

Have a wonderful Passover/Easter holiday!



HK Catcher Sam Erskine. Photo by Sharon DiMauro.

Baseball: HKHS beats North Branford, 5-1

The Haddam Killingworth High School Varsity Baseball team defeated North Branford in Higganum on Wednesday, April 10, with a final score of HK 5, North Branford 1. Jon Civiello struck out six, recording his second victory of the season. Alden Halfinger pitched 3 scoreless innings of relief while

Jimmy McGoey and Sam Erskine each had 2RBI for the Cougars.

NB	0	1	0	0	0	0	0	1	5	3
HK	0	0	0	3	0	2	x	5	5	2

Batteries: HK- Jon Civiello, Alden Halfinger (5) and Sam Erskine. NB – Bret Fee, and Carl Jacobson. 2b NB- Colin Baxter. WP Civiello LP Fee

*Records: HK 5-0, North Branford 4-1
*at time of publication.

Gun witnessed ‘shot heard ’round the world’



Photos courtesy of Dean Schimetschek.

By Dean Schimetschek,
Vice President, Jeremiah Johnson Trading

Greg and Dean Schimetschek of Jeremiah Johnson Trading didn't think much of the old gun when they first held it. At first glance it appeared to be a captured Revolutionary War era British "Brown Bess" musket which had been restocked and locked during the mid 1800's for civilian use. Altered muskets that tell this story are frequently encountered throughout

the antique arms world and are usually nothing to get very excited over. It was common practice for old military guns to find their way onto farms across New England and receive the modifications required to deem them suitable for sporting use. Little did they know they were actually holding a gun that had participated in the Battles of Lexington & Concord on April 19, 1775; the single day that gave birth to American liberty and initiated the Revolutionary War. The barrel of the

gun, which remains in its original length of 46", is faintly inscribed atop the breech "Ks OWN REGt." Throughout the entire 18th century the 4th Regiment of Foot, better known as the "King's Own" regiment, was noted for gallantry in every engagement they participated in. They arrived in America during 1774 and remained stationed in Boston throughout the following year. An advance guard of men from the King's Own were among the

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Kim Danaher named Haddam Neck's 2018 Firefighter of the Year

By Kathy Brown

On Saturday, April 6, Kim Danaher received the Firefighter of the Year 2018 award for the Haddam Neck Volunteer Fire Department at the department's annual banquet, the first female to win that award at HNVFD. Kim Danaher has been a member of the HNVFD for two years.

According to Captain Danaher, Kim has her EMR license and is currently taking an EMT course as well. Kim comes from a firefighting family; 10 of the 24 active members of the department are Danahers, spanning three generations.

Kim volunteers with the East Hampton Ambulance for 30+ hours each week, and has two children, one of whom is active in the Department as well.

The firefighter of the year is chosen based on effort made through the year, according to Captain Danaher. Kim has made 67% of the calls in 2018; one of the highest percentages.

If you are interested in helping your community, please feel free to stop by during a business meeting or training night (see their website for more information).

Or email them at Membership@hnavfd.com.



Kim with husband, Captain Tim Danaher. Photo courtesy of the Danahers.

Relay for Life 2019: Looking for teams

By Elaine Jackson

The Relay For Life of Haddam Killingworth will be held Saturday, June 29, 2019 from 12 noon to 10:00 p.m. at the Haddam Killingworth High School track. Relay for Life is a non-competitive community event and we are looking forward to walking with survivors, caregivers, and many teams of all ages to join in the fight against cancer. We are looking for Relay for Life walkers from all Middlesex County- Chester, Deep River, Essex, Old Saybrook, Clinton, Durham, Westbrook to join the Haddam

and Killingworth Community to conquer cancer for future generations.

The event will kick-off with a "soft" opening at 12 noon and the start of walking. Survivors and Caregivers, please join us for the Survivor/Caregiver Ceremony/buffet at 5:00 p.m. At dusk, the always moving Luminaria Ceremony will take place to be followed by the Closing Ceremony at 10:00 p.m.

Our monthly Information meetings will be on: Monday May 6, Thursday May 23, Monday June 3, and Thursday June 20 (Bank night). All meetings will be at 7:00 p.m at HKHS Room C112, 95 Little

City Rd, Higganum. If you are able to attend one meeting a month that is great.

Feel free to go to www.RelayforLife.org/hkct to get more event information or to register as a survivor, team or participant. Registration is free. Volunteers are always needed and welcomed. For more information email Ed Yantosh, Elaine Jackson at www.rflofhk@gmail.com or, Survivors may contact Elaine at (860)345-7755. So call your friends and family, form a team online, and take the next step to help finish the fight against cancer.

PowerFX

Haddam News

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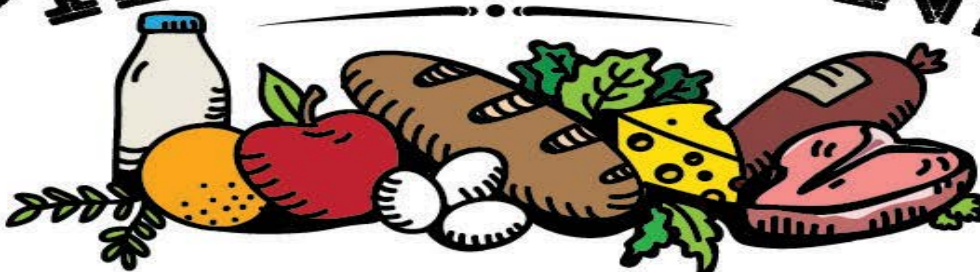
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In and about the Haddams: April 1919 local news

Selected from the pages of *The Evening Press* and lightly annotated by Sally Haase

Secret Location, Apr. 3, 1919: The first trout story of the season was given this morning, under a strict pledge of secrecy – as if anyone would tell the public where a whole barrel of great trout could be found – and only 10 miles from Middletown. Dan _____, we can't give his end name, told his story of the great trout that he caught Tuesday morning, before the trout law had been off.



The story begins last October, when he was out after woodcock. Trouters are always looking for signs, even in off season, and Dan went to a big hole, where two brooks meet and noticed that it was crowded with trout. All winter long he thought of those trout and often spoke in his sleep dreaming of them.

