

On the road with Haddam Historical Society Tea rooms served region's motor tourists

By Elizabeth Hart Malloy, Executive Director, Haddam Historical Society

Tea rooms gained popularity in the early 20th century and were found in small towns, suburbs and large cities throughout America. They were traditionally run by women who provided home cooked meals in a quiet, comfortable, and homey atmosphere. Most patrons were women although men also frequented tea rooms after their popularity caught on. Tea rooms also catered to motorists who "sauntered" through old New England towns and would stop for simple fare in a tranquil restful place. A 1915 Hartford Courant article on the popularity of tea rooms noted that there was "hardly a town in Connecticut where a tea room is not found in some Colonial House."

Haddam had a number of Tea Rooms dotting the Middlesex Turnpike (now Saybrook Road) in the 1920s though 1940s. These establishments accommodated visitors traveling along the busy roadway from Hartford to the shoreline.

Charles Ingersoll and his wife Nell, occupied the Thankful Arnold House in the first half of the 20th century and kept a tea room in the western most room of the house. The enterprise was called "The Old Red House Tea Room" an allusion to the color of the exterior of the house at the time. An early menu from the establishment shows they served everything from toast to Southern style chicken dinners. A poem about the tea room states that "The Old Red House at Haddam on the central village street, is the place for hungry travelers If they want good things to eat. The



Photos courtesy of the Haddam Historical Society.



roadway stretches onward for many a lengthy mile, so the tired and weary traveler Should stop here and rest awhile."

The Valhalla was located in the Shailerville section of town and operated from the late 1920s into the mid-1950s. A guest book from the restaurant shows that not only locals and Connecticut residents frequented the establishment but it hosted many New Yorkers and visitors from Sweden and Norway. "Valhalla" is from Norse mythology and means the great hall of slain heroes and a place of honor, glory and happiness. The restaurant was run by Norwegian

Continued on page H10

July 18 Planning and Zoning meeting notes

By Melanie Giamei

At the Planning and Zoning meeting of July 18, focus was on Town Planner Bill Warner's presentations: Results of a Public Opinion Survey, and Site Selection for a New Town Garage.

A recent Community Feedback Survey served as the basis for guiding the town in what should be the next steps taken once the town owns the Haddam Elementary School properties (school site and open space parcel.) With a good public response to the survey, it provided a reflection about what should happen next with the HES property. Bill Warner commented that it is important to handle the survey properly. He covered nine questions on the survey by showing results and providing relevant information to aid in future decision-making. He covered possibilities of selling or leasing the HES property, if sold, then at what cost, a community sewer system, new uses of the property, and proceeds from the sale or lease. His recommendations for the next step in the process is to issue requests for proposals as soon as possible, and then to evaluate them.

Mr. Warner took questions from the Planning and Zoning Commission members. The inquiries ranged from Haddam's family of four median income, school maintenance costs, roof condition and costs, the September property transfer of the school and open space, support for proposals, town budget line items and that the town planner would be the one to send

Continued on page H9

In This Issue: Town budget, Page H3 • HHS events, Page H4 • To the Editor, Page H5 • Library events, Page H6



Gracious Living for Mom & Dad. Peace of Mind for You.

The Saybrook at Haddam provides exceptional senior living in the heart of Connecticut.

Call today to learn more about Independent Living, Assisted Living, and Safe Harbor Memory Care, or to schedule a tour.

860-345-3779 • TheSaybrookAtHaddam.com





CONQUER THE CONTOURS OF YOUR LAWN



VISIT US TODAY

REGENT™ LAWN TRACTOR WITH A REDESIGNED LOOK AND UPDATED FEATURES

- New Hood Styling and LED Headlight Bar
- Electric Height-of-Cut
- Updated Tires with Improved Tread Design for Better Traction
- Rear Suspension Offered on Two Models
- Contoured Seat on Suspension Models
- Available Accessories
- Twin Bag Catcher
- Mulching Kit

RMA 460 BATTERY LAWN MOWER

\$449.95

Includes AK 30 battery and AL 101 charger.

PROVIDES QUICK AND EFFICIENT CUTTING - IDEAL FOR SMALL TO MEDIUM SUBURBAN YARDS



STIHL, HUSTLER, SIMPLICITY, ARIENS & SNAPPER



112 BRIDGE RD
HADDAM, CT 06438
860 345-2022
WWW.ALANSCT.NET

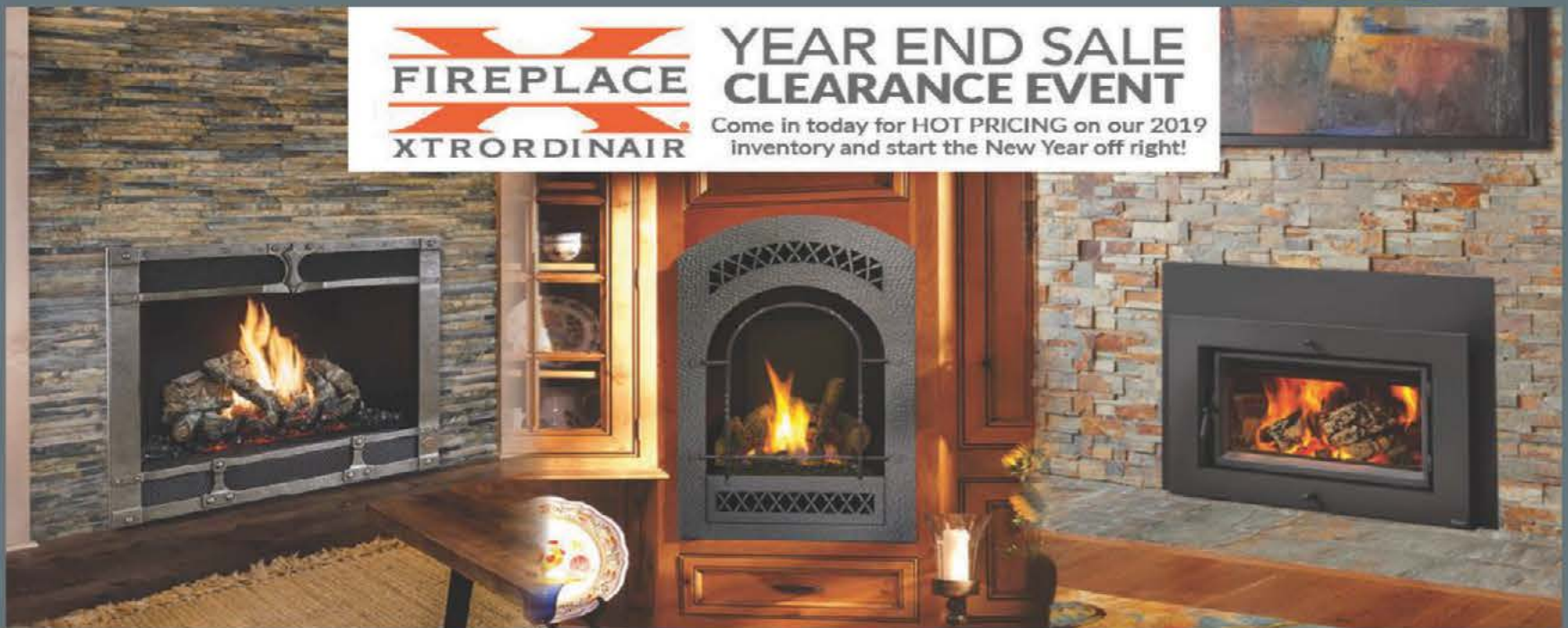
112 BRIDGE RD
HADDAM, CT 06438
860 345-4221

SPECIAL PRICING ON ALL WOOD STOVES & INSERTS IN STOCK



YEAR END SALE CLEARANCE EVENT

Come in today for HOT PRICING on our 2019 inventory and start the New Year off right!



