

# Haddam News

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AN INDEPENDENT COMMUNITY NEWSPAPER COVERING HADDAM, HIGGANUM AND HADDAM NECK

November 15, 2018

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Free weekly

## Looking for new clothes? Check out Haddam's Community Closet

By Kathy Brown

Is your budget tight but the kids need new clothes? Are you cleaning out your closet and wondering where to donate? Does your child need a pair of shoes for the spring concert and you know he will outgrow them before the next one so you don't want to buy a new pair of shoes for just one day? In June 2017, a "Community Closet" opened in the Annex Building (11 Jail Hill Road, Haddam). It's like a swap shed for clothes! If you have clean, gently used clothing, drop them off during the hours of operation or any time in the brown bin outside of the Social Services Office at the Annex (the box has been located in front of the Brainerd Memorial Library). If you want or need clothing, come browse the gently used clothing and



Photos by Kathy Brown.

Continued on page H2



Photos by Olivia Drake

## No injuries in Rte. 9 vehicle fire

By Olivia Drake, Public Information Officer, HVFCo.

Haddam Volunteer Fire Company responded to a vehicle fire on Monday, Nov. 5, on Route 9S near Exit 8. The vehicle's operator, who reportedly was returning from an antique auction with a loaded van and trailer, heard a popping sound and pulled over realizing that there was a fire in the vehicle's engine compartment.

The operator self-extricated himself from the burning vehicle and attempted to pull items from the van, causing minor burns to his hand. He was treated on scene by Haddam Ambulance personnel and refused additional medical treatment.



Firefighters used a hand line of Engine 6-13 to extinguish the fire. Crews pulled all burning debris from the vehicle and soaked the van's interior and the

van's contents to prevent anything from reigniting.

Firefighters closed both lanes of traffic until the fire was extinguished.

**In This Issue:** Election results, H3 • Haddam Headscratcher, H5 • Youth sports, H6-H7 • Senior Center activities, H8

Kick Off the Holidays

# OPEN HOUSE

SATURDAY, NOVEMBER 17TH

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## Check out Haddam's Community Closet for children's clothes

Continued from page H1

shoes for newborns to adults! They are open the first and third Saturday of each month from 9:00 a.m. to 12:00 p.m.

It was started in 2008 by Laura Kuehn and originally located at the Valley Bible Church in Haddam, and called the "Little Ewe Clothing Closet," which catered to children 10 and under. Laura said, "I

noticed there were many families bringing bags of clothes to church to hand down to others. It seemed that a clothing closet at the church could serve two purposes: (1) as a place for attendees and visitors to exchange kids' clothes, and (2) as an outreach to those in need in the community." In 2016, Valley Bible needed the Closet space and Amy Mainetti helped find a new home for the Closet. The town lets them use the space, and the volunteers are very grateful for that. At the time of the move, the clothing selection was expanded so that it included older children, as well as adults.

The selection of clothing is varied, from shoes, hats, and gloves, to snow gear for children, and some dress wear. There is no need for financial hardship to browse at the closet. "It can be nice for families to know that as budgets tighten, they do not have to outfit an entire closet for their growing children," said Linda. "Nor do they have to buy a pair of dress pants for a one-time event. We want it to be accessible to all."

It is run by volunteers, and no money is exchanged. They are not, however, an official 501(c)(3). One of the volunteers is Jessica Condil, who is also the Social Services Coordinator for Haddam. She works closely with the Community Closet, and if someone needs access to the closet at another time than when it is normally open, they can contact Jessica. "She has been extremely supportive and encouraging to the work that we do at the Closet," said Laura. "She volunteers her own time to make sure that it stays open."

At this time, they are in need of men's tops of all sizes, larger women's tops (large and extra large), as well as boys' pants in all sizes.

Follow them on Facebook. If you have questions, please email them at [haddamcommunitycloset@gmail.com](mailto:haddamcommunitycloset@gmail.com). If you would like to volunteer, email [haddamcommunitycloset@gmail.com](mailto:haddamcommunitycloset@gmail.com) or Jessica at Social Services at [Socialservices@haddam.org](mailto:Socialservices@haddam.org) and they will add you to their volunteer list.