On April first, Dan was up, several strides ahead of the sun, and Dan takes pretty long steps – milked the cows, filled up the wood box, swallowed a cup of hot coffee and made for the cod sheep-wash hole. He was disappointed to see that it was covered with ice, sealed like a drum. He baited his hook with three great “nightwalkers,” raised them high in the air and then dropped them on the ice believing they would go through the ice. The hunk of worms went down kerplunk and laid on the ice. Suddenly, he got the surprise of his life. In a flash, the thick sheet of ice rose in the air about two feet and fell back into the pool all splintered up

If You at Home could begin to realize how wonderful a place America seems to her exiled sons, you would spare nothing to make it worthy of their dreams. Keep its honor clean and fine and unstained for them! Pay America's debts – of Victory.

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Francis Jan - 1919 -

Victory Liberty Loan

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Liberty Loan Committee of New England

by the impulse of the immense school of trout that rushed for his hunk of worms. Dan said that it was all his family could eat for one meal.

Haddam, Apr. 5, 1919: At the war bureau meeting at the community house

last evening, called for the purpose of appointing committees for the fifth Liberty Loan and home-coming celebration, Elwyn T. Clark was appointed town chairman. Bert Thompson was chosen chairman for the Haddam dis-

trict, Albert Hubbard for Higganum, Emerson G. Clarke for Haddam Neck. Atty. R.U. Tyler was requested to compile the historical events connected with Haddam during the war, to be kept among the town records.

Higganum, Apr. 8, 1919: Frank Santy has just returned from overseas, having been discharged. He was in the battle of Chateau Thiery, St. Mihiel, Argonne and Verdun. On November 14th, having started toward the march on the Rhine, he injured his hand and was confined in the hospital in France until February. He has many interesting experiences to relate.

Middletown, Apr. 8, 1919: The evening school, that has been run in the high school this winter, has closed with certificates presented to 89 people. Frank A. Coles, chairman of the Americanization committee, spoke about the classes run principally for non-English speaking people who were taught reading, writing and spelling. A class in citizenship has been run for the past 10 weeks and a considerable number of attendees have applied for naturalization papers.

Haddam, Apr. 12, 1919: One hundred and twenty pounds of clothing was sent from here for the refugees last week. Mrs. Bert Thompson attended to the packing and delivered it to the Red Cross in Middletown.

Moodus, Apr. 12, 1919: Charles A. Russell expects to sail from France for home today on the “Touraine.”

Higganum, Apr. 14, 1919: O. F. Richards, the tax collector, will be at the store of Walter Clark, Wednesday, to receive taxes.

Killingworth, Apr. 15, 1919: Miss Lydia Hartig, pastor of the Congre-
Continued on page H6

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How Lost are the Lost?

THE BIBLE SAYS:

"If our gospel be hid, it is hid to them that are lost: ⁴In whom the god of this world has blinded the minds of them which believe not, lest the light of the glorious gospel of Christ...should shine unto them" (2 Corinthians 4:3-4). "These are the ones by the wayside where the word [of God] is sown. When they hear it, Satan comes immediately and takes away the word that was sown in their hearts" (Mark 4:15). Jesus said, "The Son of Man has come to seek and to save that which was lost" (Luke 19:9). "Whoever desires to come after Me, let him deny himself, and take up his cross, and follow Me" (Mark 8:34).

"If we say that we have no sin, we deceive ourselves, and the truth is not in us. ⁹If we confess our sins [to God], He is faithful and just to forgive us our sins and to cleanse us from all unrighteousness" (1John 1:8). "For all have sinned & fall short of the glory of God" (Romans 3:23). "This is a faithful saying and worthy of all acceptance, that Christ Jesus came into the world to save sinners..." (1 Timothy 1:15). "Repent therefore and be converted, that your sins may be blotted out" (Acts 3:19).

"These are the ones sown on good ground, those who hear the word [of God], accept it, and bear fruit..." (Mark 4:20). "And you He made alive, who were dead in trespasses and sins, ²in which you once walked according to the course of this world, according to [Satan] the prince of the power of the air, the spirit who now works in the sons of disobedience, ³among whom also we all once conducted ourselves in the lusts of our flesh, fulfilling the desires of the flesh and of the mind, and were by nature children of wrath, just as the others. ⁴But God, who is rich in mercy, because of His great love with which He loved us, ⁵even when we were dead in trespasses, made us alive together with Christ by grace we have been saved" (Ephesians 2:1-5). You're saved by Christ or lost in the world!

Ambassadors for Christ
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TOWN AND COMMUNITY CALENDAR

Please visit www.haddam.org or www.haddam-killingworthnow.com for the most current information, including cancellations, location changes, time changes.

Thursday, April 18-Friday, April 19

Flower Sale

Members of the Haddam Volunteer Fire Company Auxiliary will hold their annual Easter Flower Sale on Thursday, April 18, 2019 and Friday, April 19, from 9:00 a.m. to 5:00 p.m. The sale takes place outside the Higganum Branch of the Liberty Bank at the Village Plaza, 26 Killingworth Road, Higganum. Easter lilies, hyacinths, tulips, and other spring plants will be available. This sale supports the Auxiliary Scholarship Fund.

Blood Drive, 1:00-6:00 p.m.

Red Cross Blood Drive at Valley Bible Evangelical Free Church. Sign-up online for an appointment to give blood. Log onto www.redcrossblood.org (zip code is 06438) or use the blood donor app to set an

appointment.

Tax Office Closed for lunch, 12:00-1:00 p.m.

Planning & Zoning Commission Meeting, 7:00 p.m.

Saturday, April 20

Easter Bake Sale, 8:00 a.m.-12:00 p.m.

Haddam Junior Women's Club annual Easter Bake Sale will take place in front of Jack's Restaurant.

HVFCo. Open House, 10:00 a.m.-1:00 p.m.

All members of the community are invited to the 2nd annual Haddam Volunteer Fire Co.'s Emergency Services Spring Fair & Open House!

This year's event will feature:

Touch-a-truck

Station tours

Live "Jaws of Life" demo

Apparatus tours

Easter egg hunt for children

Free food and refreshments

Meet and greet with Haddam firefighters ... and much more to come!

The event will take place at Station One, 439 Saybrook Road in Higganum

Easter Egg Hunt, 2:00 p.m.