LIKE US ON FACEBOOK!

WOOD | GAS | PELLET | STOVES, INSERTS & FIREPLACES

WWW.FIREWORKSCT.COM



BEFORE

AFTER

Customer Review:

"We bought our house last October and have been hiding our hardwoods ever since. We decided to reach out to River's Edge to get an estimate for the floors, thinking the cost to refinish would be crazy and we would have to save for years. Lucky for us, it was completely reasonable. Louie came out to do measurements within a week and when we were ready to schedule the floors, they happened to have an opening the next week. Loved the process, loved the outcome, and so excited to show off our beautiful hardwoods!"

- Kelsey M. • East Hampton, CT



SAND & REFINISH

CALL TODAY FOR A FREE ESTIMATE
(860)-345-8453

100 Bridge Road
Haddam, CT 06438
www.riversedgehomecenter.com



LIKE US ON FACEBOOK TO STAY UP TO DATE ON ALL OF OUR NEW PRODUCTS AND FURNITURE!

2019-20 Haddam Town Budget dissected

By Editorial Staff

*Editor's Note: Town Budget documents can be found at www.haddam.org.

There has been some confusion in the press about the Haddam Town Budget, and what the actual increase is. See the Letter to the Editor by Maurice Adams, and the Letter to the Editor by Ed Munster on Page H5.

There are two budgets that make up the "Total Budget" – the Town Budget for its work (for example, public safety, public works, and capital improvement), and the Regional School District #17 budget to run the school system in both Haddam and Killingworth. The Town Budget is \$8,271,371, Haddam's portion of the RSD #17 Budget is \$24,153,437, which makes the Total Budget \$32,424,808. Another way to view Haddam's Total Budget is: Town Budget (25.5% of Total Budget) + Haddam's portion of RSD #17 Budget (74.5% of Total Budget) = Total Budget (100%).

The Town Budget is around \$8 million, and Haddam's portion of the RSD #17 budget is around \$24 million. So when someone says that the Town Budget has increased by 11.21%, it's an increase of \$834,050. And when someone says that the RSD #17 Budget is down 1.54%, that's a decrease of \$378,065. When it comes out as a headline that says one budget is up 11% and one is down 1.5%, it might seem like that's an increase of 9.5%, but that simply isn't the way it works since the percentages are calculated on different bases.

"The Total Budget, including the Region 17 budget, and the amount that the tax rate is based upon, increased 1.43%," explains Joe Centofanti, Chairman of the Haddam Board of Finance. "There was no tax increase due to increased revenue estimates [see "Haddam 2019-2020 Budget by Dept" PDF below]. The increased revenues covered the \$455,985 increase in the Total Budget, therefore, there was no increase in the mil rate."

If you want to break down the Town Budget further, look at the subheadings. Public Safety has increased \$122,724, mostly due to fire protection, Public Works has increased \$114,558, Capital Improvement has increased \$195,000, and Debt Service has increased \$557,800. On the other side, General Government is decreasing by \$121,573, Culture & Recreation is decreasing \$26,800, and Health & Human Services is decreasing \$7,659.

Additionally, we have proposed revenue coming in:

Property Tax is projected to increase \$123,268

Intergovernmental Revenue is projected to increase \$234,717

Total Charges for Services is projected to increase \$59,000

Interest Income is projected to increase \$39,000

The total for that revenue is \$455,985, which matches the increase in the Total Budget.

COMMUNITY / ENVIRONMENT

Half of state's communities now participating in Sustainable CT

Sustainable CT, a statewide initiative that inspires and supports communities in Connecticut to become more efficient, resilient and inclusive, has registered its 85th Connecticut municipality, officially reaching a participation rate of 50 percent of the state's cities and towns. These communities are working towards their own unique sustainability goals through this free voluntary certification program.

"We are excited and inspired by reaching this milestone," said Lynn Stoddard, executive director of the program and director of the Institute for Sustainable Energy (ISE) at Eastern Connecticut State University.

"Half of Connecticut's towns, home to 2.1 million residents representing more than 58 percent of our state's population, are working to make our communities great places to live, work, and play," continued Stoddard. "When towns register for Sustainable CT, they send a strong message to their residents and peers that they are committed to making their communities

more sustainable, collaborative and forward-looking. We look forward to bringing more towns on board and working with communities across Connecticut to achieve their sustainability goals."

With input from municipal leaders across the state, Sustainable CT was developed under ISE's leadership in partnership with the Connecticut Conference of Municipalities. To achieve certification, registered Sustainable CT communities work to demonstrate significant achievements in actions in nine sustainability impact areas ranging from thriving local economies and vibrant arts and culture to clean transportation and diverse housing. As a core part of the program, towns must address diversity, equity and inclusion when completing their certification applications. Certification submissions go through a series of rigorous reviews by independent experts and Sustainable CT partners.

"It is inspiring to see such incredible momentum in the second year of the program, and the interest

points to a bright future for the state of Connecticut," said Katie Dykes, commissioner of Connecticut's Department of Energy & Environmental Protection (DEEP) and member of the Sustainable CT board of directors. "As we work to achieve our ambitious state levels goals, Sustainable CT serves as a critical framework for engaging our municipalities and supporting local action."

Fairfield, Glastonbury, Greenwich, Hartford, and Stamford achieved "silver" certification, the highest honor in the program, in 2018. Seventeen municipalities were recognized at the "bronze" certification level: Bristol, Coventry, Hebron, Madison, Middletown, Milford, New Haven, New London, New Milford, Old Saybrook, Ridgefield, Roxbury, South Windsor, West Hartford, Westport, Windham and Woodbridge. More communities are working towards certification in 2019, with an application deadline of Aug. 30. Haddam has been registered as a "participating community" since September 2018.

CHESTER

Shops at the Mill House

5 WEST MAIN STREET 860-322-0699

*Vintage, antique, repurposed and handcrafted goods.
A unique melange of dealer and maker offerings.
New items continually being added to inventory.
Something for everyone!
Come explore and enjoy fun shopping at
the historic Mill House*

f Instagram OPEN WED -SUN 10:30 - 5:30 www.shopsatthemillhouse.com

Marek Construction

EXCAVATING • CONCRETE
SEPTIC TANK PUMPING
SEPTIC INSTALLATION

Vic Marek



860-662-6253

REFLECTIONS CAR WASH

Get Your Summer Shine On!!!
Our Carnuba Wax will Keep your Car Shining all Summer Long

Need a Place to Wash Your Boat?
Our Super Bay is the Perfect Place to Wash Down After a Day On the Water



Use our PRECEPT Presoak In the Self-Serve Bays to Beat the Salt!

Always Open 711 Saybrook Rd. Middletown
860-347-WASH reflectionscarwashct.com

DPA Dzialo, Pickett & Allen, P.C. ATTORNEYS AT LAW

SERVING THE CONNECTICUT RIVER VALLEY & SHORELINE SINCE 1964

- Auto Accidents
- Defective Premises & Products
- Medical Malpractice
- Residential & Commercial Real Estate
- Elder Law & Estate Planning
- Probate Law
- Family Law
- General & Business Litigation

HADDAM RESIDENTS:
ATTORNEY ANNMARIE CIENAVA ROCCO
ATTORNEY D. JEANNE MESSICK

WITH OFFICES CONVENIENTLY LOCATED IN MIDDLETOWN & OLD SAYBROOK

CALL US TODAY FOR A CONSULTATION:
(860) 316-2741
www.dpapc.com

Summer news and events

By Haddam Historical Society Staff

Where Were You on July 20, 1969?