At this time, they are looking for monetary donations so they can purchase additional racks for clothing. Monetary donations can also be given to Social Services to support their work in the community.

Check them out the next time they're open!

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[Haddam-KillingworthNow.com](http://Haddam-KillingworthNow.com)  
and the Haddam Civic League

# Election results for Haddam & Killingworth

These are unofficial results from the polling stations on the evening of Nov. 6, 2018 (\* denotes declared winners):

#1 Shall the Constitution of the State be amended to ensure (1) that all moneys contained in the Special Transportation Fund be used solely for transportation purposes, including the payment of debts of the state incurred for transportation purposes, and (2) that sources of funds deposited in the Special Transportation Fund be deposited in said fund so long as such sources are authorized by statute to be collected or received by the state?

Haddam	Yes* 3,539	No 430
Killingworth	Yes* 2,618	No 291

# 2 Shall the Constitution of the State be amended to require (1) a public hearing and the enactment of legislation limited in subject matter to the transfer, sale or disposition of state-owned or state-controlled real property or interests in real property in order for the General Assembly to require a state agency to sell, transfer or dispose of any real property or interest in real property that is under the custody or control of the agency, and (2) if such property is under the custody or control of the Department of Agriculture or the Department of Energy and Environmental Protection, that such enactment of legislation be passed by a two-thirds vote of the total membership of each house of the General Assembly?

Haddam	Yes* 3,485	No 458
Killingworth	Yes* 2,494	No 351

## Governor/Lt. Governor

	Haddam	Killingworth
Lamont/Bysiewicz (D, WF, I)*	1,771	1,490
Stefanowski/Markley (R)	2,516	1,982
Hanscomb/Thibeault (L)	16	13
Greenstein/Demitrus (AL)	3	1
Griebel/Frank (GF)	277	149

## US Senator

	Haddam	Killingworth
Murphy (D, WF)*	2,267	1,884
Corey (R)	2,221	1,673
Lion (L)	30	18
Russell (G)	26	17

## Rep in Congress

	Haddam	Killingworth
Courtney (D, WF)*	2,464	1,980
Postemski (R)	1,956	1,510
Reale (L)	33	32
Bicking (G)	45	41

## State Senator

	Haddam
Needleman (D)*	2,054
Ziobron (R, I)	2,462

## State Senator

	Haddam	Killingworth
Cohen (D, WF)*		1,724
Greenberg (R, I)		1,837

## State Representative

	Haddam
Palm (D, WF)	1,905
Siegrist (R, I)	2,619

## State Representative

	Haddam	Killingworth
Adler (D)		1,601
MacLachlan (R, I)*		1,910
Leveille (G)		51

## Secretary of State

	Haddam	Killingworth
Merrill (D, WF)*	2,152	1,728
Chapman (R, I)	2,260	1,768
Gwynn (L)	28	24
DeRosa (G)	39	30

## Treasurer

	Haddam	Killingworth
Wooden (D, WF)*	2,067	1,691
Gray (R, I)	2,342	1,802
Brohinsky (L)	42	37

## Comptroller

	Haddam	Killingworth
Lembo (D, WF)*	2,069	1,676
Miller (R, I)	2,312	1,797
Passarelli (L)	38	32
Heflin (G)	37	22

## Attorney General

	Haddam	Killingworth
Tong (D, WF)*	1,884	1,571
Hatfield (R, I)	2,554	1,961
Goselin (G)	63	27

## Judge of Probate

	Haddam	Killingworth
Lewis (D)*	2,584	2,104

Party Affiliations: D=Democrat, R=Republican, WF=Working Families, I=Independent, L=Liberarian, G=Green, AL=Amigo Constitution Liberty, GF=Griebel Frank



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## Liz Glidden commended for decade of service

*Editors Note: The views stated here are those of the author and do not necessarily reflect those of the staff of this newspaper.*

Liz Glidden, Haddam's Town Planner, announced recently that after ten years of service she is leaving to change gears and take on a different line of work.