It's that time of year again where our favorite bunny will be hopping into Town & Country Nurseries. Be sure to stop by for our 10th Annual Easter Egg Hunt! Easter Egg Hunt starts promptly at 2pm. Please arrive a few minutes early.

Monday, April 22

HVFCo Auxiliary Meeting, 7:00 p.m.

The Haddam Volunteer Fire Auxiliary will hold its regular monthly meeting. New members are always welcome.

Wednesday, April 24

Registrars of Voters Office Closed

Conservation Commission Meeting, 7:00 p.m.

SCHOOL SPORTS

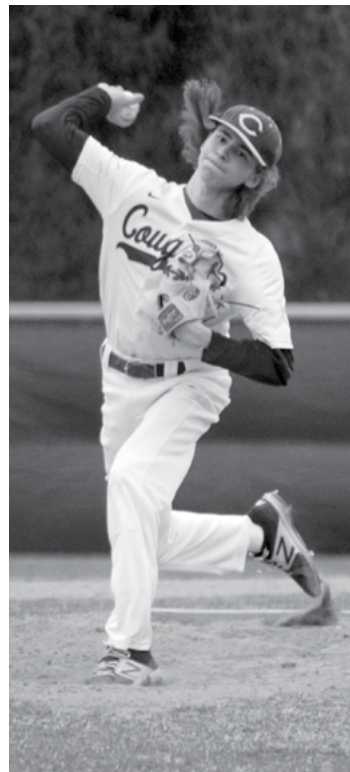
Girls' tennis: HKHS wins 1, loses 2

By Donna Clark, Coach, HKHS Girls Tennis

The Haddam Killingworth High School girls tennis team won their home opener against Cromwell on Saturday, March 30, with senior and first singles Abby Larkin defeating Cromwell's Jazmin Gianni 6-1 6-1, HK junior and second singles Lauren Miller defeating Jaiden Swanson 6-2 6-4 and HK junior and third singles Shelby Whitehead defeating Isabella Barber 6-0 6-1. All three HK doubles teams prevailed as well for a final score of 6-1.

On Monday April 1, the girls took a 2-5 loss versus Westbrook on the courts at HK. At first singles

Westbrook's Sara Farnoli defeated Abby Larkin 6-0 6-0 and Westbrook's Sara Davey overcame Lauren Miller 4-6 7-5 6-1. Other matches included Julia Farnoli (W) d. Evelyn Luneau (HK) 6-2 6-2 and Gianni Salisbury (W) d. Shelby Whitehead (HK) 7-5 6-04. In doubles, Payton Pzszak and Ashley Hamilton (HK) d. Alex Young and Juliana Fabrizi (W) 3-6 6-2 6-1 and Jessica Duffield and Lizzy Celano (HK) d. Alexandra Zanzalari and Sadi Susi (W) 6-0 6-0.



H-K pitcher Carmelo Rosa. Photo by Sharon DiMauro.

On Thursday April 4, HK hosted North Branford and were defeated 6-1. Sophia Cavalier (NB) d. Abby Larkin (HK) 6-1 6-0, Sydney Constantinidi (NB) d. Lauren Miller (HK) 6-1 6-2 and Jordan Caplan (NB) d. Evelyn Luneau (HK) 6-1 6-4. The bright spot for HK was in third doubles with Jessica Duffield and Lizzy Celano recording a victory over Ashley Testa and Emma Serenson, 6-3 6-4.

HKHS baseball beats E. Hampton

The Haddam Killingworth High School baseball team defeated East Hampton at home on Friday, April 5, with a final score of HK 2, East Hampton 0. Carmelo Rosa threw a no hit shutout and struck out four. It was his first varsity start. Sam Erskine and Mike O'Toole each hit RBI doubles in the sixth.

EH	0	0	0	0	0	0	0	0	0	0
HK	0	0	0	0	0	2	x	2	4	2

Batteries: HK- Carmelo Rosa and Sam Erskine. EH - Josh Wagner, Javy Diaz (6) and Paul Pignatella. 2b HK- Sam Erskine, Mike Otoole. WP Rosa LP Wagner

*Records: HK 3-0, East Hampton 0-3

*at time of publication.

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Your new best friend, Libby

By Kate Branstetter, Staff,
Brainerd Memorial Library

Let's face it: there are not enough hours in the day. Between work, chores, food, kids, pets, and all the other responsibilities that plague the average adult, it is amazing that anyone has the time to do anything for the sheer pleasure of it. Maybe you squeeze in time at the gym? Maybe you cook a good meal once in a while? But when was the last time you were totally able to lose yourself in a good book?

Well, I am here to let you in on a little secret. Her name is Libby and she is a game changer.

Libby (developed by Overdrive) is an app for your phone or tablet which allows you to download books and audiobooks with your library card FOR FREE!! What this means is your morning commute, run at the gym, or waiting for an appointment are opportunities for a little literary pick-me-up.

Hear me out. Maybe you haven't read or listened to a book in years.

Maybe you are unsure if you would like an audio book. Believe me when I say that Libby makes it so easy! It takes two seconds to add this app to your phone, and the variety of books is worth it. Maybe you don't know what to listen to? Libby can give you recommendations based on what you like!

For example, many people are writing incredible memoirs these days and I usually prefer to listen to the audiobook version; the only reason being that if the author is reading it, I can gain a true sense of their personality. Recently, I was having a horribly stressful day, but still had to face the grocery store because life goes on and my family needs to eat. On a whim, I decided to bring my headphones with me into the store. It seemed a little strange to change my routine but I turned to Libby while I perused the aisles. The book I chose to listen to was David Sedaris's most recent release, Calypso. After about five minutes of listening, I was giggling among the produce, then smiling broadly while

choosing yogurt. My mood had improved, and thanks to this audio book my mundane task turned into something really fun. It was a moment. It was a small change in routine but I left the grocery store having completed a chore and enjoyed two chapters of a book I did not have time to sit down and read. Libby for the WIN!!!

Libby was developed for people that don't have time and chances are you are one of those people. Heck, if you have had time to read this whole article I am impressed! In all seriousness though, I feel so much better when I have the opportunity to enjoy literature and since Libby has so many best sellers and old favorites I am spending a lot of time with her.

If you are interested in Libby it is easy to get to know her. Firstly, you will need a library card. If you don't have a library card, don't worry! You only need a driver's license and a piece of mail with your address on it in order to get a library card. Once you have your card, you are good to go.