Last weekend we celebrated the 50th Anniversary of Apollo 11 and the first man landing on the moon. Where were you on July 20, 1969?

Lisa Malloy: I was nine years old and literally in the middle of America in Topeka, Kansas. My mother had taken my siblings and me on a cross-country trip in our Volkswagen Bus (with stick on flowers!) and we stopped in Topeka to visit family friends. I remember all of us crowding around the tv, which I am sure was black and white and no bigger than 25 inches, and silently watched Neil Armstrong first step on the lunar surface.

It was definitely one of those "you will always remember where you were when....." moments. Send us your lunar landing story or share on our Facebook page.

Looking for House Tour Volunteers

This fall the Haddam Historical Society is hosting a host a house tour on October 5, 2019 and are looking for volunteers to docent, park cars and general help. If you are interested in working with us please email the office at contact@haddamhistory.org or

give us a call at 860-345-2400.

Still need watering volunteers for Arnold House Garden

Please consider helping out with watering the garden at the museum this summer. Our site has been designated as one of Connecticut's Historic Gardens and we get many visitors from the region who come just to enjoy the gardens. We are asking for a week long commitment and water as necessary depending on the weather. Pots under the arbor do require daily watering if it does not rain. Rest of the summer is open. Just email us at contact@haddamhistory.org or call us at 860-345-2400.

Spencer's Haddam Shad Shack

For the past month a group of volunteers has been working on the iconic Spencer's Shad Shack along Route 154. So far, they have removed overgrowth, faux roof, and deteriorated portions of the building.

Thank You

Thank you to Rob Bradway and Connecticut Valley Railroad for removing a dead tree that hung over the building and a big shout out to John and James Carlson of Pete's Waste Removal of Haddam for loaning

a dumpster. Also thank you to Lorne Goralnik of Lyon & Billard Lumber of Berlin for donating plywood as well as Rod Auclair and Jan Sweet.

If you are interested in helping out, they meet Saturday mornings from 9 to 12 noon. (NOT JULY 20 DUE TO EXCESSIVE HEAT).

Stay tuned for ongoing developments. Thank you to Ron Matulevich and Al Anderson for installing our new exterior sign. Looks wonderful!

Annual Appeal

Our 2019 Annual Appeal letter has been mailed and we hope that you will support the Haddam Historical Society and its programs, collections, museum and gardens.

This year two of our members have stepped forward with a Challenge Grant of \$3,000 in support of annual appeal campaign. If you are a new member, your gift will be matched dollar for dollar. Current members who increase their gift this year will have their increased giving matched. This is our first-ever Challenge Grant and your first-ever opportunity to DOUBLE your gift to the Haddam Historical Society. With your help we can take full advantage of this generous Challenge Grant.

You can make your donation online by visiting www.haddamhistory.org.

Haddam News

PO Box 15
Higganum, CT 06441

Staff and Contact List

Anthony Giamei,
Managing Editor

Kathy Brown,
Senior Editor

Meghan Peterson, PhD,
Composition Editor

Maurice Adams,
Contributing Editor

Reporters:

Deb Thomas, Brenda Hunter,
Bob Herrmann-Keeling,
and Sally Haase

Ed Munster,
Advertising Manager

Businesses interested in advertising in Haddam

News should call Ed at 860-345-2225, or e-mail e.munster@comcast.net.

Businesses interested in advertising in East Haddam News should call Michelle at 860-615-9955 or e-mail sales@easthaddamnews.org.

Send all requests,
content and comments
to: editors@HaddamNews.org

* paper is affiliated with
Haddam-KillingworthNow.com
and the Haddam Civic League



WIESE
Enterprises, Inc.

Firewood
Cut, Split, Delivered

18 Leon Burr Road, Higganum, CT
Jack and Lisa • 860-345-2529

Middletown
Rug Cleaning Co.

Save Gas!
Aerus-Electrolux
Vacuums
Local Sales &
Service

Let us help you with
SPRING CLEANING

15% OFF
All Walk-Ins

We Clean:
Oriental Rugs • Wall to Wall
Upholstery • All Area Rugs

860-345-RUGS (7847)
207 SAYBROOK RD. • HIGGANUM

Working with Mother Nature
for all your
landscapes needs.



860-345-0024
www.IPMLandscapes.com


THE ETERNAL GOD SAYS,
"I Will Never Leave You Nor Forsake You"

"They said to Jesus, 'What shall we do, that we may work the works of God?' 29 Jesus answered and said to them, 'This is the work of God, that you believe in Him whom He sent....I am the bread of life. He who comes to Me shall never hunger, and he who believes in Me shall never thirst... 37 All that the Father gives Me will come to Me, and the one who comes to Me I will by no means cast out... 39 This is the will of the Father who sent Me, that of all He has given Me I should lose nothing...that everyone who...believes in Him may have everlasting life...' (John 6:28-40).

"Jesus spoke to them again, saying, 'I am the light of the world. He who follows Me shall not walk in darkness, but have the light of life'" (John 8:12). "I am the door. If anyone enters by Me, he will be saved...I have come that they may have life, and that they may have it more abundantly. 11 I am the good shepherd. The good shepherd gives His life for the sheep...." (John 10:10). "All that the Father gives Me will come to Me, and the one who comes to Me I will by no means cast out" (John 6:37).

"I am the resurrection and the life. He who believes in Me, though he may die, he shall live. 26 And whoever lives and believes in Me shall never die" (John 11:21-27). Jesus said, "I am the way, the truth, and the life. No one comes to the Father except through Me" (John 14:6).

"I am the vine, you are the branches. He who abides in Me, and I in him, bears much fruit... 6 If anyone does not abide in Me, he is cast out as a branch and is withered; and they gather them and throw them into the fire, and they are burned... 13 Greater love has no one than this, than to lay down one's life for his friends. 14 You are My friends if you do whatever I command you" (John 15:5-14). "...God has said, 'I will never leave you nor forsake you.'" (Hebrews 13:5). "Believe on the Lord Jesus Christ, and you will be saved" (Acts 16:31).

 **Ambassadors for Christ**
P. O. Box 937, Madison, CT 06443
email: EnterTheStraitGate@yahoo.com



DUTCH
LANDSCAPING, LLC
HIC# 0645345

Lawn Care & Maintenance • Mowing/Trimming
Leaves/Blowing/Raking • Gravel Driveway Regrading
Mulching/Edging • Spring/Fall Cleanup
Garden Beds Refreshed • Power Washing • Brush Removal
Gutter Cleaning • Seeding & Organic Fertilizing

CALL FOR A FREE QUOTE TODAY!

PHONE: 860-891-8606
FAX: 860-873-3678
Stacey@dutchoil.com

Is our Haddam Town Budget up 1.3% or 11.21%?

Is our Haddam Town Budget up 1.3% or 11.21%?

And why does it matter? It matters because an understanding of the answer can help our Haddam voters make a more informed decision in the forthcoming proposed \$7mm bond ordinance, August 6th.

