) Vegetables reduce the total Glycemic index of our meals, since it fills you up, and conceptually decreases the amount of carbohydrates you would eat,
- 2) Vegetables provide the fiber necessary for proper bowel function, and also help protect against polyps, and anal fissure's,
- 3) Vegetables help to hydrate the skin.

With health care costs increasing, maybe the saying by Socrates-"May your Food, be your medicine, and your Medicine be your Food", be more present in our mind and actions.

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In and About The Haddams: August 1919 – Local News

Selected from the pages of The Middletown Press and lightly annotated by Sally Haase

Middletown, Aug. 6, 1919: Three naval sea-planes flew over the city this morning and attracted much attention. They are stationed at the Middletown Yacht club and will remain here until tomorrow to carry on their recruiting mission. The seaplanes hovered over Middletown dropping circulars with just a hint of the kind of things the folks across the ocean experienced in war times. The plan is to take up all men who enlist here for the naval aviation service and pass the physical examination.

Middletown, Aug. 7, 1919: 2,000 New Haven Road (railroad) voted to go out on strike, as the strike continued to spread throughout the United States today. The railroad men in this city feel that the demand to lower the high cost of living is a just one. They do not demand higher wages if what they do receive can become sufficiently possessed of purchasing power. "What good does it do?" inquired one railroader, "if we get a raise in wages and then find that the cost of food... have gone up correspondingly."

Middletown, Aug. 8, 1919: Some trains have been withdrawn on the Air Line and the Valley Branch. Those that are operating are running on a delayed schedule; the main line trains are running few and far between. An attempt is being made to keep all milk and mail trains running on the old schedule.

Shailerville, Aug. 9, 1919: Mr. and Mrs. M.J. Gifford and nieces are guests at the Rivulet House. [Have you heard of it? Let us know.]

Mr. and Mrs. E. Schutte are entertaining their cousins from New Jersey.

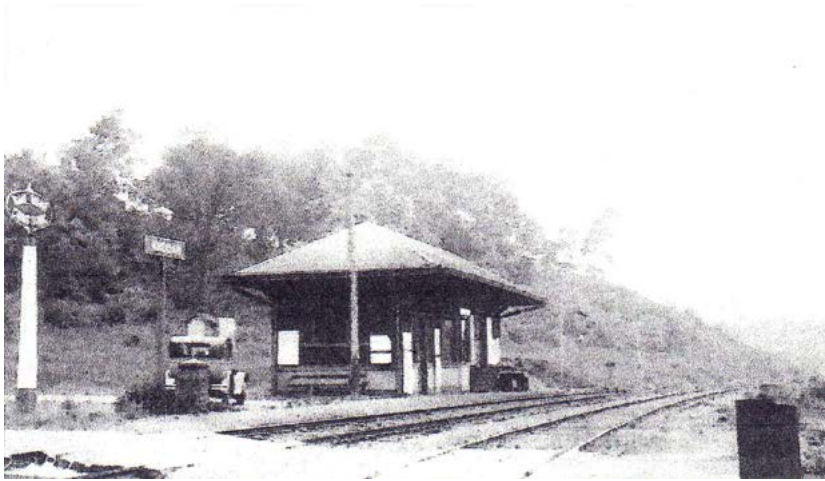
Herman Dittman is substituting as mail carrier for A.M. Clark, who has his annual vacation.

East Haddam, Aug. 11, 1919: Superintendent Robert Bailey of the (swing) bridge is enjoying his vacation in camping in Saybrook. He was accompanied by his family and Captain Adelbert Buell.

A large number of power boats stopped here during the day Sunday, and the parties partook of refreshments at the Riverside Inn and the drug store.

Shailerville, Aug. 12, 1919: "Shady Nook" is enjoying an unusual number of summer people. At one time there were 27 present and this week there are 19 guests. [Another mystery! Anyone know?]

Portland, Aug. 13, 1919: Drug addicts and dope fiends, if there are any, are to be registered and placed under federal supervision. J.M. Manning, a member of the government staff, which is to enforce the new narcotic law, is the organizer for Middlesex county. The federal plan is to supply drugs to addicts in diminishing quantities, until they are gradually broken from the habit. Of course, the identity of those registered will be kept



Haddam R&R Station. Photo courtesy of Haddam Historical Society.

in strict confidence. In New York the campaign has already been commenced with the result that thousands have registered and are daily receiving their quota of dope under federal supervision.