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Sometimes technology can be overwhelming, and I have to admit that being on a first name basis with an App may be strange but ultimately Libby is supporting the idea that you CAN find time to enjoy all the incredible books out there, and with the help of your library, it costs you nothing!

POLICE NEWS

False statement arrest

Editors Note: Trooper reports reflect arrests, not convictions. All trooper press releases are consistent with state and federal guidelines under the Public Information Act.

April 8, 2019

Terri Russell, 50, of Queen Terrace, Southington, Conn., turned herself in on an active arrest warrant stemming from a complaint on March 6, 2019. Russell allegedly reported to the Haddam Resident Trooper's Office that on March 5, she was assaulted and injured

by an employee at the Saybrook at Haddam senior care facility of Haddam, while on duty as a care worker. A subsequent investigation revealed that Russell's formal complaint was allegedly not consistent with witness

and surveillance video evidence. Russell was charged with False Statement and Falsely Reporting an Incident. She was released on a \$2,500 non-surety bond and is to appear at Middlesex Superior Court on April 18, 2019.

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Eat Your Vegetables!!!

We can all hear our parents warning us to eat our broccoli or something crazy bad will happen to us. Well, as it turns out they might be right! Don't you just hate that!! As it turns out, Broccoli, along with other cruciferous vegetables have a substance in it called 'sulforaphane'. Researchers have found that sulforaphane reduces the expression of long non coding RNA's (lncRNAs) cells. These lncRNAs were previously thought to be junk DNA, but they have been shown to regulate gene expression, which in English is how genes are turned on or off, and have increasingly emerged as a key player in the development of numerous cancers, including prostate, breast, stomach, and lung cancers.

In one journal article, the researchers found a fourfold reduction in colony formation of cancer cells in human epithelial prostate cells and prostate cancer cells.

The other obvious benefits of eating vegetables are:

- 1) Vegetables reduce the total Glycemic index of our meals, since it fills you up, and conceptually decreases the amount of carbohydrates you would eat,
- 2) Vegetables provide the fiber necessary for proper bowel function, and also help protect against polyps, and anal fissure's,
- 3) Vegetables help to hydrate the skin.

With HealthCare costs increasing, maybe the saying by Socrates- "May your Food, be your medicine, and your Medicine be your Food", be more present in our mind and actions.

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Photo by Lt. Tony Lafo.

Three vehicle collisions leave several injured

By Olivia Drake, Public Information Officer, HVFCo.

Haddam Volunteer Fire Company responded to three motor vehicle accidents on Friday, April 5, 2019.

At 11:30 a.m., crews were dispatched to the intersection of Saybrook Road and the Route 82 connector for a two-car accident involving four patients. All four were evaluated on scene by Haddam Volunteer Ambulance Service (HVAS) personnel and refused additional medical treatment. Firefighters directed traffic until one vehicle was

towed and the other was driven away.

(Pictured) At 2:20 p.m., firefighters responded to an accident with entrapment on Route 9 South between exits 8 and 9. A driver had lost control of his vehicle and slid down an embankment, stopping at a tree. Crews used Hurst tools to lift the dash and extricate the patient. HVAS personnel carried the patient up the embankment on a backboard and transported him to Hartford Hospital with injuries. Connecticut State Police is investigating.

At 8:30 p.m., HVFC was called to Higganum Center where a driver had swerved and struck a parked, unoccupied vehicle in front of Hi-Way Package Store. The patient suffered minor injuries and was evaluated on scene by Haddam Ambulance. She refused additional medical care. Both vehicles were towed from the scene.

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100 Years Ago: In and around the Haddams, April 1919

Continued from page H3

gational church, will hold meetings this week at the school houses: Wednesday at the Union; Thursday at the Lane; Friday at Chestnut Hill.

Miss Ethel Chittenden, who has been very sick with the influenza, is improving but is not able to sit up any at the present.

Haddam Neck, Apr. 15, 1919: James L. flood, of the USS Plattsburg, is home on leave. He has completed two years of active service and crossed the Atlantic 20 times. Sergeant Oscar Nyman is home from Camp Eustice, Va., having been discharged from the service last week.

New York, Apr. 16, 1919: The transport Ohioan brought to port today the first American carrier pigeons to return from the Europe war zone. They saw service in the battle of Meuse-Argonne, carrying messages from advanced posts to the rear when the German artillery cut wire communication. Among

the pigeons was one "Cher Ami" which carried messages from the Argonne forest to a rear headquarters. "Cher Ami" had a leg shot off in carrying a message back but continued on the way to her cote.

Middletown, Apr. 18, 1919: Transactions were completed, whereby The Evening Press was formally transferred from C.B. King to the Middletown Press Publishing Co. The new owners plan to feature local news.

Killingworth, Apr. 18, 1919: The Liberty Loan committee for Killingworth will canvas the town for subscriptions to the Fifth Liberty Loan. Member of the committee are: P.E. Parmelee, Lovell D. Parmelee, Sidney D. Kelsey, Clarence E. Chittenden and Mrs. P.E. Parmelee.

Higganum, Apr. 18, 1919: Adv: Extra number of Sperry & Hutchinson's Green Trading stamps for Saturday's special low price sale of choice meats. Public Market, 480 Main St., Middletown, near Stueck's bakery. [S&H Green stamps]

Hartford, Apr. 23, 1919: State Senate Votes Down Suffrage Bill. By a vote of 19 to 16, the senate rejected the [state] bill to give women the right to vote for president in this state. Senator Hazen of Haddam voted in favor

of the measure. [This was a bill in the state senate and not the 19th Amendment to the US Constitution.]

Boston, Apr. 23, 1919: Relatives and friends of the 26th division are coming from all over New England to view the Victory Parade on Friday. It is estimated that more than a million New Englanders would be here to watch their boys march through the city before being mustered out into civilian life. The main streets are ablaze with colors - thousands of flags, streamers and bunting. A drum will be used in the parade that has been through both the Civil war and the battlefields of France, where the Y.D. boys [Yankee Division] made themselves famous.

Haddam, Apr. 26, 1919: Haddam goes "Over The Top." The chairman of the Liberty Loan in Haddam, reported to headquarters in Hartford, that this town had oversubscribed its quota in the Victory Loan. Haddam is the eight town in the state to do so.