Ten years ago then-First Selectman Tony Bondi did Haddam a service when he realized the need for a capable, full-time Town Planner and appointed a committee to interview candidates and make recommendations. Having grown up in Canton, Conn., Ms Glidden worked in Baltimore for about ten years be-

fore she returned to Connecticut and applied for the job in Haddam along with a dozen or so others. She came well prepared, and for example, was the only candidate who could explain how to get to Haddam Neck.

Good planning for a town requires thinking for the long term. Regulations, however, often limit what an individual property owner can do with his property which makes the work naturally contentious. Yet in all cases, the land owner will eventually sell out or pass on, but the town will continue to exist so the effects of good planning will be felt for generations.

Liz Glidden could be described as a smart, tough hard worker, with a good sense of humor. We can only hope that in its collective wisdom, Haddam will commit to hiring someone who brings as much energy and ability to the job as Liz has done.

*Jim McHutchison  
Haddam Neck*

## OBITUARIES

### Douglas Roper

According to Legacy.com and The Hartford Courant, Douglas Roper, age 66, of Haddam, passed away on Tuesday, Oct. 23.

### Suzanne Lougee

According to Legacy.com and The Hartford Courant, Suzanne Lougee, age 92, of Haddam, passed away on Friday, Oct. 26.

### James Boucher

According to Legacy.com and The Middletown Press, James Boucher, age 64, of Higganum, passed away on Wednesday, Oct. 31.

## COMMUNITY / REMEMBRANCE

### Middlesex Hospital Hospice's Tree of Lights

*By Amanda Falcone, Public Relations Director, Middlesex Hospital*

Middlesex Hospital Hospice invites you to purchase a light on our Tree of Lights. Each light will shine in honor or in memory of a friend or loved one and will be on display in the Hospital Lobby through Jan. 2, 2019.

A minimum donation of \$5.00 is suggested per light. You may purchase lights at [middlesexhospital.org](http://middlesexhospital.org).

To ensure that your loved one's name appears in print on the Hospital Lobby display, gifts must be re-

ceived by Friday, Nov. 16. Gifts received after this date will only appear on the website.

The actual lights are symbolic, but a list of names will be on display in the Middlesex Hospital lobby until Jan. 2, 2019 and will also appear after Dec. 1, on the Hospital's website at [middlesexhospital.org/TreeofLights](http://middlesexhospital.org/TreeofLights).

Middlesex Hospital Hospice is committed to caring for patients, who face life-limiting illnesses, and their families. More than nursing care, the program focuses on emotional and spiritual comfort, as well as managing pain and symptoms.

## CT ANIMAL HOUSE



*Photo courtesy of Judith Levin.*

### Looking for Forever Home: Buddy

*By Judith Levin, Vice President, CT Animal House*

I am a 2 year old Yorkshire Terrier Male and currently I weigh approximately 10 lbs. I am neutered, up to date on my shots and Microchipped. I have to say I am very sweet and affectionate. I am good with kids and other dogs. Not sure about kitties yet ...

I am a rehome. My people tried to help someone who couldn't keep me themselves. Being crated 8-9 hours a day just wasn't working for me. I need someone to let me out during the day to go potty and exercise a bit. I love children and do well meeting other dogs, even big ones. I would benefit from a yard as I am a runner and don't have any recall.

Let me show you my charm and personality! For more info on me, please call CT Animal House at: 1-860-400-0165 or fill out an application at [www.Ctanimalhouse.Org](http://www.Ctanimalhouse.Org).

For breaking news and more articles on a variety of subjects, please see [Haddam-KillingworthNow.com](http://Haddam-KillingworthNow.com)