Middletown, Aug. 14, 1919: Claiming that his reputation has been damaged by his employer, Harry Schor, chief clerk in the furniture store of Jacob Kabatznick, has brought suit against Mr. Kabatznick. The suit follows a robbery at the furniture store on which \$364 was taken. Mr. Schor alleges that at the police station and upon the street Mr. Kabatznick accused him of stealing the money. This has been detrimental to his reputation and damaged his credit. His small grocery store on Church street, he alleges, has been hampered considerably in the conduct of his business by these statements.

Middletown, Aug. 14, 1919: Postmaster D.J. McCarthy is making arrangements to handle the expected rush when the sale of surplus army foods opens at the postoffice. When the order blanks arrive the office will open for business, in effort to reduce somewhat the present high cost of living. The clerks at the postoffice will take your order and forward it to Washington. The amount that can be sent through the mails is 125 pounds.

Haddam, Aug. 14, 1919: At the meeting of the Fire District last evening the following officers were elected: President, Charles A. Dickenson; Vice-President, P.C. Arnold; Secretary, H.W. Arnold; Treasurer, A.M. Clarke; Assessor, G.A. Dickenson; Collector, J.C. Russell. There were enough members of the Rural Society present to transact business so they voted to transfer funds to the Fire District to be used for improving sidewalks.

Haddam Neck, Aug. 15, 1919: The tenth annual Haddam Neck Grange agriculture fair will be held as usual this year on Labor Day. Arrangements have been made for transportation of visitors from the west side of the river by ferry and jitney, while automobiles will find the highway between Middle Haddam and Haddam Neck greatly improved by the stretch of new state road. Last year, one of the

attractions was the greased pig race, the poker going by right of capture to a youth from Portland. There will be a fine slippery pig at the fair this year, for some nimble chap "to have and to hold."

Haddam, Aug. 15, 1919: With only eight prisoners at the county jail in Haddam, Sheriff Bert G. Thompson is wondering how he is going to keep things going at the penal institution. Commissioners from all counties at the State County Commissioners reported similar experiences. The discussion was of the decline in

population compared to the "good old times" of highballs, cocktails, and beer, when the saloons were in full swing. The Middlesex County Jail average population in the "wet" days was between thirty or forty. [The Wartime Prohibition Act took effect on 6/30/1919 in an effort to save grain for the war effort, although the war was over by then. In January 1920 social based prohibition began with the 18th Amendment.]

Middletown, Aug. 18, 1919: Postmaster D.J. McCarthy received official advice that no army food would hereafter be available for distribution by parcel post and that all orders already taken are to be refunded to the customers. The notice from the War Department stated that all surplus army food stuff will be turned over to the state Governors for distribution to the municipalities.

East Haddam, Aug. 18, 1919: A party of eight from Wolfe's boarding house on Town Street enjoyed a fishing trip to the Sound on the "Comrade" and caught a nice string of black fish.

George H. Ventres is quite busy these days with his large auto bus which has a seating capacity of twenty and is especially adapted for conveying the campers to and from the camps.

A number from this village visited the Gowen farm in Turkey Hill in quest of blackberries or more properly thimble berries which grows in abundance among the ledges on that place.

Haddam, Aug. 19, 1919: The annual picnic of the members of the Middlesex County Farm Bureau will be held at Field Park. Basket lunches will be carried by those attending and a corn roast has been planned to supplement the dinner.

East Haddam, Aug. 19, 1919: Geo Morgan came near losing a good team of horses, while engaged in dumping a load off the river bank. The neck yoke broke, causing the loss of control of the pole, and the dump cart went over the bank.

Farmers in this town report the potato crop a failure. There seems to be an abundance in each

Continued on page H9





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"...Sin entered into the world, and death by sin; and so death passed upon all men, for that all have sinned" (Romans 5:12). "For all have sinned, and come short of the glory of God" (Romans 3:23). "As it is written, There is none righteous, no, not one" (Romans 3:10). "But God demonstrates His own love toward us, in that while we were still sinners, Christ died for us" (Romans 5:8). "For the wages of sin is death; but the gift of God is eternal life through Jesus Christ our Lord" (Romans 6:23).

"For God so loved the world that He gave His only begotten Son, that whoever believes in Him should not perish but have everlasting life. For God did not send His Son into the world to condemn the world, but that the world through Him might be saved. He who believes in Him is not condemned; but he who does not believe is condemned already, because he has not believed in the name of the only begotten Son of God. And this is the condemnation, that the light has come into the world, and men loved darkness rather than light, because their deeds were evil" (John 3:16-19).