Middletown, Apr. 27, 1919: Indications are that in the near future Middletown will have a branch of the American Legion, an organization composed of veterans of the World War, national in scope, whose purposes are to promote the welfare of its

members. The American Expeditionary forces in France took the initial step in the formation of a non-partisan, non-political association of the veterans of the war, adopting the name "American Legion."

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l to r - Scott Mirmina, Gary 'super-sub' Litevich, Dennis Annicelli (Captain), Sal Depino, Lance Brown, Ryan Knight, Mike Venuti.
Photo by Jim Clemente.



Team wins HK Over 30 Basketball League 2019

By Scott Mirmina

Congratulations to the 2019 HK Over 30 league basketball champions, Big Ballers!

As a #3 seed, this team knocked off #6 seed Travelin' Dans in the quarterfinals and #2 seed Roberto Clementes in the semis before taking on pre-season favorite and regular season

champion Fireball in the title game. In a back and forth slugfest throughout the contest, Big Ballers used their trademark defense and hit several key buckets in the closing minutes to take down their highly-favored opponents 120-115 to take the coveted hoop crown.

Congrats to the winners and all the players in the league.

If YOU have game, join the fun next year as the Big Ballers look to defend their crown in 2020.

HADDAM GARDEN CLUB

Right plant, right place

By Cynthia Tillson

An excellent gardener's mantra, especially important at this time of year. I don't know about you but after a lengthy winter I am plant starved. It's been a long time since my gardens were growing and flowering. I barely remember what they look like! The nurseries are opening and are so colorful and inviting. My impulses will probably get the best of me and I will come home with plants that I just have to have, with no idea where I will put them. When I get the impulses under control, I will follow my own advice of "right plant, right place."

A good place to start is to learn the conditions of your particular gardens. Is it sunny or shady? How many hours of sunlight a day does it get—and is it morning or afternoon sun? Is the soil rocky, sandy, clay, or loamy? Is the site always wet? Really dry? Somewhere in between? Does the water run off the roof directly into it? Is it sheltered or open to the wind?

Once you have determined the natural conditions of your area, search out the plants that are well suited to it. Grouping plants with similar need together makes sense. When dealing with trees and shrubs, be sure to arrange and space them appropriately so that each one has the space it needs when full grown. Yes, it might look sparse for a year or two, but patience is of utmost importance here. You can fill in the gaps with perennials, annuals or containers. Here you can push the envelope a little if you must. Losing a perennial is much less painful than losing a tree.

When choosing the plants, evaluate their pest and disease proclivity. Is it native or non-native? A River Birch is native, very attractive and not bothered by the Bronze Birch Borer (*Agrilus anxius* Bory) that bothers the pretty white paper birch (*Betula papyrifera*) and several other birch varieties. I would want to know this. Natives are generally the right choice anyway.

There are lovely alternatives to invasives we have come to like too. Japanese Barberry is terribly in-

vasive but there are equally as beautiful alternatives suggested by UMASS extension: Weigela 'Midnight Wine', *Fothergilla gardenii* (who wouldn't want a plant named *Fothergilla*?), *Itea virginica* – Virginia Sweetpire and *Diervilla lonicera* – Dwarf bush honeysuckle. The same goes for *Euonymus alatus* - Burning Bush. They offer five alternatives.

A word to the wise—Research the growth habit of plants you are considering at a reliable plant database like UMASS or UCONN before you let it grace your property. University of Massachusetts Extension offers a comprehensive plant selection guide for managed landscapes. Besides specific plants, it includes important guidelines to consider when selecting. This will keep the wrong plant from going into the right place and either taking over or meeting its demise.

There are only so many things you can do to amend a site. It is far better to evaluate the site and get plants that are suited to that site. Your plants have a much better chance of thriving and you will save yourself a lot of money and labor in the long run.

If you really must have THAT plant, and you know deep down it is not the right plant for your site, put it in a container that you can move around. Maybe you can find the right place.

The community plant sales are also starting to spring up. You can get great deals there and your plant dollars go much further. They can be great sales, just be careful. I suggest you plant purchases made from non-garden affiliated groups off to the side so you can watch it for the first year. It may work out beautifully but if it doesn't, it will be less disruptive to move or remove.

There are three plant sales in Haddam this spring selling healthy plants that you can trust to be endorsed by solid gardeners. The Haddam Garden Club is holding theirs Saturday May 4, 2019 at the Haddam Elementary School as part of the town wide tag sale (raindate 5/5)

Haddam Land Trust will be holding their plant sale on Saturday, May 18, 2019 at the UCONN Ex-

tension Center on Saybrook Rd.

CT Master Gardeners are having their plant sale on Sat June 1, 2019 at the UCONN Extension Center on Saybrook Rd as well.

Gardening success will come by having the right plant in the right place, but we all need to make our own mistakes. I don't think a garden is ever <https://ag.umass.edu/landscape/fact-sheets/right-plant-right-place-plant-selection-guide-for-managed-landscapesfinished> anyway.

The April meeting of the Haddam Garden Club is a closed meeting.

Digging In recipe of the month:

SCALLOPS WITH MUSHROOMS IN SHELLS

Submitted by Barbara Stellenwerf

Yield 6 servings

- ½ cup butter, at room temperature, divided
- 1 cup thinly sliced mushrooms
- 3 TBS finely chopped shallots
- 1 TBS finely chopped garlic
- 1 lb. fresh bay scallops
- 1/2 cup soft breadcrumbs
- ½ cup finely chopped parsley
- Salt and pepper

Preheat oven to 450F.

Melt ¼ cup of butter in small skillet and add mushrooms. Cook, stirring often, until mushrooms are wilted and give up their liquid. Add shallots and garlic and cook briefly.

Spoon mushroom mixture into a mixing bowl. Let cool briefly. Then add 2 TBS of remaining butter, scallops, breadcrumbs, parsley, salt and pepper to taste. Blend well. Use mixture to fill 6 seafood shells or ramekins.

Arrange filled shells on baking dish or cookie sheet. Melt rest of butter and pour over mixture in shells. Place in oven and bake 10 minutes.

Run scallops under broiler until nicely browned on top, about 1 minute.

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HKTV students return from national convention

By Connor Chute

Twenty-one students from Haddam-Killingworth High School's TV program recently participated in the national Student Television Network Convention in Seattle, Washington. Over 3,000 broadcast journalism and film students from around the country convened to learn and compete against one another in a variety of competitions over the course of four days.