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# Antiques & Collectibles

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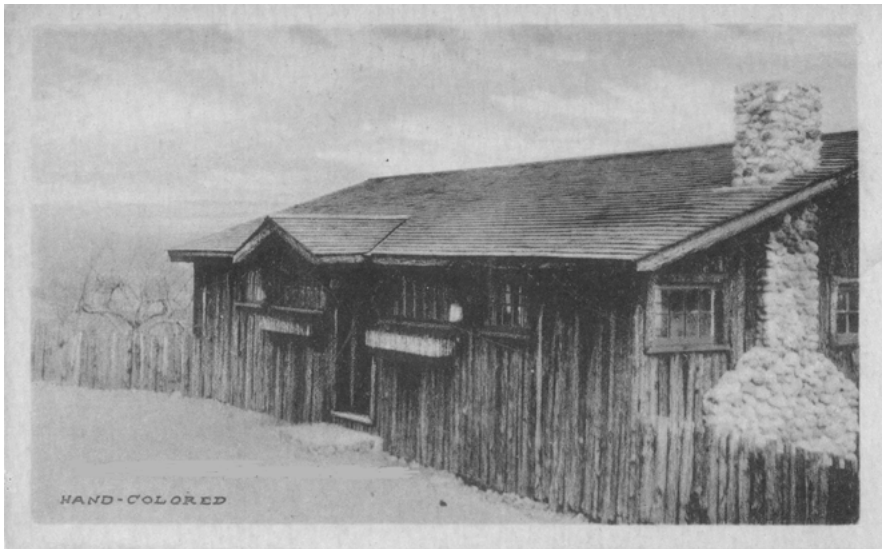


Photo courtesy of the Haddam Historical Society.

## Where in the world (of Haddam) was this photo taken?

Here is this week's Haddam Headscratcher. Identify where this photo was taken. The first person to send us the correct answer at editors@Haddam-KillingworthNow.com or editors@HaddamNews.org will receive \$1 in the mail.

In the 11/8 issue of Haddam News, we featured a photo of 213 Saybrook Road, which according to Elizabeth Malloy, Executive Director of the Haddam Historical Society, was the store and gas station of well-known Higganum resident Bill Maynard (pictured). At the right of the station in the photo is the Maynard's Shad Shack which is now located across the street and is home of the Haddam Shad Museum run by Dr. Joe Zaiantz.

### Classifieds

Haddam News will print free classified ads for individuals and

non-profit organizations. These must be 25 words or less and written in a publish-ready form. Publication is subject to space availability.

## Red Cross Blood Drive scheduled for November 21

By Theresa Kegley, Valley Bible Church

Each day, the Red Cross must collect 14,000 blood donations for patients in need. Give now. Your donation is critical.

There will be a Red Cross blood drive at Valley Bible Evangelical Free Church at 220 Turkey Hill Road in Haddam 9:00 a.m.-2:00 p.m. on Wednesday, Nov. 21. If anyone 18 or older would like to make an appointment they can go to the RED CROSS website and pick a time. Or call 1-800-733-27677 and make an appointment with a representative. Making an appointment ahead of time (even a few days ahead) shortens the wait time for donors.

Great homemade food, company/conversation, and parking are provided.

### Call for Applications for Student Achievement Award

By Elaine Jackson

An award of \$500 is available for High School seniors graduating in 2019 who reside in Haddam or Killingworth. Applicants must have demonstrated exemplary community service.

Applications can be found on the Regional School District #17 website. Applications can also be picked up at the HK Guidance Office. Mail completed applications to Kati Farkas, HK Guidance Department, 95 Little City Rd., Higganum, CT 06441. Applications must be submitted to Kati Farkas in the Guidance Department no later than 3:00 p.m. on April 1, 2019.

### 2nd Holiday Craft Fair at Senior Center

By Paula Woodworth

The event was such a success last year, we are back again! It will feature handmade items and crafts from 12:00 p.m.-4:00 p.m. at the Haddam Senior Center (923 Saybrook Road, across from the Brainerd Memorial Library). Please support the Haddam Fuel Bank. Refreshments will also be available.

### Got paper to shred?

For Small Business Saturday, on Nov. 24, there will be a Shred-it event at the Community Center in Higganum from 9:00 a.m. to noon. There will be a \$5 fee per box shredded, which will go to the Haddam Fuel Bank.

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# HADDAM-KILLINGWORTH YOUTH FOOTBALL ASSOCIATION



**Above:** Andrew Soucie (7) of the D squad evades a pair of Canton defenders as Michael Hardgrove (29) blocks. *Photo by Eric Anderson.* **Right:** The C team cheerleaders perform a stunt at halftime of the Rocky Hill game. *Photo courtesy of Laura Napierkowski.*



## H-K Youth Football: Week 8 highlights

By Eric Anderson,  
Public Relations Director, HKYFA

In the final week of the regular season, the A and C squads recorded victories at Canton and Rocky Hill, respectively, and the D squad lost a close game to Canton, also on the road. The B squad had a bye.