"Believe on the Lord Jesus Christ, and you will be saved..." (Acts 16:31). "These times of ignorance God overlooked, but now commands all men everywhere to repent because He has appointed a day on which He will judge the world in righteousness by the Man [Christ] whom He has ordained. He has given assurance of this to all by raising Him from the dead" (Acts 17:30-31). "Repent therefore and be converted, that your sins may be blotted out" (Acts 3:19). Pray, ask God to forgive your sins, and put your trust in Jesus as your Savior and Lord. Receive the gift of eternal life!

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Haddam Neck Fair comes to town Labor Day weekend

By Dianne McHutchison

Haddam Neck Fair comes to town! Labor Day Weekend: August 30 through September 2, 2019.

The Haddam Neck Fair is celebrating its 108th year and prides itself on being a genuine country and agricultural fair with many events similar to those held over a hundred years ago.

The traditional agricultural events include Cattle and Beef shows, Goat and Sheep judging, Horse, Pony and Oxen pulls, poultry and rabbit exhibits as well as Tractor pulling, Baking contests and entries

of vegetables and flowers, fancy work and canned goods are events open to all ages and skill levels.

The Fair has additional events including Kids Pedal Pull, Horse Show, Photo contest, Spinning and Fiber, Arts and Hobbies Dog agility demonstrations, a Baby Show and a General Store. There is a History Walk around the fairgrounds on Sunday September 1st.

All weekend long there are contests for children and adults, The Farmers Market on Saturday and Sunday and a 5K Road Race on Sunday. There is

live music on Friday, Saturday and Sunday at the Bandstand. In addition, there are rides, commercial concessions, a petting zoo and booths offering information for the general public. Exhibits entries are accepted only on Thursday August 29 from 3:00 p.m. to 8:00 p.m.

The fair opens on Friday, August 30, 2019 at 4:00 p.m. with a Tractor Parade and an opening ceremony with the CT Army National Guard at the flagpole. Additional information is available at the website HaddamNeckFair.com.

It's Fair Season! Here are some upcoming Connecticut fairs

Information from ctvisit.com

Do you love New England fairs and festivals? You can find one pretty much every weekend in the upcoming weeks. Check them out!

Hamburg Fair

August 16-18, 2019

A family-friendly event that showcases may agricultural traditions while highlighting top local talent and entertainment. Enjoy the Milestone Midway carnival rides and games, food concessions, pony rides; entries and exhibits for farm, animal, crafts, fruits, vegetables and more.

Brooklyn Fair

August 22-25, 2019

Come experience the oldest, continuously active agricultural fair in the United States, featuring draft horses, livestock shows, home and garden exhibits, live entertainment, historical displays, special daily events and of course, great food.

Chester Fair

August 23-24, 2019

The Chester Fair is a time honored tradition in a quintessential small New England town that never disappoints. Come see Robinson's Racing Pigs and all the favorites you'd expect, like tractor pulls, frog jumping contests and arts and crafts exhibits.

Haddam Neck Fair

August 30-September 2, 2019

The Haddam Neck Fair is celebrating its 104th year and is known for its family-friendly atmosphere and beautiful setting. The many events offer something for everyone including tractor and truck pulls, horse and oxen pulling contests and a horse show. Animal exhibits and contests, like women's skillet throwing,

are popular. Vendors are on hand to offer vegetables, flowers, canned goods and handmade arts and crafts. There's live music and delicious food, too!

Hebron Harvest Fair

September 5-8, 2019

This major agricultural fair is packed with fun and entertainment including livestock shows, a midway, exhibits, a small-animal barn, arts and crafts, food booths and continuous stage entertainment.

North Haven Fair

September 5-8, 2019

Bring the kids to Old MacDonald's Farm for a kids pie eating contest then visit the animals in the petting zoo. Enjoy live musical performances, agricultural exhibits, arts and crafts and great fair food.

Ledyard Fair

September 6-8, 2019

Country fair featuring midway, stage entertainment, livestock shows, exhibits and much more.