Ok, so what is the answer? Mr. Joseph Centofanti, the Chairman of our Board of Finance, said the answer is 11.21%. At the May 23 Town Budget

Meeting, Mr. Centofanti was asked directly about the apparent discrepancies in the proposed town budget (up 1.3% or 11.21%). The question to Mr. Centofanti was: is the correct proposed increase for the Total General Government, also referred to in the Budget as Total Town Budget, is it up 11.21%? His answer: "Yes".

Now, how could there have been any misunderstanding or confusion on this? The Haddam Bulletin of May 2019 ran a lead article by Alan Aronow titled: "Town Budget Review. Government (+11.2%) and School (-1.5%)". Seems pretty clear. But then, Haddam News published on May 16 an article titled:

"Budget hearing: no mil rate increase anticipated, proposed budget up 1.3%". This also seems clear, except that it is in sharp contrast with the Haddam Bulletin's 11.2% increase. What happened?

My analysis, from our Town Budget documents, is that Haddam News used its own terminology of "operating" budget to come up with an increase of 1.3%. This number works only if you exclude two major items from the Budget: that being, Capital Improvement (up 50%) and Debt Service (up 79%). When you add those two significant figures back in, then you get the correct Total Town Budget increase of 11.21%.

Now, would you like to verify this

yourself? (And please do). Here is the process: go online to the Town of Haddam website (haddam.org, Departments, Finance, Budgets, 2019-2020 Adopted Annual Budget, page 10). It's all there – make the effort in order to make an informed decision August 6th. In the interim, newspaper Editors, please ensure your reporters use accurate numbers and specific budget terminology in this very important subject matter.

*Maurice D. Adams, Haddam

Editor's Note: Maurice Adams is a Contributing Editor to HaddamKillingworthNow.com & Haddam News.

Haddam Town Budget explained

The Town Budget document found on the Town of Haddam website uses terms which have very specific meanings. The numbers in the Haddam News article and those in the Haddam Bulletin article by Alan Aronow are all correct. But in both articles precise terms have not been used. This matters because which numbers and how they are described can easily be used to influence people to support the budget and the bond proposal or to reject it.

The HB headline "Town Budget Review. Government (+11.2%) and School (-1.5%)" would imply that town spending is out of control and school spending has finally seen a decrease. So what is the truth?

The "Total Town Budget" as used by the BOF is \$8,271,371 and is an increase of 11.2% (\$834,050) but this does

not factor in the RSD #17 impact on the budget. So this is not the full picture. And we all know that the RSD#17 represents 75% of our town taxes.

To get to the "Total Budget" the impact of RSD#17 must be included in the calculation. Haddam's portion of the RSD#17 budget this year has gone down because of a shift in the school population favoring Haddam. This change (-\$378,065) has to be subtracted resulting in the "Total Budget" of \$32,424,808 and is an increase of \$455,985 or a 1.43% increase. This is a very different picture from the impression of the HB headline.

The 1.3% increase in town operations referred to in the Haddam News article of May 16 is the same number used in the HB article in the chart on Page 11 where it is labeled as "Government Operations." The point here is simply that Haddam's government is a lean operation.

So the next important question is

how do we arrive at a zero mil rate increase. We need to examine the BOF "Proposed Revenue Budget:"

"Total General Property Tax" revenues are projected to be up \$123,268 presumably as a result of increases in the Grand List

"Total Intergovernmental" revenue is projected to be up \$234,717. This is income from the state of CT

"Total Charges for Services" are projected to be up \$59,000

"Interest Income" is projected to be up \$39,000

These projected revenue increases add up \$455,985

"Total Revenue From All Sources" is 32,424,808 which matches the "Total Budget"

So the BOF has a balanced budget because the increase in expected spending is matched by a projected increase in revenue resulting in a zero mil rate change.

I hope this answers the budget questions.

RSD #17 spending is up 1.6% but Haddam's portion of that is down 1.5%. This matters because every yearly increase in RSD#17 spending must by state law be at least matched or increased the following year so Haddam will be impacted in all subsequent years.

*Ed Munster

Editor's Note: Ed Munster is the President of the Haddam Civic League, the parent organization of Haddam-KillingworthNow.com and Haddam News.

Classifieds

Haddam News will print free classified ads for individuals and

non-profit organizations. These must be 25 words or less and written in a publish-ready form. Publication is subject to space availability.

Teri's Package Store

8 Killingworth Rd.
Higganum, CT
860-345-4038

Higganum Wine & Spirits

968 Killingworth Rd.
Higganum, CT
860-345-4070



Owned & Operated by Teri & Chuck Everett

Marissa's Day Spa

A variety of services are offered and customized for each individual client.

Summer is Here!
Don't Miss Out On These Great Deals!

Best Deal of the Summer
Manicure & Pedicure \$35

Bring this ad for a 20% discount on any hair service. Good through 8/31/19.

Men's Haircut w/Style \$15

Color, Haircut, Style \$65

Hi-lights, Haircut, Style \$80

Mini Facial \$25

To schedule your appoint call/text
203.988.9090
206 Saybrook Road, Higganum, CT



Largest Papyrus Card/Gift Store in Middlesex County

Common Nutritional Deficiencies

If we do not consume or absorb a necessary amount of certain nutrients, then significant conditions can develop. Nutritional deficiencies can lead to poor bone growth, skin, nerve, and digestive conditions. Even in the United States, there are population groups that experience severe nutritional deficiencies while world-wide malnutrition has created a significant disease burden.

Vitamin D deficiency, also known as rickets, occurs mostly among elderly, institutionalized or hospitalized persons. There are rare forms of nutritional rickets that are due to a defect in Vitamin D metabolism. But, Vitamin D deficiency is not restricted to elderly, as poor dietary intake and lack of sun exposure affects the young as well. Foods high in Vitamin D are oily fish, fortified milk, and dairy products. The amount of Vitamin D produced by the skin when exposed to sunlight can last twice as long in the body versus ingested Vitamin D.

Iodine deficiency- Iodine replacement is indicated for all patients with iodine deficiency. Normal dietary intake of iodine is 100-150ug/day but pregnant and lactating women require 250ug/day. The first sign of iodine deficiency is thyroid enlargement. Patients with severe iodine deficiency have dry skin, bulging eyes, and inflexible muscles.

Vitamin B-12 deficiency- is usually diagnosed when a patient exhibits symptoms of sore tongue, weakness, and tingling in their extremities. Vitamin B12 deficiency can lead to a severe condition of brain swelling, severe anemia, or congestive heart failure.

Identification of nutritional deficiencies require a doctor's diagnosis, but a good way to avoid such problems is to eat a healthy diet avoiding sugars, salt and excessive fats.

Vitamin Coupon

10% vitamin discount.

Not to be combined with any sales or other coupons.
Coupon expires August 24, 2019.

Hours of Operation

Mon-Fri 8:30 AM-8:00 PM
Saturday 8:30 AM-4:00 PM
Sunday 9:00 AM-3:00 PM

Telephone: 860-345-3607
Fax: 860-345-3611
Web: www.nutmegpharmacy.com

August activities & events at BML

By Laurie Gardner and Marissa Lehmacher, BML

ADULT PROGRAMMING

Gaming Q and A

Do you want to learn about the video games your child is playing, but don't know where to start? On August 7, 2019 6:00 - 7:00 p.m., come join a real gamer for a night of questions and answers about today's most popular titles. Learn what's really in a game's age rating and what to look out for, plus everything you need to know about loot boxes. Discover the pros and cons of games like Fortnite, learn about family-friendly and microtransaction-free titles, and even try out a Nintendo Switch! Handouts of useful information will be provided.