The A squad overcame a sluggish first quarter of play and prevailed in a shut out win over the host Canton Warriors by a 30-0 margin. The Cougars defense shut down the Canton passing game and allowed only 99 yards of total offense in the victory.

Despite a fumble recovery by Orion Inkel on the kickoff and an interception by Kevin Harrison in the first quarter,

the Cougars were unable to capitalize, turning the ball over on downs and returning possession to the Warriors with an interception. The Warrior offense fared no better. Sacks by Jayden Fulton and a combined effort by Ben Cozean and Aiden Griswold along with a trio of tackles for a loss (Cozean/Bryce Anderson, Cozean/Aiden Griswold, Carey Harwood) disrupted the Warrior offense. In the second quarter the HK offense gained some much needed momentum when Tate Callender energized the HK fans with a 45 yard touchdown run and 20 yard touchdown pass to give the Cougars a 13-0 halftime cushion.

Inkel and Callender controlled the

ground game behind solid offensive line play on HK's first 2 possessions of the second half with Callender adding a pair of scores to his first half tally. Three sacks in a row during Cantons first possession of the second half were recorded by Vincent Scileppi/Aiden Griswold, Aiden Griswold and Carey Harwood.

Rushing leaders on the day were Callender (110 yds), Inkel (41 yds), Carey Harwood (29) and Nick Fox (25). Quarterback Alex Phipps completed 2 of 4 passes to Callender (20 yds) and Anderson (24 yds) and Cavin Napoletano had another solid day kicking 3 of 4 extra point attempts. Owen Lelko and Anderson recorded interceptions and Fulton had a fumble recovery.



Tackle leaders for the game were Vincent Scileppi (3.5), Aiden Griswold (3.5), Owen Lelko (3) and Cozean (3). Also recording multiple tackles on the

day were Fulton, Callender, Fox, Harrison, Anderson and Carey Harwood.

The A squad has rebounded from a 1-2 start to the season to record 5 wins in a row and finish with a 6-2 record. The team is the #2 seed in the A playoffs. The undefeated B squad is the #1 seed in the playoffs.

The C squad beat the Rocky Hill Terriers 20-0 to finish the season with a 6-2 record.

The D squad pulled to within 5 points of the Canton Warriors late in the game on an Andrew Soucie touchdown run and extra point run but were unable to score the go ahead touchdown after getting the ball back with a great defensive stand. A Canton touchdown with seconds remaining resulted in an 18-7 final. The D squad finishes the season with a 1-6 record.

## HIGGANUM PHARMACY

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### Severe Late Stage Asthma in Adults

Severe Asthma is defined as an Asthmatic Condition which requires the use of high-dose inhaled steroids (e.g., Flovent, Advair, Symbicort, QVAR, along with a second controller Ventolin or Pro-air), or systemic oral steroids such as Prednisone, or both. As well, it refers to asthma that remains uncontrolled despite these treatments.

**Risk Factors for Late Stage Asthma in Adults:**

The adult will usually have other disease processes occurring, such as Severe sinus conditions, Recurrent Respiratory Infections, Fungal Sensitivities, Sleep Apnea, Gastroesophageal Reflux, and Obesity.

According to the American Thoracic Society and European Respiratory Society- Late Onset Severe Asthma is more common in women, than men, and there is less support for genetic factors versus other forms of Asthma.

Characteristics of a Severe Episode of Asthma include:

- 1) Respiratory Rate more than 30 breaths per minute,
- 2) Suprasternal Retraction, which means the skin becomes tight between the ribs in the rib cage, and the abdomen is drawn in below the rib cage, also known as belly breathing,
- 3) People are breathless during rest,
- 4) People are not interested in eating,
- 5) People talk in words, not sentences,
- 6) People are usually agitated
- 7) Heart rate is greater than 120 beats per minute
- 8) Breathing occurs in loud bi-phasic (in/out) breaths,

Should you notice these conditions, immediately consult with your physician, as even if you are being treated, the treatment protocol may need enhancement.