Four Town Fair

Somers - September 12-15, 2019

You'll have one-of-a-kind fun at the four-day, Four Town Fair, one of Connecticut's oldest fairs. See the 20th Annual Antique & Classic Car Show, a rockabilly performance from The Whiskey Rebels and the Fair Parade. Like contests? There's the Doodlebug Drawing Contest, Largest Frog & Frog Jumping Contest, Heaviest Pumpkin Contest and even a Corn Eating Contest. And you won't want to miss the Open Swine Show or the Women's Skillet Throw. It's fun for all!

Berlin Fair

September 13-15, 2019

The Berlin Fair began in 1882 as a Harvest Festival, became a state agricultural fair in the early 1900s, and

remains a much-anticipated event in central Connecticut. The packed schedule includes pie-eating contests, frog jumping, large animal and crafts exhibits and live entertainment throughout the weekend.

Guilford Fair

September 20-22, 2019

The Guilford Fair offers midway rides, games and food, Cattle, Poultry, Sheep & Goats, Vegetables, Baking, Canning, Flowers, Arts & Craft, Needlework and Photography exhibits. Antique tractor Pull and Show.

Durham Fair

September 26-29, 2019

Begun in 1916, the Durham Fair continues its tradition today as Connecticut's largest agricultural fair. With rides and games, tractor pulls, three livestock barns, crafts, exhibits featuring baking, canning, photography and horticulture, and a wide selection of fair food, there's a huge harvest to take in.

Portland Fair

October 4-6, 2019

Signifying the close of fair season, the Portland Fair gives enthusiasts one last chance to experience all the classic fair entertainment, food, exhibits, animals and activities for the year.

Classifieds

Haddam News will print free classified ads for individuals and non-profit organizations. These must be 25 words or less and written in a publish-ready form. Publication is subject to space availability.

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Knowing our History: Connecticut's Purple Heart connections

By Phil Devlin

The first three recipients of the award all hailed from Connecticut – including an ancestor of Winston Churchill.

On August 7, 1782, General George Washington created the Order of the Purple Heart. The first three recipients of the Purple Heart — given by George Washington himself — were all from Connecticut.

The first recipient was Elijah Churchill of Enfield. Born in 1755 in Newington, Churchill was 20 when he joined Connecticut's 8th Regiment as a private in July of 1775. Also known as the 17th Continental Regiment, the 8th fought in many significant battles, including Brandywine, Germantown, and Monmouth. In May of 1777, he re-enlisted in the 2nd Continental Light Dragoons as a corporal and was soon promoted to sergeant. Often broken up into separate raiding units or serving as Washington's personal bodyguard, the 2nd Dragoons played a very important role in the war. It was as a raider from a whaleboat that the carpenter from Enfield, Sgt. Elijah Churchill, was cited for gallantry for attacks upon Fort St. George and Fort Slongo.

During the Fort George assault, Church was part of a group that captured 300 prisoners, destroyed the fort, and burned several cargo vessels belonging to the Redcoats. The Fort Slongo Raid — near modern day Northport, Long Island — produced similar results. As a consequence of these raids, Churchill received the Badge of Military Merit with the following citation:

General George Washington, Esquire
General and Commander-in-Chief of
the Forces of the United States of America, Etc.

That Sergeant Elijah Churchill of the 2nd Regiment of Light Dragoons, in the several enterprises against Fort George and Fort Slongo on Long Island, acted in a very conspicuous and singularly meritorious part; that at the head of each body of attack he not only acquitted himself with great gallantry, firmness and address; but that the surprise in one instance, and the success of the attack in the other, proceeded in a considerable degree from his conduct and management.



Photo from FindaGrave.com.

Now therefore Know Ye, that the aforesaid Sergeant Elijah Churchill, hath fully and truly deserved, and has been properly invested with the Honorary Badge of Military Merit, and is authorized to pass and repass all guards and military posts as fully and amply as any Commissioned Officer whatever; and is hereby recommended to that favorable notice which a Brave and Faithful Soldier deserves from his Countrymen.

After the war, Elijah Churchill, his wife, and eight children eventually moved to Massachusetts. He died there in 1841 and is buried in the Bell Cemetery in Middlefield, Mass. (see photo). One of Sgt. Churchill's great-grandsons from Michigan — a farmer — owned the badge until he donated it to a museum in Vails Gate, N.Y.