Family Game Night

Unleash your inner child at our family game night on Wednesday, August 14, 2019 from 6:00 to 8:00 p.m. Take a walk down memory lane with classic board games such as Trivial Pursuit, Sorry, Boggle, Connect Four, and Life. Or, learn thrilling new games such King of Tokyo, Settlers of Catan, Exploding Kittens, Forbidden Island, and Code Names. Games from ages 2 to 102 will be available. Refreshments will be supplied. Come and get your game on!

Music on the Lawn with Kate Callahan

Saturday, August 10th 6:30 p.m.

Connecticut's 16th State Troubadour, Kate Callahan is one of the most

awarded songwriters in the state receiving the Woman of Character from the Hartford Courant, Best Singer-Songwriter in Connecticut from the CT Now readers poll in 2017 and Artist of the Year in 2014 from the Greater Hartford Arts Council. She gives a concert of compelling original folk music plus songs by Leonard Cohen and Bob Dylan. Kate Callahan has shared the stage with songwriters Judy Collins, Noel Paul Stookey from Peter, Paul and Mary, the late Bill Morrissey and Aztec Two Step. She is unapologetically optimistic in concert, singing original songs about the Earth, marriage, gratitude, love and spirit. Noel Paul Stookey (Peter, Paul & Mary) says that Kate's songs are "Zen-Like."

Registration is not required for programs unless specified in the description.

CHILDREN'S PROGRAMS

Preschool Storytime

Preschool Storytime takes place every Tuesday at 10:30 a.m. Join us for themed stories, songs, finger plays, and crafts. Appropriate for children ages 2 to 5, but siblings are always welcome.

Saturday Storytime

Can't make preschool storytime during the week? Join us on the first Saturday of every month at 10:30 a.m. for stories, songs, finger plays, and crafts. Appropriate for children ages 2 to 5, but siblings are always welcome.

Music with Margie

Margie takes a break for the summer but will return in September. Stay tuned!

Toddler Tunes

Toddler Tunes is a music and movement program for toddlers and their caregivers. Join us to sing nursery rhymes, dance, make music, and read a simple story. Tuba Kelly brings a different musical instrument each week. Get ready to hear the guitar, saxophone, trombone and, of course, her signature tuba! In August, Toddler Tunes will meet every Thursday at 10:30 a.m. Appropriate for children ages 1 to 3, but siblings are always welcome.

LEGO™ Club

Like playing with Legos? Come build with us! Each month will feature one unique theme and one free build. Lego creations will be put on display until the next session. Lego Group meets on the 1st and 3rd Tuesdays of every month from 5:00 to 6:00 p.m. Appropriate for children ages 5 and up.

Puzzle Club

NEW PROGRAM! Come put your skills to the test with challenges such as tangrams, pentominoes, and word puzzles. Stimulate your brain, sharpen your problem-solving skills, and learn effective strategies to impress your friends in Tetris. Puzzle club meets on 2nd and 4th Tuesday of each month from 6:00 to 7:00 p.m. Appropriate for ages 8 -12.

Gaming Q and A

Do you want to learn about the video games your child is playing, but don't know where to start? On August 7th at 6:00 p.m., come join a real gamer for a night of questions and answers about today's most popular titles. Learn what's really in a game's age rating and what to look out for, plus everything you need to know about loot boxes. Discover the pros and cons of games like Fortnite, learn about fami-

ly-friendly and microtransaction-free titles, and even try out a Nintendo Switch! Handouts of useful information will be provided.

Family Game Night

Unleash your inner child at our family game night on Wednesday, August 14th from 6:00 to 8:00 p.m. Take a walk down memory lane with classic board games such as Trivial Pursuit, Sorry, Boggle, Connect Four, and Life. Or, learn thrilling new games such King of Tokyo, Settlers of Catan, Exploding Kittens, Forbidden Island, and Code Names. Games from ages 2 to 102 will be available. Refreshments will be supplied. Come and get your game on!

Dancin' With Hoops Summer Reading Finale

Join Judi Jones a.k.a. "Energizer" on Wednesday August 21st at 6:00 p.m. for a night of musically-fueled interactive hula hooping on the Brainerd Library Lawn. Hoop dancing ignites creative movement, dance, exercise, self-expression and cooperative play. Participants will learn basic waist hooping, tricks, and on-and-off body moves. Custom hula hoops will be available for use. All ages welcome to participate. Custom hoop giveaway at the end! Ice cream social to follow! Registration not required. Rain date: August 22nd at 6:00 p.m.

TEEN PROGRAMS

Teen Advisory Board

Is taking a break for the summer and will return in the fall. Stay tuned!

Summer Activities- A Universe of Stories

Don't forget to stop in the NEW Teen Lounge, downstairs off the Community Room this summer for activities and crafts based on our Summer Reading Theme- "A Universe of Stories"! Check our website and social media for the most up to date info.



RiverQuest *Come Join us Aboard*

Relaxing Public and Private Cruises

Daytime, Sunset, Birding, Private Company or Family Outings and more....

Departure from Eagle Landing State Park off Rt 82, Haddam
Across the Connecticut River from the Goodspeed Opera House

Information and Booking: ctriverquest.com • 860-662-0577

Creative Cakes
By Donna

Award Winning!



if you can dream it...we can do it!

860.345.8847 • Call Us For Samples!
www.cakesbydonna.com

YORK

TREE SERVICE
HIGGANUM, CT LLC

860-754-7007

Tree Removal • Stump Grinding • Chipping
Brush Hogging/Clearing • 75ft Bucket Truck Service
Emergency Storm Work • Snow Plowing

860-754-7007

FULLY INSURED/LIC #HIC0648142
Garrick York, owner

David Scovel Higganum
Free Estimates Insured

Hate Dirty Windows?
We Love 'em!

Window Cleaning
Power Washing
Roof Cleaning
Solar Panel Cleaning

860.301.2807
david@ICanDoWindows.com
I Can Do Services, LLC

servicing Higganum/Haddam and surrounding towns.

Higganum Heating

Offering Automatic Oil Deliveries
Price Protection Programs
Service Plans and more.

Visit our website at www.higganumheating.com
or call our office at 860-345-4401.

CT Lic. #51-303161 HOD #1085

10% OFF
with this coupon

Relax and rejuvenate with an amazing massage!

Book your appointment online at www.personalmassage.net
415 Killingworth Rd., Higganum, CT 06441
PH: 860-707-7370
www.personalmassage.net | contact@personalmassage.net

August events at The Buttonwood Tree

By Anne-Marie Cannata McEwen,
Executive Director, The Buttonwood Tree

Acoustic Open Mic with Bob Gotta
August 1 @ 7:00 pm – 9:00 pm \$5

Join us for the oldest continually running Open Mic in the State of CT!! Hosted by the congenial Bob Gotta. Buttonwood offers a Steinway piano, full sound system, beverages and snacks and a friendly community.

Hearing Voices Network
August 2, 9, 16, 23, 30 @ 12:30 pm – 1:30 pm
Free event, hosted by Jessica Miller.

If you hear voices, see visions or have similar sensory experiences – you're not alone. Despite being relatively common, many people who hear voices, see visions or have similar experiences feel alone. Fear of prejudice, discrimination, and being dismissed as 'crazy' can keep people silent. People of all ages and backgrounds can hear voices at some point in their life, for many different reasons. Whilst some are distressed by their experiences, people can – and do – find ways of living with them. We focus on helping to create respectful and empowering spaces, whilst challenging the inequalities & oppressive practices that hold people back. Find out more at <https://www.hearing-voices.org/>

Story City Troupe
August 2 @ 8:00 pm – 10:00 pm \$10
This month's theme is "Paper".