On March 27, HKTV students boarded their bus to Bradley airport, where they would embark on an eight-hour flight to Seattle. Settling in at the Hyatt Regency, the students and their two chaperones, Communications teacher Charles Lewis, and VSCTV Producer Chris Morgan, took a walk around the city, and for many of them it was their first time on the west coast. "It was so cool to see the difference in environment - people from different cities with different cultures," describes junior Brooke Morman. "It was really enlightening."

The following morning the group woke up early to compete in their first competitions, known as the Crazy 8's.

The students were given a prompt and had eight hours to produce a video. The H-KTV students tackled a documentary and a short film.

The documentary focused on a restaurant called Café Racer, which is a café in Seattle that hosts an art exhibit, and it has also been the victim of a shooting in years past. The short film portrayed a young man with an obsessive-compulsive disorder, who has a fear of mis-stepping. Unfortunately, neither team placed in these competitions.

In the following days there were five more competitions HK competed in, but in much smaller teams with less competitive time restrictions.

HK's short story was awarded third place. The film was called "Trolley," and was produced by sophomore Kevin Giulini, senior Kevin Kim and senior Wally Sample. The story showcased three young men waiting for a late trolley, who all come from differ-



Photo courtesy of Chris Morgan.

ent backgrounds and situations.

"Our group came together to produce something to be proud of," said Kim. "The experience of making

the video gave some insight into how to work better with other people and on a time limit." Overall, students took away lessons not only in video production, but in life as well.

Junior Devin Gallant, second year participant, said, "Making amazing content with friends is maybe one of the best feelings ever, but doing it across the

country with 21 other people you trust while also having the best time in our high school careers, is simply amazing."

Mark your calendars: May 11 - 4-H Auction

By Julie Keithan

The Middlesex County 4-H Advisory will hold its annual 4-H Auction on May 11, 2019 at the UConn Cooperative Extension Center, 1066 Saybrook Road, Haddam. Auction includes new and vintage items, gift baskets, gift certificates, plants and more. Food

concession featuring our famous 4-H chili and UConn Dairy ice cream. Fun evening for the whole family.

All proceeds benefit the 4-H youth of Middlesex County. Preview at 4:00 p.m. Auction starts 6:00 p.m.

For more information, see www.4-HAuction.org.

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Classifieds

Haddam News will print free classified ads for individuals and non-profit organizations. These must be 25 words or less and written in a publish-ready form. Publication is subject to space availability.



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SCHOOL SPORTS

Golf: HKHS defeats North Branford

By Josh Hagedwood,
Coach, HKHS Golf Team

On Tuesday, April 9, the Haddam Killingworth High School golf team defeated North Branford at the Black Birch Golf Course with a final score of HK 190, North Branford 262. The course rating was 34.2.

Haddam-Killingworth:
Mikey Barile, 46 (Medalist)
Greg Lynskey, 48
Andrew Kuehn, 48
Kaisone Bounphakdy, 48

North Branford:
Dakota Cooper, 57
Nick Denegre, 66
Blake Pierson, 69
Ryan Monday, 70

*HK Record: 2-1 (1-0 Conference)
*at time of publication.

COMMUNITY / ARTS

Earth Day an annual reminder to take care of the place where we live

By Gwyneth Artkop

Earth Day is Monday, April 22. It comes around once a year as a reminder that we ought to take care of our home—for the benefit of ourselves, our children, and our children's children.

Earth Day was founded in 1970 by Senator Gaylord Nelson as a day focused on education about environmental issues. Initially targeted at college students, the holiday is now celebrated around the globe and beyond the 22nd of the month.

Earth Day has become increasingly important over the years as we've become more aware of the volume of waste and pollution we are collectively producing and the negative effects it's having on our health, wildlife, and the earth. Some of the challenges we are currently facing include: handling waste, particularly as other countries have recently begun refusing to take on the burden of recycling America's waste; decreasing plastic waste, consumption, and production as plastic can now be found in the deepest parts of the ocean, in our food, and in our air; decreasing light pollution as we switch to bright-bulbs and spend more time inside; and avoiding

toxins as they have infiltrated our food, beauty products, cleaning products, home goods, and clothing.

Ways that Haddam is honoring Earth Day this year include:

"Music with Margie" at Brainerd Memorial Library on April 25, at 10:30 a.m.

Spring Invasive Plant Cleanups at Haddam Meadows on Saturday, April 13, and Saturday, May 11, from 9:00 a.m.-12:00 p.m.

On April 13, the town partnered with Take2 electronics recycling to collect electronics, hard drives—anything with a plug—and recycle it properly.

Recently, Haddam's efforts to collect and recycle plastic bag earned the town a Trex Bench.

A compost bin was installed at the Haddam Town Office Building.

Since 2015, Bay State Textiles has had a trailer at the Haddam Transfer Station to collect textiles—clothing, accessories, footwear, linens, and stuffed animals—to be recycled and reused. Ninety five per cent of all textiles can be recycled or reused and the best part of this program is that for every ton collected, the town gets \$100.

LEGAL NOTICES

NOTICE OF PUBLIC HEARING ATTN: RESIDENTS OF CLINTON, DEEP RIVER, OLD SAYBROOK, HADDAM & CHESTER

The Connecticut River Area Health District (CRAHD) will hold a public hearing on Tuesday, April 30, 2019 at 1:30 PM at the health district office, 455 Boston Post Road, Suite 7, Old Saybrook, CT 06475. At the public hearing, the CRAHD board of directors will consider:

1. Adoption of the CRAHD Annual Operating Budget for fiscal year 2019-2020.

Copies of the proposed budget are available on the health district website at www.crahd.net. Paper copies are also available at the health district office upon request.

Scott Martinson, MPH, MS, RS
Director of Health

ZONING BOARD OF APPEALS PUBLIC HEARING

Zoning Board of Appeals, Haddam, Connecticut will hold a Public Hearing at the Haddam Town Hall, 21 Field Park Dr., Haddam, CT on April 25th, 2019 at 7:30 p.m. to act upon the following item(s):

1. Request for a side yard variance to Section 4 and Table 1 of the Zoning Code to authorize the construction of a detached garage to be within 7 feet and 5 feet of the side property lines rather than the required 10 feet and 15 feet at 40 Landing Road in the R1 zone. Applicant Carrah Kalat

Said application is on file in the Land Use Office of the Town of Haddam.