The second recipient of the Badge of Military Merit was William Brown. He was born in Stamford in 1759 and joined the 5th Connecticut Regiment in May of 1775 — just after Lexington and Concord. He re-enlisted in April of 1777 and was promoted to corporal two years later and then to sergeant 14 months later. There is no record of his citation, but most believe that the award resulted from Brown's heroic performance in the assault on Redoubt #10 at Yorktown. Brown moved to Cincinnati, Ohio, after the war — a city honoring George Washington and largely settled by those who served with him. He died there in 1808. The exact location

of his grave is unknown, though a commemorative tombstone has been placed there. Though the location of his grave is unknown, Brown's badge was found in a barn in New Hampshire in the 1920s and is currently on display in a museum in Exeter, New Hampshire.

The third Nutmegger to receive a Badge of Merit from Washington was Sergeant Daniel Bissell of East Windsor. Born in East Windsor on December 30, 1754, Daniel Bissell first joined the 8th Connecticut as a fifer. He later re-enlisted as a corporal in the 5th Connecticut and was later promoted to a sergeant. He served as a spy for George Washington, posing as a member of a British regiment headed by Benedict Arnold in the New York area for 13 months. Apparently blessed with a photographic memory, Bissell provided details about the British and maps of battlefields drawn accurately from his memory. Washington gave him the award in June of 1783 — the last of the three badges to be awarded. Bissell's award was lost in a house fire in 1913. He died in 1824 at age 70 in Richmond, N.Y. He is buried in Allens Hill Cemetery there.

Washington's purple Badge of Merit eventually morphed into the Purple Heart Award, the world's oldest known military award. The National Purple Heart Trail appropriately begins in Virginia at Washington's home in Mount Vernon. So far, 45 of the 50 states have sections of roads or highways named to honor this prestigious award. The segment of Route 5 in Connecticut named the "Purple Heart Highway" currently runs from East Hartford up to the Enfield border and appropriately includes recipient Daniel Bissell's home town of East Windsor, as well as the very first recipient of the award, Elijah Churchill, who was from Enfield.

OBITUARIES

Lewis Willard Scranton

According to Legacy.com and The Hartford Courant, Lewis Willard Scranton, age 83 of Killingworth, passed away on Thursday, August 1, 2019.

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NOTICE OF PASSAGE OF ORDINANCE

I, Scott R. Brookes, the duly elected, qualified and acting Town Clerk of the Town of Haddam, Connecticut, HEREBY CERTIFY that at the Special Town Meeting of the Town held on August 6, 2019, the electors and citizens eligible to vote in town meetings of the Town approved the following ordinance:

AN ORDINANCE AUTHORIZING THE ISSUANCE OF BONDS AND NOTES OF THE TOWN IN THE AMOUNT OF \$7,007,250 TO FINANCE CERTAIN CAPITAL IMPROVEMENT PROJECTS

BE IT ORDAINED BY THE TOWN MEETING OF THE TOWN OF HADDAM:

Section 1. It is hereby confirmed that an appropriation in the amount of \$14,168,750 was approved by the Town Meeting upon the recommendation of the Board of Finance for the cost of certain projects identified in the Town's fiscal year 2019-2020 capital improvement budget, including the Dublin Hill Bridge Renovation Project and the Tylerville Sidewalk Project whose appropriation was originally approved as part of the Town's fiscal year 2018-2019 capital improvement budget, in accordance with the following table (collectively, the "Projects"):

Projects	Project Appropriation	Anticipated Grant	Bond Amount
Tylerville Sidewalk Project	\$1,570,000	\$1,250,000	\$ 290,000
Dublin Hill Bridge Renovation Project	2,322,400	1,857,920	114,500
Candlewood Hill Road Reconstruction Project	3,138,600	2,938,600	200,000
Beaver Meadow Road – Culvert Project	670,000	335,000	335,000
Route 154 Sidewalk Project	470,750	400,000	70,750
Road Reconstruction Project	3,675,000	-	3,675,000
Haddam Volunteer Fire Department ("HVFD")			
Station 2 Parking Lot Replacement Project	80,000	-	80,000
HVFD Hydraulic Rescue Extrication Tool Replacement Project	90,000	-	90,000
HVFD Radio System Replacement Project	800,000	-	800,000
HVFD Self-Contained Breathing Apparatus Replacement Project	180,000	-	180,000
Haddam Neck Volunteer Fire Department			
Parking Lot Replacement Project	50,000	-	50,000
Freightliner 1145D Single Axel Truck Acquisition	196,000	-	196,000
Freightliner 1145D Single Axel Truck Acquisition	195,000	-	195,000
Ford F550 All Season Dump Truck Acquisition	109,000	-	109,000
Freightliner 114SD Truck Acquisition	195,000	-	195,000
Backhoe Acquisition	123,000	-	123,000
Freightliner 114SD Truck Acquisition	195,000	-	195,000
Ford F550 All Season Dump Truck Acquisition	109,000	-	109,000