The Buttonwood Tree is proud to host storytelling troupe Story City for a recurring "Moth Style" storytelling event, on January 4th, from 8 – 10 pm
Story City is a troupe of storytellers based in the

Hartford, CT area and mentored by Matt Dicks, one of The Moth's champion storytellers. Story City Troupe uses The Moth Formula: all are true, personal stories, often funny, sometimes amazing, poignant or ironic and based on a single theme for the evening. The troupe members range in age from their 20's to their 70's, proving you can come up with a good story at any age. You'll laugh, you'll cry, you'll identify!

Eliot Lewis
August 3 @ 8:00 pm – 10:00 pm \$20 (Reservations suggested)

Eliot Lewis, independent artist and multi-instrumentalist, has been performing sold out shows all over the world and is currently a member of the legendary duo, Daryl Hall & John Oates. Eliot is a featured musician on the award-winning web series and now weekly TV show "Live From Daryl's House" now in full rotation on the Palladia Music channel, VH1 as well as several other networks. He has also performed on some of the most prestigious stages in the world including the legendary Hollywood Bowl, Japan's Budokan Arena as well as performing on The Voice, Conan O'Brien, Today Show, Jimmy Kimmel and many others. Eliot has also been blazing his own trail all along as a highly prolific solo artist. Performing all over the country with his unique "one-man" band show that incorporates all of the instruments he plays. Having mastered five instruments over the course of his distinguished career, Eliot has written, performed and produced several solo albums including his latest "Enjoy The Ride." A serving of guitar-focused classic rock & soul.

Nefesh Mountain (Bluegrass)
August 9 @ 8:00 pm – 10:00 pm \$15

Nefesh Mountain is the place where American Bluegrass and Old-time music meet with Jewish Heritage and tradition. Band leaders, genre-pioneers, and husband and wife, Doni Zasloff and Eric Lindberg, are the heart of this eclectic offering, and share their love for American music, their own cultural heritage, and each other with audiences throughout the world. Their music resembles newgrass with influences from Bluegrass, Old-Time, Celtic, and Jazz, they also play and sing songs of the heart creating music with a sense of diversity, oneness, and purpose for our world today.

HannaH's Field
August 10 @ 8:00 pm – 10:00 pm \$10

HannaH's Field brings love, spirit, and organic fresh flavor to the people with their "modern hippie Rasta folk". In a time where connections are made with clicks and tweets, their songs encourage people to lead with their hearts and love their brothers. If you were old enough to be at Woodstock or young enough and wish you were, give this album a listen. Or join the band when they play Yasgurs Farm this summer – the original site of Woodstock. Either way, you won't be disappointed and you'll be supporting your inner Revolutionary Soldier!

Waberi Jordan
August 16 @ 8:00 pm – 10:00 pm \$12

More than a beautiful voice and a guitar, Waberi performs music that is reflective of a complex narrative, gently sculpted around jazz, blues, and her own style that makes Jordan highly sought after as a featured vocalist and collaborator. Some of the most innovative and exciting new musicians, from multiple genres, has garnered Waberi a swiftly growing

Continued on next page

TOWN & COMMUNITY CALENDAR

Please visit www.haddam.org or www.haddam-killingworthnow.com for the most current information, including cancellations, location changes, time changes.

Tuesday, August 6

Public Hearing, 6:30 p.m.
Town Hearing, 7:00 p.m.
Regional School District 17 Board of Education Meeting, 7:00 p.m.

Wednesday, August 7

Registrar of Voters Office Hours, 9:00 a.m.-1:00 p.m.
Killingworth Farmer's Market, 3:00-7:00 p.m.
The Killingworth Farmers Market is a family-friendly, open-air market where local farmers bring fresh, locally-grown produce and farm-processed foods to sell directly to you. Our market features fruits, vegetables, mushrooms, baked goods, fish, jams and preserves, juices, honey, meat, cheese, yogurt, ice cream, prepared foods, nursery plants, and flowers.

Thursday, August 8

Higganum Farmer's Market, 4:00-6:30 p.m.
Haddam's Economic Development Commission is sponsoring the Higganum Farmer's Market, which will be held every second and fourth Thursday from June 27, 2019 until October 10, 2019 on the Higganum Green.

Monday, August 12

Board of Selectmen's Meeting, 6:30 p.m.

Free Estimates • No Job Too Small Over 25 Years Experience
Licensed & Insured E-1#103344



com electric, llc
Total Electrical Services
I WILL call you back!

Chip Frey • 860-345-4123 • 203-410-8258 • chipfrey@comcast.net



Riebold Sanitation, LLC
Septic Tank Pumping • Real Estate Inspections
Septic Repair and Installation • Neighborhood Discounts on Pumping
Family owned and operated for 3 generations from Fred to Richie to Eric since 1947
Higganum, CT 860-345-2708
rieboldsanitation@yahoo.com rieboldsanitationllc.com

Jack's COUNTRY RESTAURANT

Join us for Breakfast!

Hours
Monday thru Friday 6am to Noon
Saturday & Sunday 7am to Noon

26 Killingworth Road, Higganum
860-345-4446
www.JacksCountryRestaurant.com



MAWC, LLC Certified Public Accountants & Business Consultants



Tax Planning and Preparation for Businesses and Individuals
Estate and Retirement Planning
Auditing and Accounting

860-663-0110
203-925-9600
www.MAWCcpas.com

Offices located in Killingworth and Shelton

August events at the Buttonwood Tree

Continued from previous page

international audience from Los Angeles and New York to UK, France and Amsterdam.

Teen Open Mic

August 17th, 3-5 pm, \$5 (3rd Saturdays)

Be a part of Buttonwood's first open mic specifically for performers ages 12-18. Perform any type of art and bands are welcome. Call for details. Whether it is your first time performing or you are an experienced musician, poet, or artist, The Buttonwood Tree is a positive, supporting environment for teens to perform. Funded in part by the Community Foundation of Middlesex County and Middletown's MCA. Caroline Sechrist hosts.

The Gibbones

August 17 @ 8:00 pm – 10:00 pm \$15

This Texas Americana husband and wife duo have been touring nationally for four years by way of House Concerts, Listening Rooms, and Small Theatres. Standing apart from the typical duo, they provide a captivating and engaging musical experience, with unique instrumentation, soulful vocals, and rich harmonies that deliver an unexpectedly large sound, all the while weaving their message of community and resilience through powerful storytelling and deep connection. They provide their audiences with an immersive and exciting concert experience

Crystal Bowl Sound Healing w/ Lou Sorrentino

August 20 @ 7:30 pm – 8:30 pm, Donations Welcome

Every third Tuesday, Crystal Bowl Sound Healing is held at 7:30pm! Hosted by Lou Sorrentino, sound healing combines psychological therapies with music to heal the body. With instruments such as Crystal Bowls crafted for perfect resonance, Lou restores energy flows to their proper states.

Middlesex Drum Circle

August 22, 7-9 pm (4th Thursdays)

\$5 suggested donation

Andrew Prue leads a fun and exhilarating session. Extra percussion instruments will be available, though you are encouraged to bring your own. No reservations necessary.