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## JUNIOR WOMEN'S CLUB

### HJWC proudly presents annual Thanksgiving Pie Sale November 21

On Wednesday, Nov. 21, the Haddam Junior Women's Club will be holding its annual Thanksgiving Pie Sale in front of Jack's Country Restaurant/Liberty Bank

in the Village Plaza (26 Killingworth Road, Higganum) from 8:00 a.m. until the last pie is sold out (generally, two hours or less). If you don't want to bake for the holiday, be there early for the best selection.

The Haddam Junior Women's Club raises money to support local schools, organizations, and scholarships for local high school students. Follow them on Facebook.



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## Town & Country Nurseries Holiday Open House Nov. 17

Come celebrate the holidays with Town & Country Nurseries! (1036 Saybrook Road, Haddam).

Our Holiday Open House on Saturday, Nov. 17, (9:00 a.m. – 6:00 p.m.) has something for everyone. Get a sneak peak into Christmas, start your Christmas shopping, all day long kid's activities and enjoy our Wine & Cheese Tasting (3:00 p.m.-6:00 p.m.)

For adults, we have a divine Wine and Cheese Tasting sponsored by Tony's Package Store in Haddam. Tony's puts on a fantastic spread for everyone to enjoy. Don't worry if you are not a wine drinker because they offer an amazing hard warm cider. Perfect for those cool November days. Not only do we have the Wine Tasting but a Cheese Tasting as well! Large selection

of cheeses, crackers, fruit, chutneys and other fantastic spreads that pair perfectly with the wine. BRING A FRIEND OR TWO FOR A FUN DAY OUT!

### Holiday Raffle

Don't forget our amazing raffle! Great prizes for gardening and nature lovers!! Get a Raffle Ticket by just stopping in on the day of the Open House. Earn an additional raffle ticket for every \$10 you spend at the Open House.

### Kid's Activities

Bring the kid's down for some holiday magic. Kids will be able to create their very own ornament to hang on their tree. Kids' Activities will be available all day.

## FAITH / COMMUNITY

## Save the Date: St. Peter Church Christmas Fair November 16-17

Location: 30 St. Peter Lane, Higganum  
Date: Friday, Nov. 16 & Saturday, Nov. 17

"Twas the Night Before" – Friday, November 16th, 5:30 p.m. – 8:30 p.m. Kick off the weekend with an adults only wine, cheese and hors d'oeuvre reception and get together. Join us for early bird buying, door prizes and fun. Tickets \$10 in advance and \$12 at the door.

"59th Annual Christmas Fair" – Saturday, Nov. 17, 9:00 a.m. – 3:00 p.m. Fair items include jewelry, baked goods, antiques/collectibles, crafts, quilts and knitted items as well as fabulous Christmas and holiday wreaths and decorations all available for purchase

and ready to take home for the season of giving. The Country Kitchen will be serving everything from coffee and pastries to a complete luncheon menu throughout the day.

The BIG RAFFLE has a grand prize of a \$(1000) Visa bank card and a second and third prize of a \$(500) Visa bank card each. A mini raffle also offers more chances for tremendous gifts. We are currently accepting donations for the antique attic and crafting booths. Any and all donations would be greatly appreciated!! Watch for more details about this annual event. For information contact Mike Farina, Chairman at 860-345-4808 or St. Peter Church 860-345-8018.

## KILLINGWORTH

## Killingworth Farm Tour runs Nov. 17

By Melissa Ferrara

On Saturday, Nov. 17, four Killingworth farms will open their doors to the public, free of charge, for the 2nd annual Killingworth Fall Farm tour. From 11:00 a.m. to 4:00 p.m., visitors are welcome to tour the farms, enjoy special farm tour demonstrations and/or treats, and brows farm stores filled with locally produced gifts for everyone!

Participating farms are:  
Bitta Blue Farm, 228 River Road, Killingworth (goat milk soap, lotions, and bath accessories; jams, jellies, dried

fruits, late season vegetables). Closes at 3:00 p.m.