With respect to the amount appropriated for the Road Reconstruction Project (\$3,675,000), the Board of Selectmen (the "Board") is authorized to designate the Town roads based upon the road condition assessment report completed by the Town and other considerations as determined by the Board. The appropriation may be spent for design and construction costs, equipment, materials, site improvements, survey costs, bidding costs, construction administration and inspection expenses, architects' fees, engineering fees, legal fees, insurance, administrative, advertising and printing expenses, consulting fees and related services, net interest on borrowings and other financing costs, and other expenses related to the Projects or their financing. The Board is authorized to determine the scope and particulars of the Projects. The Board may reduce or modify the scope of the Projects, and the appropriation may be spent on the Projects as so reduced or modified. The Board may reallocate the appropriation among the Projects so long as the aggregate amount of the appropriation is not increased.

Section 2. To finance said appropriation for the Projects, the Town may issue bonds or notes in an amount not to exceed \$7,007,250 in accordance with the specific bond allocations for each Project set forth above, provided the Board may reallocate the bond amounts among the Projects so long as the aggregate amount of the bonds and notes is not increased. The bonds or notes shall be issued pursuant to the Town Charter of the Town, including Section 3.7(b) and Section 9.6 thereof, and Chapter 109 of the Connecticut General Statutes, Revision of 1958, as amended (the "Connecticut General Statutes"), and any other enabling acts.

Section 3. The Town may issue and renew temporary notes from time to time in anticipation of the receipt of the proceeds from the sale of the bonds or notes for the Projects. The amount of the notes outstanding at any time shall not exceed \$7,007,250. The notes shall be issued pursuant to Section 7-378 of the Connecticut General Statutes. The Town shall comply with the provisions of Section 7-378a of the Connecticut General Statutes with respect to any notes that do not mature within the time permitted by said Section 7-378.

Section 4. The First Selectman and the Director of Finance of the Town (the "Officials") are authorized to sign said bonds or notes of the Town by their manual or facsimile signatures and to determine the amounts, rates of interest, dates, maturities, dates of principal and interest payments on such bonds or notes, the form of such bonds or notes, the provisions for protecting and enforcing the rights and remedies of the holders of such bonds or notes and all other terms, conditions and particular matters regarding the issuance and securing of such bonds or notes and to execute, sell and deliver the same and all other documents, agreements and certificates related to the sale, issuance or delivery of said bonds or notes, and to provide and/or execute all supporting documentation as may be necessary to accomplish such purposes and to comply with the requirements of the Internal Revenue Code of 1986, as amended, Securities and Exchange Commission Rule 15c2-12, the provisions of the Town Charter, and in accordance with the Connecticut General Statutes and any other applicable provision of law thereto enabling. The bonds and notes authorized hereby shall be general obligations of the Town secured by the full faith and credit of the Town.

Section 5. The Officials are authorized to designate a bank or trust company to be the certifying bank, registrar, transfer agent and paying agent for such bonds and notes; to provide for the keeping of a record of the bonds or notes; and to designate a financial advisor to the Town in connection with the sale of the bonds or notes. The law firm of Updike, Kelly & Spellacy, P.C., Hartford, Connecticut is designated as the attorneys at law to render an opinion approving the legality of such bond or note issue or issues.

Section 6. The Officials are authorized to sell the bonds or notes at public or private sale; to deliver the bonds or notes; and to perform all other acts which are necessary or appropriate to issue the bonds or notes, including, but not limited to, entering into a continuing disclosure agreement pursuant to Securities and Exchange Commission Rule 15c2-12. If the bonds or notes authorized by this resolution are issued on a tax-exempt basis, the Officials are authorized to bind the Town pursuant to such representations and covenants as they deem necessary or advisable in order to maintain the continued exemption from federal income taxation of interest on the bonds or notes, including covenants to pay rebates of investment earnings to the United States in future years.