El Trash Combo

El Trash Combo is an acoustic based quartet with keyboard, bass and congas along with acoustic guitar. We are very excited about the group and excited to perform our songs, both old and new at your wonderful venue.

Robert Silverman/Bobo Lavorgna: 50th Anniversary Concert

August 31 @ 8:00 pm – 10:00 pm, \$10

An evening of original and traditional jazz & blues music, celebrating 50 years of friendship and musicianship. Pianist, trumpeter, vocalist, composer Robert Silverman was born in New Haven, CT, and has been playing trumpet since age 9. He is a graduate of the jazz studies department of the New England Conservatory of Music and did graduate work with Jimmy Heath at Queens College. Mr. Silverman was awarded best jazz composer in 2013 by Bronx Council on the Arts and has won numerous grants and awards. He currently works with the elderly population and shares his love of jazz with them and young people as well. He is on the staff of the 92nd Street Y where he teaches jazz history.

Other Repeating Events

Anything Goes Open Mic and Moments of Gratitude

Mondays, 7-10 pm, \$5

Sign up opens at 6:30pm, and the open mic starts at 7:00pm. From 8:00pm-8:15pm, we host Moments of Gratitude: Sharing our gratitude to build positive energy and encouragement! PIZZA included in admission.

Laughter Yoga

Tuesdays, 6-7 pm (Hosted by Myléne on 1st Tuesdays; Dawn on 3rd Tuesdays)

Laughter Yoga enables you to practice laughing so that when life gets difficult, you can laugh and change your state of mind. It involves child-like play with meditation and breathing exercises. Laughter has proven to decrease anxiety, blood pressure, and stress. Anyone can laugh without relying on humor. Laughter Yoga is the only technique that allows adults to achieve sustained hearty laughter without involving cognitive thought. This powerful experience often leads to a healthy emotional catharsis and a feeling of release and joyfulness that can last for days.

Aligned with Source "Personal Development Workshop"

Saturdays, August 3 and 10

10:30am-12pm, \$10 Suggested donation

Explore simple concepts of living in awareness that open you up to the wonders of life; discover who you are; let go of fear and all that keeps you stuck. You create your reality and as co-creator of this world, find out how you can bring to it and you, peace, harmony, health and abundance. Each session ends in a powerful guided meditation. New topics every week.

The Buttonwood Tree Performing Arts Center
605 Main Street / PO Box 71, Middletown, CT 06457
www.buttonwood.org / 860.347.4957 CELL: 860-205-4303

The Buttonwood Tree ... Rooted in the Arts ...
Counting our Blessings!

POLICE NEWS

Killingworth man arrested in stabbing

According to news reports, Paul Karam, age 18, was arrested by State Troopers on Monday, July 22, 2019 and charged with Attempted Murder, First degree Assault, and Reckless Endangerment after police were called to a Parker Hill Road residence by the victim for a report of a stabbing early Monday

morning.

The woman was brought to Yale New Haven Hospital with serious injuries and Karam was arrested and held on \$250,000 bond. He was scheduled to be arraigned in Superior Court in Middletown on Tuesday.

COMMUNITY

Car Show to benefit Alzheimer's Association at The Saybrook

By Jennifer Armenia, The Saybrook at Haddam

On August 10, (rain date: 8/11) from 4:00 p.m. to 6:00 p.m., The Saybrook at Haddam will be hosting a car show to benefit the Alzheimer's Association. Vintage, classic, muscle, and "cool" cars, as well as military and fire vehicles, are welcome. Prizes awarded to the top 3 cars. \$10/car, spectators free. There will be live music, a raffle, and food.



John Ahearn
William Riebold
860-345-2590
www.higganumseptic.com

- Septic Tank Cleaning
- Installations / Repairs
- Camera Inspections
- Sewer Rooter Service



HIGGANUM VETERINARY CLINIC
92 Saybrook Road, P.O. Box 598
Higganum, CT 06441
Phone: 860.345.3366
Fax: 860.345.2557
Office Hours By Appointment

House Calls • Farm Calls
All Animals from
Cows to Chickens,
Reptiles, Cats, Dogs,
Goats, Pigs, Birds

Follow us on Facebook
higganumvetclinic.com

Estate Services
134 Main Street Ext., Middletown, CT

860-344-0005
www.estatetreasuresandservices.com

Ed Margnelli - Owner

Moving & Clean-out Service

- Moving to or from Assisted Living, Senior Housing, Downsizing, etc.
- Attic, Cellar, Garage, Yard Dump Runs/Dumpster
- Property made "Realtor Ready"
- Complete Clean-out
- Resale Value Considered

KAREN PERRY AT LAW, LLC
Wills, Trusts, Real Estate and Land Use
860-306-5486
KARENPERRYATLAW.COM
255 ROUTE 80
KILLINGWORTH, CT 06419

Employment Opportunity

The Saybrook at Haddam is seeking motivated CNAs to join our team.

- Professional environment
- Must have love for seniors
- Flexible work schedule
- Current CNA certificate required

Phone 860-345-3779 or visit us at
1556 Saybrook Road in Haddam for application.



July 18 Planning & Zoning meeting notes

Continued from page H1
out the RFPs.

The second presentation was entitled "New Town Garage." The existing Haddam Public Works facility has run out of space. Where should it be relocated? The presentation began with a description of the current facility, including size, needs, costs, environmental issues, and rental currently being paid at another property, because as Bill Warner stated, "There is no room to grow." He added that this has been a problem for years, with several previous potential sites eliminated for various valid reasons such as steep grades, wetlands, costs, and property size. The planner urged that it is best to act now to find a new site, and the current site can be rented out.

To determine the needs of a new facility, the Jacobson Engineering firm did a study to address such requirements as size of garage area, office and employee facilities, salt storage, road access, environmental issues, buffer zones, zoning, construction costs, and room to grow. A comparison was made with the town of Hebron which has similar population and needs for a new facility. Currently, Haddam rents a piece of Rossi property for \$36,000 per year, further evidence of the lack of room to grow.

Two parcels were proposed that would meet the needs of the Public Works Department now and into the future.

The first site selected is adjacent to the Eversource facility on Saybrook Road and Rutty Ferry Road. Basically, it meets the needs of the Jacobson study with the possibility of Eversource allowing an access driveway from their property onto Saybrook Road.

The second site was 300 Saybrook Road, the Rossi property in the center of Higganum. Size, site work, environmental issues being of no further need of remediation, existing strong steel frame buildings, elimination of the rental cost, sewer system probability, main roads access, and room to grow were all discussed, as was the impact on Higganum Center. Again, commission members posed questions involving costs, remediation, pollution and liability, acreage, and town road maintenance. Public Works Department Head Christopher Corsa was available to answer questions as well.

Editor's Note: This clarification by Melanie Giamei was triggered by a question from Joanne Nesti.

Regarding the deeds of the HES property, at this time, there will be one deed from District #17 to the Town for the Haddam Elementary School property, and one deed to the

Haddam Land Trust for the Swan Hill Open Space.

According to the Town Planner, the next steps include posting his presentations on the town website. A Public Hearing would follow to allow for the public to comment and ask questions. The Board of Selectmen would then make their recommendation as the third step in the process.

According to the town planner, the next steps include posting his presentations on the town website. A Public Hearing would follow to allow for the public to comment and ask questions. The Board of Select-

men would then make their recommendation as the third step in the process.

For details, please visit the Town website at www.haddam.org.

Middletown Toyota

Your Toyota Headquarters.