Down the Lane Farm, 18 Reservoir Road, Killingworth (honey, soaps, skin care, beeswax candles)

Lavender Pond Farm, 318 Roast Meat Hill Road, Killingworth (lavender, bath/body/home lavender products, lavender themed gifts)

New England Alpacas, 14 Bethke Road, Killingworth (alpacas, alpaca fleece/yarn/products).

Maps and postcards with addresses of all farms will be available at each farm and there is ample parking. No public restrooms or food vendors. For more information, please email at ne-alpacas@aol.com or call 860-663-3482.



**Above:** #87 Colin Mack and #75 Aiden Maher open a hole on the offensive line as #34 Zach Kaufmann takes the handoff from #14 James Murphy. **Right:** #10 Tobey Callender crosses into the endzone for the Cougars' sixth and final touchdown of the day. Photos by Chad Giulini.



## HKHS Football handily defeats Lewis Mills, 42-0

By Barth Keck, HKHS Assistant Coach

The Haddam Killingworth High School Varsity football team defeated Lewis Mills in Burlington on Sunday, Nov. 4, 2018 with a final score of H-K 42, Lewis Mills 0. H-K's Tobey Callender scored four touchdowns and rushed for 132 yards on 15 carries, and Dalton Modehn scored two touchdowns and rushed for 138 yards on 12 carries in the win for the Cougars (7-1) over the Spartans (0-8). Jordan Callahan was six-for-six kicking extra points for H-K.

### Summary:

First Quarter: HK – Tobey Callender 6 run (Jordan Callahan kick); HK – Callender 6 run (Callahan kick)

Second Quarter: HK – Dalton Modehn 24 run (Callahan kick); HK – Callender 3 run (Callender kick); HK – Modehn 2 run (Callender kick)

Third Quarter: HK – Callender 19 run (Callahan kick)

HK (7-1)	14	21	7	0	42
LM (0-8)	0	0	0	0	0

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# November events and activities

By Shannon Morrison Buganski,  
Director, Haddam Senior Center

## Senior Center Hours

Mondays/Wednesdays/Fridays: 9:00 a.m. – 3:00 p.m.

Tuesdays/Thursdays: 10:00 a.m. – 2:00 p.m. (Tai Chi on Tuesdays until 2:30 p.m.)

The Center will be closed on Thursday, Nov. 22 and Friday, Nov. 23 for the Thanksgiving holiday.

## Nutrition Program

The Haddam Senior Center is fortunate to offer the Elderly Nutrition Program by serving as a Community Café through Community Renewal Team (CRT). This program is a federally funded Title III grant that is administered by Senior Resources. As the grant does not cover all of the costs involved (i.e., product, preparation, distribution, service), a donation of \$2.50 per meal is requested.

In order to participate in the meal program, you must be 60+ years old (or the spouse of) and have a current Consumer Registration Form 5 on file.

Please remember to reserve your meal a minimum of 24 hours in advance (by noon the day before the requested meal). You may do so by calling the Center's main phone line (860-345-2480) or by signing up at the Center ahead of time.

Meals are currently offered 5 days a week, Monday through Friday, and are served at noon.

Homebound seniors can receive healthy meals delivered right to their door through the Meals on Wheels program. If you are interested in learning more about this program or believe you may be eligible, please contact the Center or the Social Services office.

## Activity Highlights

Hop aboard the Senior Van for some shopping on Friday, Nov. 16, (please note the date change!). Enjoy the stores of Old Saybrook -- Marshall's, Home-Goods, Ocean State Job Lot, just to name a few. Afterwards we'll stop for lunch at Luigi's Restaurant. Call Diane Gondek (860-682-3301) for more info or to reserve your seat on the van.

Don't forget to check out the Haddam Senior Center Holiday Fair, featuring local artisan crafts. There will also be baked goods and refreshments for sale. Come down to the Center on Sunday, Nov. 18, 12:00 p.m. – 4:00 p.m. All proceeds to benefit the Haddam Fuel Bank.

On Thursday, Nov. 29, we will begin "decking

the halls" in preparation for the Christmas holiday. Come lend a hand, beginning at 9:00 a.m., with refreshments. Stick around for the day, because at 1:00p.m., along with the help and direction of Judy Hartke, we will be making holiday gift jars and gift tags. Please sign up in advance.