Section 7. The Town hereby declares its official intent under Federal Income Tax Regulation Section 1.150-2 that project costs may be paid from temporary advances of available funds and that the Town reasonably expects to reimburse any such advances from the proceeds of borrowings in an aggregate principal amount not in excess of the amount of borrowing authorized above for the Projects. The Officials are authorized to amend such declaration of official intent as they deem necessary or advisable and to bind the Town pursuant to such representations and covenants as they deem necessary or advisable in order to maintain the continued exemption from federal income taxation of interest on the bonds or notes authorized by this resolution, if issued on a tax-exempt basis, including covenants to pay rebates of investment earnings to the United States in future years.

Section 8. The First Selectman is authorized, on behalf of the Town, to execute any contracts with engineers, contractors, architects and other persons for the Projects, to apply for and accept state and other grants to finance the appropriation for the Projects, and to execute and file any application or enter into any grant agreement prescribed by the State of Connecticut or other governmental authority. The Officials are authorized to execute and deliver any obligations arising under such grant agreement.

Section 9. The Officials and other proper officers of the Town are authorized to take all other actions which are necessary or desirable to complete the Projects consistent with the foregoing and to issue bonds, notes or other obligations to finance the aforesaid appropriation.

Section 10. The bond ordinance approved by the Town Meeting at its meeting held on May 23, 2019 is hereby replaced in its entirety by this ordinance.

END OF TEXT

Dated at Haddam, Connecticut this 7th day of August, 2019.
Scott R. Brookes
Town Clerk

The Town of Haddam shall endeavor to post its Legal Notices with the Haddam News publication. In the event that the weekly publication cannot meet the Town's statutory requirements, the Middletown

Press or Hartford Courant shall be utilized to meet said statutory deadlines. Courtesy copies will be published to Haddam News that may or may not be timely. The Town's website is: www.haddam.org.



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In and About The Haddams

Continued from page H5

hill, but so small as to be useless for the table.

[Note: Growing up these small potatoes were called pig potatoes as they fed by farmers to the pigs. Today these small potatoes are sold as a premium.]

Hartford, Aug. 21, 1919: Three cases of typhoid fever were reported to the state board of health. Two were from Higganum, 65 and 69 years old, and are in serious condition. These cases are believed to have been contracted at the Plainville camp grounds. The ill Higganum persons were at the Higganum church house on the grounds.

Higganum, Aug. 22, 1919: A third case of typhoid fever was reported to the state, making three from Higganum. Cyron J. Usher died from the results of the disease while his wife Mrs. Usher is very ill. Mr. Usher was a deacon of the Congregational Church and gave liberally to the church and town.

Tylerville, Aug. 23, 1919: The Forty-second Annual Camp Meeting at Camp Bethel is now running full blast with sessions every day. Due to the present social unrest in the world the interest in the camp meeting this year is unusually intense. Many testimonies are heard that these are the last days in the world's history and the second coming of Christ may be expected very soon.

Plainville, Aug. 26, 1919: The Commissioner of Health issued an order closing the Plainville Camp Grounds until further notice. An investigation failed to reveal the exact source of the disease. But it was learned that one man delivered milk in a garbage wagon. It was frequently wet from garbage drippings when used for carrying the milk cans.

Haddam, Aug. 28, 1919: H. Gordon Chasseaud of Brooklyn and Haddam has received the following notice: "By a dispatch of ... His Majesty the King of Belgium has conferred upon you "The Medal of King Albert" in recognition of this high distinction His Majesty has voiced the sentiments of gratitude

of all the Belgium People." Mr. Chasseaud was with the American relief for the distribution of food.

Killingworth, Aug. 29, 1919: The shingling work on the Emanuel Church has been finished and the blinds newly painted, giving the edifice a very trim and neat appearance.

Higganum, Aug. 30, 1919: Owing to lack of support on the part of the townspeople, the Higganum Savings Bank is planning to close its doors on September 28th. The bank is the only savings bank in the state paying 6 percent interest on its deposits and the bank has ample funds. There were but four banks paying 5 percent dividends in 1918 and but two paying 4½ percent on its deposits. The president of the bank, Whitney S. Porter and the secretary, Eugene O. Burr are both residents of Higganum. Other officers were: Frederic Kelsey, Elwyn T. Clark, Ralph E. Thayer and Wm. C. Marble. [The final Bank Commissioner's Report would show that there were only 54 depositors and 0 new depositors in the past year.]

100 years ago, much has changed and, then again, nothing has changed.

Area students graduate from colleges, universities

SCHENECTADY, NY (08/05/2019)– The following area students were named to the 2019 Dean's List at Union College. Comprised annually, the Union College Dean's List honors students who have a grade point average of 3.5 for the entire academic year and meet certain other requirements.