TOYOTA 2019
RAV4



TOYOTA 2019
CAMRY

2 years or 25,000 miles free service with any new Toyota
Bring in this ad for a \$500 discount!

Middletown TOYOTA

"The People Pleasers"

634 NEWFIELD STREET, MIDDLETOWN • 877-347-7294 • MiddletownToyota.com

We Speak English, Spanish, Italian,
Polish, Pakistani & Arabic
Sales: M-Th 9-8:30, F 9-6, Sat 9-5
Service: M-Th 7-7, F 7-5, Sat 7-2



EAST HADDAM CONCERT EXPRESS

Hello Neighbors! During the Music on the River concert series we will be running nightly train rides from Eagle Landing State Park that will take you Southbound to Deep River Station, on a round trip sightseeing tour of the beautiful landscape that the Connecticut River Valley has to offer.

The train will be departing at 6:30 PM and will return to Eagle Landing by 7:00 PM. You'll be back in time for the tail end of the concert or to grab a bite from one of the many great local eateries such as the Blue Oar or Gelston House! Tickets are FREE and are first come first served at Eagle Landing, while supplies last.

essexsteamtrain.com
800-377-3987

LEGAL NOTICES

TOWN OF HADDAM DECISION OF THE WETLANDS COMMISSION

On July 15, 2019 Approved for permit:
Permit# W 19014 for re-grading in minor wetland and upland review area to direct surface runoff from road away from homeowners driveway on property located at 111 Meeting House Rd, Haddam CT, and shown on assessor's Map # 32, assessor's Lot # C-3.

Said application is on file and may be seen in the Land Use Office of the Town Office Building.

James Puska
Zoning and Wetlands Enforcement Officer

The Town of Haddam shall endeavor to post its Legal Notices with the Haddam News publication. In the event that the weekly publication cannot meet the Town's statutory requirements, the Middletown Press or Hartford Courant shall be utilized to meet said statutory deadlines. Courtesy copies will be published to Haddam News that may or may not be timely. The Town's website is: www.haddam.org.



Photo courtesy of Judith Levin.

Meet Misty

By Judith Levin

Will you look at that face! Here is Miss Misty.

Poor Misty recovered from being hit by a car and having shattered hips. She went through multiple surgeries but is all healed, healthy, happy, and ready to go home!

She is a 2-3 year old Shepard Mix, who is dog, cat, and kid friendly. She has all her shots, spayed, and micro-chipped.

If you are interested in giving this cutie a home please go to: www.addicuslegacy.org



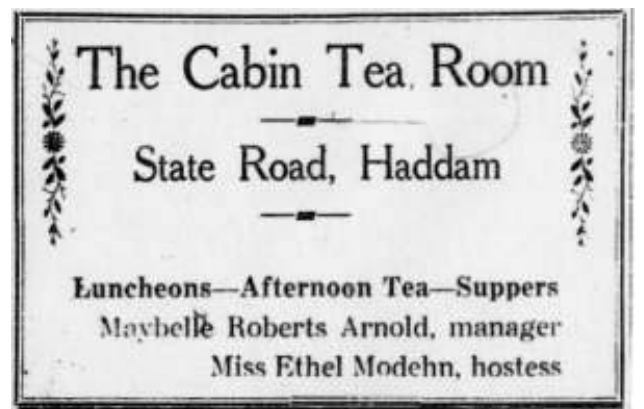
Photos courtesy of the Haddam Historical Society.

Haddam's tea rooms

Continued from page H1
immigrant Dagny Nelson with help from her daughter Irene. It was a seasonal operation opening from May to November in the 1920s and 1930s. In the later years it was open primarily for events including birthday parties, Haddam Music Club, and other events. During the height of the Depression the Haddam Poverty Party Committee met in the restaurant possibly to discuss how to help the needy in town.

Another Haddam landmark was The Cabin situated at the far north end of Walkley Hill Road. Run by Miss Maybelle Roberts (later Arnold) it was described as "an attractive tea room at Haddam, overlooking the river." This eatery provided luncheons, afternoon teas and suppers.

By the mid- 20th century many tea rooms lost favor because of high prices

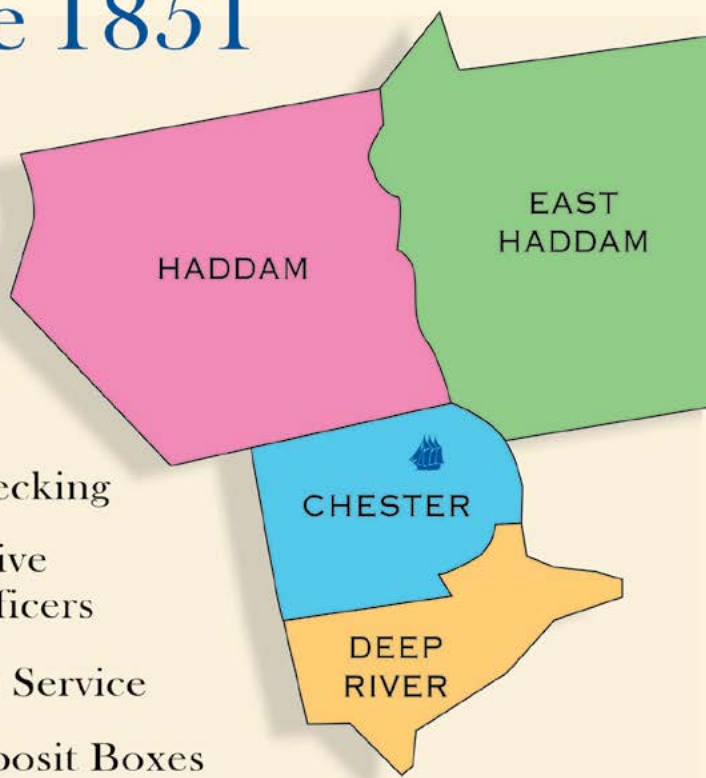


and motorists were seeking a faster meal and started to patronize the quick luncheonette or roadside stand.

Next time we will visit some of Haddam's stands including Pop's Stand, Sid's Milk Bar and Hubies.

If you have enjoyed reading our articles and our other mission driven programs, events and exhibits, we encourage you to support the Haddam Historical Society during our 2019 Annual Appeal. Local contributions are very important to us and we rely on YOUR donations to preserve and share Haddam's heritage for current and future generations.

Community Banking Since 1851



- Free Checking
- Responsive Loan Officers
- Personal Service
- Safe Deposit Boxes
- Staff that Listens to Your Needs and Appreciates Your Business



ESSEX SAVINGS BANK
Service & Trust Since 1851

203 Middlesex Avenue, Chester
860-526-0000

Toll-Free: 877-377-3922
www.essexsavings.com

Other branch locations: Essex (2),
Madison, Old Lyme, Old Saybrook

Member FDIC  Equal Housing Lender

CLASSIFIED AD

Furniture & More Tag Sale

Saturday, August 3, 9am-2pm
91 Walkley Hill Road, Haddam

North Carolina made brown leather couch with matching brown leather

chair and ottoman, 9x6 Persian rug, Colonial wood rocking chair, brown leather recliner, 2 antique trunks, oak dresser, antique mantle clock, 5 pr Country Curtains, 3 sets swag and jabot Country Curtains, Graco never used Pack 'n Play and more.

River Valley PROVISIONS



FRESH ORGANIC **ALL NATURAL**

GROCERY • BAKERY • MEAT • SEAFOOD

95 BRIDGE RD, HADDAM

(860) 554-5599 **WWW.RVPFOOD.COM**