## Don't forget about our Regularly Scheduled Programming!

The Ukuladies are a gifted group of women who meet at the Center on Monday mornings (9:30 a.m.) as they share their love of music through song. Please see Mary Ellen Larson for more info.

Needlework Club is back! Following the Club 60 meeting schedule, this group meets select Mondays beginning at 10:00 a.m. Bring your project from home or let us know how we can help get you started.

Come make some noise with the Silver Threads Recorder Group. They're always looking for a few new members, beginners welcomed. The group practices most Wednesday mornings, 9:30 a.m. If you are interested in joining, please see Alma Zyko.

Do you want to improve your balance, loosen your joints, tone your muscles, or promote your overall well-being? Tai Chi will do just that! Robert Micheal visits the Center on Tuesdays and Wednesdays, teaching to all levels and abilities. We have a Tai Chi class for you:

Tai Chi for Seniors: Tuesdays, 1:30 p.m.-2:30 p.m. (\$6/class)

Modified Tai Chi: Wednesdays, 11:00a.m.-11:45 a.m. (\$6/class)

Tai Chi for Adults: Wednesdays, 6:30 p.m.-7:30 p.m. (\$15/class)

\*For more info, contact Robert Michael at 860-301-6433 or via email at info@tmiarts.com.

Join in the BINGO fun, every other Friday at 1:00 p.m. Please see the activity calendar for specific dates.

The Card Crafting Club will meet on Monday, Nov. 26, at 1:00 p.m. Led by Beth Hartke, this club meets the last Monday of the month to make an assortment of homemade greeting cards. Cards may be kept or donated to Social Services or the "Card Angels."

## Senior Van Services

If you have difficulty driving or limited transportation available, we encourage you to take advantage of the Senior Van Services. The Senior Van is available to those 60 and older, residing in Haddam and Higganum. In addition to weekly shopping trips and

occasional field trips, the service provides door to door transportation to medical appointments within Middlesex County, as well as provides rides to and from the Senior Center.

The Senior Van makes a weekly shopping trip to Cromwell Walmart on Tuesday mornings. It's a great time to grab some groceries or odds and ends as needed.

Call Diane Gondek for more information or to schedule a ride (860-682-3301).

## Haddam CLUB 60

Club 60 is back in full swing. Please see Club President Mary Lou Pierce for more info. Upcoming meetings are as follows:

Monday, Nov. 19 at 1:00 p.m. – Genealogy with Thurston Clark

Monday, Dec. 3 – Annual Christmas Party

## Volunteers Needed:

Help your neighbors get the (tax) credit they deserve! We need tax-aide volunteers to assist with the AARP Foundation Tax-Aide Program that we hope to implement this coming tax season. This program offers free tax preparation service to low-moderate income taxpayers, especially those 50 years and older. No experience required as AARP provides all necessary training. Please contact the Senior Center for more info.

## Position Available:

Title: Café Coordinator (through Community Renewal Team)

Location: Haddam Senior Center

Hours: 3 hours a day- 5 days a week

Position Summary: Responsible for serving the meals each day and handling the paperwork required by the Nutrition Department.

Requirements: High school diploma or (GED) and/or experience in meal programs. Some knowledge of human services delivery. Ability to work with people and understanding of the needs and strengths of the elderly. Experience in keeping records and statistics. Attendance and participation in quarterly Café Coordinator meeting and/or training sessions as scheduled by Project Staff. Café Coordinators are required to attend one (1) Statewide Conference/ Training once a year and four (2) hour paid quarterly meeting. Attendance is mandatory.

Please contact the Haddam Senior Center for more info, or fill out an application online at [www.crtct.org](http://www.crtct.org).

## Letters to the Editor

We encourage Letters to the Editor which foster understanding and awareness through discourse. They should be: civil, knowledgeable, factual, and constructive. The letter must include the writer's name, town, and date, and should not exceed 400 words. The editors reserve the final

decision on any letters published; frequency of submissions from a single writer or group will be a factor in deciding whether to publish a letter. The editors may also add a short explanation of the writer's position or credentials.

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