Zoning Board of Appeals, Haddam CT

The Town of Haddam shall endeavor to post its Legal Notices with the Haddam News publication. In the event that the weekly publication cannot meet the Town's statutory requirements, the Middletown Press or Hartford Courant shall be utilized to meet said statutory deadlines. Courtesy copies will be published to Haddam News that may or may not be timely. The Town's website is: www.haddam.org.

OBITUARIES

Patricia Coleman

According to The Middletown Press and Legacy.com, Patricia (Hynes) Coleman, age 82, formerly of Killingworth and Haddam, passed away

on Monday, April 1, 2019. She was the media coordinator and librarian for Burr Elementary School, and worked at the Brainerd Library as well.

Letters to the Editor

We encourage Letters to the Editor which foster understanding and awareness through discourse. They should be: civil, knowledgeable, factual, and constructive. The letter must include the writer's name, town, and date, and should not exceed 400 words.

The editors reserve the final decision on any letters published; frequency of submissions from a single writer or group will be a factor in deciding whether to publish a letter. The editors may also add a short explanation of the writer's position or credentials. Haddam News, PO Box 1, Higganum, CT 06441

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UPCOMING EASTER / PASSOVER SERVICES

Maundy Thursday, April 18

6:00 p.m. Seder Dinner/7:30 p.m. Worship. A traditional Seder dinner will prepare us for the Tenebrae Service of scripture, music, and the extinguishing of candles – Congregation Church in Killingworth
6:30 p.m. Agape Simple Supper Service – Emmanuel Episcopal Church
6:30 p.m. Service and Supper – St. James Episcopal Church
7:00 p.m. Maundy Thursday Service – Higganum United Methodist Church
7:00 p.m. Maundy Thursday Service – Higganum Congregational Church

Good Friday/ Passover Begins, April 19

8:00-11:00 a.m. Congregational Church in Killingworth will be open for quiet meditation and

prayer

7:00 p.m. Tenebrae Service – Emmanuel Episcopal Church

7:00 p.m. – St. James Episcopal Church

Saturday, April 20

6:00 p.m. Community Passover Seder – CBSRZ (RSVP REQUIRED via CBSRZ.org website or by calling 860-526-8920)

8:00 p.m. Easter Mass – St. Lawrence Catholic Church

Easter Sunday, April 21

6:30 a.m. Easter Sunrise Service at Haddam Meadows (hosted by Higganum Congregational Church/First Congregational Church of Haddam; everyone is welcome, including leashed dogs)

8:30 a.m. Easter Mass – St. Lawrence Catholic Church

8:30 a.m. Easter Worship – Valley Bible Evangelical

Free Church

9:00 a.m. Easter Sunday Service – Higganum United Methodist Church

9:30 a.m. Easter Service – First Congregational Church of Haddam

10:00 a.m. Easter Service – Congregational Church of Killingworth – The church will be full of lilies and Communion will be served. The joy of the resurrection will be celebrated!

10:00 a.m. Easter Worship – Valley Bible Evangelical Free Church

10:00 a.m. Regular Easter Sunday Service with flowering of cross at the start of the service – Emmanuel Episcopal Church

10:30 a.m. Easter Mass – St. Lawrence Catholic Church

Last Day of Passover, April 26

7:30 p.m. Erev Shabbat Service with Yizkor and Break-the-Chametz oneg – CBSRZ

FAITH / COMMUNITY

Valley Bible Evangelical Free Church: A history

By Assistant Pastor John Westerholm

Valley Bible Church is a community of people who celebrate our hope in Jesus and bring that hope to those around us. Valley, as we call it, is a regional church with people who gather in Haddam from over twenty towns in the Southern Connecticut Valley. These towns range from Cromwell to Old Lyme and from Colchester to Durham though a majority comes from Haddam and East Haddam.

The Church began in 1978 when a group of people who had been attending churches in other towns began to meet together in homes in Haddam on Sunday evenings for Bible Study and prayer. In 1980 the group began conducting regular Sunday morning worship services, and in 1981 called the church's first full time pastor, Rev. Gary Highlander. Gary was the pastor until 1988. Rev. John Westerholm became the second pastor in January of 1990. Pastor John has been the Senior Pastor at Valley until November 2017 and currently continues on staff in an Associate role. That means he has been in the community and at the church for about three-quarters of the church's history. In November, 2017, Rev. Chad Hemphill became the Senior Pastor. Chad had served as Associate Pastor at VBC since January of 2010.

Since its beginning Valley Bible Church, Haddam's newest house of worship, has had a number of staff serving with the Senior Pastor. These included youth pastors Brad Chase (1988 to 2002), Mark Imbriglio (2012 to 2015) and Seth Nuzum who first came to Valley in 2004. Seth leads our Student Ministry as well as our worship music ministry. Associate pastors have included Douglas Knowles (1999 to 2009) and Peter Sanderson (2006-2009). Lisa Swanson has served as the full time Office Administrator since 2007.

From its earliest days Valley Bible Church has sought to be associated with other churches for fellowship, support and to be a part of the larger body of Christ. This desire led to an association with the Evangelical Free



Photo by Sally Haase.

Churches of America in 1979. Our desire as a church is to teach and preach the Word of God, but even more importantly to live it.

From a facilities standpoint the infant church led a nomadic existence, meeting at first in the old Haddam Town Hall (a.k.a. "The Academy"), and sequentially through the following Town of Haddam buildings: Olde Schoolhouse Meeting Place (across from the Brainerd Library), Haddam Elementary School, and Burr District School. Because of its central location HES became a preferred and effective venue. Mid-week prayer meetings and choir rehearsals were held in the original combination library/dining hall building at Camp Bethel.

In 1984 the church purchased property on Turkey Hill Road in Haddam. In November 1986, the building opened for worship services utilizing a multipurpose room/gym in addition to classrooms. The Lord's timing was perfect because at that time asbestos-removal at Haddam Elementary, in conjunction with the construction of the new auditorium, would have evicted the fledgling church, leaving it with no adequate central meeting place. There have been two additional building phases, one for nursery, Sunday School rooms

and a kitchen in 1990 and the present two-story worship center and classrooms which opened in 2005. The lower level was converted to a Children's Ministry Center in 2016. At that time the larger upstairs multipurpose room became the Student Ministry Center. There is a robust children's ministry called "Journey With Jesus" that meets with a separate program during each of the two Sunday morning services. Students grades 6-12 have their own time to meet on Wednesday evenings from 6:45 to 8:15 p.m.