China Campagnuolo, of Killingworth, CT; Campagnuolo is a member of the Class of 2020, majoring in Spanish and Hispanic Studies.

Arnold Moore, of Killingworth, CT; Moore is a member of the Class of 2020, majoring in Leadership in Medicine.

Union College, founded in 1795 as the first college chartered by the New York State Board of Regents, offers programs in the liberal arts and engineering to 2,100 undergraduates of high academic promise and strong personal motivation. Union, with its long history of blending disciplines, is a leader in educating students to be engaged, innovative and ethical contributors to an increasingly diverse, global and technologically complex society.

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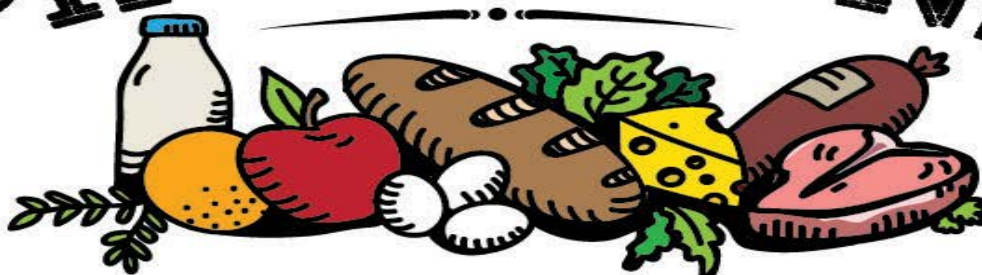
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5K to benefit HKHS class of '94 graduate Corbin

By Dana Maurer

The Butterfly 5k Run for Rachel is being held at Haddam Killingworth High School on Sunday, August 18th, at 10:00 a.m. Rachel (Oberdorff) Corbin is an HK Class of '94 graduate who passed away on May 4, 2019. While a student at Killingworth Elementary School, Rachel was diagnosed with Stage IVb Hodgkins Lymphoma. Although she successfully overcame the disease in childhood, she went on to suffer one health crisis after another as a result of the aggressive treatments

that saved her life. She succumbed to Pleural Mesothelioma in May of this year, leaving behind a husband and two young sons.

The HKHS Class of '94 is sponsoring the 5k to fulfill our promise to Rachel of raising money for her sons' college funds. This is a family-friendly event and all are welcome. Rachel's family will be in attendance, let's show them our community love and support! Rachel's full story, in her own words, can be found here and her final health crises are chronicled on the Facebook page, Butterflies for Rachel.

More information about the run can be found at <https://butterflyrun.weebly.com>

Tired of robocalls? Legislation in the works

From the Office of Joe Courtney, U.S. Congressman, 2nd District, Connecticut

On Wednesday, July 24, the House passed the Stopping Bad Robocalls Act, a bill I co-sponsored to curb the soaring number of fraudulent and abusive robocalls dialed each day to cell phones and landlines in eastern Connecticut and across the United States. Everyone with a phone in eastern Connecticut knows that there's been an uptick in robocalls in recent

years. They're disruptive to people's lives, and they're often malicious, going after the finances, health care information, or privacy of the receiver.

By offering people an effective way to filter these calls out, our bill would help protect the welfare, privacy, and peace and quiet of thousands of people here in eastern Connecticut. The bill also requires the FCC to enact stronger consumer protections to fight back against and punish fraudulent robocallers.

KILLINGWORTH

EMT training course begins August 19

By Clark Judge

The Killingworth Ambulance Association launches its 2019 EMT training course on Monday, August 19, 2019 at 6:00 p.m. at the KAA's headquarters on Route 81. The class will run from Aug.

19 until mid-to-late November, with Monday and Thursday classes running from 6:00-10:00 p.m. and five Saturday courses included. For more information, log on to killingworthambulance.org or contact that KAA at 860-663-2450.

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<http://www.haddamambulance.org>
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Downsizing Demystified: How to Effectively Declutter any Space

Masonicare at Chester Village - STAR Activity Center
August 22, 2019 from 2:00 PM to 4:00 PM

Speaker
Andrew Jambor from Amston Real Estate/Home Transition Solutions

Topics include:

- What is downsizing?
- Where did all of this stuff come from?
- The emotions of downsizing
- How to downsize in 3 simple steps
- Tips on downsizing...and more!

Please RSVP to 860-615-3775

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