Since the early '90's Valley Bible Church has had a goal "to be and make disciples of Jesus." There have been several forms that this has taken since then. In the mid 90's Valley Bible Church experienced great growth numerically and spiritually through a series of two year discipleship groups. Those continued for five generations of classes from the original two groups. Today discipleship happens primarily through Life Groups that meet weekly in homes. These groups meet to study God's Word on a deeper level in order to translate the teaching and preaching from the Bible on Sunday morning to daily life throughout the week. One of our favorite phrases is that we seek to "do life and mission together."

From its beginning, Valley Bible

Church has maintained a strong missions presence. This includes involvement and support of those who serve the Lord in the local community, as well as in other countries. There have also been many who have gone on short term trips to locations around the world. One of our main destinations has been to help build a camp with Word of Life in El Salvador.

In 2017 Valley Bible Church began to hold an exciting free family event called "Eggstravaganza." Its purpose is to give as a gift to anyone in the community. The day consists of games, crafts, food, egg hunts, and many other activities put on by the church to provide a safe and fun time. This year the Eggstravaganza will be Saturday, April 6, 2019 from 10:00 a.m. to 2:00 p.m.

Valley Bible Church began holding Vacation Bible School even while the church was meeting in the schools. That continues today. VBS is another exciting event held the week after school dismisses at the end of June. This time is for children ages 4 through 6th grade and involves about 150 children and about 100 workers each morning for a week. It consists of games, crafts, and snack time built around a Bible lesson taught through a Bible drama. It is a wonderful week that only seems to get better each year.

Currently, Valley Bible Church holds two identical worship services on Sundays at 8:30 and 10:00 a.m. Services consist of singing contemporary worship songs with a worship band and a message from the Bible. Everyone is welcome. Dress is casual.

At the beginning of our story, we identified our purpose as a church as sharing our hope in Jesus. It is that hope that gives us confidence as we look to the future. We look with hope, not in our past or in our present but in the promise of our Lord Jesus Christ. We believe Jesus is not only Lord of the church but is also Lord of all history. We believe that all of history moves toward the day when Jesus will be recognized as King of kings and Lord of lords. We are pleased and desire to be a faithful part of his work until that day comes.

Antique gun shop finds witness to ‘shot heard round the world’

Continued from page H1

forces that marched onto Lexington Green the morning of April 19th 1775 and encountered a small company of minutemen standing in defiance of British oppression. Here the first shots of the Revolutionary War were fired leaving eight Americans dead.

The British marched on to Concord where they encountered a larger group of militia and effective resistance. Two members of the King's Own fell at Concord's famous North Bridge becoming the first British fatalities of the war. Word of the pre-dawn skirmish at Lexington spread rapidly throughout the region and without hesitation thousands of minutemen from across the countryside were grabbing their guns and heading toward the sounds of battle. The British now had to fight for their lives on the long road back to Boston and a massive day-long running battle ensued. The remaining companies of the King's Own were called into action to assist in relieving the battered advance column. Minutemen fired at the Redcoats from behind trees and stonewalls with brutal house-to-house fighting leaving scores dead and wounded. By the end of the day nearly 4,000 Americans, driven purely by moral obligation, had answered the call to defend their compatriots and drove the British back to Boston. The Revolutionary War had begun, yet it would take nearly eight and a half years of bitter struggle to obtain the notion of freedom that had been established that April morning in 1775. Sporting an intimidating 46 barrel the Long Land Pattern 1756 "Brown Bess" musket was the weapon of choice for the heavy infantry companies of the King's Own, better known as Grenadiers. Sixteen muskets from the King's Own were reported lost the day of Lex-



ington & Concord, more than any other British regiment engaged. Considering that this would be the only defeat for the King's Own during the war and that they returned to England long before the official military surrender at Yorktown in 1781 it can be surmised that the only opportunity for this musket to have been captured would have been during the Battle of Lexington & Concord. While we will never know the true details of what really happened that day, it is likely that the gun was taken from a dead or wounded British soldier and actually used against the Redcoats throughout the remaining hours of the battle and probably saw active American service during the forthcoming war.

When the Revolutionary War was finally over,

the gun was carried home to begin its new life providing food for the very family it had recently defended. It remains a silent witness to the "The shot heard round the world" and a historic reminder of the day colonists stood up for themselves in the name of liberty and became Americans.

Jeremiah Johnson Trading is located at 1618 Saybrook Rd. in Haddam and is operated by Greg Schimetschek and his son Dean in conjunction with Dean's wife, artist and pinstriper Kristin Haddad of Killustrate It. Specializing exclusively in blackpowder and pre-1899 manufactured antique arms, Greg and Dean share a passion for acquiring and offering authentic pieces to discerning collectors around the globe.

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HKHS Team advances to Regional Cupcake Competition

By Kathy Brown

Members of the five Haddam Killingworth High School Foods I and Advanced Foods classes have been participating in a regional cupcake competition since 2013. The Morgan Foods teacher, Joann Nunan, who has since retired, and HKHS teacher Joanna Siciliano started it. In each of the Foods class, the students are divided into groups of two or three. The students compete against the other students in their own class. Whoever wins the class competition competes against the other classes' winners.

Whoever wins school competition will move forward to the Regionals, which will be held at The Morgan School on April 26, 2019. Valley and Colchester will also compete in the Regional Competition. There are usually four to five schools at the regional competition. The winner of the regional competition takes home a cupcake trophy that is kept at the winning school until the following year's competition. The students who win get their names on the trophy's nameplate that will stay forever on the trophy.

The students must make everything from scratch. They can have one cupcake recipe, and one frosting recipe, but they can decorate the cupcakes however they want, according to Ms. Siciliano. The students present their cupcakes in front of a panel of judges. The students must win in three categories: best looking, best tasting, and best verbal presentation.

The HKHS group moving forward to the Regional Competition this year is Lexi Lloyd, Erin Leopard, and Jenna Griffith. Congratulations and good luck!

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